

Xepacort Cream

What is Xepacort?

Xepacort cream contains Hydrocortisone 1% w/w. Chlorocresol 0.12% w/w as preservative.

List of excipients:

Cetomacrogol, White Soft Paraffin, Chlorocresol, Purified Water, Liquid Paraffin, and Cetostearyl Alcohol.

It is white, odourless, water miscible cream. Available in 15g collapsible aluminum tube.

What is Xepacort used for?

Hydrocortisone is a mild corticosteroid indicated for irritant contact dermatitis, allergic contact dermatitis and insect bites. Irritant dermatitis may be caused by common household products such as detergents, bleaches, washing powders and various chemicals found in the workplace. Allergic contact dermatitis is caused by sensitization to allergens in materials such as cosmetics, resins, rubber, adhesive plaster and plants. It may also be helpful in treating napkin rash if used under medical supervision.

How to use this medication

For external use only. Apply sparingly, a thin film over the affected area two to four times daily. Reduce the frequency of application gradually as improvement occurs and eventually discontinue.

Before you use this medication

Avoid prolonged use or over large areas of the body particularly in areas where the skin is thinner or with occlusive dressing present. Unless under medical supervision, do not use on the facial eye and ano-genital region. Do not use on broken or infected skin including cold sores, acne and athletes foot.

Avoid prolonged use in children and infants, as they are especially susceptible to side effects such as adrenal suppression following improper use.

Use with caution in pregnant women. If the condition is not improved, seek medical advice.

Visual disturbance may be reported with systemic and topical corticosteroid use. If a patient presents with symptoms such as blurred vision or other visual disturbances, the patient should be considered for referral to an ophthalmologist for evaluation of possible causes which may include cataract, glaucoma or rare diseases such as central serous chorioretinopathy (CSCR) which have been reported after use of systemic and topical corticosteroids.

Interaction with other medications

No interactions have been reported for topical hydrocortisone. Tell your doctor or pharmacist if you are using other creams, ointments or lotions or taking any medicine.

Possible side effects

Local side-effects may include slight stinging or irritation of the skin. Discontinue treatment if sensitivity reactions occur. Being a mild corticosteroid and if used with care it is less likely to produce the severe side-effects associated with steroid use such as adrenal suppression and local side-effects like spread of local infections, thinning of the skin, increased hair growth, acne, mild depigmentation and blurred vision.

When you must not use this product?

It should not be used for untreated viral skin infections e.g. herpes simplex (cold sores) and chicken pox; fungal infections e.g. candidiasis; bacterial infections; in rosacea and ulcerative conditions; and in patients with a history of sensitivity to any of its components.

When to seek further medical advice?

Inform your doctor and/or pharmacist immediately if the child experiences any allergic symptoms (e.g. rashes). Stop taking the product and contact your doctor immediately if you develop signs and symptoms of allergic reactions such as rashes.

Do not exceed the stated dose.

What to do if you give too much?

Talk to your doctor at once if you applied too much of this medicine because excessive use under occlusive dressings may produce adrenal suppression.

Treat any adverse effects symptomatically. Acute overdose is very unlikely to occur. In the case of chronic overdose or misuse, the features of hypercorticism may appear and in this situation, topical steroids should be discontinued.

What should you do if you miss a dose?

If you miss a dose, take it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and back to your regular dosing schedule. Do not take double dose to make up for the dose that you have missed.

How should you keep Xepacort?

For external use only.

Keep out of reach of children.

Store below 30°C.

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Manufacturer and Product Owner

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