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Country : Singapore

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Technical Information



outline

Front

Do not take this medicine if you are pregnant or plan to become pregnant. This medicine is not recommended to be used during pregnancy. Your pharmacist or doctor will discuss the benefits and possible risks of taking the medicine during pregnancy. Do not give this medicine to a child under the age of 12 years, unless your doctor has told you to do so. If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

Some of the symptoms of an allergic reaction to Telfast-D may include:

shortness of breath
wheezing or difficulty breathing
swelling of the face, lips, tongue or other parts of the body
rash, itching or hives on the skin

Do not use it after the expiry date (EXP) oriented on the pack. It may have no effect or an unexpected effect if it is taken after this date.

Do not use it if the packaging is torn or shows signs of tampering.

You should inform your pharmacist/doctor if:

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or dyes
• you are taking other medicines

BEFORE TAKING TELFAST-D:



Fexofenadine HCI 60mg / pseudoephedrine hydrochloride 120mg

Patient Information Leaflet

PLEASE READ THE FOLLOWING INFORMATION CAREFULLY BEFORE YOU BEGIN TAKING TELFAST-D:

This leaflet provides a summary of the information available. It does not take the place of talking to your doctor or pharmacist who have more detailed information

If you have any questions about Telfast-D, or if you experience any problems when taking Telfast-D, ask your doctor or pharmacist.

All medicines have benefits and risks, so please discuss these with your pharmacist or doctor to make sure that the benefits of taking Telfast-D outweigh any possible ricks.

Keep this leaflet with the medicine as you may want to read it again.

WHAT IS TELFAST-D AND WHAT IS IT USED FOR?

Telfast-D is used to relieve the symptoms of allergic rhinitis with sinus/nasal congestion. Symptoms

- nasal and sinus congestion
 nasel and sinus congestion
 sneezing
 itchy, runny nose
 watery, itchy eyes
 itchy throat.

TELFAST-D contains a combination of two active ingredients,
"fexofenadine" (an antihistamine)
and "pseudoephedrine" (a
decongestant).
Antihistamines help reduce

Antihistamines help reduce allergic symptoms caused by a substance called histamine. Examples of these include: watery, itchy eyes, sneezing and runny nose.

nose. Decongestants, like pseudoephedrine, work by reducing congestion in the upper respiratory tract, including the nose, nasal passages and sinuses, making it easier to breathe.

Your pharmacist or doctor may have given this medicine to you for another reason.

Ask your doctor or pharmacist if you have any questions about why this medicine has been recommended for you.

Telfast-D is only available from

IS TELFAST-D SUITABLE FOR ME?

Do not take Telfast-D if you

wery high blood pressure
heart disease caused by poor
blood flow or narrowing of the
blood vessels of the heart

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 narrow angle glaucoma
 urinary retention
 a sensitivity to adrenergic events (symptoms include insomnia, dizziness, weakness, tremor or irregular heart beat)
 or if you have taken monoamine oxidase inhibitors (medicines used to treat depression) in the last 14 days.
 you have had an allergic reaction to fexofenadine, pseudoephedrine or any of the other ingredients in Telfast-D. These are listed at the end of this leaflet.
 Do not take this medicine if you are pregnant or plan to become Tell your pharmacist or doctor if you have or have had any of the following medical conditions:

- high blood pressure
 hyperthyroidism (overactive thyroid gland)
 diabetes including diabetes
- mellitus

 heart disease and poor blood flow in the blood vessels of the
- glauçoma (high pressure in the
- prostate problems (including prostatic hypertrophy)
 liver or kidney disease
- hyperactivity or sensitivity to ephedrine.

If you have not told your pharmacist or doctor about any of the above, tell them before you take this medicine

Use in children:

Telfast-D is indicated for children aged 12 years and above.

HOW DO I TAKE TELFAST-D?

Telfast-D should be swallowed whole with a full glass of water, and never crushed or chewed. Take before a meal and ensure that you take the dose at about the same time each day

The recommended dose for adults and children over the age of 12 years, is one tablet 12 hourly.

Do not use for longer than 5 days without medical advice. Talk to your doctor or pharmacist if you are unsure what dose to

If you forget to take Telfast-D

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Otherwise, take it as soon as you remember, and then go back to taking it as you would normally.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an upwarted side effect. unwanted side effect.

If you are not sure what to do, ask your pharmacist or doctor. If you have trouble remembering when to take your medicine, ask your pharmacist for some hints.

Do not take more than the recommended dose and remember, this medicine is for you. Do not give it to anyone else, even if their symptoms seem to be the same as vours.

Reverse

If Telfast-D does not relieve your symptoms, do not take extra tablets. Tell your doctor or pharmacist

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Taking other medicines Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Some medicines and Telfast-D may interfere with each other. These include medicines used to

- depression
 high blood pressure
 heart conditions
 urinary tract infections and
- bladder problems
 behavioural disorders
 congestion (phenylephrine)
- appetite suppressants.

These medicines may be affected by Telfast-D, or may affect how well it works. You may need to use different amounts of your medicine or you may need to take different medicines. Your pharmacist or doctor will advise

Your pharmacist or doctor has more information on medicines to be careful with or to avoid while taking this medicine.

What do I do in case of

What do I do in case of Overdose? If you think that you or someone else may have taken too much Telfast-D – (even if there are no signs of discomfort or poisoning) – contact your doctor or go to the Emergency Department at your nearest hospital.

WHAT TO LOOK OUT FOR WHILE YOU ARE TAKING TELFAST-D?

Things you must do
Talk to your pharmacist or doctor
if your symptoms do not improve.
Your pharmacist or doctor will
assess your condition and decide
you should continue to take the

Tell all the doctors, dentists and pharmacists who are treating you that you are taking Telfast-D.

If you are about to be started on any new medicine, tell your pharmacist or doctor that you are taking Telfast-D.

If you plan to have surgery that needs a general anesthetic, tell your doctor or dentist that you are taking this medicine.

If you become pregnant while you are taking this medicine, stop taking it and tell your pharmacist or doctor immediately.

Things you must not do
Do not take more than the
recommended dose unless your
pharmacist or doctor tells you to.

Do not give this medicine to anyone else, even if they have the same condition as you.

Do not take Telfast-D to treat any other complaints unless your pharmacist or doctor tells you to.

Things to be careful of Be careful driving or operating machinery until you know how this medicine affects you.

This medicine may cause dizziness or lightheadedness in some people, if this happens, do not drive or operate machinery. Make sure you know how you react to it before you drive a car, operate machinery, or do anything else that could be dangerous if you are dizzy.

Be careful if you are elderly, unwell or taking other medicines. Some people may experience side effects, such as drowsiness, confusion, dizziness and unsteadiness, which may increase the risk of a fall.

Occasionally, the inactive ingredients of TELFAST-D may be eliminated in the feces in a form that may resemble the original tablet.

DOES TELFAST-D CAUSE SIDE EFFECTS?

Tell your pharmacist or doctor as soon as possible if you do not feel well while you are taking Telfast-D, even if you do not think the problem is connected with the medicine or is not listed in this leaflet

All medicines can cause side effects. Although most people will not experience any, some of the side effects that may occur with Telfast-D are:

• headache

- nausea

- nausea
 fatigue
 dry mouth
 anorexia
 drowsiness
 difficulty sleeping
 neryousness
 excitability
 restlessness
 dizziness

- dizziness fear or anxiety rapid heart beat
- trémor
 hallucinations

The above list includes the more common side effects of your medicine. They are usually mild and short-lived. Children and people over 65 years of age may have an increased chance of getting side effects.

The following side effects occur rarely:
• urine retention

- urine retention
 shortness of breath
 wheezing or difficulty breathing
 swelling of the face, lips, tongue
 or other parts of the body
 rash, itching or hives on the skin.
- The above list includes very serious side effects. If you have them, you may have had a serious

may also occur in some patients. Tell your pharmacist or doctor if you notice anything else that is making you feel unwell.

allergic reaction to Telfast-D. Seek medical advice immediately if you experience any of the above

Other side effects not listed above

symptoms

Do not be alarmed by this list of possible side effects. You may not experience any of them. HOW DO I STORE TELEAST-D?

Keep your tablets in a safe place out of the reach of children.

Keep your tablets in the original pack until it is time to take them. If you take the tablets out of the box or blister pack they may not

Store below 30°C.

WHAT DOES TELFAST-D LOOK LIKE?

Telfast-D tablets are bi-layer, capsule shaped film coated tablets with one half (lengthwise) white to off-white and the other half tan. The white half is marked with "06/012D".

Telfast-D is available in blister pack of 10's & 50's.

What are the ingredients in Telfast-D?
Each Telfast-D tablet contains a combination of two active ingredients; 60 mg fexofenadine hydrochloride and 120mg resulden pedicine hydrochloride. pśeudoephedrine hydrochloride.

The inactive ingredients in Telfast-D are: carnauba wax, cellulose, croscarmellose sodium, magnesium stearate, opadry, silica, starch pregelatinised, stearic

Telfast-D does not contain any sugar, gluten, lactose or preservatives.

MANUFACTURER

Manufactured by: Opella Healthcare In Compiegne, France

Packed by: PT Aventis Pharma, Jakarta, Indonesia Under Authority of Sanofi France

Last updated: April 2021

WHERE TO GO FOR FURTHER INFORMATION

Remember this leaflet provides only a summary of some of the important things you need to know about Telfaṣt-D. Only your doctor or pharmacist are able to weigh up all the relevant facts and you should consult them about all aspects of this medicine as it relates to you.

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122mm