



## Derm-Aid 0.5% Cream

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**Active Ingredients:** Hydrocortisone 0.5% w/w.

**Indications:** For the symptomatic relief of inflammation associated with steroid responsive conditions such as dermatitis, eczema and psoriasis.

**Directions:** Apply a thin film 1 to 3 times daily or as directed by your physician to affected areas. For external use only. Seek medical attention if your symptoms worsen or do not improve after 7 days.

**Contraindications:** Vaccinia, chicken pox, herpes and other viral infections, tuberculosis of the skin and syphilitic skin disorders.

Hypersensitivity to hydrocortisone.

Do not use hydrocortisone cream on your face or near your eyes, on the anal or genital region, or on broken skin.

**Special Precautions:** Do not use on children under 2 years except under medical supervision. Care should be exercised when used in children, as pediatric patients may be more susceptible to the topical effects of hydrocortisone. Avoid large amounts, occlusion and prolonged treatment.

### Visual disturbance

Visual disturbance may be reported with systemic and topical corticosteroid use. If a patient presents with symptoms such as blurred vision or other visual disturbances, the patient should be considered for referral to an ophthalmologist for evaluation of possible causes which may include cataract, glaucoma or rare diseases such as central serous chorioretinopathy (CSCR) which have been reported after use of systemic and topical corticosteroids.

**Pregnancy and Lactation:** Tell your doctor if you are or may be pregnant. Ask your doctor for advice before taking any medicine during pregnancy. There is a very small risk of abnormalities in the unborn child if this product is used during pregnancy. If you are breast-feeding, do not apply the product to your chest area.

**Side Effects:** After application, a slight stinging sensation may occasionally be noticed. This transient symptom is most likely to disappear after several applications.

Intolerance to the occlusive dressing (miliary eruptions, folliculitis) may be expected to be observed, as with other corticosteroids. Do not cover the area with plasters or dressing of any kind after application of hydrocortisone cream. The use of the steroid may also need to be reduced or discontinued, depending on the severity of the reaction.

You may notice the following:

- Rash, itchy skin, swelling of the lips, eyes, tongue, or difficulty in breathing may be signs of an **allergic reaction. Stop using Hydrocortisone Cream immediately.**
- 'Stretch marks' may appear, especially in skin folds such as the groin or armpits.
- Vision, blurred.

**Storage:** Store below 25°C.

**Pack size available:** 15g, 30g tubes. Not all presentations may be available locally.

This information is limited. For further information please consult your doctor or pharmacist.

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