

## **DESTAVELL® Tablets**

Brand of desloratadine

**Read this leaflet carefully before you start taking this medicine because it contains important information for you.**

**This medicine is available without a prescription. However, you will still need to take Destavell Tablets carefully to get the best results from it.**

- Keep this leaflet. You may need to read it again.
- This medicine is available without a prescription. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

### **In this leaflet:**

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### **1. WHAT DESTAVELL IS AND WHAT IT IS USED FOR**

Destavell is an antiallergy medicine that does not make you drowsy. It helps control your allergic reaction and its symptoms.

Destavell relieves symptoms associated with allergic rhinitis (inflammation of the nasal passages caused by an allergy, for example, hay fever or allergy to dust mites). These symptoms include sneezing, runny, stuffy or itchy nose, itchy palate, itchy, red or watery eyes and coughing.

Destavell is also used to relieve the symptoms associated with urticaria (a skin condition caused by an allergy). These symptoms include itching and hives.

Relief of these symptoms lasts a full day and helps you to resume your normal daily activities and sleep.

### **2. BEFORE YOU TAKE DESTAVELL**

**Do not take Destavell**

- if you are allergic (hypersensitive) to desloratadine, to any of the other ingredients of Destavell or to loratadine.

Destavell is indicated for adults and adolescents (12 years of age and older).

**Taking other medicines**

There are no known interactions of Destavell with other medicines.

**Taking Destavell with food and drink**

Destavell may be taken with or without a meal.

**Pregnancy and breast-feeding**

Ask your doctor or pharmacist for advice before taking any medicine during pregnancy and breastfeeding.

If you are pregnant or nursing a baby, taking Destavell is not recommended.

**Seizures**

Destavell should be administered with caution in patients with a medical or family history of seizures. In particular, young children may be more susceptible to developing new seizures under desloratadine treatment. Healthcare providers may consider discontinuing desloratadine in patients who experience a seizure while on treatment.

**Driving and using machines**

At the recommended dose, Destavell is not expected to cause you to be drowsy or less alert. However, very rarely some people experience drowsiness, which may affect their ability to drive or use machines.

**3. HOW TO TAKE DESTAVELL**

Adults and adolescents (12 years of age and older): take one tablet once a day.

Swallow the tablet whole with water, with or without food.

Destavell is not recommended for long-term use. Consult a doctor if the condition worsens or does not improve after 14 days.

**If you take more Destavell than you should**

Take Destavell only as instructed. No serious problems are expected with accidental overdose. However, if you take more Destavell than you were told to, contact your doctor or pharmacist.

### **If you forget to take Destavell**

If you forget to take your dose on time, take it as soon as possible, then go back to your regular dosing schedule. Do not take a double dose to make up for a forgotten dose.

## **4. POSSIBLE SIDE EFFECTS**

Like all medicines, Destavell can cause side effects, although not everybody gets them. In adults, side effects were about the same as with a dummy tablet. However, fatigue, dry mouth and headache were reported more often than with a dummy tablet. In adolescents, headache was the most commonly reported side effect.

During the marketing of desloratadine, cases of allergic reactions, including anaphylaxis and rash have been reported very rarely. Cases of palpitations, rapid heartbeat, stomach pain, nausea (feeling sick), vomiting, upset stomach, diarrhoea, dizziness, drowsiness, inability to sleep, muscle pain, hallucinations, seizures, restlessness with increased body movement, liver inflammation, abnormal liver function tests, and increased appetite have also been reported very rarely.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## **5. HOW TO STORE DESTAVELL**

Keep out of the reach and sight of children.

Do not store above 30°C. Store in the original package.

Do not use Destavell after the expiry date which is stated on the carton and blister. The expiry date refers to the last day of that month.

Tell your pharmacist if you notice any change in the appearance of the tablets.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **6. FURTHER INFORMATION**

### **What Destavell contains**

- The active substance is desloratadine 5 mg

- The other ingredients of the tablet are calcium hydrogen phosphate dihydrate, pregelatinized starch, silicified microcrystalline cellulose, talc, magnesium oxide. Tablet coating contains polyvinyl alcohol polyethylene glycol graft copolymer, titanium dioxide, talc, FD&C Blue No. 2 Al-lake (C.I. 73015) and purified water.

**What Destavell looks like and contents of the pack**

Destavell 5 mg film-coated tablets are packed in unit dose blisters in packs of 30 tablets.

Each film-coated tablet is round, convex, plain on one side and has a breakline on the other. Breakline is not intended for half-dosing.

**Product Registrant**

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