

Watsons OTC_Pain & Fever Relief product insert (SG version)
07-05-2021(R13)

98 mm

140 mm

Watsons Pain & Fever Relief Tablet

Product Description

Plain tablet round, 1/2" in diameter, white, flat, bevelled-edge, debossed with "500" and bisected line on one side and plain on the other side. The score line/bisected line only serves to facilitate breaking for ease of swallowing and divide the tablet into equal half-doses (if required).

What is the medicine

Paracetamol is a centrally acting analgesic and antipyretic with minimal anti-inflammatory properties.

Product Formulation

Active Ingredients: each tablet contains paracetamol 500mg

Excipients: Corn Starch, Povidone K-30, Magnesium Stearate, Sodium Starch Glycolate

Indications

Watsons Pain & Fever Relief Tablet is indicated as an effective analgesic and antipyretic in the fast relief of painful disorders such as headache, migraine, fever, backache, joint and muscle pain, period pain (dysmenorrhea) and toothache (pain following dental procedure/tooth extraction), pain after vaccination, and sore throat.

Dosage and Administration

For oral administration only.

Do not exceed the stated dose. Always use the lowest effective dose to relieve your symptoms. Do not take more frequently than every 4 hours. Do not use this medicine if you are taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu.

Adults (including the elderly) and children over 12 years: 1-2 tablets, taken every 4 to 6 hours as required. Do not take more than 8 tablets in one day.

Children aged 6 to 12 years: Half to one tablet, taken every 4 to 6 hours as required. Do not take more than four doses in one day. Do not take for more than 3 days without asking your doctors.

Children under 6 years: Not recommended for children under the age of 6 years.

Adverse Reactions

Stop using this medicine and tell your doctor immediately if:

- You experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
 - You experience any skin rash or reaction. Symptoms of serious skin reactions may include skin reddening, rash, blisters, and separation of the upper surface of the skin from the lower layers. These serious skin reactions are rare, but can occur even if you have taken this medicine in the past without any problems.
 - You have previously experienced breathing problems with aspirin or non-steroidal anti-inflammatories and experience a similar reaction with this product.
 - You experience nausea, sudden weight loss, loss of appetite, and yellowing of the eyes and skin.
 - You experience unexplained bruising or bleeding.
 - You experience mouth ulcers.
- These reactions are rare.

Contraindications

Do not use if you are allergic to paracetamol or any of the other ingredients in the product.

KNIFEGUIDE INSERT

Dimension : 98 x 140 mm

Warnings and Precautions

- Taking too much paracetamol can cause serious harm to your liver. Always read and follow the label.
- Check with your doctor before use if:
 - You have liver or kidney problems.
 - You are underweight or malnourished.
 - You regularly drink alcohol.
- You may need to avoid using this product altogether or limit the amount of paracetamol that you take.
- You have a severe infection as this may increase the risk of metabolic acidosis. Signs of metabolic acidosis include:
 - deep, rapid, difficult breathing
 - feeling sick (nausea), being sick (vomiting)
 - loss of appetite.
- Contact a doctor immediately if you get a combination of these symptoms. If you have had a serious skin reaction with this medicine, do not take it or any products containing paracetamol or acetaminophen again. Doing so could cause you to have another serious skin reaction.
- Avoid taking alcohol with this medicine.
- Please see your doctor if your symptoms do not improve.
- Keep out of sight and reach of children.

Drug Interactions

Before taking this medicine, make sure you consult your doctor if you are taking Warfarin or similar medicines used to thin the blood.

What should you do if you miss a dose

If you miss a dose, take it as soon as you remember. However, if it is too near to your next dose, skip the missed dose and go back to your usual dosing time. Do not double dose.

Storage

Store below 30°C and protect from light. Use only if blister or foil over tablet is intact.

What should you do if you overdose

If you take more of the medicine than you should, seek medical advice immediately even if you feel well because of the risk of liver failure.

Name and Address of Manufacturer

PT Medifarma Laboratories.

Jl. Raya Jakarta - Bogor Km. 33, Kel Curug, Kec. Cimanggis, Kota Depok, Jawa Barat, Indonesia.

Name and Address of Product Registrant

Far East Drug Company (Pte) Ltd.

152 Beach Road, #10-04, Gateway East, Singapore (189721)

Imported and distributed by Watsons

Watson's Personal Care Stores Pte Ltd.

300 Beach Road #39-01/04 The Concourse Singapore 199555

Dosage Forms and Packaging Available

In box of 20's (2 blisters x 10 tablets) and 100's (10 blisters x 10 tablets)

Date of Revision of Package Insert

07/05/2021

Black

FRONT SIDE

BACK SIDE