

Easiflam Mouthwash

Benzydamine Hydrochloride (0.15% w/v)

VIEASxx-03 (SIN)

WHAT IS IN THIS LEAFLET

1. What Easiflam Mouthwash is used for
2. How Easiflam Mouthwash works
3. Before you use Easiflam Mouthwash
4. How to use Easiflam Mouthwash
5. While you are using Easiflam Mouthwash
6. Side effects
7. Storage and Disposal of Easiflam Mouthwash
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

WHAT EASIFLAM MOUTHWASH IS USED FOR

- For the temporary relief of painful conditions of the oral cavity including: tonsillitis, sore throat, radiation mucositis, aphthous ulcers, post-orsurgical and periodontal procedures.

HOW EASIFLAM MOUTHWASH WORKS

Easiflam Mouthwash contains Benzzydamine Hydrochloride, one of a group of medicines called non-steroidal anti-inflammatory drugs (NSAIDs). Benzzydamine Hydrochloride has anti-inflammatory and analgesic effect to stop pain and inflammation. It does this by stabilizing the cellular membrane and stopping the formation of prostaglandin. Prostaglandin forms where there is injury or infection, which causes the pain, redness, swelling and feeling of heat at the area of injury.

BEFORE YOU USE EASIFLAM MOUTHWASH

- WHEN YOU MUST NOT USE IT

Do not take this mouthwash if:

- you are allergic to Benzzydamine Hydrochloride or any of the ingredients listed at the end of this leaflet.

If you are not sure whether you should start taking this medicine, talk to your doctor, dentist or pharmacist.

Be careful not to splash the mouthwash in your eyes. If you get it in your eyes accidentally, wash them immediately with cold water.

- BEFORE YOU START TO USE IT

Tell your doctor, dentist or pharmacist if:

- you are pregnant, think you are pregnant or plan to become pregnant
- you are breastfeeding or plan to breastfeed

- TAKING OTHER MEDICINES

Talk to your doctor, dentist or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription.

HOW TO USE EASIFLAM MOUTHWASH

- HOW MUCH TO USE

Follow all directions given to you by your doctor, dentist or pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor, dentist or pharmacist for help.

Do not swallow the mouthwash. Easiflam Mouthwash is for use in the throat or mouth. It should be rinsed around the mouth or used as a gargle according to the following instructions:

Adult and Elderly

When used as a gargle, the dose is 15ml (approximately one tablespoon) which should be gargled for at least 30 seconds every 1½ to 3 hours, as needed.

When used as a rinse for oral lesions, the dose is 15ml (approximately 1 tablespoon) which should be held in the mouth and swirled around for at least 30 seconds, repeat every 1½ to 3 hours.

Children

Easiflam mouthwash is not recommended in children under 6 years of age

5-15ml as a gargle if able to do so, or as an oral rinse.

With Impaired Renal Function

Since absorbed benzzydamine and its metabolites are excreted in the urine, the possibility of systemic effects should be considered in patients with severe renal impairment.

With Impaired Liver Function

Since absorbed benzzydamine is highly metabolized in the liver, the possibility of systemic effects should be considered in severe liver impairment.

- WHEN TO USE IT

Use every 1½ to 3 hours as directed by your doctor, dentist or pharmacist.

- HOW LONG TO USE IT

You are advised not to use the mouthwash continuously for more than 7 days, unless your doctor, dentist or pharmacist tells you to.

- IF YOU FORGET TO USE IT

If you forget to use your mouthwash, do not worry. Use it as soon as you remember and then carry on using it every 1½ to 3 hours as before.

Do not use double the amount of mouthwash to make up for a forgotten dose.

- IF YOU USE TOO MUCH (OVERDOSE)

If you use too much Easiflam Mouthwash, or if you accidentally swallow it, contact your doctor, dentist or pharmacist for advice.

WHILE YOU ARE USING EASIFLAM MOUTHWASH

- THINGS YOU MUST DO

Tell your doctor:

- If you experience allergic reactions/ any of the unwanted side effects while taking the medicine.
- If you become pregnant while taking this medication.
- If you do not feel better or if you feel worse after 7 days.

Tell all the doctors, dentists and pharmacists treating you that you are taking Easiflam Mouthwash.

Use your mouthwash exactly as your doctor has told you.

- THINGS YOU MUST NOT DO

Do not:

- swallow the mouthwash
- give Easiflam Mouthwash to anyone else even if they have the same condition as you
- use your mouthwash to treat any other complaints unless you are told by your doctor, dentist or pharmacist
- take more than the recommended dose unless your doctor, dentist or pharmacist tells you to

- THINGS TO BE CAREFUL OF

Driving and using machines

Easiflam Mouthwash has no or negligible influence on the ability to drive and use machines.

SIDE EFFECTS

Like all medicines, Easiflam Mouthwash can cause side effects, although not everybody gets them. Side effects vary from very rare to very common.

The most common side effects are numbness and a stinging feeling in the mouth.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while using the mouthwash:

- difficulty in speaking or breathing
- allergic reactions like rash

- itchy rash, throat or tongue swelling, and vomit
- Local adverse reactions: Dryness or thirst, tingling, warm feeling in mouth and altered sense of taste.
- Systemic adverse reactions: nausea, retching, gastro-intestinal disorders, dizziness, headache and drowsiness, photodermatitis

Other unwanted side effects not listed may occur. Tell your doctor immediately.

STORAGE AND DISPOSAL OF EASIFLAM MOUTHWASH

- STORAGE

Keep out of reach of children.

Store below 30°C. Protect from light.

- DISPOSAL

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

PRODUCT DESCRIPTION

- WHAT IT LOOKS LIKE

Clear green solution with an odour of peppermint.

- INGREDIENTS

- Active ingredients

Easiflam Mouthwash contains Benzzydamine Hydrochloride 0.15% w/v. Each 15 ml dose contains 22.5 mg Benzzydamine Hydrochloride.

- Inactive ingredients

Methyl Hydroxybenzoate
Alcohol
Polysorbate 20
Propylene Glycol
Glycerin
Saccharine Sodium
Sodium Bicarbonate
Peppermint Oil
FD&C Blue No 1
Quinoline Yellow
Purified Water

PRODUCT OWNER / MANUFACTURED BY:

HOVID Berhad
121, Jalan Tunku Abdul Rahman
(Jalan Kuala Kangsar),
30010 Ipoh, Perak, Malaysia

DATE OF REVISION

March 2023

8

2

9