

## Information For The Patient

### About EMEND®

Please read this leaflet carefully before you start to take your medicine, even if you have just refilled your prescription. Some of the information in the previous leaflet may have changed.

Remember that your doctor has prescribed this medicine only for you. Never give it to anyone else.

#### **What is EMEND?**

EMEND (aprepitant) is a capsule that contains either 125 mg or 80 mg of aprepitant as the active ingredient.

EMEND is a member of a class of medicines called neurokinin 1 (NK<sub>1</sub>) receptor antagonists that is used ALONG WITH OTHER MEDICINES to prevent and control nausea (sick feeling in the back of throat and stomach) and vomiting (throwing up) caused by your cancer chemotherapy treatment.

#### **Product Owner:**

Merck Sharp & Dohme LLC  
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USA

#### **Why has my doctor prescribed EMEND?**

Your doctor has prescribed EMEND for the prevention of nausea and vomiting associated with your cancer chemotherapy treatment.

#### **What should I know before taking EMEND?**

##### ***Who should not take EMEND?***

Do not take EMEND if you are allergic to any of its ingredients.

### **What should I tell my doctor before taking EMEND?**

Tell your doctor about any of the following that apply to you:

- any past or present medical problems.
- any allergies.
- all medicines that you are taking or plan to take, even those you can get without a prescription or herbal products.

### **Use in children**

EMEND has not been adequately studied in children. Therefore, EMEND should not be given to children.

### **Use in the elderly**

EMEND works equally well in and is equally well-tolerated by older and younger adult patients. No dosage adjustment is necessary for elderly patients.

### **Use in pregnancy and breast-feeding**

Tell your doctor if you are:

- Pregnant or plan to become pregnant.
- Breast-feeding or plan to breast-feed.

### **Can I take EMEND with other medicines?**

Do not take EMEND with pimozide, terfenadine, astemizole, or cisapride. Taking EMEND with these medications could result in **serious or life-threatening problems**.

Your doctor may check that your medicines are working properly together if you are taking other medicines such as:

- anti-anxiety drugs (such as alprazolam)
- birth control medicines (which may not work as well)
- warfarin (a blood thinner)
- ketoconazole (an antifungal)
- rifampin (an antibiotic)
- paroxetine (a medicine used to treat a certain type of depression)
- diltiazem (a medicine used to treat high blood pressure)
- tolbutamide (a medicine used to treat diabetes)

- phenytoin (a medicine used to treat seizures)

### **Can I drive or operate machinery while using EMEND?**

There have been side effects reported with EMEND that may affect your ability to drive a car or operate machinery. Individual responses to EMEND may vary (see **What undesirable effects may EMEND have?**).

### **How should I take EMEND?**

Take EMEND exactly as your doctor has prescribed. The recommended dose of EMEND is one 125 mg capsule by mouth 1 hour before you start your chemotherapy treatment on Day 1 and one 80 mg capsule by mouth each morning for the 2 days following your chemotherapy treatment.

EMEND may be taken with or without food.

### **What should I do in case of an overdose?**

If you take more than the prescribed dosage, contact your doctor immediately.

### **What should I do if I miss a dose?**

Try to take EMEND as prescribed. However, if you miss a dose, contact your physician for further instructions.

### **What undesirable effects may EMEND have?**

Any medicine may have unintended or undesirable effects, so-called side effects.

Like all prescription drugs, EMEND may cause side effects. In studies, side effects usually have been mild or moderate. They generally have not caused patients to stop taking EMEND.

The most common side effects in cancer patients taking the 125 mg/80 mg regimen of EMEND included hiccups, fatigue, constipation, headache, indigestion, increased liver enzymes, and loss of appetite.

The following side effects have been reported in general use with EMEND:

- Allergic reactions, which may be serious, and may include hives, rash and itching and cause difficulty in breathing or swallowing. If you have an allergic reaction, stop taking EMEND and call your doctor right away.
- Severe skin reactions may occur rarely.

Other side effects may also occur rarely, and as with any prescription drug, some side effects may be serious. Ask your doctor or pharmacist for more information. Both have a more complete list of side effects. Tell your doctor or pharmacist promptly about these or any other unusual symptoms.

**What else should I do to help manage my nausea and vomiting?**

While good nutrition is important for everyone, it is especially important for people on chemotherapy. Small, frequent meals or eating a snack before your chemotherapy treatment may also help you tolerate it better. Talk to your healthcare professional for further information.

**How can I learn more about EMEND?**

You may obtain further information from your doctor or pharmacist, who have more detailed information.

**How long should I keep my medicine?**

Do not use this medicine after the month and year shown following EX (or EXP) on the container. Three letters or two numbers indicate the month; the last four numbers indicate the year.

**How should I store EMEND?**

Please refer to outer carton for storage conditions.

Keep EMEND and all medicines safely away from children.

**When was this package leaflet last revised?**

This package leaflet was last revised in July 2022.



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