



PLEASE READ THIS ENTIRE LEAFLET CAREFULLY BEFORE YOU START TO TAKE YOUR MEDICINE.

Keep this leaflet. You may want to read it again.

WHAT IS IN THIS PACK?

Available in blister packs of 10.  
Each capsule of Nurofen Express Liquid Capsule contains the active ingredient Ibuprofen 200mg.

Also contains: Macrogol 600, Potassium hydroxide (minimum 85% purity), purified water.  
Capsule Shell: Sorbitol liquid (E420), partially dehydrated, Gelatin, Ponceau 4R (E124). Ink: Opacode WB white NS-78-18011 (consisting of titanium dioxide (E171), propylene glycol, hydroxypropyl methylcellulose (E464)).

Manufactured by:

Patheon Soft Gels B.V.  
De Posthoornstraat 7, 5048 AS Tilburg. The Netherlands.

Packed in:

Reckitt Benckiser Healthcare International Limited  
Nottingham Site, Thane Road, Nottinghamshire NG90 2DB, United Kingdom.

License Holder & Importer:

- Reckitt Benckiser (Singapore) Pte. Ltd. 12 Marina Boulevard #19 – 01, Marina Bay Financial Centre, Tower 3, Singapore 018982

Product licence No.:  
SIN14526P

HOW DOES NUROFEN WORK?

Nurofen, a non-steroidal anti-inflammatory drug (NSAID), provides relief by changing the body's response to pain.

WHAT IS IT FOR?

Nurofen relieves pain such as headache, migraine pain, backache, period pain, dental pain, rheumatic pain and muscular pain. Nurofen relieves fever such as fever associated with cold and flu.

CHECK BEFORE YOU TAKE THIS PRODUCT:

As with some pain relievers, do not take if you:

- experience symptoms of dengue fever (e.g. high fever, severe headache, muscle and joint pains)
- have or have ever had a stomach ulcer, perforation or bleeding
- are allergic to ibuprofen, to any of the ingredients, or to aspirin or other painkillers
- are taking other NSAID pain killers (e.g. ibuprofen, naproxen) or aspirin with a daily dose above 75mg.
- have severe kidney, liver or heart problems.

The use of ibuprofen during pregnancy should, if possible, be avoided.

Please seek your doctor's advice before taking Nurofen Express Liquid Capsule 200mg if you:

- have heart problems including heart failure, angina (chest pain), or if you have had a heart attack, bypass surgery, peripheral artery disease (poor circulation in the legs of feet due to narrow or blocked arteries), or any kind of stroke (including 'mini-stroke' or transient ischaemic attack "TIA")

- have or have had asthma, diabetes, high cholesterol, high blood pressure, liver, kidney or bowel problems or are dehydrated.
- have or have had history of gastrointestinal disease (e.g. ulcerative colitis, Crohn's disease).
- have or have had Systemic Lupus Erythematosus (SLE) and mixed connective tissue disease.
- are a smoker.
- are pregnant.
- Elderly.
- Taking regular medication, especially medicines for high blood pressure (e.g. water retention), heart disease or anticoagulants (blood thinners).

Not suitable for children under 12 years old except on the advice of a doctor. Nurofen Syrup will be more suitable for treating child under 12 years old.

Ibuprofen may be associated with a small increased risk of heart attack or stroke. Any risk is more likely with high doses (2400mg daily or 12 Capsules) or prolonged treatment. Do not exceed the recommended dose and duration.

DIRECTIONS

For oral administration and short-term use only.

**Adults and children over 12 years:** Swallow 1 or 2 capsules with water, up to three times a day as required. Leave at least 4 hours between doses. Do not exceed 6 capsules in 24 hours. Do not give to children under 12 years. Do not chew. Do not exceed the stated dose

Problems in overdose are rare, but if you accidentally take more than the recommended dose, contact your doctor. If symptoms persist or worsen, if new symptoms occur, or if the product is required for more than 3 days, consult your doctor.

WHILST TAKING NUROFEN:

Side effects are rare but may include the following stomach pain, nausea, indigestion and occasionally stomach ulcer and black tarry stools. Also worsening of asthma, itchy skin, 'nettle rash' and very rarely skin peeling and bruising.

Other side effects which have been very rarely reported are impaired kidney and liver function, headache, ringing in the ears and dizziness.

Side effects may be reduced by taking the lowest effective dose for the shortest possible time.

If you experience any of these, or has any other unusual symptoms, stop the medication and contact your doctor or pharmacist.

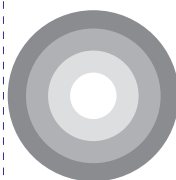
STORAGE

Use by the date shown on the label or carton. Store below 30°C.

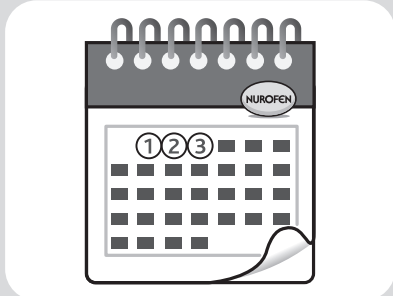
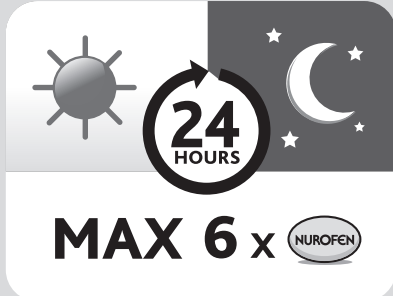
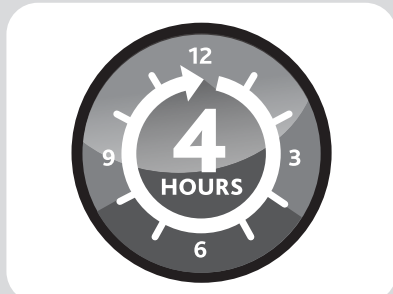
KEEP ALL MEDICINE OUT OF REACH OF CHILDREN.

Taking NSAIDs at about 20 weeks of pregnancy or later may harm your unborn baby.

Date of Revision: Aug 2021



NUROFEN EXPRESS LIQUID CAPSULES 200mg



DO NOT :



DO :

