

RuventinTM

Film Coated Tablet 500mg

Patient Information Leaflet

What is Ruventin Film Coated Tablet 500mg used for?

It is a vascular protector (as it increases resistance in small blood vessels) and is a venous tonic (as it increased venous tone).

Ruventin is active on the return vascular system by

- reducing venous distensibility and venous stasis
- normalizing capillary permeability and reinforces capillary resistance in the microcirculation.

It is used for the treatment of organic and functional chronic venous insufficiency of the lower limbs with the following symptoms:

- Swollen legs
- Pain
- Nocturnal cramps

It is also used for the treatment of chronic haemorrhoids and acute hemorrhoidal attacks.

How much and how often should you use Ruventin Film Coated Tablet 500mg?

In chronic condition, take 2 tablets daily in two divided doses (morning and evening) at mealtimes.

In acute hemorrhoidal attacks, take 6 tablets daily (in 3 divided doses) for 3 to 4 days, then 4 tablets daily (in 2 divided doses).

When should you not take Ruventin Film Coated Tablet 500mg?

Do not take Ruventin if you are allergic to Diosmin, Hesperidin or any of the ingredients listed as excipients.

Undesirable effects / Side effects

Like all medicines, Ruventin can cause side effects, although not everyone gets them. They may include:

Common (affects 1 to 10 users out of 100): gastrointestinal side effects (diarrhoea, dyspepsia, nausea, vomiting).
Uncommon (affects 1 to 10 users out of 1000): colitis (inflammation of colon)

Rare (affects 1 to 10 users out of 10,000): dizziness, headache, malaise, hypersensitivity of the skin (rash, pruritus, urticaria)

Frequency not known (cannot be estimated from available data): abdominal pain, isolated face, lip, eyelid oedema (swelling), Exceptionally Quincke's oedema (rapid swelling of tissues such as the face, lips, mouth, tongue or throat that may result in breathing difficulty).

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

What other medicine or food should be avoided whilst taking Ruventin Film Coated Tablet 500mg?

Tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

What should you do if you miss a dose?

If you miss a dose, skip it and continue with your usual schedule. Do not double the dose.

How should you keep Ruventin Film Coated Tablet 500mg?

Store at room temperature, below 30°C. Do not use after the expiry date indicated on the packaging. Keep all medicines out of children's reach.

Symptoms and Instructions in case of Overdose

If you have taken more Ruventin than you should, consult your doctor or pharmacist immediately.

The experience of overdose with diosmin and hesperidin is limited but reported symptoms include diarrhoea, nausea, abdominal pain, pruritus and rash.

Care that should be taken when taking Ruventin Film Coated Tablet 500mg?

As a precautionary measure, it is preferably to avoid use of diosmin and hesperidin during pregnancy.

Breastfeeding is not recommended for the duration of the treatment, due to the absence of data on the excretion of the medicine into breast milk. In general, if you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, you should always ask your doctor or pharmacist for advice before using a medication.

Acute hemorrhoidal attack:

If the hemorrhoid symptoms do not disappear within 15 days, you should ask your doctor for advice.

Venous circulation disorders:

The most effective way of giving this treatment is in combination with a healthy lifestyle.

Avoid exposure to the sun, heat, excessive standing and being overweight. Walking and wearing special support stockings stimulate blood circulation.

Product Description

Ruventin Film Coated Tablet 500mg is a light brown coloured film coated tablet.

Each tablet contains Diosmin BP 450mg and Hesperidin 50mg.

Excipients: microcrystalline cellulose, povidone, sodium starch glycollate (Type A), croscarmellose sodium, sodium laurylsulphate, magnesium stearate, hypromellose, PEG 6000, titanium dioxide, purified talc, colour iron oxide red & yellow.

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