

Watsons Pain Relief Extra Caplet insert (SG version)
07-05-2021(R14)

98 mm

140 mm

Watsons Pain Relief EXTRA Caplet

Product Description

Watsons Pain Relief EXTRA Caplet is a white, modified capsule-shaped, 0.662" x 0.300" in diameter, convex, bisected line on one side and plain on the other side. The score line/bisected line only serves to facilitate breaking for ease of swallowing and divide the tablet into equal half-doses (if required).

What is the medicine

Paracetamol is a centrally acting analgesic and antipyretic with minimal anti-inflammatory properties. Caffeine is a CNS stimulant. The combination of paracetamol and caffeine is a well-established analgesic combination.

Product Formulation

Active Ingredients: each caplet contains Paracetamol 500mg and Caffeine 65mg

Excipients: Corn Starch, Povidone K-30, Magnesium Stearate, Sodium Starch Glycolate

Indications

For extra relief from stronger pain, like bad headache, backache, joint pain and toothache.

Dosage and Administration

For oral administration only.

Adults and children over 12 years: 1-2 caplets every 4 to 6 hours as required.

Do not exceed the stated dose and do not take more frequently than every 4 hours.

Do not give to children under 12 years.

Do not take more than 8 caplets in 24 hours.

Do not take more than 3 days without asking your doctors.

Always use the lowest effect dose to relieve your symptoms.

Do not take this medicine if you are taking any other prescription or non-prescription medicines containing paracetamol to treat pain, fever, symptoms of cold and flu.

Adverse Reactions

Stop using this medicine and tell your doctor immediately if:

- You experience allergic reactions such as skin rash or itching, sometimes with breathing problems or swelling of the lips, tongue, throat or face.
- You experience a skin rash, reaction, peeling or mouth ulcers. Symptoms of serious skin reactions may include skin reddening, rash, blisters, and separation of the upper surface of the skin from the lower layers. These serious skin reactions are rare, but can occur even if you have taken this medicine in the past without any problems.
- You have previously experienced breathing problems with Aspirin or non-steroidal anti-inflammatories and experience a similar reaction with this product.
- You experience unexplained bruising or bleeding.
- You experience nausea, sudden weight loss, loss of appetite, and yellowing of the eyes and skin.

These reactions are rare.

Pregnancy

Not recommended for use during pregnancy.

Lactation

Use during breast-feeding should be avoided.

Contraindications

Do not use if you are allergic to paracetamol, caffeine or any of the other ingredients in the product.

KNIFE GUIDE INSERT

Dimension : 98 x 140 mm

Warnings and Precautions

- If you have had a serious skin reaction with this medicine, do not take it or any products containing paracetamol or acetaminophen again. Doing so could cause you to have another serious skin reaction.
- Taking too much paracetamol can cause serious harm to your liver. Always read and follow the label.
- Check with your doctor before use if:
 - You have liver or kidney problems.
 - You are underweight or malnourished or you regularly drink alcohol.
- You may need to avoid using this product altogether or limit the amount of paracetamol that you take.
- This product may increase the risk of metabolic acidosis when you have a severe infection. Signs of metabolic acidosis include:
 - deep, rapid, difficult breathing
 - feeling sick (nausea), being sick (vomiting)
 - loss of appetite.

Contact a doctor immediately if you get a combination of these symptoms.

- This medicine contains caffeine. Avoid drinking too many caffeine containing drinks (e.g. tea, coffee and caffeine-containing canned drinks) when taking this medicine. High caffeine intake can result in difficulty sleeping, shaking and an uncomfortable feeling in the chest caused by fluttering heartbeat.
- Please see your doctor if your symptoms do not improve.
- Avoid taking alcohol with this medicine.
- Keep out of sight and reach of children.

Drug Interactions

Before taking this medicine, make sure you consult your doctor if you are taking Warfarin or similar medicines used to thin the blood.

What should you do if you miss a dose

If you miss a dose, take it as soon as you remember. However, if it is too near to your next dose, skip the missed dose and go back to your usual dosing time. Do not double dose.

Storage

Store below 30°C and protect from light. Use only if blister or foil over caplet is intact.

What should you do if you overdose

If you take more of the medicine than you should, seek medical advice immediately even if you feel well because of the risk of liver failure.

Name and Address of Manufacturer

PT Medifarma Laboratories.

Jl. Raya Jakarta - Bogor Km. 33, Kel Curug, Kec. Cimanggis, Kota Depok, Jawa Barat, Indonesia.

Name and Address of Product Registrant

Far East Drug Company (Pte) Ltd.

152 Beach Road, #10-04, Gateway East, Singapore (189721)

Imported and distributed by Watsons

Watson's Personal Care Stores Pte Ltd.

300 Beach Road #39-01/04 The Concourse Singapore 199555

Dosage Forms and Packaging Available

In box of 20's (2 blisters x 10 caplets)

Date of Revision of Package Insert

07/05/2021

Black

FRONT SIDE

BACK SIDE