NUROMOL TABLETS

200mg/500mg

(Ibuprofen 200mg and Paracetamol 500mg)

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PLEASE READ THIS ENTIRE LEAFLET CAREFULLY BEFORE YOU START TO TAKE YOUR MEDICINE. Keep this leaflet. You may want to read it again.

Available in blister packs of 12 tablets.

Nuromol 200mg/500mg (Nuromol) is a film coated tablet. The tablet is white to off-white, oval shaped, pearlescent, de-bossed with in identifying helix. Each tablet of Nuromol contains the active ingredients Ibuprofen 200mg and Paracetamol 500mg.

Also contains

Tablet core: Croscarmellose sodium, microcrystalline cellulose. Colloidal anhydrous silica, Magnesium stearate, Stearic acid. Film Coat: Polyvinyl alcohol, Titanium Dioxide, Talc, Macrogol, Potassium aluminum silicate (E555), Polysorbate

Manufactured by:

Reckitt Benckiser Healthcare International Limited Thane Road, Nottingham, Nottinghamshire NG90 2DB United Kingdom.

License Holder & Importer:

Reckitt Benckiser (Singapore) Pte. Ltd. 12 Marina Boulevard #19 - 01. Marina Bay Financial Centre. Tower 3, Singapore 018982

Product licence No.: SIN15200P

HOW DOES NUROMOL WORK?

Nuromol contains two active ingredients. These are Ibuprofen and Paracetamol. Ibuprofen, a non-steroidal anti-inflammatory drug (NSAID), and Paracetamol provide relief by changing the body's response to pain

WHAT IS IT FOR?

Nuromol relieves mild to moderate pain such as migraine headache, backache, period pain, dental pain, rheumatic and muscular pain, fever associated with cold and flu, sore throat and fever. Nuromol is especially suitable for pain which requires stronger analgesia than ibuprofen or paracetamol alone.

CHECK BEFORE YOU TAKE THIS PRODUCT:

As with some pain relievers, do not take this product if you: • experience symptoms of dengue fever (e.g. high fever, severe headache, muscle and joint pains)

- · have or have ever had a stomach ulcer, perforation or bleeding
- are already taking any other Paracetamol containing product.
- are taking other NSAID pain killers (e.g. ibuprofen, naproxen)

or aspirin with a daily dose above 75mg. • are allergic to ibuprofen, paracetamol or any other ingredients in Nuromol

• are allergic to aspirin or any other NSAIDs

• have severe kidney, liver or heart problems

The use of Nuromol during pregnancy should, if possible, be avoided.

Please seek your doctor's advice before taking Nuromol tablet if

• Have heart problems including heart failure, angina (chest pain), or if you have had a heart attack, bypass surgery, peripheral artery disease (poor circulation in the legs of feet due to narrow or blocked arteries), or any kind of stoke

(including 'mini-stroke' or transient ischaemic attack "TIA") • Have or have had asthma, diabetes, high cholesterol, high blood pressure, liver, kidney or bowel problems or are

- dehydrated.
- Have or have had history of gastrointestinal disease
- (e.g. ulcerative colitis, Crohn's disease).
- Have or have had Systemic Lupus Erythematosus (SLE) and mixed connective tissue disease.
- Are a smoker.
- Are pregnant or breast feeding.
- Elderly. _____

• Taking regular medication, especially medicines for high blood pressure (e.g. water retention), heart disease or anticoagulants (blood thinners).

Do not take Nuromol with other paracetamol containing products or other NSAID containing products such as aspirin or Ibuprofen.

Ibuprofen may be associated with a small increased risk of heart attack or stroke. Any risk is more likely with high doses (2400mg daily or 12 tablets) or prolonged treatment. Do not exceed the recommended dose and duration.

If you have had a serious skin reaction with this medicine, do not take it or any products containing paracetamol or acetaminophen again. Doing so could cause you to have another serious skin reaction.

Always seek the advice of your doctor before taking Nuromol with other medicines.

DIRECTIONS

For oral administration and short-term use only Adult 18 years old and above: Take 1 tablet (or 2 tablets if required) with water and food, up to three times a day. Do not give to children under 18 years old.

Leave at least 6 hours between doses.

Do not exceed 6 tablets in 24 hours. Do not exceed the stated dose.

If you accidentally take more than the recommended dose,

contact your doctor.

If you forget to take Nuromol do not take a double dose to make up for a forgotten does. If you forget to take a dose, take it as soon as you remember it and then take the next dose at least 6 hours later.

If symptoms persist or worsen, if new symptoms occur, or if the product is required for more than 3 days, consult your doctor.

WHILST TAKING NUROMOL:

Side effects are rare but may include the following stomach pain, nausea, indigestion and occasionally stomach ulcer and black tarry stools. Also worsening of asthma, itchy skin, 'nettle rash' and very rarely skin peeling and bruising.

Other side effects which have been very rarely reported are impaired kidney and liver function, headache, ringing in the ears and dizziness.

Side effects may be reduced by taking the lowest effective dose for the shortest possible time

Stop taking this medicine and tell your doctor immediately if:

• You experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.

• You experience any skin rash or reaction. Symptoms of serious skin reactions may include skin reddening, rash, blisters, and separation of the upper surface of the skin from the lower layers. These serious skin reactions are rare, but can occur even if you have taken this medicine in the past without any problems. • You experience mouth ulcers

STORAGE

Use by the date shown on the label or carton. Store below 30°C KEEP ALL MEDICINE OUT OF REACH OF CHILDREN.

Taking NSAIDs at about 20 weeks of pregnancy or later may harm your unborn baby.

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