#### PEN USER MANUAL

## FORTEO® INJECTION 20 mcg/80mcL

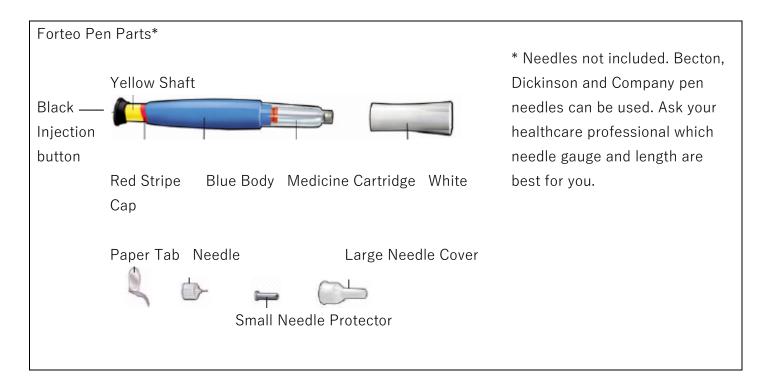
Forteo, 20 micrograms per 80 microlitres solution for injection, in pre-filled pen

#### Instructions for Use

Before using your new Forteo pen, please read the entire *Instructions for Use*, following the directions carefully. Also read the package leaflet provided.

Do not share your pen or your needles as this may risk transmission of infectious agents.

Your Forteo pen contains 28 days of medication. Discard the pen 28 days after the first use.



Always wash your hands before every injection. Prepare the injection site as directed by your healthcare professional. Always attach a new needle before every injection.

1 Pull off white cap



2

# Attach new needle



Push needle straight Pull off paper

Screw on needle until firmly attached.

Pull off large needle cover and save it.

3 Set dose



tab.



onto medicine

cartridge.

Pull out black injection button until it stops.

If you cannot pull out

the black injection

make sure red stripe shows.

Check to

Small needle protector

Pull off small needle protector and throw away.

Troubleshooting, Problem E.

button see

Inject dose



Gently hold a fold of skin from thigh or abdomen and insert needle straight into skin.



Push in black injection button until it stops. Hold it in and count to 5 s-l-o-w-ly. Then pull the needle from skin.

## **IMPORTANT**

# 5 Confirm dose



# After completing the injection:



Once the needle is removed from the skin, **check** to make sure the black injection button is all the way in. If the yellow shaft does not show, you have completed the injection steps correctly.

You should **NOT** see any of the yellow shaft. If you do and have already injected, do not inject yourself a second time on the same day. Instead, **you MUST reset the Forteo pen**(see Troubleshooting Problem A).

# 6 Remove needle









Put large needle cover on needle.
Do not try to put the needle cover back on with your hands.

Unscrew the needle all the way by giving the large needle cover 3 to 5 counter-clockwise turns.

Pull off needle and throw away as directed by your healthcare professional. Push white cap back on. Place the Forteo pen in the refrigerator immediately after use.

Lilly logo



# Forteo<sup>®</sup>

Forteo, 20 microgram ( $\mu g$ ) per 80 microlitres solution for injection, in pre-filled pen

#### **Troubleshooting**

#### **Problem**

A. The yellow shaft is still showing after I push in the black injection button. How do I reset my Forteo pen?



#### Solution

To reset the Forteo pen, follow the steps below.

- 1. If you have already injected, DO NOT inject yourself a second time on the same day.
- 2. Remove the needle.
- 3. Attach a new needle, pull off the large needle cover and save it.
- 4. Pull out the black injection button until it stops. Check to make sure the red stripe shows.
- 5. Pull off the small needle protector and throw away.
- 6. Point the needle down into an empty container. Push in the black injection button until it stops. Hold it in and count to 5 s-l-o-w-l-y. You may see a small stream or drop of fluid. When you have finished, the black injection button should be all the way in.
- 7. If you still see the yellow shaft showing, please contact your healthcare professional.
- 8. Put the large needle cover on needle. Unscrew the needle all the way by giving the needle cover 3 to 5 complete turns. Pull off needle cover and throw away as directed by your health care professional. Push the white cap back on, and place the Forteo pen in the refrigerator.

You can prevent this problem by always using a NEW needle for each injection, and by pushing the black injection button all the way in and counting to 5 s-l-o-w-l-y.

B. How can I tell if my Forteo pen works?



The Forteo pen is designed to inject the full dose every time it is used according to the directions in the section *Instructions for Use.* The black injection button will be all the way in to show that the full dose has been injected from the Forteo pen.

Remember to use a new needle every time you inject to be sure your Forteo pen will work properly.

C. I see an air bubble in my Forteo pen.



A small air bubble will not affect your dose nor will it harm you. You can continue to take your dose as usual.

- D. I cannot get the needle off.
- **→**

- 1. Put the large needle cover on the needle.
- 2. Use the large needle cover to unscrew the needle.
- 3. Unscrew the needle all the way by giving the large needle cover 3 to 5 complete turns.
- 4. If you still cannot get the needle off, ask someone to help you.

E. What should I do if I cannot pull out the black injection button?



Change to a new Forteo pen to take your dose as directed by your healthcare professional.

This indicates that you have now used all the medication that can be injected accurately even though you may still see some medication left in the medicine cartridge.

## **Cleaning and Storage**

#### **Cleaning Your Forteo Pen**

- Wipe the outside of the Forteo pen with a damp cloth.
- Do not place the Forteo pen in water, or wash or clean it with any liquid.

#### Storing Your Forteo Pen

- Refrigerate the Forteo pen immediately after every use. Read and follow the instructions in the Package Insert on how to store medication.
- Do not store the Forteo pen with a needle attached as this may cause air bubbles to form in the medicine cartridge.
- Store the Forteo pen with the white cap on.
- Never store the Forteo pen in the freezer.
- If the medication has been frozen, throw the device away and use a new Forteo pen.
- If the Forteo pen has been left out of the refrigerator, do not throw the pen away. Place the pen back in the refrigerator and contact your healthcare professional.

# Disposal of Pen Needles and Device

#### Disposal of Pen Needles and Forteo Pen Device

- Before disposing of the Forteo pen device, be sure to remove the pen needle.
- Put used needles in a sharps container or a hard plastic container with a secure lid. Do not throw needles directly into your household garbage.
- The used pen may be discarded in your household garbage after you have removed the needle.
- Do not recycle the filled sharps container.
- Ask your healthcare provider about options to dispose of the sharps container properly.
- The directions regarding needle handling are not intended to replace local, healthcare provider or institutional policies.
- Dispose of the device 28 days after first use, even if it still has medication left in it.

#### **Other Important Notes**

- The Forteo pen contains 28 days of medication.
- Do not transfer the medication into a syringe.
- Write down your first injection date on a calendar.
- Read and follow the instructions in the *Package Insert* for using the medication.
- Check the Forteo pen label to make sure you have the correct medication and that it has not expired.
- Contact your healthcare professional if you notice any of the following:
  - The Forteo pen appears damaged
  - The medication is NOT clear, colourless and free of particles
- Use a new needle for each injection.
- During injection, you may hear one or more clicks this is a normal device operation.
- Do not share your medication.
- The Forteo pen is not recommended for use by the blind or visually impaired persons without the assistance of a person trained in the proper use of the device.
- Keep the Forteo pen out of the reach and sight of children.

$1^{ m st}$ use date	/	/
Throw away after	/	/

Product Owner:

Eli Lilly and Company, Indianapolis, 46285, United States.

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