

## **FLUIMUCIL® A 600 Effervescent Tablets 600 mg - Patient Information Leaflet**

### **What is FLUIMUCIL® A 600mg?**

FLUIMUCIL® A 600mg contains the active ingredient Acetylcysteine that belongs to a group of medicines called mucolytics.

FLUIMUCIL® A 600mg acts by quickly breaking down mucus that obstructs the airways and causes coughing. It facilitates the removal of thick mucus to ease congestion in throat and lungs.

### **What is FLUIMUCIL® A 600mg used for?**

FLUIMUCIL® A 600mg is used as a mucolytic agent in respiratory conditions associated with excessive mucus production.

### **What you need to know before taking FLUIMUCIL® A 600mg**

Do not take FLUIMUCIL® A 600mg if you are allergic to Acetylcysteine or any of the other ingredients of this medicine. FLUIMUCIL® A 600mg contains aspartame, thus it is contraindicated in patients suffering from phenylketonuria.

FLUIMUCIL® A 600mg is not intended for use in children between 2 and 6 years of age.

Other dosage and pharmaceutical form of this medicine are available and more suitable in this group of patients.

### **How do I take FLUIMUCIL® A 600mg?**

Adults and children above 6 years

1 effervescent tablet of FLUIMUCIL® A 600 mg once a day

Dissolve the tablet in a glass containing a small quantity of water, mixing it, if necessary, with a spoon. A palatable solution is thus obtained to be drunk immediately

It is preferable not to mix other drugs with the FLUIMUCIL® A 600mg solution.  
It is advisable to administer antibiotics 2 hours apart from Acetylcysteine.

The duration of treatment should be 5 to 10 days. if you do not feel better or if you feel worse, you must talk to a doctor

### **Warnings and Precautions**

Mucolytic agents can induce respiratory obstruction in children under 2 years of age. Due to the physiological characteristics of the airways in this age group, the ability to expectorate may be limited. Therefore mucolytic agents should not be used in children under 2 years of age

Caution should be taken in patients suffering from or with a history of peptic ulcer.

Patients suffering from bronchial asthma must be strictly controlled during the therapy; if difficulty in breathing (bronchospasm) occurs, the treatment must immediately be suspended.

As FLUIMUCIL® A 600mg contains sodium (156.9mg per tablet) this has to be taken into consideration by patients on a controlled sodium diet.

The possible presence of a sulphurous odour does not indicate an alteration of the product but it is a characteristic of the active ingredient contained in this preparation.

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. In particular, cough suppressants as their ability to reduce cough reflex may lead to the accumulation of bronchial secretions.

### **Use during pregnancy and lactation**

If you are pregnant or breast-feeding, ask your doctor or pharmacist for advice before taking this medicine.

### **Possible side effects**

Like all medicines, FLUIMUCIL® A 600mg can cause side effects, although not everybody gets them. In very rare cases, severe allergic reactions may occur such as anaphylactic shock and severe skin reaction.

In rare cases the oral administration can be followed by shortness of breath, upset stomach and difficulty in breathing (bronchospasm).

The most frequent side effects are headache, increased heart rate, inflammation of the mouth (stomatitis), itching (pruritus), hives (urticaria), nausea, vomiting, abdominal pain, fever, decrease in the blood pressure, diarrhoea and noises in the ears.

If you get any side effects, talk to your doctor or pharmacist.

### **Overdose**

If you have taken more FLUIMUCIL® A 600mg than you should, you might experience nausea, vomit or diarrhoea. Contact your doctor.

### **How do I store FLUIMUCIL® A 600mg?**

Store below 30°C. Protect from heat and humidity.

### **What does FLUIMUCIL® A 600mg contain?**

- The active substance is Acetylcysteine. Each tablet contains 600 mg Acetylcysteine.
- The other ingredients are: sodium bicarbonate, citric acid anhydrous, aspartame, lemon flavour.

### **Packaging**

FLUIMUCIL® A 600mg is a white circular tablet, supplied in blister.  
Each pack contains 10 effervescent tablets of 600mg Acetylcysteine.

### **Manufactured by**

Zambon Switzerland Ltd.  
6814 Cadempino (Switzerland)

KEEP OUT OF SIGHT AND REACH OF CHILDREN