



Extra

with OPTIZORB

Extra Relief for Stronger Pain



INDICATIONS

Panadol Extra with Optizorb® is indicated as an effective analgesic and antipyretic for the fast relief of fever and stronger painful conditions such as headache, migraine, backache, joint and muscle pain, period pain (dysmenorrhea), toothache (pain following dental procedure/tooth extraction), pain after vaccination, and sore throat.

DESCRIPTION

Each caplet contains 500mg of Paracetamol and caffeine 65mg.

Excipients: Pregelatinized Starch, Povidone, Calcium Carbonate, Crospovidone, Parahydroxybenzoates [Sodium Methyl Parahydroxybenzoates (E219), Sodium Ethyl Parahydroxybenzoate (E215) and Sodium Propyl Parahydroxybenzoates (E217)], Purified water, Alginic Acid, Magenesium Stearate, Opadry white YS-1-7003: Titanium dioxide, Hypromellose, Polysorbate 80, Macrogol 400 and Carnauba wax.

The caplet is a white to off-white, oval-shaped film-coated caplet, debossed “xPx” with P inside a circle on one side and blank on the other side.

DOSAGE AND ADMINISTRATION

For oral administration. Do not take more than 8 caplets in 24 hours. Do not exceed the stated dose and do not take more frequently than every 4 hours. Always use the smallest dose to treat your symptoms and use the medicine for the shortest period of time necessary.

Adults (including the elderly) and children over 12 years and over : 1-2 caplets taken every 4 to 6 hours as required.

Do not give to children under 12 years.

本药品仅限口服使用。24 小时内不可服用超过 8 锭。请勿超过建议剂量，并且两次服用间隔勿短于 4 小时。初次应使用最小建议剂量，并尽量缩短使用时间。

成人（包括年长者）及 12 岁以上儿童：需要时服用，每次1-2 锭，每次间隔 4 至 6 小时。请勿给 12 岁以下儿童使用。

CONTRAINDICATIONS

Do not use if you are allergic to paracetamol, caffeine or any of the other ingredients in the product.

WARNINGS AND PRECAUTIONS

Do not take more than the recommended dose as it may cause serious harm to your liver. Do not take this medicine if you are taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu. Always follow and read the label.

Check with your doctor before use if:

- You have liver or kidney problems. Avoid taking alcohol with this medicine.
- You are underweight or malnourished.
- You regularly drink alcohol.

You may need to avoid using the product altogether or limit the amount of paracetamol that you take.

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Check with your doctor before use if you:

- have a severe infection, are severely malnourished, are severely underweight, or are a chronic heavy alcohol user, as this may increase the risk of metabolic acidosis. Signs of metabolic acidosis include:
 - deep, rapid, difficult breathing
 - feeling sick (nausea), being sick (vomiting)
 - loss of appetite

Contact a doctor immediately if you get a combination of these symptoms.

If you have had a serious skin reaction with this medicine, do not take it or any products containing paracetamol or acetaminophen again. Doing so could cause you to have another serious skin reaction.

This medicine contains caffeine. Avoid drinking too many caffeine containing drinks (e.g. tea, coffee and caffeine-containing canned drinks) when taking this medicine. High caffeine intake may result in difficulty sleeping, shaking and an uncomfortable feeling in the chest caused by palpitations.

Please see your doctor if your symptoms do not improve. Keep out of sight and reach of children.

Contains 0.1736mg of sodium per tablet. Contains sodium parabens. Sodium methyl-, sodium ethyl- sodium propyl- parahydroxybenzoate (E215, E217 and E219) may cause allergic reactions.

DRUG INTERACTIONS

Before taking this medicine, make sure you consult your doctor if you are taking Warfarin or similiar medicines used to thin the blood. This product is not recommended if you are taking lithium.

ADVERSE REACTIONS

Stop taking this medicine and tell your doctor immediately if:

- You experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- You experience any skin rash or reaction. Symptoms of serious skin reactions may include skin reddening, rash, blisters and separation of the upper surface of the skin from the lower layers. These serious skin reactions are rare, but can occur even if you have taken this medicine in the past without any problems.
- You experience a skin rash or peeling, or mouth ulcers.
- You have. previously experienced breathing problems with aspirin or non-steroidal anti-inflammatories, and experience a similar reaction with this product.
- You experience nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin.
- You experience unexplained bruising or bleeding.

These reactions are very rare.

PREGNANCY

Not recommended for use during pregnancy.

LACTATION

Not recommended for use during breast feeding.

OVERDOSE

If you take more of the medicine than you should, seek medical advice immediately even if you do not have any symptoms because of the risk of liver failure.

STORAGE CONDITION

Store below 30°C.

EXPIRY

Do not use beyond expiry date.

For further information, please refer to your doctor or pharmacist.

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