

Telfast

Fexofenadine HCl

120mg

SANOFI 

Patient Information Leaflet

PLEASE READ THE FOLLOWING INFORMATION CAREFULLY BEFORE YOU BEGIN TAKING TELFAST:

This leaflet provides a summary of the information available. It does not take the place of talking to your doctor or pharmacist who have more detailed information.

If you have any questions about Telfast, or if you experience any problems when taking Telfast, ask your doctor or pharmacist.

All medicines have benefits and risks, so please discuss these with your pharmacist or doctor to make sure that the benefits of taking Telfast outweigh any possible risks.

Keep this leaflet with the medicine as you may want to read it again.

WHAT IS TELFAST AND WHAT IS IT USED FOR?

Telfast tablets contain an active ingredient called "fexofenadine". It is one of a group of medicines called antihistamines.

Telfast 120mg is used to relieve the symptoms of allergic rhinitis such as sneezing, itchy, red eyes, and runny nose for adults and children aged 12 years and above.

Telfast works by blocking the action of histamine which causes these unwanted effects.

Telfast is a non-drowsy antihistamine which means it has been shown not to make you drowsy or slow down your reactions.

IS TELFAST SUITABLE FOR ME?

Do not take Telfast, and tell your

doctor or pharmacist if:

- you have had an allergic reaction to fexofenadine or any of the other ingredients in Telfast. These are listed at the end of this leaflet
- the expiry date on the pack has passed. It may have no effect or an unexpected effect if it is taken after this date
- the packaging is torn or shows signs of tampering

Before taking TELFAST:

You should inform your pharmacist/doctor if:

- you are, or might be, pregnant
- you are breast feeding
- you have any allergies to any other medicines, foods, preservatives or dyes
- you are taking other medicines
- you have any kidney or liver problems
- you are more than 65 years of age
- you have a history of heart disease or currently have heart disease

Your pharmacist/doctor will consider these points when recommending Telfast.

Use in children:

Telfast 120mg is indicated for children aged 12 years and above.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Do not take Telfast if you are pregnant, unless necessary.

Telfast is not recommended during breast-feeding.

HOW DO I TAKE TELFAST?

Take Telfast with a glass of water. Telfast may be taken with or without food.

For the relief of the symptoms of allergic rhinitis, such as sneezing, itchy and runny nose, itchy throat, itchy and watery eyes. The usual dosage for adults and children over 12 years of age is one Telfast 120mg tablet daily when required.

Telfast should not be used longer than 10 days without medical advice.

Do not take a double dose to make up for a missed dose. Take the next dose at the usual time you take your dose.

Do not take more than the recommended dose and remember, this medicine is for you. Do not give it to anyone else, even if their symptoms seem to be the same as yours.

If Telfast does not relieve your symptoms, do not take extra tablets. Tell your doctor or pharmacist.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. Indigestion remedies containing aluminium and magnesium may affect the action of Telfast, by lowering the amount of drug absorbed.

It is recommended that you leave about 2 hours between the time that you take Telfast and your indigestion remedy.

What do I do in case of Overdose?

If you think that you or someone else may have taken too much

Telfast – (even if there are no signs of discomfort or poisoning) – contact your doctor, or go to the Emergency Department at your nearest hospital.

DOES TELFAST CAUSE SIDE EFFECTS?

Tell your doctor or pharmacist as soon as possible if you do not feel well while taking Telfast, even if you do not think the problem is connected with the medicine or is not listed in this leaflet.

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Tell your doctor immediately and stop taking Telfast if you experience:

- swelling of the face, lips, tongue or throat and difficulty breathing, as these may be signs of a serious allergic reaction.

The following undesirable effects have been reported in clinical trials, with an incidence similar to those observed in patient who did not receive the drug (placebo).

Common side effects (may affect up to 1 in 10 people):

- headache
- drowsiness
- feeling sick (nausea)
- dizziness.

Uncommon side effects (may affect up to 1 in 100 people):

- tiredness/sleepiness.

Additional side effects (frequency not known: cannot be estimated from the available data) which may occur are:

- difficulty sleeping (insomnia)
- sleeping disorders
- bad dreams
- nervousness
- fast or irregular heart beat
- diarrhoea
- skin rash and itching
- hives
- serious allergic reactions which can cause swelling of the face, lips, tongue or throat, flushing, chest tightness, and difficulty breathing.

When should you consult the doctor?

Consult a doctor if the condition worsen or does not improve after 10 days.

How do I Store TELFAST?

Keep your tablets in a safe place out of the reach of children.

Store below 30°C.

WHAT DOES TELFAST LOOK LIKE?

Telfast 120mg tablets are peach, oval, double convex tablet, '012' underlined on one side, blank on the other side.

Telfast 120mg is available in blister pack of 10.

What are the ingredients in Telfast?

Each Telfast 120mg tablet contains 120mg of the active ingredient fexofenadine hydrochloride.

The inactive ingredients in Telfast are: croscarmellose sodium, pregelatinised maize starch, microcrystalline cellulose, magnesium stearate, hypromellose, povidone, titanium dioxide, colloidal anhydrous silica, macrogol 400 and iron oxide.

Telfast does not contain any sugar, gluten, lactose or preservatives.

MANUFACTURER

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WHERE TO GO FOR FURTHER INFORMATION

Remember this leaflet provides only a summary of some of the important things you need to know about Telfast. Only your doctor or pharmacist are able to weigh up all the relevant facts and you should

consult them about all aspects of this medicine as it relates to you.

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