

LENALDOMIDE-TEVA CAPSULES

1. NAME OF THE MEDICINAL PRODUCT

LENALDOMIDE-TEVA CAPSULE 5MG
LENALDOMIDE-TEVA CAPSULE 10MG
LENALDOMIDE-TEVA CAPSULE 15MG
LENALDOMIDE-TEVA CAPSULE 25MG

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each 5mg hard capsule contains 5mg of Lenalidomide in the form of Lenalidomide hydrochloride hydrate. Each 10mg hard capsule contains 10mg of Lenalidomide in the form of Lenalidomide hydrochloride hydrate. Each 15mg hard capsule contains 15mg of Lenalidomide in the form of Lenalidomide hydrochloride hydrate. Each 25mg hard capsule contains 25mg of Lenalidomide in the form of Lenalidomide hydrochloride hydrate. For the full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

5mg hard capsules: Hard, non-transparent capsules with black mark 5 on white body and with white cap. 10mg hard capsules: Hard, non-transparent capsules with black mark 10 on ivory body and with green cap. 15mg hard capsules: Hard, non-transparent capsules with black mark 15 on white body and with blue cap. 25mg hard capsules: Hard, non-transparent capsules with black mark 25 on white body and with green cap.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

Lenalidomide as monotherapy is indicated for the maintenance treatment of adult patients with newly diagnosed multiple myeloma who have undergone autologous stem cell transplantation. Lenalidomide in combination with dexamethasone is indicated for the treatment of previously untreated multiple myeloma patients who are not eligible for transplant. Lenalidomide in combination with dexamethasone is indicated for the treatment of multiple myeloma patients who have received at least one prior therapy.

4.2 Posology and method of administration

Lenalidomide should only be prescribed by Specialist Physician experienced in the management of malignancies, who have undergone the Lenalidomide educational programme on Pregnancy Prevention Programme.

Treatment must be initiated and monitored under the supervision of physicians experienced in the management of multiple myeloma (MM).

For all indications described below:

- Dose is modified based upon clinical and laboratory findings (see section 4.4).
- Dose adjustments, during treatment and restart of treatment, are recommended to manage grade 3 or 4 thrombocytopenia, neutropenia, or other grade 3 or 4 toxicity judged to be related to lenalidomide.
- In case of neutropenia, the use of growth factors for patient management should be considered.
- If less than 12 hours has elapsed since missing a dose, the patient can take the dose. If more than 12 hours has elapsed since missing a dose at the normal time, the patient should not take the dose, but take the next dose at the normal time on the following day.

Posology

Newly diagnosed multiple myeloma (NDMM)

• Lenalidomide maintenance in patients who have undergone autologous stem cell transplantation (ASCT) in lenalidomide maintenance should be initiated after adequate haematological recovery following ASCT in patients without evidence of progression. Lenalidomide must not be started if the Absolute Neutrophil Count (ANC) is $< 1.0 \times 10^9/L$, and/or platelet counts are $< 75 \times 10^9/L$.

Recommended dose

The recommended starting dose is lenalidomide 10 mg orally once daily continuously (on days 1 to 28 of repeated 28-day cycles) given until disease progression or intolerance. After 3 cycles of lenalidomide maintenance, the dose can be increased to 15 mg orally once daily if tolerated.

- Dose reduction steps**

	Starting dose (10 mg)	If dose increased (15 mg) *
Dose level -1	5 mg	10 mg
Dose level -2	5 mg (days 1-21 every 28 days)	5 mg
Dose level -3	Not applicable	5 mg (days 1-21 every 28 days)
	Do not dose below 5 mg (days 1-21 every 28 days)	

After 3 cycles of lenalidomide maintenance, the dose can be increased to 15 mg orally once daily if tolerated.

Thrombocytopenia

When platelets	Recommended course
Fall to $< 30 \times 10^9/L$	Interrupt lenalidomide treatment
Return to $\geq 30 \times 10^9/L$	Resume lenalidomide at dose level -1 once daily
For each subsequent drop below $30 \times 10^9/L$	Interrupt lenalidomide treatment
Return to $\geq 30 \times 10^9/L$	Resume lenalidomide at next lower dose level daily

- Absolute neutrophil count (ANC) - neutropenia**

When ANC	Recommended course*
Return to $< 0.5 \times 10^9/L$	Interrupt lenalidomide treatment
Return to $\geq 0.5 \times 10^9/L$	Resume lenalidomide at dose level -1 once daily
For each subsequent drop below $< 0.5 \times 10^9/L$	Interrupt lenalidomide treatment
Return to $\geq 0.5 \times 10^9/L$	Resume lenalidomide at next lower dose level once daily

* At the physician's discretion, if neutropenia is the only toxicity at any dose level, ad granulocyte colony stimulating factor (G-CSF) and maintain the dose level of lenalidomide.

- Lenalidomide in combination with dexamethasone until disease progression in patients who are not eligible for transplant

Lenalidomide treatment must not be started if the ANC is $< 1.0 \times 10^9/L$, and/or platelet counts are $< 50 \times 10^9/L$.

Recommended dose

The recommended starting dose of lenalidomide is 15 mg orally once daily on days 1 to 21 of repeated 28-day cycles. The recommended dose of dexamethasone is 40 mg orally once daily on days 1, 8, 15 and 22 of repeated 28-day cycles. Patients may continue lenalidomide and dexamethasone therapy until disease progression or intolerance.

- Dose reduction steps**

	Lenalidomide*	Dexamethasone*
Starting dose	25 mg	40 mg
Dose level-1	20 mg	20 mg
Dose level-2	15 mg	12 mg
Dose level-3	10 mg	8 mg
Dose level-4	5 mg	4 mg
Dose level-5	5mg every other day	Not applicable

* Dose reduction for both products can be managed independently

Thrombocytopenia

When platelets	Recommended course
Fall to $< 25 \times 10^9/L$	Stop lenalidomide dosing for remainder of cycle*
Return to $\geq 50 \times 10^9/L$	Decrease by one dose level when dosing resumed at next cycle

* If Dose limiting toxicity (DLT) occurs on > day15 of a cycle, lenalidomide dosing will be interrupted for at least the remainder of the current 28-day cycle.

Absolute neutrophil count (ANC) - neutropenia

When ANC	Recommended course*
First fall to $< 0.5 \times 10^9/L$	Interrupt lenalidomide treatment
Return to $\geq 1 \times 10^9/L$, when neutropenia is the only observed toxicity	Resume lenalidomide at starting dose once daily

Return to $\geq 0.5 \times 10^9/L$, when dose-dependent haematological toxicities other than neutropenia are observed

For each subsequent drop below $< 0.5 \times 10^9/L$	Interrupt lenalidomide treatment
Return to $\geq 0.5 \times 10^9/L$	Resume lenalidomide at next lower dose level once daily

* At the physician's discretion, if neutropenia is the only toxicity at any dose level, ad granulocyte colony stimulating factor (G-CSF) and maintain the dose level of lenalidomide.

For hematologic toxicity the dose of lenalidomide may be re-introduced to the next higher dose level (up to the starting dose) upon improvement in bone marrow function (no hematologic toxicity for at least 2 consecutive cycles: ANC $\geq 1.5 \times 10^9/L$ with a platelet count $\geq 100 \times 10^9/L$ at the beginning of a new cycle).

Multiple myeloma with at least one prior therapy

Lenalidomide treatment must not be started if the ANC $< 1.0 \times 10^9/L$, and/or platelet counts $< 75 \times 10^9/L$, or, dependent on bone marrow infiltration by plasma cells, platelet counts $< 30 \times 10^9/L$.

Recommended dose

The recommended starting dose of lenalidomide is 25 mg orally once daily on days 1 to 21 of repeated 28-day cycles. The recommended dose of dexamethasone is 40 mg orally once daily on days 1 to 4, 8 to 12 and 17 to 20 of each 28-day cycle for the first 4 cycles of therapy and then 40 mg once daily on days 1 to 4 every 28 days.

Prescribing physicians should carefully evaluate which dose of dexamethasone to use, taking into account the condition and disease status of the patient.

- Dose reduction steps**

	25 mg
Dose level -1	15 mg
Dose level -2	10 mg
Dose level -3	5 mg

Thrombocytopenia

When platelets	Recommended course
Fist fall to $< 30 \times 10^9/L$	Interrupt lenalidomide treatment
Return to $\geq 30 \times 10^9/L$	Resume lenalidomide at dose level -1
For each subsequent drop below $30 \times 10^9/L$	Interrupt lenalidomide treatment
Return to $\geq 30 \times 10^9/L$	Resume lenalidomide at next lower dose level (dose level -1, -2 or -3) once daily. Do not dose below 5 mg once daily.

Absolute neutrophil count (ANC) - neutropenia

When ANC	Recommended course*
First fall to $< 1.0 \times 10^9/L$	Interrupt lenalidomide treatment
Return to $\geq 1.0 \times 10^9/L$, when neutropenia is the only observed toxicity	Resume lenalidomide at starting dose once daily
Return to $\geq 1.0 \times 10^9/L$, when dose-dependent haematological toxicities other than neutropenia are observed	Resume lenalidomide at dose level -1 once daily and that it is recommended to refer the female partner to a physician specialised or experienced in teratology for evaluation and advice.
For each subsequent drop below $< 1.0 \times 10^9/L$	Interrupt lenalidomide treatment
Return to $\geq 1.0 \times 10^9/L$	Resume lenalidomide at next lower dose level (dose level -1, -2 or -3) once daily. Do not dose below 5 mg once daily.

At the physician's discretion, if neutropenia is the only toxicity at any dose level, ad granulocyte colony stimulating factor (G-CSF) and maintain the dose level of lenalidomide.

For patients older than 75 years of age treated with lenalidomide in combination with dexamethasone, the starting dose of dexamethasone is 20 mg once daily on days 1, 8, 15 and 22 of each 28-day treatment cycle.

In patients with newly diagnosed multiple myeloma aged 75 years and older who received lenalidomide, there was a higher incidence of serious adverse reactions and adverse reactions that led to treatment discontinuation.

Lenalidomide combined therapy was less tolerated in newly diagnosed multiple myeloma patients older than 75 years of age compared to the younger population. These patients discontinued at a higher rate due to insurance (Grade 3 or 4 adverse events and serious adverse events), when compared to patients < 75 years.

Multiple myeloma patients with at least one prior therapy

The percentage of multiple myeloma patients aged 65 or over was not significantly different between the lenalidomide/dexamethasone and placebo/dexamethasone groups. No overall difference in safety or efficacy was observed between these patients and younger patients, but greater pre-disposition of older individuals cannot be ruled out.

• **Patients with renal impairment**
Lenalidomide is primarily excreted by the kidney; patients with greater degrees of renal impairment can have impaired treatment tolerance (see section 4.4). Care should be taken in dose selection and monitoring of renal function is advised.

No dose adjustments are required for patients with mild renal impairment. The following dose adjustments are recommended at the start of therapy and throughout treatment for patients with moderate renal function or stage renal disease (see section 4.4). There are no Phase III trial experiences with End Stage Renal Disease (ESRD) (CLcr < 30 mL/min, requiring dialysis).

Multiple myeloma

Renal function (CLcr)	Dose adjustment
Moderate renal impairment (CLcr < 50 mL/min)	10 mg once daily*
Severe renal impairment (CLcr < 30 mL/min, not requiring dialysis)	15 mg every other day

End Stage Renal Disease (ESRD) (CLcr < 30 mL/min, requiring dialysis) 5 mg once daily. On dialysis days, the dose should be administered following dialysis.

* The dose may be escalated to 15 mg once daily after 2 cycles if patient is not responding to treatment and is tolerating the treatment.

After initiation of lenalidomide therapy, subsequent lenalidomide dose modification in renally impaired patients should be based on individual patient treatment tolerance, as described above.

- Patients with hepatic impairment**
Lenalidomide has not formally been studied in patients with impaired hepatic function and there are no specific dose recommendations.

Method of administration

Lenalidomide capsules should be taken orally at about the same time on the scheduled days. The capsules should not be opened, broken or chewed. The capsules should be swallowed whole, preferably with water, either with or without food.

It is recommended to press only on one end of the capsule to remove it from the blister thereby reducing the risk of capsule deformation or breakage.

4.3 Contraindications

- Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.
- Women who are pregnant.
- Women of childbearing potential unless all of the conditions of the Pregnancy Prevention Programme are met (see sections 4.4 and 4.6).

4.4 Special warnings and precautions for use

Pregnancy warning

Lenalidomide is structurally related to thalidomide. Thalidomide is a known human teratogenic active substance that causes severe life-threatening birth defects. Lenalidomide induced in monkeys malformations similar to those described with thalidomide (see sections 4.6 and 5.3). If lenalidomide is taken during pregnancy, a teratogenic effect of lenalidomide in humans is expected.

The conditions of the Pregnancy Prevention Programme must be fulfilled for all patients unless there is reliable evidence that the patient does not have childbearing potential.

Criteria for women of non-childbearing potential

A female patient or a female partner of a male patient is considered to have childbearing potential unless she meets at least one of the following criteria:

- Age ≥ 50 years and naturally amenorrhoeic for ≥ 1 year (Amenorrhea following cancer therapy or during breast-feeding does not rule out childbearing potential).
- Premature ovarian failure confirmed by a specialist gynaecologist.
- Previous bilateral salpingo-oophorectomy, or hysterectomy.
- XY Genotype, Turner syndrome, uterine agenesis.

Counselling

- For women of childbearing potential, lenalidomide is contraindicated unless all of the following are met:
 - She understands the expected teratogenic risk to the unborn child.
 - She understands the need for effective contraception, without interruption, at least 4 weeks before starting treatment, throughout the entire duration of treatment, and at least 4 weeks after the end of treatment.
 - Even if a woman of childbearing potential has amenorrhea she must follow all the advice on effective contraception.
 - She should be capable of complying with effective contraceptive measures.
 - She is informed and understands the potential consequences of pregnancy and the need to rapidly consult if there is a risk of pregnancy.
 - She understands the need to commence the treatment as soon as lenalidomide is dispensed following a negative pregnancy test.
 - She understands the need and accepts to undergo pregnancy testing every 4 weeks except in case of confirmed tubal sterilisation.
 - She acknowledges that she understands the hazards and necessary precautions associated with the use of lenalidomide.

For male patients taking lenalidomide, pharmacokinetic data has demonstrated that lenalidomide is present in the human semen at extremely low levels during treatment and is undetectable in human semen 3 days after stopping the substance in the healthy subject (see section 5.2). As a precaution, and taking into account special populations with prolonged elimination time such as renal impairment, all male patients taking lenalidomide, must meet the following conditions:

- Understand the expected teratogenic risk if engaged in sexual activity with a pregnant woman or a woman of childbearing potential.
- Understand the need for the use of a condom if engaged in sexual activity with a pregnant woman or a woman of childbearing potential not using effective contraception (even if the man has had a vasectomy), during treatment and for at least 7 days after dose interruptions and/or cessation of treatment.
- Understand that if his female partner becomes pregnant whilst he is taking lenalidomide or within 7 days after he has stopped taking lenalidomide, he should inform his treating physician immediately and that it is recommended to refer the female partner to a physician specialised or experienced in teratology for evaluation and advice.

The prescriber must ensure that for women of childbearing potential:

- The patient complies with the conditions of the Pregnancy Prevention Programme, including confirmation that she has an adequate level of understanding.
- The patient has acknowledged the aforementioned conditions.

Contraception

Women of childbearing potential must use at least one effective method of contraception for at least 4 weeks before therapy, during therapy, and until at least 4 weeks after lenalidomide therapy and even in case of dose interruption unless the patient commits to absolute and continuous abstinence confirmed on a monthly basis. If not established on effective contraception, the patient must be referred to an appropriately trained health care professional for contraceptive advice in order that contraception can be initiated.

The following can be considered to be examples of suitable methods of contraception:

- Implant
- Levonorgestrel-releasing intrauterine system (IUS)
- Medroxyprogesterone acetate depot
- Tubal sterilisation
- Sexual intercourse with a vasectomised male partner only: vasectomy must be confirmed by two negative semen analyses
- Ovulation inhibitory progesterone-only pills (i.e. desogestrel)

Because of the increased risk of venous thromboembolism in patients with multiple myeloma taking lenalidomide and dexamethasone, and to a lesser extent in patients with multiple myeloma taking lenalidomide monotherapy, combined oral contraceptive pills are not recommended (see also section 4.5). If a patient is currently using combined oral contraceptive pills, they should be advised to use effective methods listed above. The risk of venous thromboembolism continues for 4–6 weeks after discontinuing combined oral contraception. The efficacy of contraceptive steroids may be reduced during co-treatment with dexamethasone (see section 4.5).

Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection and time to monitor for bleeding. Prophylactic antibiotics should be considered particularly in patients with neutropenia.

Copper-releasing intrauterine devices are generally not recommended due to the potential risks of infection at the time of insertion and menstrual blood loss which may compromise patients with neutropenia or thrombocytopenia.

Pregnancy testing

According to local practice, medically supervised pregnancy tests with a minimum sensitivity of 25 mIU/mL must be performed for women of childbearing potential as outlined below. This requirement includes women of childbearing potential who practice abstinence and continuous abstinence. Ideally, pregnancy testing, issuing a prescription and dispensing should occur on the same day. Dispensing of lenalidomide to women of childbearing potential should occur within 7 days of the prescription.

Prior to starting treatment

A medically supervised pregnancy test should be performed during the consultation, when lenalidomide is prescribed, or in the 3 days prior to the visit to the prescriber once the patient had been using effective contraception for at least 4 weeks. The test should ensure the patient is not pregnant when she starts treatment with lenalidomide.

- Follow-up and end of treatment**

A medically supervised pregnancy test should be repeated every at least 4 weeks, including at least 4 weeks after the end of treatment, except in the case of confirmed tubal sterilisation. These pregnancy tests should be performed on the day of the prescribing visit or in the 3 days prior to the visit to the prescriber.

Men

Lenalidomide is present in human semen during treatment. As a precaution, and taking into account special populations with potentially prolonged elimination time such as renal impairment, all male patients taking lenalidomide, including those who have had a vasectomy, should use condoms throughout treatment duration, during dose interruption and for at least 7 days after cessation of treatment if their partner is pregnant or of childbearing potential and has no contraception.

Male patients should not donate semen or sperm during treatment (including during dose interruptions) and for at least 7 days following discontinuation of lenalidomide.

Additional precautions

Patients should be instructed never to give this medicinal product to another person and to return any unused capsules to their pharmacist at the end of treatment for safe disposal. Patients should not donate blood during therapy (including during dose interruptions) or for at least 7 days following discontinuation of lenalidomide.

Health-care professionals and caregivers should wear disposable gloves when handling the blister or capsule. Women who are pregnant or suspect they may be pregnant should not handle the blister or capsule (see section 6.5).

Educational materials, prescribing and dispensing restrictions

In order to assist patients in avoiding foetal exposure to lenalidomide, the marketing authorization holder will provide educational material to health care professionals to reinforce the warnings about the expected teratogenicity of lenalidomide, to provide advice on contraception before therapy is started, and to provide guidance on the need for pregnancy testing. The prescriber must inform male and female patients about the expected teratogenic risk and the strict pregnancy prevention measures as specified in the Pregnancy Prevention Programme and provide patients with appropriate patient educational brochure, patient card and/or equivalent tool. Ideally, pregnancy testing, issuing a prescription and dispensing should occur on the same day. Dispensing of lenalidomide to women of childbearing potential should occur within 7 days of the prescription and following a medically supervised negative pregnancy test result. Prescriptions for women of childbearing potential can be for a maximum duration of treatment of 4 weeks according to the approved indications dosing regimens (see section 4.2), and prescriptions for all other patients can be for a maximum duration of treatment of 12 weeks.

Other special warnings and precautions for use

Myocardial infarction

Myocardial infarction has been reported in patients receiving lenalidomide, particularly in those with known risk factors and within the first 2 months when used in combination with dexamethasone. Patients with known risk factors - including prior thrombosis - should be closely monitored, and action should be taken to try to minimize all modifiable risk factors (e.g. smoking, hypertension, and hyperlipidaemia).

Venous and arterial thromboembolic events

In patients with multiple myeloma, the combination of lenalidomide with dexamethasone is associated with an increased risk of venous thromboembolism (predominantly deep vein thrombosis and pulmonary embolism).

In patients with multiple myeloma, treatment with lenalidomide monotherapy was associated with a lower risk of venous thromboembolism (predominantly deep vein thrombosis and pulmonary embolism) than in patients with multiple myeloma treated with lenalidomide in combination therapy (see sections 4.5 and 4.8).

In patients with multiple myeloma, the combination of lenalidomide with dexamethasone is associated with an increased risk of arterial thromboembolism (predominantly myocardial infarction and cerebrovascular event). The risk of arterial thromboembolism is lower in patients with multiple myeloma treated with lenalidomide monotherapy than in patients with multiple myeloma treated with lenalidomide in combination therapy.

Consequently, patients with known risk factors for thromboembolism - including prior thrombosis - should be closely monitored. Action should be taken to try to minimize all modifiable risk factors (e.g. smoking, hypertension, and hyperlipidaemia). Concomitant administration of erythropoietic agents or previous history of thromboembolic events may also increase thrombotic risk in these patients. Therefore, erythropoietic agents, or other agents that may increase the risk of thrombosis, such as hormone replacement therapy, should be used with caution in multiple myeloma patients receiving lenalidomide with dexamethasone. A haemoglobin concentration above 12 g/dL should lead to discontinuation of erythropoietic agents.

Patients and physicians are advised to be observant for the signs and symptoms of thromboembolism. Patients should be instructed to seek medical care if they develop symptoms such as shortness of breath, chest pain, arm or leg swelling. Prophylactic antithrombotic medicines should be recommended, especially in patients with additional thrombotic risk factors. The decision to take antithrombotic prophylactic measures should be made after careful assessment of an individual patient's underlying risk factors.

If the patient experiences any thromboembolic events, treatment must be discontinued and standard anticoagulation therapy started. Once the patient has been stabilised on the anticoagulation treatment and any complications of the thromboembolic event have been managed, the lenalidomide treatment may be restarted at the original dose dependent upon a benefit/risk assessment. The patient should continue anticoagulation therapy during the course of lenalidomide treatment.

Pulmonary hypertension

Cases of pulmonary hypertension, some fatal, have been reported in patients treated with lenalidomide. Patients should be evaluated for signs and symptoms of underlying cardiopulmonary disease prior to initiating and during lenalidomide therapy.

Neutropenia and thrombocytopenia

The major dose limiting toxicity in lenalidomide include neutropenia and thrombocytopenia. A complete blood cell count, including white blood cell count with differential count, platelet count, haemoglobin, and haematocrit should be performed at baseline, every week for the first 8 weeks of lenalidomide treatment and monthly thereafter to monitor for cytopenias. A dose interruption and/or a dose reduction may be required (see section 4.2).

In case of neutropenia, the physician should consider the use of growth factors in patient management. Patients should be advised to promptly report febrile episodes. Patients and physicians are advised to be observant for signs and symptoms of bleeding, including petechiae and epistaxis, especially in patients receiving concomitant medicinal products susceptible to induce bleeding (see section 4.8, Haemorrhagic disorders).

Co-administration of lenalidomide with other myelosuppressive agents should be undertaken with caution.

- Newly diagnosed multiple myeloma: patients who have undergone ASCT treated with lenalidomide**
The adverse reactions from CALGB 100104 included events reported post-high dose melphalan and ASCT (HDM/ASCT) as well as events from the maintenance treatment period. A second analysis identified events that occurred after the start of maintenance treatment. In IFM 2005-02, the adverse reactions were from the maintenance treatment period only.

Overall, grade 4 neutropenia was observed at a higher frequency in the lenalidomide maintenance arms compared to the placebo maintenance arms in the 2 studies evaluating lenalidomide maintenance in NDMM patients who have undergone ASCT (32.1% vs 26.7% [16.1% vs 1.8% after the start of maintenance treatment] in CALGB 100104 and 16.4% vs 0.7% in IFM 2005-02, respectively). Treatment-related deaths in the lenalidomide arms compared to placebo were reported in 2.2% of patients in CALGB 100104 and 2.4% of patients in IFM 2005-02, respectively. Grade 4 febrile neutropenia was reported at similar frequencies in the lenalidomide maintenance arms compared to placebo maintenance arms in both studies (0.4% vs 0.5% [0.4% vs 0.5% after the start of maintenance treatment] in CALGB 100104 and 0.3% vs 0% in IFM 2005-02, respectively). Patients should be advised to promptly report febrile episodes, treatment interruption and/or dose reductions may be required (see section 4.2).

Grade 3 or 4 thrombocytopen

Nervous System Disorders	Very Common Paraesthesia Common Peripheral neuropathy [†]	Common Headache
Vascular Disorders	Common Pulmonary embolism [†]	Common Deep vein thrombosis ^{†,4}
Respiratory, Thoracic and Mediastinal Disorders	Very Common Cough Common Dyspnoea [†] , Rhinorrhoea	Common Dyspnoea [†]
Gastrointestinal Disorders	Very Common Diarrhoea, Constipation, Abdominal pain, Nausea Common Vomiting, Abdominal pain upper	Common Diarrhoea, Vomiting, Nausea
Hepatobiliary Disorders	Very Common Abnormal liver function tests	Common Abnormal liver function tests
Skin and Subcutaneous Tissue Disorders	Very Common Rash, Dry skin	Common Rash, Pruritus
Musculoskeletal and Connective Tissue Disorders	Very Common Muscle spasms Common Myalgia, Musculoskeletal pain	
General Disorders and Administration Site Conditions	Very Common Fatigue, Asthenia, Pyrexia	Common Fatigue, Asthenia
[†] Adverse reactions reported as serious in clinical trials in patients with NDMM who had undergone ASCT [†] Applies to serious adverse drug reactions only [†] See section 4.8 description of selected adverse reactions [†] "Pneumonia" combined AE term includes the following PTs: Bronchopneumonia, Lobar pneumonia, Pneumocystis jirovecii pneumonia, Pneumonia, Pneumonia klebsiella, Pneumonia legionella, Pneumonia mycoplasma, Pneumonia pneumococcal, Pneumonia streptococcal, Pneumonia viral, Lung disorder, Pneumonitis [†] "Sepsis" combined AE term includes the following PTs: Bacterial sepsis, Pneumococcal sepsis, Septic shock, Staphylococcal sepsis [†] "Peripheral neuropathy" combined AE term includes the following preferred terms (PTs): Neuropathy peripheral, Peripheral sensory neuropathy, Polyneuropathy [†] "Deep vein thrombosis" combined AE term includes the following PTs: Deep vein thrombosis, Thrombosis, Venous thrombosis <i>Tabulated summary for combination therapy in MM</i> The following table is derived from data gathered during the multiple myeloma studies with combination therapy. The data were not adjusted for the longer duration of the treatment with lenalidomide, containing arms continued until disease progression versus the comparator arms in the pivotal multiple myeloma studies (see section 5.1).		
Table 2: Overall reported adverse drug reactions reported in pivotal clinical studies MM-020, MM-009 and MM-010 and post-marketing data in patients with multiple myeloma treated with Lenalidomide/Dexamethasone		
System Organ Class / Preferred Term	All ADRs/Frequency	Grade 3–4 ADRs/Frequency
Infections and Infestations	Very Common Pneumonia [†] , Upper respiratory tract infection [†] , Bacterial, viral and fungal infections (including opportunistic infections) [†] , Nasopharyngitis, Pharyngitis, Bronchitis [†]	Common Pneumonia [†] , Bacterial, viral and fungal infections (including opportunistic infections) [†] , Cellulitis [†] , Sepsis [†] , Bronchitis [†]
Neoplasms Benign, Malignant and Unspecified (incl cysts and polyps)	Uncommon Basal cell carcinoma [†] , Squamous skin cancer ^{†,2}	Common Acute myeloid leukaemia [†] , Myelodysplastic syndrome [†] , Squamous cell carcinoma of skin ^{†,2}
Blood and Lymphatic System Disorders	Very Common Thrombocytopenia [†] , Neutropenia [†] , Anaemia [†] , Haemorrhagic disorder [†] , Leucopenia Common Febrile neutropenia [†] , Pancytopenia [†] Uncommon Haemolysis, Autoimmune haemolytic anaemia, Haemolytic anaemia Not Known [†] Acquired haemophilia [†]	Very Common Thrombocytopenia [†] , Anaemia [†] , Leucopenia Common Febrile neutropenia [†] , Pancytopenia [†] Uncommon Haemolysis, Autoimmune haemolytic anaemia, Haemolytic anaemia Not Known [†] Hypercoagulation, Coagulopathy
Immune System Disorders	Uncommon Hypersensitivity [†] Rare [†] Anaphylactic reaction [†] Not Known [†] Solid organ transplant rejection [†]	Rare [†] Anaphylactic reaction [†]
Endocrine Disorders	Common Hypothyroidism, Hypertthyroidism [†]	
Metabolism and Nutrition Disorders	Very Common Hypokalaemia [†] , Hyperglycaemia, Hypocalcaemia [†] , Decreased appetite, Weight decreased Common Hypomagnesaemia, Hyperuricaemia, Dehydration [†] , Hypercalaemia [†]	Common Hypokalaemia [†] , Hyperglycaemia, Hypocalcaemia [†] , Diabetes mellitus [†] , Hypophosphataemia, Hyponaatraemia [†] , Hyperuricaemia, Gout, Decreased appetite, Weight decreased
Psychiatric Disorders	Very Common Depression, Insomnia Uncommon Loss of libido	Common Depression, Insomnia
Nervous System Disorders	Very Common Peripheral neuropathies (excluding motor neuropathy), Dizziness, Tremor, Dysgeusia, Headache Common Ataxia, Balance impaired	Common Cerebrovascular accident [†] , Dizziness, Syncope Uncommon Intracranial haemorrhage [†] , Transient ischaemic attack, Cerebral ischaemia
Eye Disorders	Very Common Cataracts, Blurred vision Common Reduced visual acuity	Common Cataract Uncommon Blindness
Ear and Labyrinth Disorders	Common Deafness (Including Hypoacusis), Tinnitus	

Cardiac Disorders	Common Atrial fibrillation [†] , Bradycardia Uncommon Arrhythmia, QT prolongation, Atrial flutter, Ventricular extrasystoles	Common Myocardial infarction (including acute) [†] , Atrial fibrillation [†] , Congestive cardiac failure [†] , Tachycardia, Cardiac failure [†] , Myocardial ischaemia [†]
Vascular Disorders	Very Common Venous thromboembolic events, predominantly deep vein thrombosis and pulmonary embolism [†] Common Hypotension [†] , Hypertension, Ectchymosis [†]	Very Common Venous thromboembolic events, predominantly deep vein thrombosis and pulmonary embolism [†] Common Vasculitis Uncommon Ischemia, Peripheral ischemia, Intracranial venous sinus thrombosis
Respiratory, Thoracic and Mediastinal Disorders	Very Common Dyspnoea [†] , Epistaxis [†] Uncommon [†] Pulmonary hypertension [†]	Common Respiratory distress [†] , Dyspnoea [†] Rare [†] Pulmonary hypertension [†] Not Known [†] Interstitial pneumonitis [†]
Gastrointestinal Disorders	Very Common Constipation [†] , Diarrhoea [†] , Nausea, Vomiting, Abdominal pain [†] , Dyspepsia Common Gastrointestinal haemorrhage (including rectal haemorrhage, haemorrhoidal haemorrhage, peptic ulcer haemorrhage and gingival bleeding) [†] , Dry mouth, Stomatitis, Dysphagia	Common Constipation [†] , Diarrhoea [†] , Nausea, Vomiting, Abdominal pain [†] , Dyspepsia Not Known [†] Pancreatitis [†] , Gastrointestinal perforation (including diverticular, intestinal and large intestine perforations) [†]
Hepatobiliary Disorders	Common Abnormal liver function tests [†] Uncommon Hepatic failure Not Known [†] Acute hepatic failure [†] , Hepatitis toxic [†] , Cytolytic hepatitis [†] , Cholestatic hepatitis [†] , Mixed cytolytic/cholestatic hepatitis [†]	Common Cholestasis [†] , Abnormal liver function tests [†] Uncommon Hepatic failure [†] Not Known [†] Acute hepatic failure [†] , Hepatitis toxic [†]
Skin and Subcutaneous Tissue Disorders	Very Common Rashes, Pruritus Common Urticaria, Hyperhidrosis, Dry skin, Skin pigmentation, Eczema, Erythema Uncommon Skin discolouration, Photosensitivity reaction	Common Rashes Uncommon Angioedema [†] Rare [†] Stevens-Johnson Syndrome [†] , Toxic epidermal necrolysis [†] Not Known [†]
Musculoskeletal and Connective Tissue Disorders	Very Common Muscle spasms, Bone pain [†] , Musculoskeletal and connective tissue pain and discomfort (including back pain) [†] , Arthralgia [†] Common Joint swelling, Muscular weakness, Myalgia	Common Muscular weakness, Bone pain [†] , Musculoskeletal and connective tissue pain and discomfort (including back pain) [†] Uncommon Joint swelling
Renal and Urinary Disorders	Very Common Renal failure (including acute) [†] Common Haematuria [†] , Urinary retention, Urinary incontinence Uncommon Acquired Fanconi syndrome	Uncommon Renal tubular necrosis
Reproductive System and Breast Disorders	Common Erectile dysfunction	Common Erectile dysfunction
General Disorders and Administration Site Conditions	Very Common Fatigue [†] , Oedema (including peripheral oedema), Pyrexia [†] , Influenza like illness syndrome (including pyrexia, cough, myalgia, musculoskeletal pain, headache and rigors), Asthenia Uncommon Chest pain, Lethargy	Common Fatigue [†] , Pyrexia [†] , Asthenia
Investigations	Common C-reactive protein increased	
Injury, Poisoning and Procedural Complications	Common Fall, Contusion [†]	

[†] see section 4.8 description of selected adverse reactions
[†] reports from post-marketing data

[†] Adverse reactions reported as serious in clinical trials in patients with multiple myeloma treated with lenalidomide in combination with dexamethasone, or with melphalan and prednisone
[†] Applies to serious adverse drug reactions only
[†] Squamous skin cancer was reported in clinical trials in previously treated myeloma patients with lenalidomide/dexamethasone compared to controls
[†] Squamous cell carcinoma of skin was reported in a clinical trial in newly diagnosed multiple myeloma patients with lenalidomide/dexamethasone compared to controls

Description of selected adverse reactions

Teratogenicity

Lenalidomide is structurally related to thalidomide. Thalidomide is a known human teratogenic active substance that causes severe life-threatening birth defects. Lenalidomide induced in monkeys malformations similar to those described with thalidomide (see sections 4.6 and 5.3). If lenalidomide is taken during pregnancy, a teratogenic effect of lenalidomide in humans is expected.

Neutropenia and thrombocytopenia

- Newly diagnosed multiple myeloma: patients who have undergone ASCT treated with lenalidomide maintenance

Lenalidomide maintenance after ASCT is associated with a higher frequency of grade 4 neutropenia compared to placebo maintenance (32.1% vs 26.7% [16.1% vs 1.8% after the start of maintenance treatment]) in CALGB 100104 and 16.4% vs 0.7% in IFM 2005-02, respectively). Treatment-emergent AEs of neutropenia leading to lenalidomide discontinuation were reported in 2.2% of patients in CALGB 100104 and 2.4% of patients in IFM 2005-02, respectively. Grade 4 febrile neutropenia was reported at similar frequencies in the lenalidomide maintenance arms compared to placebo maintenance arms in both studies (0.4% vs 0.5% [0.4% vs 0.5% after the start of maintenance treatment] in CALGB 100104 and 0.3% vs 0% in IFM 2005-02, respectively).

Lenalidomide maintenance after ASCT is associated with a higher frequency of grade 3 or 4 thrombocytopenia compared to placebo maintenance (37.5% vs 30.3% [17.9% vs 4.1% after the start of maintenance treatment]) in CALGB 100104 and 13.0% vs 2.9% in IFM 2005-02, respectively).

- Newly diagnosed multiple myeloma: patients who are not eligible for transplant treated with lenalidomide in combination with low dose dexamethasone

The combination of lenalidomide with low dose dexamethasone in newly diagnosed multiple myeloma patients is associated with a lower frequency of grade 4 neutropenia (8% in Rd and Rd18, compared with MPT 15%). Grade 4 febrile neutropenia was observed infrequently (0.6% in Rd and Rd18 compared with 0.7% in MPT).

The combination of lenalidomide with low dose dexamethasone in newly diagnosed multiple myeloma patients is associated with a lower frequency of grade 3 and 4 thrombocytopenia (8.1% in Rd and Rd18) compared with MPT (11%).		
<ul style="list-style-type: none">Multiple myeloma: patients with at least one prior therapy <p>The combination of lenalidomide with dexamethasone in multiple myeloma patients is associated with a higher incidence of grade 4 neutropenia (5.1% in lenalidomide/dexamethasone-treated patients) compared with 0.6% in placebo/dexamethasone-treated patients). Grade 4 febrile neutropenia episodes were observed infrequently (0.6% in lenalidomide/dexamethasone-treated patients compared to 0.0% in placebo/dexamethasone-treated patients).</p> <p>The combination of lenalidomide with dexamethasone in multiple myeloma patients is associated with a higher incidence of grade 3 and grade 4 thrombocytopenia (9.9% and 1.4%, respectively, in lenalidomide/dexamethasone-treated patients compared to 2.3% and 0.0% in placebo/dexamethasone-treated patients).</p> <p>Venous thromboembolism</p> <p>An increased risk of DVT and PE is associated with the use of the combination of lenalidomide with dexamethasone in patients with multiple myeloma, and to a lesser extent in patients with multiple myeloma treated with lenalidomide monotherapy (see section 4.5).</p> <p>Concomitant administration of erythropoietic agents or previous history of DVT may also increase thrombotic risk in these patients.</p>		
Myocardial infarction <p>Myocardial infarction has been reported in patients receiving lenalidomide, particularly in those with known risk factors</p> <p>Haemorrhagic disorders</p> <p>Haemorrhagic disorders are listed under several system organ classes: Blood and lymphatic system disorders; nervous system disorders (intracranial haemorrhage); respiratory, thoracic and mediastinal disorders (epistaxis); gastrointestinal disorders (gingival bleeding, haemorrhoidal haemorrhage, rectal haemorrhage); renal and urinary disorders (haematuria); injury, poisoning and procedural complications (contusion) and vascular disorders (ectchymosis).</p> <p>Allergic reactions and Severe skin reactions</p> <p>Cases of allergic reactions including angioedema, anaphylactic reaction and severe cutaneous reactions (including SJS, TEN and DRESS) have been reported with the use of lenalidomide. A possible cross-reaction between lenalidomide and thalidomide has been reported in the literature. Patients with a history of severe rash associated with thalidomide treatment should not receive lenalidomide (see section 4.4).</p> <p>Second primary malignancies</p> <p>In clinical trials in previously treated myeloma patients with lenalidomide/dexamethasone compared to controls, mainly comprising of basal cell or squamous cell skin cancers.</p> <p>Acute myeloid leukaemia</p> <p>Multiple myeloma</p> <p>Cases of AML have been observed in clinical trials of newly diagnosed multiple myeloma in patients taking lenalidomide treatment in combination with melphalan or immediately following H D M / ASCT (see section 4.4). This increase was not observed in clinical trials of newly diagnosed multiple myeloma in patients taking lenalidomide in combination with low dose dexamethasone compared to thalidomide in combination with melphalan and prednisone.</p> <p>Hepatic disorders</p> <p>The following post-marketing adverse reactions have been reported (frequency unknown): acute hepatic failure and cholestasis (both potentially fatal), toxic hepatitis, cytolytic hepatitis, mixed cytolytic/cholestatic hepatitis.</p> <p>Rhabdomyolysis</p> <p>Rare cases of rhabdomyolysis have been observed, some of them when lenalidomide is administered with a statin.</p> <p>Thyroid disorders</p> <p>Cases of hypothyroidism and cases of hyperthyroidism have been reported (see section 4.4 Thyroid disorders).</p> <p>Gastrointestinal disorders</p> <p>Gastrointestinal perforations have been reported during treatment with lenalidomide. Gastrointestinal perforations may lead to septic complications and may be associated with fatal outcome.</p> <p>Acute graft-versus-host disease</p> <p>In the literature and post-marketing setting, acute graft-versus-host disease has been reported with lenalidomide therapy following allogeneic hematopoietic transplant.</p> <p>Reporting of suspected adverse reactions</p> <p>Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continuous monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system.</p>		
4.9 Overdose		
There is no specific experience in the management of lenalidomide overdose in multiple myeloma patients. Although in dose-ranging studies some patients were exposed to up to 150 mg, and in single-dose studies, some patients were exposed to up to 400 mg. The dose limiting toxicity in these studies was essentially haematological. In the event of overdose, supportive care is advised.		
5. PHARMACOLOGICAL PROPERTIES		
5.1 Pharmacodynamic properties		
Pharmaco-therapeutic group: Other immunosuppressants. ATC code: L04AX04.		
Mechanism of action <p>Lenalidomide binds directly to cerebin, a component of a cullin ring E3 ubiquitin ligase enzyme complex that includes deoxyribonucleic acid (DNA) damage-binding protein 1 (DDB1), cullin 4 (CUL4), and regulator of cullins 1 (ROC1), in haematopoietic cells, lenalidomide binding to cerebin recruits substrate proteins Nfot and Ikaros, lymphoid transcription factors, leading to their ubiquitination and subsequent degradation resulting in direct cytotoxic and immunomodulatory effects.</p> <p>Specifically, lenalidomide inhibits proliferation and enhances apoptosis of certain haematopoietic tumour cells (including MM plasma tumour cells, follicular lymphoma tumour cells and those with deletions of chromosome 3), enhances T cell- and Natural Killer (NK) cell-mediated immunity and increases the number of NK-1 and NK-2 cells.</p> <p>The lenalidomide mechanism of action also includes additional activities such as anti-angiogenic and pro-erythropoietic properties. Lenalidomide inhibits angiogenesis by blocking the migration and adhesion of endothelial cells and the formation of microvessels, augments foetal haemoglobin production by CD34+ haematopoietic stem cells, and inhibits production of pro-inflammatory cytokines (e.g., TNF-α and IL-6) by monocytes.</p> <p>Clinical efficacy and safety</p> <p>Lenalidomide efficacy and safety have been evaluated in five phase III studies in newly diagnosed multiple myeloma and two phase III studies in relapsed/refractory multiple myeloma as described below.</p> <p>Newly diagnosed multiple myeloma</p> <ul style="list-style-type: none">Lenalidomide maintenance in patients who have undergone ASCT <p>The efficacy and safety of lenalidomide maintenance was assessed in two phase III multicenter, randomised, double-blind 2-arm, parallel group, placebo-controlled studies: CALGB 100104 and IFM 2005-02.</p> <p>CALGB 100104</p> <p>Patients between 18 and 70 years of age with active MM requiring treatment and without prior progression after initial therapy were eligible.</p> <p>Patients were randomised 1:1 within 90-100 days after ASCT to receive either lenalidomide or placebo maintenance. The maintenance dose was 10 mg once daily on days 1-28 of repeated 28-day cycles (increased up to 15 mg once daily after 3 months in the absence of dose-limiting toxicity), and treatment was continued until disease progression.</p> <p>The primary efficacy endpoint in the study was progression free survival (PFS) from randomisation to the date of progression or death, whichever occurred first; the study was not powered for the overall survival endpoint. In total 460 patients were randomised: 231 patients to lenalidomide and 229 patients to placebo. The demographic and disease-related characteristics were balanced across both arms.</p> <p>The study was unblinded upon the recommendations of the data monitoring committee after surpassing the threshold for a preplanned interim analysis of PFS. After unblinding, patients in the placebo arm were allowed to cross over to receive lenalidomide before disease progression.</p> <p>The results of PFS at unblinding, following a preplanned interim analysis, using a cut-off of 17 December 2009 [15.5 months follow up] showed a 62% reduction in risk of disease progression or death favouring lenalidomide (HR = 0.38; 95% CI 0.27, 0.54; p < 0.001). The median overall PFS was 33.9 months (95% CI, NE) in the lenalidomide arm versus 19.0 months (95% CI 16.2, 25.6) in the placebo arm.</p> <p>The PFS benefit was observed both in the subgroup of patients with CR and in the subgroup of patients who had not achieved a CR.</p> <p>The results for the study, using a cut-off of 1 February 2016, are presented in Table 3</p>		
Table 3: Summary of overall efficacy data		
	Lenalidomide (N = 231)	Placebo (N = 229)
Investigator-assessed PFS		
Median [†] PFS time, months (95% CI) [†]	56.9 (41.9, 71.7)	29.4 (20.7, 35.5)
HR [95% CI] [†] ; p-value [†]	0.61 (0.48, 0.76); <0.001	
PFS2[†] - (months)		
Median [†] PFS2 time, months (95% CI) [†]	42.9 (38.1, 47.4)	40.0 (36.2, 44.2)
HR [95% CI] [†] ; p-value [†]	0.74 (0.63, 0.86); <0.001	
Rd vs MPT	0.69 (0.59, 0.80); <0.001	
Rd vs Rd18	0.71 (0.61, 0.83); <0.001	
Rd18 vs MPT	0.99 (0.86, 1.14); 0.866	
PF52[†] - (months)		
Median [†] PF52 time, months (95% CI) [†]	42.9 (38.1, 47.4)	40.0 (36.2, 44.2)
HR [95% CI] [†] ; p-value [†]	0.74 (0.63, 0.86); <0.001	
Rd vs MPT	0.69 (0.59, 0.80); <0.001	
Rd vs Rd18	0.71 (0.61, 0.83); <0.001	
Rd18 vs MPT	0.99 (0.86, 1.14); 0.866	
Overall survival (months)		
Median [†] OS time, months (95% CI) [†]	58.9 (56.0, NE)	56.7 (50.1, NE)
HR [95% CI] [†] ; p-value [†]	0.75 (0.62, 0.90); 0.002	
Rd vs MPT	0.75 (0.62, 0.90); 0.002	
Rd vs Rd18	0.91 (0.75, 1.09); 0.305	
Rd18 vs MPT	0.83 (0.69, 0.99); 0.034	
Follow-up (months)		
Median [†] (min, max): all patients	40.8 (0.0, 65.9)	40.1 (0.4, 65.7)
Median [†] (min, max): all patients	40.8 (0.0, 65.9)	38.7 (0.0, 64.2)
Myeloma response[†] (%)		
CR	81 (15.1)	77 (14.2)
VGPR	152 (28.6)	154 (28.5)
PR	169 (31.6)	166 (30.7)
Overall response: CR, VGPR, or PR	402 (75.1)	397 (73.4)
Duration of response - (months)[†]		
Median [†] (95% CI) [†]	35.0 (27.9, 43.4)	22.1 (20.3, 24.0)
Median [†] (95% CI) [†]	35.0 (27.9, 43.4)	22.3 (20.2, 24.9)

HR [95% CI] [†] ; p-value [†]	0.61 (0.48, 0.78); <0.001	
Overall survival		
Median [†] OS time, months (95% CI) [†]	111.0 (101.8, NE)	84.2 (71.0, 102.7)
8-year survival rate, % (SE)	60.9 (3.78)	44.6 (3.98)
HR [95% CI] [†] ; p-value [†]	0.61 (0.46, 0.81); <0.001	
Follow-up		
Median [†] (min, max), months: all surviving patients	81.9 (0.0, 119.8)	81.0 (4.1, 119.5)

CI = confidence interval; HR = hazard ratio; max = maximum; min = minimum; NE = not estimable; OS = overall survival;
PFS = progression-free survival
* The p-value is based on the stratified log-rank test of Kaplan-Meier estimate.
† The 95% CI about the median.
Based on Cox proportional hazards model comparing the hazard functions associated with the indicated treatment arms.
† The p-value is based on the unstratified log-rank test of Kaplan-Meier curve differences between the indicated treatment arms.
* Exploratory endpoint (PPS2). Lenalidomide received by subjects in the placebo arm who crossed over prior to PD upon study unblinding was not considered as a second-line therapy.
† Median follow-up post-ASCT for all surviving subjects.
Data cuts: 17 Dec 2009 and 01 Feb 2016

CI = confidence interval; HR = hazard ratio; max = maximum; min = minimum; NE = not estimable; OS = overall survival; PFS = progression-free survival
The median is based on the Kaplan-Meier estimate.
[†] The 95% CI about the median
[†] Based on Cox proportional hazards model comparing the hazard functions associated with the indicated treatment arms.
[†] The p-value is based on the unstratified log-rank test by Kaplan-Meier curve differences between the indicated treatment arms.
[†] Exploratory endpoint (PF52). Lenalidomide tested by subjects in the placebo arm who crossed over prior to PD upon study unblinding was not considered as a second-line therapy.
[†] Median follow-up post-ASCT for all surviving subjects.
Data cuts: 17 Dec 2009 and 01 Feb 2016

IFM 2005-02

Patients aged < 65 years at diagnosis who had undergone ASCT and had achieved at least a stable disease response at the time of hematologic recovery were eligible. Patients were randomised 1:1 to receive either lenalidomide or placebo maintenance (10 mg once daily on days 1-28 of repeated 28-day cycles increased up to 15 mg once daily after 3 months in the absence of dose-limiting toxicity) following 2 courses of lenalidomide consolidation (25 mg/day, days 1-21 of a 28-day cycle). Treatment was to be continued until disease progression.

The primary endpoint was PFS defined from randomisation to the date of progression or death, whichever occurred first; the study was not powered for the overall survival endpoint. In total 614 patients were randomised: 307 patients to lenalidomide and 307 patients to placebo.

The study was unblinded upon the recommendations of the data monitoring committee after surpassing the threshold for a preplanned interim analysis of PFS. After unblinding, patients receiving placebo were not crossed over to lenalidomide therapy prior to progressive disease. The lenalidomide arm was discontinued, as a proactive safety measure, after observing an imbalance of SPMs (see Section 4.4).

The results of PFS at unblinding, following a preplanned interim analysis, using a cut-off of 7 July 2010 (31.4 months follow up) showed a 48% reduction in risk of disease progression or death favoring lenalidomide (HR = 0.52; 95% CI 0.41, 0.66; p < 0.001). The median overall PFS was 40.1 months (95% CI 35.7, 42.4) in the lenalidomide arm versus 22.8 months (95% CI 20.7, 27.4) in the placebo arm.

The PFS benefit was less in the subgroup of patients with CR than in the subgroup of patients who had not achieved a CR.

The updated PFS, using a cut-off of 1 February 2016 (96.7 months follow up) continues to show a PFS advantage: HR = 0.57 (95% CI 0.47, 0.68; p < 0.001). The median overall PFS was 44.4 months (39.6, 52.0) in the lenalidomide arm versus 23.8 months (95% CI 21.2, 27.3) in the placebo arm. For PF52, the observed HR was 0.80 (95% CI 0.66, 0.96; p = 0.026) for lenalidomide versus placebo. The median overall PF52 was 69.9 months (95% CI 58.1, 80.0) in the lenalidomide arm versus 58.4 months (95% CI 51.1, 65.0) in the placebo arm. For OS, the observed HR was 0.90; (95% CI 0.72, 1.13; p = 0.355) for lenalidomide versus placebo. The median overall survival time was 105.9 months (95% CI 88.8, NE) in the lenalidomide arm versus 88.1 months (95% CI 80.7, 108.4) in the placebo arm.

- Lenalidomide in combination with dexamethasone in patients who are not eligible for stem cell transplantation

The safety and efficacy of lenalidomide was assessed in a Phase III, multicenter, randomised, open-label, 3-arm study (MM-020) of patients who were at least 65 years of age or older or, if younger than 65 years of age, were not candidates for stem cell transplantation because they declined to undergo stem cell transplantation or stem cell transplantation is not available to the patient due to cost or other reason. The study (MM-020) compared lenalidomide and dexamethasone (Rd) given for 2 different durations of time (i.e., until progressive disease [Arm Rd] or for up to eighteen 28-day cycles [72 weeks, Arm Rd18]) to melphalan, prednisone and thalidomide (MPT) for a maximum of twelve 42-day cycles (72 weeks). Patients were randomised (1:1:1) to 1 of 3 treatment arms. Patients were stratified at randomisation by age (≤75 years > 75 years), stage (ISS Stages I and II versus Stage IIIb), and country.

Patients in the Rd and Rd18 arms took lenalidomide 25 mg once daily on days 1 to 21 of 28-day cycles according to protocol arm. Dexamethasone 40 mg was dosed once daily on days 1, 8, 15, and 22 of each 28-day cycle. Initial dose and regimen for Rd and Rd18 were adjusted according to age and renal function (see section 4.2). Patients > 75 years received a dexamethasone dose of 20 mg once daily on days 1, 8, 15, and 22 of each 28-day cycle. All patients received prophylactic anticoagulation (low molecular weight heparin, warfarin, heparin, low-dose aspirin) during the study.

The primary efficacy endpoint in the study was progression free survival (PFS). In total 1623 patients were enrolled into the study: 525 patients randomised to Rd, 541 patients randomised to Rd18 and 547 patients randomised to MPT. The demographics and disease-related baseline characteristics of the patients were well balanced in all 3 arms. In general, study subjects had advanced-stage disease: of the total study population, 41% had ISS stage IIIb, 16% had severe renal insufficiency (creatinine clearance [CLcr] < 30 mL/min). The median age was 73 in the 3 arms.

In an updated analysis of PFS, PF52 and OS using a cut off of 3 March 2014 where the median follow-up time for all surviving subjects was 45.5 months, the results of the study are presented in Table 4:

2025-02

Patients < 65 years at diagnosis who had undergone ASCT and had achieved at least a stable disease response at the time of hematologic recovery were eligible. Patients were randomised 1:1 to receive either lenalidomide or placebo maintenance (10 mg once daily on days 1-28 of repeated 28-day cycles increased up to 15 mg once daily after 3 months in the absence of dose-limiting toxicity) following 2 courses of lenalidomide induction (25 mg/day, days 1-21 of a 28-day cycle). Treatment was to be continued until disease progression.

The primary endpoint was PFS defined from randomisation to the date of progression or death, whichever occurred first; the study was not powered for the overall survival endpoint. In total 614 patients were randomised: 307 patients to lenalidomide and 307 patients to placebo.

The study was stratified according to the recommendations of the data monitoring committee after surpassing the threshold for a preplanned interim analysis of PFS. After unblinding, patients receiving placebo were not crossed over to lenalidomide therapy prior to progressive disease. The lenalidomide arm was discontinued, as a proactive safety measure, after observing an imbalance of SPMs (see Section 4.4).

The results of PFS at unblinding, following a preplanned interim analysis, using a cut-off of 17 July 2010 (31.4 months follow up) showed a 48% reduction in risk of disease progression or death favouring lenalidomide (HR = 0.52; 95% CI 0.41, 0.66; p < 0.001). The median overall PFS was 40.1 months (95% CI 35.7, 42.4) in the lenalidomide arm versus 22.8 months (95% CI 20.7, 27.4) in the placebo arm.

The PFS benefit was less in the subgroup of patients with CR than in the subgroup of patients who had not achieved a CR.

The updated PFS, using a cut-off of 1 February 2016 (96.7 months follow up) continues to show a PFS advantage for PFS (HR 0.57 (95% CI 0.47, 0.68; p < 0.001). The median overall PFS was 44.4 months (95.6, 52.0) in the lenalidomide arm versus 23.8 months (95% CI 21.2, 27.3) in the placebo arm. For PF52, the observed HR was 0.80 (95% CI 0.66, 0.98; p = 0.026) for lenalidomide versus placebo. The median overall PFS was 69.9 months (95% CI 58.1, 80.0) in the lenalidomide arm versus 58.4 months (95% CI 51.1, 65.0) in the placebo arm. In OS, the observed HR was 0.90 (95% CI 0.72, 1.13; p = 0.35) for lenalidomide versus placebo. The median overall survival time was 105.9 months (95% CI 88.8, NE) in the lenalidomide arm versus 88.1 months (95% CI 80.7, 108.4) in the placebo arm.

• **Lenalidomide in combination with dexamethasone in patients who are not eligible for stem cell transplantation**

The safety and efficacy of lenalidomide was assessed in a Phase III, multicenter, randomised, open-label, 3-arm study (MM-202) for patients who were at least 65 years of age or older or, if younger than 65 years of age, were not candidates for stem cell transplantation because they declined to undergo stem cell transplantation or stem cell transplantation is not available to the patient due to cost or other reason. The study (MM-202) compared lenalidomide to dexamethasone (Dx) given for 2 different durations of time (until progressive disease [Arm Rd] or for up to eighteen 28-day cycles [72 weeks; Arm Rd18]) to melphalan, prednisone and thalidomide (MPT) for a maximum of twelve 42-day cycles (72 weeks; Patients were randomised 1:1:1 to 1 of 3 treatment arms. Patients were stratified at randomisation by age (<75 versus > 75 years), stage (IS Stages I and II versus Stage III), and country.

Patients in the Rd and Rd18 arms took lenalidomide 25 mg once daily on days 1 to 21 of 28-day cycles according to protocol arm. Dexamethasone 40 mg was dosed once daily on days 1, 8, 15, and 22 of each 28-day cycle. Initial dose of Dx was 40 mg for Rd and Rd18 were adjusted according to cost or renal function (see section 4.4). Patients > 75 years received a dexamethasone dose of 20 mg once daily on days 1, 8, 15 and 22 of each 28-day cycle. All patients received prophylactic anticoagulation (low molecular weight heparin, warfarin, heparin, low-dose aspirin) during the study.

The primary efficacy endpoint in the study was progression free survival (PFS). In total 1623 patients were enrolled into the study, with 535 patients randomised to Rd, 541 patients randomised to Rd18 and 547 patients randomised to MPT. The demographics and disease-related baseline characteristics of the patient were well balanced in all 3 arms. In general, study subjects had advanced-stage disease: of the total study population, 41% had ISS stage II, 5% had severe renal insufficiency (creatinine clearance [CLcr] < 30 ml/min). The median age was 73 in the 3 arms.

In an updated analysis of PFS, PF52 and OS using a cut off of 3 March 2014 the median follow-up time for all surviving subjects was 45.5 months, the results of the study are presented in Table 4:

Table 4: Summary of overall efficacy data	Rd (N = 535)	Rd18 (N = 541)	MPT (N = 547)
Investigator-assessed PFS - (months)			
Median [†] PFS time, months (95% CI) [†]	26.0 (20.7, 29.7)	21.0 (19.7, 22.4)	21.9 (19.8, 23.9)
HR [95% CI] [†] ; p-value [†]	0.69 (0.59, 0.80); <0.001		
Rd vs MPT	0.71 (0.61, 0.83); <0.001		
Rd18 vs MPT	0.99 (0.86, 1.14); 0.866		
PF52[†] - (months)			
Median [†] PF52 time, months (95% CI) [†]	42.9 (38.1, 47.4)	40.0 (36.2, 44.2)	35.0 (30.4, 37.8)
HR [95% CI] [†] ; p-value [†]	0.74 (0.63, 0.86); <0.001		
Rd vs MPT	0.92 (0.78, 1.08); 0.316		
Rd18 vs MPT	0.80 (0.69, 0.93); 0.004		
Overall survival (months)			
Median [†] OS time, months (95% CI) [†]	58.9 (56.0, NE)	56.7 (50.1, NE)	48.5 (44.2, 52.0)
HR [95% CI] [†] ; p-value [†]	0.75 (0.62, 0.90); 0.002		
Rd vs MPT	0.91 (0.75, 1.09); 0.305		
Rd18 vs MPT	0.83 (0.69, 0.99); 0.034		
Follow-up (months)			
Median [†] (min, max); all patients	40.8 (0.0, 65.9)	40.1 (0.4, 65.7)	38.7 (0.0, 64.2)
Myeloma response[†] n (%)			
CR	81 (15.1)	77 (14.2)	51 (9.3)
VGPR	152 (28.4)	154 (28.5)	103 (18.8)
PR	169 (31.6)	166 (30.7)	187 (34.2)
Overall response: CR, VGPR, or PR	402 (75.1)	397 (73.4)	341 (62.3)
Duration of response - (months)[†]			
Median [†] (95% CI) [†]	35.0 (27.9, 43.4)	22.1 (20.3, 24.0)	22.3 (20.2, 24.9)