

YSP ALLOPURINOL TABLET

Allopurinol presents a new approach to the therapy of hyperuricemia associated with gout and other conditions. It is a potent xanthine oxidase inhibitor with the chemical formula 4-hydroxypyrazole (3,4-d) pyrimidine (HPP).

Ingredient(s):

YSP Allopurinol Tablet 100mg:

Each tablet contains:

Allopurinol 100mg

YSP Allopurinol Tablet 300mg:

Each tablet contains:

Allopurinol 300mg

List of Excipients:

Lactose Monohydrate, Potato Starch, Sodium Starch Glycolate, Magnesium Stearate, Talc, Hydroxypropyl Cellulose, Magnesium Aluminometasilicate, Sunset Yellow Lake (for 100mg tablet) & Quinoline Yellow (for 100mg tablet).

Pharmacological Properties:

Pharmacotherapeutic group: Preparations inhibiting uric acid production.

ATC Code: M04AA01

Pharmacodynamics

Allopurinol is a xanthine-oxidase inhibitor.

Allopurinol and its main metabolite oxipurinol lower the level of uric acid in plasma and urine by inhibition of xanthine oxidase, the enzyme catalyzing the oxidation of hypoxanthine to xanthine and xanthine to uric acid.

In addition to the inhibition of purine catabolism, in some but not all hyperuricaemic patients, *de novo* purine biosynthesis is depressed via feedback inhibition of hypoxanthine-guanine phosphoribosyltransferase.

Pharmacokinetics

Absorption

Allopurinol is active when given orally and is rapidly absorbed from the upper gastrointestinal tract.

Studies have detected allopurinol in the blood 30 to 60 min after dosing. Estimates of bioavailability vary from 67% to 90%.

Peak plasma levels of allopurinol generally occur approximately 1.5 h after oral administration of allopurinol, but fall rapidly and are barely detectable after 6 h. Peak plasma levels of oxipurinol generally occur after 3 to 5 h after oral administration of allopurinol and are much more sustained.

Distribution

Allopurinol is negligibly bound by plasma proteins and therefore variations in protein binding are not thought to significantly alter clearance. The apparent volume of distribution of allopurinol is approximately 1.6 litre/kg, which suggests relatively extensive uptake by tissues. Tissue concentrations of allopurinol have not been reported in humans, but it is likely that allopurinol and oxipurinol will be present in the highest concentrations in the liver and intestinal mucosa where xanthine oxidase activity is high.

Metabolism

The main metabolite of allopurinol is oxipurinol. Other metabolites of allopurinol include allopurinolriboside and oxipurinol-7-riboside.

Elimination

Approximately 20% of the ingested allopurinol is excreted in the faeces. Elimination of allopurinol is mainly by metabolic conversion to oxipurinol by xanthine oxidase and aldehyde oxidase, with less than 10% of the unchanged drug excreted in the urine.

Allopurinol has a plasma half-life of about 0.5 to 1.5 h.

Oxipurinol is a less potent inhibitor of xanthine oxidase than allopurinol, but the plasma half-life of oxipurinol is far more prolonged. Estimates range from 13 to 30 h in man. Therefore effective inhibition of xanthine oxidase is maintained over a 24 h period with a single daily dose of allopurinol. Patients with normal renal function will gradually accumulate oxipurinol until a steady-state plasma oxipurinol concentration is reached. Such patients, taking 300 mg of allopurinol per day will generally have plasma oxipurinol concentrations of 5 to 10 mg/litre. Oxipurinol is eliminated unchanged in the urine but has a long elimination half-life because it undergoes tubular reabsorption. Reported values for the elimination half-life range from 13.6 h to 29 h. The large discrepancies in these values may be accounted for by variations in study design and/or creatinine clearance in the patients.

Special Patient Populations

• Renal impairment

Allopurinol and oxipurinol clearance is greatly reduced in patients with poor renal function resulting in higher plasma levels in chronic therapy. Patients with renal impairment, where creatinine clearance values were between 10 and 20 ml/min, showed plasma oxipurinol concentrations of approximately 30 mg/litre after prolonged treatment with 300 mg allopurinol per day. This is approximately the concentration which would be achieved by doses of 600 mg/day in those with normal renal function. A reduction in the dose of allopurinol is therefore required in patients with renal impairment.

• Elderly

The kinetics of the drug are not likely to be altered other than due to deterioration in renal function (see *Pharmacokinetics - Renal impairment*).

Indications:

Allopurinol is indicated for reducing urate/uric acid formation in conditions where urate/uric acid deposition has already occurred (e.g. gouty arthritis, skin tophi, nephrolithiasis) or is a predictable clinical risk (e.g. treatment of malignancy potentially leading to acute uric acid nephropathy).

L
260mm
(±2mm)

W
110mm (±2mm)

The main clinical conditions where urate/uric acid deposition may occur are:

- idiopathic gout;
- uric acid lithiasis;
- acute uric acid nephropathy;
- neoplastic disease and myeloproliferative disease with high cell turnover rates, in which high urate levels occur either spontaneously, or after cytotoxic therapy;
- certain enzyme disorders which lead to overproduction of urate, for example;
 - hypoxanthine-guanine phosphoribosyltransferase, including Lesch-Nyhan syndrome;
 - glucose-6-phosphatase including glycogen storage disease;
 - phosphoribosylpyrophosphate synthetase;
 - phosphoribosylpyrophosphate amidotransferase;
 - adenine phosphoribosyltransferase.

Allopurinol is indicated for the management of 2,8-dihydroxyadenine (2,8-DHA) renal stones related to deficient activity of adenine phosphoribosyltransferase.

Allopurinol is indicated for the management of recurrent mixed calcium oxalate renal stones in the presence of hyperuricosuria, when fluid, dietary and similar measures have failed.

Dosage and Administrations:

The dosage should be adjusted by monitoring serum urate concentrations and urinary urate/uric acid levels at appropriate intervals.

Allopurinol may be taken orally once a day after a meal. It is well tolerated, especially after food. Should the daily dosage exceed 300 mg and gastrointestinal intolerance be manifested, a divided dose regimen may be appropriate.

Adults

Allopurinol should be introduced at low dosage e.g. 100 mg/day to reduce the risk of adverse reactions and increased only if the serum urate response is unsatisfactory. Extra caution should be exercised if renal function is poor.

The following dosage schedules are suggested:

- 100 to 200 mg daily in mild conditions,
- 300 to 600 mg daily in moderately severe conditions,
- 700 to 900 mg daily in severe conditions.

If dosage on a mg/kg bodyweight basis is required, 2 to 10 mg/kg bodyweight/day should be used.

Children (under 15 years)

10 to 20 mg/kg bodyweight/day up to a maximum of 400 mg daily. Use in children is rarely indicated, except in malignant conditions (especially leukaemia) and certain enzyme disorders such as Lesch-Nyhan syndrome.

Elderly

In the absence of specific data, the lowest dosage which produces satisfactory urate reduction should be used.

Renal impairment

Since allopurinol and its metabolites are excreted by the kidney, impaired renal function may lead to retention of the drug and/or its metabolites with consequent prolongation of plasma half-lives. In severe renal insufficiency, it may be advisable to use less than 100 mg per day or to use single doses of 100mg at longer intervals than one day.

If facilities are available to monitor plasma oxipurinol concentrations, the dose should be adjusted to maintain plasma oxipurinol levels below 100 micromol/litre (15.2 mg/litre).

Allopurinol and its metabolites are removed by renal dialysis. If dialysis is required two to three times a week consideration should be given to an alternative dosage schedule of 300 to 400 mg allopurinol immediately after each dialysis with none in the interim.

Hepatic impairment

Reduced doses should be used in patients with hepatic impairment.

Periodic liver function tests are recommended during the early stages of therapy.

Treatment of High Urate Turnover Conditions e.g. Neoplasia, Lesch-Nyhan Syndrome

It is advisable to correct existing hyperuricaemia and/or hyperuricosuria with allopurinol before starting cytotoxic therapy. Adequate hydration is important to maintain optimum diuresis and alkalinisation of the urine is advisable to increase solubility of urinary urate/uric acid. Dosage of allopurinol should be at the lower end of the recommended dosage schedule.

Contraindications:

Allopurinol tablets should not be administered to individuals known to be hypersensitive to allopurinol or to any of the components of the formulation.

Warnings and Precautions:

1. Hypersensitivity syndrome, SJS and TEN

Allopurinol hypersensitivity reactions can manifest in many different ways, including maculopapular exanthema, hypersensitivity syndrome (also known as DRESS) and SJS/TEN. These reactions are clinical diagnoses, and their clinical presentations remain the basis for decision making. If such reactions occur at any time during treatment, allopurinol should be withdrawn immediately. Rechallenge should not be undertaken in patients with hypersensitivity syndrome and SJS/TEN. Corticosteroids may be beneficial in overcoming hypersensitivity skin reactions.

2. HLA-B*5801 allele

The HLA-B*5801 allele has been shown to be associated with the risk of developing allopurinol related hypersensitivity syndrome and SJS/TEN. The frequency of the HLA-B*5801 allele varies widely between ethnic populations: up to 20% in Han Chinese population, about 12% in the Korean population and 1-2% in individuals of Japanese or European origin.

Screening for HLA-B*5801 should be considered before starting treatment with allopurinol in patient subgroups where the prevalence of this allele is known to be high. Chronic kidney disease may increase the risk in these patients additionally. In case that no HLA-B*5801 genotyping is available for patients with Han Chinese, Thai or Korean descent the benefits should be thoroughly assessed and considered outweigh the possible higher risks before starting therapy. The use of genotyping has not been established in other patient populations. If the patient is a known carrier of HLA-B*5801 (especially in those who are from Han Chinese, Thai or Korean descent), allopurinol

L
260mm
(±2mm)

W
110mm (±2mm)

should not be started unless there are no other reasonable therapeutic options and the benefits are thought to exceed risks. Extra vigilance for signs of hypersensitivity syndrome or SJS/TEN is required and the patient should be informed of the need to stop treatment immediately at the first appearance of symptoms. SJS/TEN can still occur in patients who are found to be negative for HLA-B*5801 irrespective of their ethnic origin.

3. Hepatic and renal impairment

Reduced doses should be used in patients with hepatic or renal impairment. Patients under treatment for hypertension or cardiac insufficiency, for example with diuretics or ACE inhibitors, may have some concomitant impairment of renal function and allopurinol should be used with care in this group.

Chronic renal insufficiency and concomitant diuretic use, in particular thiazides, has been associated with an increased risk of allopurinol induced SJS/TEN, and other serious hypersensitivity reactions.

4. Asymptomatic hyperuricaemia

Asymptomatic hyperuricaemia *per se* is generally not considered an indication for use of allopurinol. Fluid and dietary modification with management of the underlying cause may correct the condition.

5. Thyroid disorders

Increased TSH values ($> 5.5 \mu\text{IU/ml}$) were observed in patients on long-term treatment with allopurinol (5.8%) in a long-term open label extension study. Caution is required when allopurinol is used in patients with alteration of thyroid function.

6. Acute gouty attacks

Allopurinol treatment should not be started until an acute attack of gout has completely subsided, as further attacks may be precipitated.

In the early stages of treatment with allopurinol, as with uricosuric agents, an acute attack of gouty arthritis may be precipitated. Therefore it is advisable to give prophylaxis with a suitable anti-inflammatory agent or colchicine for a few months. The literature should be consulted for details of appropriate dosage and precautions and warnings.

If acute attacks develop in patients receiving allopurinol, treatment should continue at the same dosage while the acute attack is treated with a suitable anti-inflammatory agent.

7. Xanthine deposition

In conditions where the rate of urate formation is greatly increased (e.g. malignant disease and its treatment, Lesch-Nyhan syndrome) the absolute concentration of xanthine in urine could, in rare cases, rise sufficiently to allow deposition in the urinary tract. This risk may be minimised by adequate hydration to achieve optimal urine dilution.

8. Impaction of uric acid renal stones

Adequate therapy with allopurinol will lead to dissolution of large uric acid renal pelvic stones, with the remote possibility of impaction in the ureter.

Interactions With Other Medicines:

1. 6-mercaptopurine and azathioprine

Azathioprine is metabolised to 6-mercaptopurine which is inactivated by the action of xanthine oxidase. When 6-mercaptopurine or azathioprine is given concurrently with allopurinol, only one-quarter of the usual dose of 6-mercaptopurine or azathioprine should be given because inhibition of xanthine oxidase will prolong their activity.

2. Vidarabine (adenine arabinoside)

Evidence suggests that the plasma half-life of Vidarabine is increased in the presence of allopurinol. When the two products are used concomitantly extra vigilance is necessary, to recognise enhanced toxic effects.

3. Salicylates and uricosuric agents inconsistent style

Oxipurinol, the major metabolite of allopurinol and itself therapeutically active, is excreted by the kidney in a similar way to urate. Hence, drugs with uricosuric activity such as probenecid or large doses of salicylate may accelerate the excretion of oxipurinol. This may decrease the therapeutic activity of allopurinol, but the significance needs to be assessed in each case.

4. Chlorpropamide

If allopurinol is given concomitantly with chlorpropamide when renal function is poor, there may be an increased risk of prolonged hypoglycaemic activity because allopurinol and chlorpropamide may compete for excretion in the renal tubule.

5. Coumarin anticoagulants

There have been rare reports of increased effect of warfarin and other coumarin anticoagulants when co-administered with allopurinol, therefore, all patients receiving anticoagulants must be carefully monitored.

6. Phenytoin

Allopurinol may inhibit hepatic oxidation of phenytoin but the clinical significance has not been demonstrated.

7. Theophylline

Inhibition of the metabolism of theophylline has been reported. The mechanism of the interaction may be explained by xanthine oxidase being involved in the biotransformation of theophylline in man.

Theophylline levels should be monitored in patients starting or increasing allopurinol therapy.

8. Ampicillin/Amoxicillin

An increase in the frequency of skin rash has been reported among patients receiving ampicillin or amoxicillin concurrently with allopurinol compared to patients who are not receiving both drugs. The cause of the reported association has not been established. However, it is recommended that in patients receiving allopurinol an alternative to ampicillin or amoxicillin is used where available.

9. Cyclophosphamide, doxorubicin, bleomycin, procarbazine, mechloroethamine

Enhanced bone marrow suppression by cyclophosphamide and other cytotoxic agents has been reported among patients with neoplastic disease (other than leukaemia) in the presence of allopurinol. However, in a well-controlled study of patients treated with cyclophosphamide, doxorubicin, bleomycin, procarbazine and/or mechloroethamine (mustine hydrochloride) allopurinol did not appear to increase the toxic reaction of these cytotoxic agents.

10. Cyclosporin

Reports suggest that the plasma concentration of cyclosporin may be increased during concomitant treatment with allopurinol. The possibility of enhanced cyclosporin toxicity should be considered if the drugs are co-administered.

L
260mm
($\pm 2\text{mm}$)

W
110mm ($\pm 2\text{mm}$)

11. Didanosine

In healthy volunteers and HIV patients receiving didanosine, plasma didanosine C_{max} and AUC values were approximately doubled with concomitant allopurinol treatment (300 mg daily) without affecting terminal half-life. Therefore, dose reductions of didanosine may be required when used concomitantly with allopurinol.

12. Diuretics

An interaction between allopurinol and furosemide that results in increased serum urate and plasma oxypurinol concentrations has been reported.

An increased risk of hypersensitivity has been reported when allopurinol is given with diuretics, in particular thiazides, especially in renal impairment.

13. Angiotensin-converting-enzyme (ACE) inhibitors

An increased risk of hypersensitivity has been reported when allopurinol is given with ACE inhibitors especially in renal impairment.

Use In Pregnancy and Lactation

There is inadequate evidence of safety of allopurinol in human pregnancy, although it has been in wide use for many years without apparent ill consequence.

Use in pregnancy only when there is no safer alternative and when the disease itself carries risks for the mother or unborn child.

Reports indicate that allopurinol and oxipurinol are excreted in human breast milk. Concentrations of 1.4mg/litre allopurinol and 53.7 mg/litre oxipurinol have been demonstrated in breast milk from a woman taking allopurinol 300 mg/day. However, there are no data concerning the effects of allopurinol or its metabolites on the breast-fed baby.

Side Effect / Adverse Reactions:

For this product there is no modern clinical documentation which can be used as support for determining the frequency of undesirable effects. Undesirable effects may vary in their incidence depending on the dose received and also when given in combination with other therapeutic agents.

The frequency categories assigned to the adverse drug reactions below are estimates: for most reactions, suitable data for calculating incidence are not available. Adverse drug reactions identified through post-marketing surveillance were considered to be rare or very rare. The following convention has been used for the classification of frequency.

Very common	≥1/10 (≥10%)
Common	≥1/100 and < 1/10 (≥1% and <10%)
Uncommon	≥1/1000 and <1/100 (≥0.1% and <1%)
Rare	≥1/10,000 and <1/1000 (≥0.01% and < 0.1%)
Very rare	<1/10,000 (< 0.01%)

Adverse reactions in association with allopurinol are rare in the overall treated population and mostly of a minor nature. The incidence is higher in the presence of renal and/or hepatic disorder.

Tabulated summary of adverse reactions.

System Organ Class	Frequency	Adverse reaction
Infections and infestations	Very rare	Furuncle
Blood and lymphatic system disorders	Very rare	Agranulocytosis ¹ Aplastic anaemia ¹ Thrombocytopenia ¹
Immune system disorders	Uncommon	Hypersensitivity ²
	Very rare	Angioimmunoblastic Tcell lymphoma ³ Anaphylactic reaction
Metabolism and nutrition disorders	Very rare	Diabetes mellitus Hyperlipidaemia
Psychiatric disorders	Very rare	Depression
Nervous system disorders	Very rare	Coma Paralysis Ataxia Neuropathy peripheral Paraesthesia Somnolence Headache Dysgeusia
Eye disorders	Very rare	Cataract Visual impairment Maculopathy
Ear and labyrinth disorders	Very rare	Vertigo
Cardiac disorders	Very rare	Angina pectoris Bradycardia
Vascular disorders	Very rare	Hypertension
Gastrointestinal disorders	Uncommon	Vomiting ⁴ Nausea ⁴
	Very rare	Haematemesis Steatorrhoea Stomatitis Change of bowel habit
Hepatobiliary disorders	Uncommon	Liver function test abnormal ⁵
	Rare	Hepatitis (including hepatic necrosis and granulomatous hepatitis) ⁵

L
260mm
(±2mm)

W
110mm (±2mm)

Skin and subcutaneous tissue disorders	Common	Rash
	Rare	Stevens-Johnson syndrome/toxic epidermal necrolysis ⁶
	Very rare	Angioedema ⁷ Drug eruption Alopecia Hair colour changes
Renal and urinary disorders	Very rare	Haematuria Azotaemia
Reproductive system and breast disorders	Very rare	Infertility male Erectile dysfunction Gynaecomastia
General disorders and administration site conditions	Very rare	Oedema Malaise Asthenia Pyrexia ⁸
Investigations	Common	Blood thyroid stimulating hormone increased ⁹

¹ Very rare reports have been received of thrombocytopenia, agranulocytosis and aplastic anaemia, particularly in individuals with impaired renal and/or hepatic function, reinforcing the need for particular care in this group of patients.

² A delayed multi-organ hypersensitivity disorder (known as hypersensitivity syndrome or DRESS) with fever, rashes, vasculitis, lymphadenopathy, pseudo lymphoma, arthralgia, leucopenia, eosinophilia, hepatosplenomegaly, abnormal liver function tests, and vanishing bile duct syndrome (destruction and disappearance of the intrahepatic bile ducts) occurring in various combinations. Other organs may also be affected (e.g. liver, lungs, kidneys, pancreas, myocardium, and colon). If such reactions do occur, it may be at any time during treatment, allopurinol should be withdrawn IMMEDIATELY AND PERMANENTLY.

Rechallenge should not be undertaken in patients with hypersensitivity syndrome and SJS/TEN.

Corticosteroids may be beneficial in overcoming hypersensitivity skin reactions. When generalised hypersensitivity reactions have occurred, renal and/or hepatic disorder has usually been present particularly when the outcome has been fatal.

³ Angioimmunoblastic T-cell lymphoma has been described very rarely following biopsy of a generalised lymphadenopathy. It appears to be reversible on withdrawal of allopurinol.

⁴ In early clinical studies, nausea and vomiting were reported. Further reports suggest that this reaction is not a significant problem and can be avoided by taking allopurinol after meals.

⁵ Hepatic dysfunction has been reported without overt evidence of more generalised hypersensitivity.

⁶ Skin reactions are the most common reactions and may occur at any time during treatment. They may be pruritic, maculopapular, sometimes scaly, sometimes purpuric and rarely exfoliative, such as Stevens-Johnson syndrome and toxic epidermal necrolysis (SJS/TEN). The highest risk for SJS and TEN, or other serious hypersensitivity reactions, is within the first weeks of treatment. The best results in managing such reactions come from early diagnosis and immediate discontinuation of any suspect drug. Allopurinol should be withdrawn immediately should such reactions occur. After recovery from mild reactions, allopurinol may, if desired, be re-introduced at a small dose (e.g. 50 mg/day) and gradually increased. The HLA-B*5801 allele has been shown to be associated with the risk of developing allopurinol related hypersensitivity syndrome and SJS/TEN. The use of genotyping as a screening tool to make decisions about treatment with allopurinol has not been established. If the rash recurs, allopurinol should be permanently withdrawn as more severe hypersensitivity may occur. If SJS/TEN, or other serious hypersensitivity reactions cannot be ruled out, DO NOT re-introduce allopurinol due to the potential for a severe or even fatal reaction. The clinical diagnosis of SJS/TEN remains the basis for decision making. If such reactions occur at any time during treatment, allopurinol should be withdrawn immediately and permanently.

⁷ Angioedema has been reported to occur with and without signs and symptoms of a more generalised hypersensitivity reaction.

⁸ Fever has been reported to occur with and without signs and symptoms of a more generalised allopurinol hypersensitivity reaction.

⁹ The occurrence of increased thyroid stimulating hormone (TSH) in the relevant studies did not report any impact on free T4 levels or had TSH levels indicative of subclinical hypothyroidism.

Effects on Ability to Drive and Use Machines:

Since adverse reactions such as somnolence, vertigo and ataxia have been reported in patients receiving allopurinol, patients should exercise caution before driving, using machinery or participating in dangerous activities until they are reasonably certain that allopurinol does not adversely affect performance.

Symptoms and Treatment for Overdosage:

Ingestion of up to 22.5 g allopurinol without adverse effect has been reported. Symptoms and signs including nausea, vomiting, diarrhoea and dizziness have been reported in a patient who ingested 20g allopurinol. Recovery followed general supportive measures. Massive absorption of allopurinol may lead to considerable inhibition of xanthine oxidase activity, which should have no untoward effects unless affecting concomitant medication, especially with 6-mercaptopurine and/or azathioprine. Adequate hydration to maintain optimum diuresis facilitates excretion of allopurinol and its metabolites. If considered necessary haemodialysis may be used.

L
260mm
(±2mm)

W
110mm (±2mm)

Storage Conditions:
Keep in a tight container. Store at temperature below 30°C. Protect from light and moisture.

Shelf-life:
3 years from the date of manufacture.

Product description and Packing(s):
YSP Allopurinol Tablet 100mg:
A yellow color round tablet with the diameter of 9.1mm, one side impressed with a
"  " mark.

Plastic bottle of 1000's (for export only).
Alu/PVC blister pack of 10's x 10 and 10's x 100.
Not all presentations may be available locally.

YSP Allopurinol Tablet 300mg:
A white color round tablet, one side with a score "   ".
The tablet can be divided into equal halves.
Plastic bottle of 1000's (for export only).
Alu/PVC blister pack of 10's x10 and 10's x 100.
Not all presentations may be available locally.

L
260mm
(±2mm)



Manufacturer and Product Registration Holder:
Y.S.P. INDUSTRIES (M) SDN. BHD. (199001001034)
Lot 3, 5 & 7, Jalan P/7, Section 13,
Kawasan Perindustrian Bandar Baru Bangi,
43000 Kajang, Selangor Darul Ehsan, Malaysia.

Product Registrant and Importer:
YUNG SHIN PHARMACEUTICAL (S) PTE. LTD.
10 Ubi Crescent, # 06-57/ 58 Ubi Techpark,
Singapore 408564

204098 - 03 draft 19 Apr 2023

Date of revision: 06 Oct 2023

W
110mm (±2mm)