

## FRONT

**FINAB CREAM 1% w/w**  
**Terbinafine Hydrochloride 1% w/w**

VIFINxx-03 (SIN)

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**WHAT FINAB CREAM IS USED FOR**

Finab Cream is a medicine (antifungal agents) intended for treatment of skin infections caused by fungi (mycoses) such as athlete's foot or other superficial mycoses of the skin and pityriasis versicolor. It is also effective against infections caused by yeasts (candidoses of the skin).

**HOW FINAB CREAM WORKS**

Finab Cream has terbinafine which is an allylamine that has a broad spectrum of antifungal activity. It works by preventing the growth of fungus as well as clearing fungus growth on the skin.

**BEFORE YOU USE FINAB CREAM**

As the experience in children under 12 years of age is limited, the use of Finab Cream is not recommended in children under 12 years of age.

If you have a fungal nail infection (fungus inside and under the nail), with discoloration of the nails and change in nail texture (thick, flaky), you should see your doctor because Finab Cream is NOT appropriate for this type of infection.

- Before using Finab Cream determine if you are allergic to it; or to other allylamine antifungals.
- Finab Cream may contain inactive ingredients, which can cause allergic reactions or other problems. Talk to your pharmacist for more details.
- Finab Cream should not be used during pregnancy unless clearly necessary.
- Do not use Finab Cream while breastfeeding. The ingredients can pass into your breast milk.
- Do not allow infants to come into contact with any treated areas, including the breasts.

**HOW TO USE FINAB CREAM**

- For use on the skin.
- Cleanse and dry the affected areas thoroughly before application of Finab Cream.
- For adults and children above 12 years: Apply Finab Cream to the affected skin and surrounding area in a thin layer and rub in lightly.

- In the case of areas such as armpits, under the breasts, between fingers and toes and other areas where your skin touches other skin areas the application of Finab Cream may be covered with a gauze strip, especially at night.
- Wash your hands after applying Finab Cream so that you do not spread the infection to yourself or on to others and to avoid accidentally ingesting it.

**WHILE YOU ARE USING FINAB CREAM****— USUAL DURATION OF TREATMENT**

- Athlete's foot, superficial skin mycoses: apply once a day for 1 week.
- Skin candidiasis (intertrigo or sweat rash): apply 1-2 times a day for 1 week.
- Pityriasis versicolor: apply 1-2 times a day for 2 weeks.

Use the cream for the recommended treatment period even if the infection seems to be better after a few days. Infections usually appear to improve within a few days, but may reappear if the cream is not applied regularly or is stopped too early.

The cream should start to improve your skin condition in a few days. The cream will continue to work even after you have completed the treatment.

**— HOW LONG TO USE**

If you have not noticed any signs of improvement within 2 weeks of first starting treatment, please see your doctor or pharmacist who will advise you.

**— IF YOU FORGET TO USE IT**

If you forget an application of Finab Cream, apply it as soon as possible and then carry on as normal. If you only remember at the time of the next application, just apply the usual amount and then carry on as normal. Do not take a double dose to make up for a forgotten dose.

**— IF YOU USE TOO MUCH (OVERDOSE)****Symptoms**

In the event a larger amount of Finab Cream is inadvertently ingested, adverse effects similar to those observed with an overdosage of Terbinafine Hydrochloride tablets are to be expected. Symptoms include headache, nausea, epigastric pain and dizziness.

**Apart from treatment what steps can be taken**

In order to prevent mycoses, observe the following rules: Change your clothes every day because it is possible that the germs remain attached to parts of the clothes which are in contact with infected regions of the skin. Avoid wearing clothes which fit too tightly or have little permeability to air. Carefully dry the affected parts after washing. Change your flannel and towel every day. If you are suffering from athlete's foot, do not walk barefoot. In addition, sprinkle or spray the inside of your socks or shoes every day with a powder or spray which is effective against fungal infections.

## BACK

Patient Information Leaflet

**What other precautionary measures should be observed**

Finab cream should only be used externally. Do not use in the mouth or swallow.

Avoid all contact with your eyes. If by accident the product comes into contact with the eyes, they should be carefully flushed with cold water. Consult your doctor if there is still discomfort.

Consult your doctor in the case of large-scale mycoses or when the mycosis involves the nails.

Please inform your doctor or pharmacist if you suffer from other illnesses, allergies or use other medicines for internal or external use (even under self-medication).

Do not apply other medicinal products on the areas being treated.

Finab Cream contains cetyl alcohol and stearyl alcohol which may cause local skin reactions (e.g. contact dermatitis).

**WHAT UNDESIRABLE SIDE EFFECTS CAN FINAB CREAM HAVE**

Like all medicines, Finab Cream can cause side effects, although not everybody gets them.

STOP using Finab Cream and seek medical help immediately if you have any of the following which may be signs of an allergic reaction:

- difficulty in breathing or swallowing
- swelling of the face, lips, tongue or throat
- severe itching of the skin, with a red rash or raised bumps

When using this product you may experience:

- Skin peeling, itching.
- Skin lesion, scab, skin disorder, skin color changes, redness, burning, pain, application site pain, application site irritation.

Other side effects include:

- Dry skin, eczema.
- Contact dermatitis which is a type of inflammation of the skin.
- Skin rash.
- Worsening of disease symptoms.
- Allergic reactions.

If Finab Cream is accidentally applied to the eyes, eye irritation may occur. If you get other any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

**STORAGE AND DISPOSAL OF FINAB CREAM**

- Store below 30°C
- Keep out of reach of children
- To dispose Finab Cream, seal the leftover tube tightly in a trash bag and dispose into the bin

**PRODUCT DESCRIPTION****— WHAT IT LOOKS LIKE**

Finab Cream 1% w/w is a white to almost white homogeneous cream.

Finab Cream 1% w/w is packed in 15 g collapsible aluminum tube with white HDPE screw cap with a pack size of 15 g.

**— INGREDIENTS**

Finab Cream 1% w/w contains 1.00% w/w of Terbinafine Hydrochloride as active ingredient.

**— INACTIVE INGREDIENTS**

- Isopropyl Myristate
- Polysorbate 60
- Benzyl Alcohol
- Stearyl Alcohol
- Cetyl Palmitate
- Cetyl Alcohol
- Sorbitan Monooleate
- Sodium Hydroxide
- Purified Water

**PRODUCT OWNER AND MANUFACTURER**

HOVID Bhd.  
121, Jalan Tunku Abdul Rahman  
(Jalan Kuala Kangsar),  
30010 Ipoh, Perak, Malaysia.

**DATE OF REVISION**

December 2022