Panadol

WITH OPTI CORE FORMULATION

Fast effective relief of headache, pain and fever

INDICATIONS
Panadol is indicated as an effective analgesic and antipyretic for the fast relief of fever and painful conditions such as headache, migraine, backache, joint and muscle pain, period pain (dysmenorrhea), toothache (pain following dental procedure/tooth extraction), pain after vaccination, and sore throat.

DESCRIPTION
Each caplet contains 500mg of Paracetamol.
Excipients: Povidone, Pregelatinized Starch, Calcium Carbonate, Alginic Acid, Crospovidone, Magnesium Stearate, Colloidal Anhydrous Silica, Sodium Methyl Parahydroxybenzoate (E219), Sodium Ethyl Parahydroxybenzoate (E215), Sodium Propyl Parahydroxybenzoate (E217), Opadry White, Carnauba Wax and Purified water.

Opadry White contains : Macrogol, Hypromellose, Polysorbate and Titanium Dioxide (E171).

The caplet is capsule shaped and is embossed with a circle P on one side and breakline on the other side.

DOSAGE
For oral administration only. Do not exceed the stated dose. Use the smallest dose that you need to treat your symptoms and use the medicine for the shortest period of time necessary. Do not take more frequently than every 4 hours. Do not use this medicine if you are taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu. Do not take more than 8 caplets per day. Do not break the caplet when taking the medicine.

Adults and children over 12 years: 1-2 caplets taken every 4 to 6 hours as required.
Not recommended for children under 12 years.

本药品仅限口服使用。24 小时内不可服用超过 8 粒。请勿超过建议剂量，并且两次服用间隔勿短于 4 小时。
初次应使用最小建议剂量，并尽量缩短使用时间。
成人（包括年长者）及 12 岁以上儿童：需要时服用，每次1-2 粒，每次间隔 4 至 6 小时。
请勿给 12 岁以下儿童使用。

ADVERSE REACTIONS
Stop taking this medicine and tell your doctor immediately if:
- You experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- You experience any skin rash or reaction. Symptoms of serious skin reactions may include skin reddening, rash, blisters and separation of the upper surface of the skin from the lower layers. These serious skin reactions are rare, but can occur even if you have taken this medicine in the past without any problems.
- You experience mouth ulcers.
- You have previously experienced breathing problems with aspirin or non-steroidal anti-inflammatories, and experience a similar reaction with this product.
- You experience nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin.
- You experience unexplained bruising or bleeding .

These reactions are rare.

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Pregnancy
Talk to your health care professional before taking paracetamol if you are pregnant. Consider taking the lowest effective dose for the shortest period of time. You can take this product whilst breastfeeding.

DRUG INTERACTIONS
Before taking this medicine, make sure you consult your doctor if you are taking Warfarin or similar medicines used to thin the blood.

CONTRAINDICATIONS
Do not use if you are allergic to Paracetamol or any of the other ingredients in the product.

WARNINGS AND PRECAUTIONS
Taking too much paracetamol can cause serious harm to your liver. Always read and follow the label.
Check with your doctor before use if:
- You have liver or kidney problems.
- You are underweight or malnourished.
- You regularly drink alcohol.

You may need to avoid using this product altogether or limit the amount of paracetamol that you take.
- You have a severe infection, are severely malnourished, severely underweight, or are a chronic heavy alcohol user as this may increase the risk of metabolic acidosis.
- Signs of metabolic acidosis include:
  - Deep rapid, difficult breathing
  - Feeling sick (nausea), being sick (vomiting)
  - Loss of appetite

Contact a doctor immediately if you get a combination of these symptoms.
E219, E215 and E217 may cause allergic reactions (possibly delayed). If you have had a serious skin reaction with this medicine, do not take it or any products containing paracetamol or acetaminophen again. Doing so could cause you to have another serious skin reaction.
Please see your doctor if your symptoms do not improve. Keep out of sight and reach of children.

OVERDOSE
If you take more of the medicine than you should, seek medical advice immediately even if you do not have any symptoms because of the risk of liver failure.

STORAGE CONDITION
Store below 30°C.

EXPIRY
Do not use beyond expiry date.

For further information, please refer to your doctor or pharmacist.

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