# Strepsils Max Pro Honey & Lemon 8.75mg Lozenge

Contains Flurbiprofen 8.75mg

## INFORMATION FOR THE USER

Please read this entire leaflet carefully before you start to take your medicine. This medicine is available without prescription. However, you still need to use Strepsils Max Pro Honey and Lemon Lozenge carefully to get the best results from it. Keep this leaflet. You may want to read it again.

If you have any further questions after you have read it, please approach your doctor or pharmacist.

You must contact a doctor if your symptoms worsen or do not improve after 3 days.

If any side effects get serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

## 1. WHAT STREPSILS MAX PRO HONEY AND LEMON IS AND WHAT IT IS USED FOR

The active ingredient (which makes Strepsils Max Pro Honey & Lemon work) is Flurbiprofen. It belongs to a group of medicines known as non-steroidal anti-inflammatory drugs (NSAIDs). NSAIDs provide relief by changing the body's response to pain, swelling, and high temperature.

Strepsils Max Pro Honey and Lemon lozenge is used for the symptomatic relief of sore throat.

## 2. BEFORE TAKING STREPSILS MAX PRO HONEY AND LEMON

## Do not take Strepsils Max Pro Honey and Lemon lozenge if you:

- are allergic to Flurbiprofen or any of the other ingredients (see section 6) or to aspirin or other painkillers
- have (or have had two or more episodes of) a stomach ulcer, perforation or bleeding
- have had a worsening of asthma, skin rash, itchy runny nose or facial swelling when previously taking Flurbiprofen, aspirin or similar medicines
- have had gastrointestinal bleeding or perforation when previously taking NSAIDs
- are taking other NSAIDs painkillers or more than 75mg aspirin a day
- have severe liver or kidney problems
- have heart problems, high blood pressure or blood coagulation disorder
- have breathing difficulties
- experience symptoms of dengue fever (e.g. high fever, severe headache, muscle and joint paints)
- are in the last 3 months of pregnancy
- are under 12 years old.

## Check with your pharmacist or your doctor before taking this product if you:

- have or have had asthma
- · have kidney, heart, liver or bowel problems
- · have high cholesterol or previously have had a heart attack or stroke
- have a history of gastrointestinal disease (such as ulcerative colitis, Crohn's disease)
- have Systemic Lupus Erythematosus (a condition of the immune system causing joint pain, skin changes and other organ disorders)
- are a smoker
- are in the first 6 months of pregnancy.

#### Taking other medicines

To reduce the risk of side effects, do not take this product with other NSAID containing products (e.g. aspirin, ibuprofen). If you are on low-dose aspirin (up to 75mg daily), speak to your doctor or pharmacist before you take this medicine. Some medicines may affect or be affected by treatment with Flurbiprofen. Avoid taking this product with corticosteroid tablets, guinolone antibiotics or drugs that are prescribed:

- to thin your blood or prevent clotting (e.g. warfarin),
- to stimulate your heart (e.g. glycosides) or treat high blood pressure,
- to help you in passing water (diuretics),
- for the temporary suppression of your immune system (e.g. methotrexate, cyclosporine, tacrolimus),
- for mania or depression (e.g. Lithium or SSRIs)
- for pregnancy termination (e.g. mifepristone)
- for HIV treatment (e.g. zidovudine).

#### Speak to your pharmacist or doctor before taking Flurbiprofen with other medicines Other warnings

- Strepsils Max Pro Honey and Lemon belongs to a group of medicines which may impair fertility in women. This is reversible on stopping the medicine. It is unlikely that Strepsils Max Pro Honey and Lemon, used occasionally will affect your chances of becoming pregnant. However, tell your doctor before taking this medicine if you have problems becoming pregnant.
- Medicines such as Strepsils Max Pro Honey and Lemon may be associated with a small increased risk of heart attack or stroke. Any risk is more likely with high dose of prolonged treatment. Do not exceed the recommended dose.
- If you have heart problems, previous stroke or think that you might be at risk of these conditions (for example if you have high blood pressure, diabetes, or high cholesterol or are a smoker), you should discuss your treatment with your doctor or pharmacist.

## Pregnancy and breastfeeding

Do not take this medicine in the last 3 months of pregnancy or if you are breastfeeding. Speak to your doctor if you are in the first 6 months of pregnancy.

Taking NSAIDs at about 20 weeks of pregnancy or later may harm your unborn baby.

#### Important information about some of the ingredients

Each lozenge contains Liquid Glucose 1067mg and Liquid Sucrose 1404mg/lozenge. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

## 3. HOW TO TAKE STREPSILS MAX PRO HONEY AND LEMON

如何服用 STREPSILS MAX PRO HONEY AND LEMON

This product is for oral and short term use only. You should take the lowest dose for the shortest time necessary to relieve your symptoms.

Adults, the elderly and children aged 12 years and older:

One lozenge sucked/dissolved slowly in the mouth every 3-6 hours as required.

To avoid local irritation, move the lozenge around the mouth whilst sucking.

Do not take more than 5 lozenges in a 24 hours period.

Do not give to children under 12 years.

Do not take for longer than 3 days unless your doctor tells you to. If symptoms persist or the pain worsen, or if any new symptoms occur, consult your doctor or pharmacist.

If you take more Strepsils Max Pro Honey and Lemon than you should, you may feel drowsy or nauseous. You should seek immediate medical advice in the event of an overdose, even if you feel well.

#### If you forget to take Strepsils Max Pro Honey and Lemon:

Simply refer to the directions above on how to take the medicine and do not take more than is advised.

此乃口服药物,只适宜短期服用。你应在的最短的时间内服用最低的剂量以缓解症状。

#### 成人,老人和12岁或以上的儿童:

每隔3至6小时按需要含服一粒,由其自动溶解。

为避免局部刺激,请在口腔内吮吸时移动喉糖。

24 小时内不可服用超过 5 粒喉糖。

## 12 岁以下的儿童不宜服用。

**除非获得医生指示,否则服用时间不可超过3天。**如果症状持续存在或疼痛加剧,或者出现任何新的症状,请咨询医生或药剂师。

**您若服用过量的** Strepsils Max Pro Honey and Lemon,可能会出现困倦或恶心的症状。若服用过量,即使没有感觉不适,也应即刻咨询医生。

## 您若忘记服用 Strepsils Max Pro Honey and Lemon:

只需参考以上有关如何服用喉糖的指示,勿服用超过所建议的剂量。

## 4. POSSIBLE SIDE EFFECTS

#### STOP TAKING the medicine and seek immediate medical help if you develop:

• Signs of intestinal bleeding such as: bright red stools, black tarry stools, vomiting blood or dark particles that look like coffee grounds.

· Signs of serious allergic reaction such as:

- severe forms of skin reactions such as itchiness, skin rash with redness, peeling, flaking or blistering skin.
- · swelling of the face, tongue or throat
- unexplained wheezing, shortness of breath, chest pain.

• Signs and symptoms of heart problems or stroke such as: chest pain, shortness of breath, weakness in one part or side of body, or slurring of speech.

#### Tell your doctor if you experience:

## Very common

- Distorted sense of taste
- Uncommon
  - Skin rashes
  - Indigestion or heartburn, stomach pain, nausea
- Headache

Rare

• Diarrhoea, flatulence, constipation and vomiting.

- Very rare
- Worsening of asthma.
- Other abnormal stomach symptoms
- · Sore throat, superficial mouth ulcers, flu-like symptoms, severe exhaustion, unexplained bleeding and bruising.
- Chest pain or fast, irregular heartbeat.
- · Liver and kidney problems.
- Stiff neck, nausea, fever and dizziness.

Medicines such as Strepsils Max Pro Honey and Lemon may be associated with a small increased risk of heart attack ("myocardial infarction") or stroke. Any risk is more likely with high doses or prolonged treatment. Do not exceed the recommended dose and duration.

#### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

## 5. HOW TO STORE STREPSILS MAX PRO HONEY AND LEMON

#### Keep all medicines out of the sight and reach of children.

Do not use after the expiry date stated on the carton. Store at or below 30°C. Store in the original pack.

# 6. FURTHER INFORMATION

Each lozenge contains the active ingredient Flurbiprofen 8.75mg. Also contain Macrogol 300, Potassium Hydroxide, Lemon flavour, Levomenthol, Liquid Glucose, Liquid sucrose and Honey.

Strepsils Max Pro Honey and Lemon is available in pack of 16 lozenges.

Licence Holder: Reckitt Benckiser (Singapore) Pte Ltd. 12 Marina Boulevard #19-01 Marina Bay Financial Centre, Tower 3, Singapore 018982.

Manufacturer: Reckitt Benckiser Healthcare Manufacturing (Thailand) Limited. 65 Moo, 12 Lardkrabang Bangplee Road. Samutprakarn. 10540. Thailand

Product Licence Number:

SIN14364P

For Singapore Market use only. Date of revision of the text: July 2020

