

HERBENE

NUROFEN EXPRESS CAPLET 342mg (Ibuprofen Lysine)

PLEASE READ THIS ENTIRE LEAFLET
CAREFULLY BEFORE YOU START TO
TAKE YOUR MEDICINE.

Keep this leaflet. You may want to read it
again.

WHAT IS IN THIS PACK?

(Available in blister packs of 12.

Nurofen Express 342mg Caplet is a film-coated,
white, capsule-shaped tablet, printed with an
identifying logo in black on one face.

Each tablet of Nurofen Express 342mg Caplet
contains the active ingredient Ibuprofen 200mg.

Also contains: Povidone, Sodium Starch Glycollate
Type A, Magnesium Stearate, Hypromellose, Talc,
Opaspray White M-1-7111B (contains Hypromellose
and Titanium Dioxide (E171)) and Black Ink
(contains Shellac, Iron Oxide Black (E172) and
Propylene Glycol).

Manufactured by:

Reckitt Benckiser Healthcare International Limited
Thane Road, Nottingham, Nottinghamshire NG90
2DB, United Kingdom.

License Holder & Importer:

Reckitt Benckiser (Singapore) Pte. Ltd.
12 Marina Boulevard #19 – 01, Marina Bay
Financial Centre, Tower 3, Singapore 018982

Product licence No.: SIN14366P

HOW DOES NUROFEN WORK?

Nurofen, a non-steroidal anti-inflammatory
drug (NSAID), provides relief by changing the
body's response to pain.

WHAT IS IT FOR?

Nurofen relieves pain such as headache, migraine
pain, backache, period pain, dental pain, rheumatic
pain and muscular pain. Nurofen relieves fever such
as fever associated with cold and flu.

CHECK BEFORE YOU TAKE THIS PRODUCT:

As with some pain relievers, do not take if you:

- experience symptoms of dengue fever (e.g. high
fever, severe headache, muscle and joint pains)
- have or have ever had a stomach ulcer, perforation
or bleeding
- are allergic to ibuprofen, to any of the
ingredients, or to aspirin or other painkillers
- are taking other NSAID pain killers (e.g.
ibuprofen, naproxen) or aspirin with a daily dose
above 75mg.
- have severe kidney, liver or heart problems.

The use of ibuprofen during pregnancy should,
if possible, be avoided.

Please seek your doctor's advice before taking
Nurofen Express 342mg Caplet if you:

- have heart problems including heart failure,
angina (chest pain), or if you have had a
heart attack, bypass surgery, peripheral artery
disease (poor circulation in the legs of feet due to
narrow or blocked arteries), or any kind of stroke
(including 'mini-stroke' or transient ischaemic
attack "TIA")

- have or have had asthma, diabetes, high
cholesterol, high blood pressure, liver, kidney
or bowel problems or are dehydrated.
- have or have had history of gastrointestinal disease
(e.g. ulcerative colitis, Crohn's disease).
- have or have had Systemic Lupus Erythematosus
(SLE) and mixed connective tissue disease.
- are a smoker.
- are pregnant.
- Elderly.
- Taking regular medication, especially medicines
for high blood pressure (e.g. water retention), heart
disease or anticoagulants (blood thinners).

Not suitable for children under 12 years old except
on the advice of a doctor. Nurofen Syrup will be
more suitable for treating child under 12 years old.

Ibuprofen may be associated with a small increased
risk of heart attack or stroke. Any risk is more likely
with high doses (2400mg daily or 12 tablets) or
prolonged treatment. Do not exceed the
recommended dose and duration.

DIRECTIONS

For oral administration and short-term use only.

Adults and children over 12 years: Swallow 1 or 2
caplets with water, up to three times a day as
required.

Leave at least 4 hours between doses.

Do not exceed 6 caplets in 24 hours.

Do not give to children under 12 years.

Do not exceed the stated dose.

Problems in overdose are rare, but if you
accidentally take more than the recommended dose,
contact your doctor.

If symptoms persist or worsen, if new symptoms
occur, or if the product is required for more than 3
days, consult your doctor.

WHILST TAKING NUROFEN:

Side effects are rare but may include the following
stomach pain, nausea, indigestion and occasionally
stomach ulcer and black tarry stools.

Also worsening of asthma, itchy skin, 'nettle rash'
and very rarely skin peeling and bruising.

Other side effects which have been very rarely
reported are impaired kidney and liver function,
headache, ringing in the ears and dizziness.

Side effects may be reduced by taking the lowest
effective dose for the shortest possible time.

If you experience any of these, or has any other
unusual symptoms, stop the medication and contact
your doctor or pharmacist.

STORAGE

Use by the date shown on the label or carton. Store
below 30°C.

KEEP ALL MEDICINE OUT OF REACH OF CHILDREN.

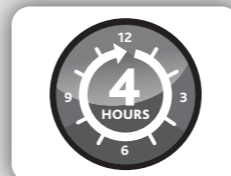
Taking NSAIDs at about 20 weeks of pregnancy
or later may harm your unborn baby.

Date of Text Revision: Aug 2021

1.5mm



NUROFEN EXPRESS CAPLETS 342mg



DO NOT :



DO :



NUROFEN®

HERBENE

Read Direction of Code