

INFORMATION FOR THE PATIENT

Glendes Tablet

Desloratadine tablet 5 mg

Read all of these leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- Do not pass this medicine on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any side effects not listed in this leaflet.

What is in this leaflet:

1. What Glendes tablet is and what it is used for
2. What you need to know before you take Glendes tablet
3. How to take Glendes tablet
4. Possible side effects
5. How to store Glendes tablet
6. Contents of the pack and other information

1. What Glendes tablet is and what it is used for
Glendes tablet contains desloratadine which is an antihistamine.

Glendes tablet is an antiallergy medicine that does not make you drowsy. It helps control your allergic reaction and its symptoms.

Glendes tablet relieves symptoms associated with allergic rhinitis (inflammation of the nasal passages caused by an allergy, for example, hay fever or allergy to dust mites). These symptoms include sneezing, runny, stuffy or itchy nose, itchy palate, itchy, red or watery eyes and coughing.

Glendes tablet is also used to relieve the symptoms associated with urticaria (a skin condition caused by an allergy). These symptoms include itching and hives.

Relief of these symptoms lasts a full day and helps you to resume your normal daily activities and sleep.

2. What you need to know before you take Glendes tablet

Do not take Glendes tablet:

- If you are allergic (hypersensitive) to

desloratadine, or any of the other ingredients of this medicine or to loratadine.

Glendes tablet is indicated for adults and adolescents (12 years of age and older).

Taking other medicines

There are no known interactions of Glendes with other medicines.

Taking Glendes tablet with food and drink

Glendes tablet may be taken with or without a meal.

Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking any medicine during pregnancy and breastfeeding.

If you are pregnant or nursing a baby, taking Glendes tablet is not recommended.

Seizures

Glendes should be administered with caution in patients with a medical or family history of seizures. In particular, young children may be more susceptible to developing new seizures under desloratadine treatment. Healthcare providers may consider discontinuing desloratadine in patients who experience a seizure while on treatment.

Driving and using machines

At the recommended dose, Glendes tablet is not expected to cause you to be drowsy or less alert. However, very rarely some people experience drowsiness, which may affect their ability to drive or use machines.

Important information about some of the ingredients of Glendes tablet

Glendes tablets contain lactose. If you have been told by your doctor that you have intolerance to some sugars, contact your doctor before taking this medicinal product.

3. How to take Glendes tablet

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Adults and adolescents (12 years of age and older): take one tablet once a day.

Swallow the tablet whole with water, with or without food.

Glendes tablet is not recommended for long-term use. Consult a doctor if the condition worsens or does not improve after 14 days.

If you take more Glendes tablets than you should

Take Glendes tablets only as instructed. No serious

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problems are expected with accidental overdose. However, if you take more Glendes tablets than you were told to, contact your doctor or pharmacist.

If you forget to take Glendes tablets

If you forget to take your dose on time, take it as soon as possible, then go back to your regular dosing schedule. Do not take a double dose to make up for a forgotten dose.

4. Possible side effects

Like all medicines, Glendes tablet can cause side effects, although not everybody gets them.

In adults, side effects were about the same as with a dummy tablet. However, fatigue, dry mouth and headache were reported more often than with a dummy tablet. In adolescents, headache was the most commonly reported side effect.

During the marketing of Glendes tablet, cases of allergic reactions, including anaphylaxis and rash have been reported very rarely. Cases of palpitations, rapid heartbeat, stomach pain, nausea (feeling sick), vomiting, upset stomach, diarrhoea, dizziness, drowsiness, inability to sleep, muscle pain, hallucinations, seizures, restlessness with increased body movement, liver inflammation, abnormal liver function tests, and increased appetite have also been reported very rarely.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. How to store Glendes tablets

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the carton and blister . The expiry date refers to the last day of that month.
- Do not store above 30°C. Store in the original package.
- Do not use this medicine if you notice any change in the appearance of the tablets.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

6. Contents of the pack and other information
What Glendes tablet contains

Each uncoated tablet contains:

Desloratadine Ph. Eur.....5mg

The other ingredient of the tablet are

Microcrystalline cellulose (Avicel pH 112), Lactose monohydrate (Tablettose 100), Maize Starch (Unipure-F), Colloidal silicon dioxide (Aerosil 200), Magnesium stearate

What Glendes tablet looks like and contents of the pack

Off-white to light pink, circular, biconvex with 'L5' debossed on one side and plain on the other side.

Product registrant

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Manufactured by:

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