

## Proton Pump Inhibitor

**Pariet® 10 mg / Pariet® 20 mg**  
TABLETS

&lt;Rabeprazole Sodium Preparation&gt;

**1. TRADE NAME OF THE MEDICINAL PRODUCT**

PARIET® 10 mg Tablets,

PARIET® 20 mg Tablets,

**2. QUALITATIVE AND QUANTITATIVE COMPOSITION**

One tablet contains:

9.42 mg rabeprazole as 10 mg rabeprazole sodium

18.85 mg rabeprazole as 20 mg rabeprazole sodium

**3. PHARMACEUTICAL FORM**

Gastro-resistant tablets,

**4. CLINICAL PARTICULARS****4.1 Therapeutic Indications**

PARIET® tablets are indicated for the treatment of:

- Prevention of gastric and duodenal ulcer recurrences associated with low-dose aspirin therapy
- Active duodenal ulcer
- Active benign gastric ulcer
- Symptomatic erosive or ulcerative gastro-esophageal reflux disease (GERD)
- Gastro-esophageal Reflux Disease Long-term Management (GERD Maintenance)
- Symptomatic treatment of moderate to very severe gastro-esophageal reflux disease (symptomatic GERD)
- In combination with appropriate antibacterial therapeutic regimens for the eradication of *Helicobacter pylori* in patients with peptic ulcer disease. See section 4.2

**4.2 Posology and Method of Administration**

Adults/elderly:

*Prevention of gastric and duodenal ulcer recurrences associated with low-dose aspirin therapy:*

The usual dosage for adults is 5mg rabeprazole sodium administered orally once daily. The dosage

may be increased to 10mg administered orally once a day in the event of insufficient effect.

*Active Duodenal Ulcer, Active Benign Gastric Ulcer and Erosive or Ulcerative Gastro-Esophageal**Reflux Disease (GERD):* The usual adult dose is 10mg rabeprazole sodium administered orally

once daily. However, the dosage may be increased up to 20mg orally once a day depending on

severity of symptoms. For the treatment of active benign gastric ulcer and symptomatic erosive or

ulcerative GERD, the usual administration should be restricted to up to 8 weeks, and for active

duodenal ulcer, 6 weeks.

A dose of 10mg twice daily for a further 8 weeks may be administered orally to reflux esophagitis

patients who do not respond to usual doses of proton pump inhibitor treatment. However, dose of

20mg twice daily may be administered to patients with severe mucosa injury.

*Gastro-Esophageal Reflux Disease Long-term Management (GERD Maintenance):* For long-term

management, a maintenance dose of PARIET® 20 mg or 10 mg once daily can be used depending

upon patient response.

For the maintenance therapy of reflux esophagitis when proton pump inhibitor treatment is

ineffective, dose of 10 mg twice daily may be administered orally.

*Symptomatic treatment of moderate to very severe gastro-esophageal reflux disease**(Symptomatic GERD):* 10mg once daily in patients without esophagitis. If symptom control has not

been achieved during four weeks, the patient should be further investigated. Once

symptoms have resolved, subsequent symptom control can be achieved using an on-demand

regimen taking 10mg once daily when needed.

*Eradication of H. pylori:* Patients with *H. pylori* infection should be treated with eradication therapy.

The following combination given for 7 days is recommended.

PARIET® 20mg twice daily + clarithromycin 500mg twice daily and amoxicillin 1g twice daily.

For indications requiring once daily treatment PARIET® tablets should be taken in the morning,

before eating; and although neither the time of day nor food intake was shown to have any effect

on rabeprazole sodium activity, this regimen will facilitate treatment compliance.

Patients should be cautioned that the PARIET® tablets should not be chewed or crushed, but

should be swallowed whole.

Renal and hepatic impairment:

No dosage adjustment is necessary for patients with renal or hepatic impairment.

See section 4.4 Special Warnings and Precautions for Use of PARIET® in the treatment of patients

with severe hepatic impairment.

Children:

PARIET® is not recommended for use in children, as there is no experience of its use in this group.

**4.3 Contraindications**

PARIET® is contra-indicated in patients with known hypersensitivity to rabeprazole sodium,

substituted benzimidazoles or to any excipient used in the formulation. PARIET® is contra-indicated

in pregnancy and during breast feeding.

**4.4 Special Warnings and Precautions for Use**

Symptomatic response to therapy with rabeprazole sodium does not preclude the presence of

gastric or esophageal malignancy, therefore the possibility of malignancy should be excluded prior

to commencing treatment with PARIET®.

For prevention of gastric and duodenal ulcer recurrences associated with low-dose aspirin

therapy, administer PARIET® in patients who are continuously receiving low-dose aspirin to

prevent thrombosis or embolism formation, and confirm whether the patient has a history of

gastric ulcer or duodenal ulcer before starting administration.

Patients on long-term treatment (particularly those treated for more than a year) should be kept

under regular surveillance.

Bone Fracture: Several published observational studies suggest that proton pump inhibitor (PPI)

therapy may be associated with an increased risk for osteoporosis-related fractures of the hip,

wrist, or spine. The risk of fracture was increased in patients who received high-dose, defined as

multiple daily doses, and long-term PPI therapy (a year or longer). Patients should use the lowest

dose and shortest duration of PPI therapy appropriate to the condition being treated. Patients at

risk for osteoporosis-related fractures should be managed according to established treatment

guidelines.

Hypomagnesemia, symptomatic and asymptomatic, has been reported rarely in patients treated

with the proton pump inhibitors (PPIs) for at least three months, in most cases after a year of

therapy. PARIET® is the member of PPIs. Serious adverse events include tetany, arrhythmias, and

seizures. In most patients, treatment of hypomagnesemia required magnesium replacement and

discontinuation of the PPI.

For patients expected to be on prolonged treatment or who take PPIs with medications such as

digoxin or drugs that may cause hypomagnesemia (e.g., diuretics), health care professionals may

consider monitoring magnesium levels prior to initiation of PPI treatment and periodically.

No evidence of significant drug related safety problems was seen in a study of patients with mild

to moderate hepatic impairment versus normal age and sex matched controls. However

because there are no clinical data on the use of PARIET® in the treatment of patients with severe

hepatic dysfunction the prescriber is advised to exercise caution when treatment with PARIET®

is first initiated in such patients.

Published observational studies suggest that proton pump inhibitor (PPI) therapy like PARIET

may be associated with an increased risk of Clostridium difficile associated diarrhea (CDAD), especially

in hospitalized patients. This diagnosis should be considered for diarrhea that does not improve

(see section 4.8).

Patients should use the lowest dose and shortest duration of PPI therapy appropriate to the condition being

treated.

CDAD has been reported with use of nearly all antibacterial agents. For more information specific to antibacterial

agents (clarithromycin and amoxicillin) indicated for use in combination with PARIET, refer to WARNINGS and

PRECAUTIONS sections of those package inserts.

Literature suggests that concomitant use of PPIs with methotrexate (primarily at high dose; see methotrexate

prescribing information) may elevate and prolong serum levels of methotrexate and/or its metabolite, possibly

leading to methotrexate toxicities. In high-dose methotrexate administration a temporary withdrawal of the PPI

may be considered in some patients (see section 4.5).

Cutaneous lupus erythematosus (CLE) and systemic lupus erythematosus (SLE) have been reported in

patients taking PPIs. These events have occurred as both new onset and an exacerbation of existing

autoimmune disease. The majority of PPI-induced lupus erythematosus cases were CLE.

The most common form of CLE reported in patients treated with PPIs was subacute CLE (SCLE) and occurred

within weeks to years after continuous drug therapy in patients ranging from infants to the elderly. Generally,

histological findings were observed without organ involvement.

Systemic lupus erythematosus (SLE) is less commonly reported than CLE in patients receiving PPIs. PPI

associated SLE is usually milder than non-drug induced SLE. Onset of SLE typically occurred within days to

years after initiating treatment primarily in patients ranging from young adults to the elderly. The majority of

patients presented with rash; however, arthralgia and cytopenia were also reported.

Avoid administration of PPIs for longer than medically indicated. If signs or symptoms consistent with CLE or

SLE are noted in patients receiving PARIET®, discontinue the drug and refer the patient to the appropriate

specialist for evaluation. Most patients improve with discontinuation of the PPI alone in 4 to 12 weeks.

Serological testing (e.g., Antinuclear antibody) may be positive and elevated serological test results may take

longer to resolve than clinical manifestations.

Long term PPI use, including rabeprazole, appears to be associated with an increased risk of fundic gland

polyps. Most fundic gland polyps are asymptomatic. Patients with large or ulcerated polyps may be at risk of

gastrointestinal bleeding or small intestinal blockage. Use the lowest dose and shortest duration of PPI therapy

appropriate to the condition being treated.

**4.5 Interaction with other Medicaments and other forms of Interaction**

Rabeprazole sodium, as is the case with other members of PPI class of compounds, is metabolized through the

cytochrome P450 (CYP450) hepatic drug metabolizing system. Studies in healthy subjects have shown

that rabeprazole sodium does not have clinically significant interactions with the drugs studied including

warfarin, phenytoin, theophylline or diazepam metabolized by the CYP450 system.

Rabeprazole sodium produces a profound and long lasting inhibition of gastric acid secretion. An interaction

with compounds whose absorption is pH dependent may occur, therefore the potential for such interaction was

investigated. Co-administration of rabeprazole sodium results in a 33% decrease in ketconazole levels and

a 22% increase in trough digoxin levels in normal subjects. Therefore individual patients may need to be

monitored to determine if a dosage adjustment is necessary when such drugs are taken concomitantly with

PARIET®.

In clinical trials, antacids were used concomitantly with the administration of PARIET® and, in a specific study

designed to define this interaction, no interaction with liquid antacids was observed. There was no

clinically relevant interaction with food.

*In vitro* studies with human liver microsomes indicated that rabeprazole sodium is metabolized by isoenzymes

of CYP450 (CYP2C19 and CYP3A4). In these studies, at expected human plasma concentrations rabeprazole

neither induces nor inhibits CYP3A4, and although *in vitro* studies may not always be predictive of *in vivo*

status these findings indicate that no interaction is expected between rabeprazole and cyclosporin.

Co-administration of atazanavir 300 mg/ritonavir 100 mg with omeprazole (40 mg once daily) or atazanavir

400 mg with lansoprazole (60 mg once daily) to healthy volunteers resulted in a substantial reduction in

atazanavir exposure. The absorption of atazanavir is pH dependent. Although co-administration with

rabeprazole was not studied, similar results are expected with other proton pump inhibitors. Therefore PPIs,

including rabeprazole, should not be coadministered with atazanavir.

Gastric acid antisecretory effect of PARIET may increase intragastric pH and reduce solubility of rilpivirine

hydrochloride, resulting in a decrease in the blood concentration of rilpivirine hydrochloride.

Case reports, published population pharmacokinetic studies, and retrospective analyses suggest that

concomitant administration of PPIs and methotrexate (primarily at high dose; see methotrexate prescribing

information) may elevate and prolong serum levels of methotrexate and/or its metabolite hydroxymethotrexate.

However, no formal drug interaction studies of methotrexate with PPIs have been conducted (see section 4.4).

**4.6 Pregnancy and Lactation**

Pregnancy:

There are no data on the safety of rabeprazole in human pregnancy.

Reproduction studies performed in rats and rabbits have revealed no evidence of impaired fertility or harm to

the fetus due to rabeprazole sodium, although low fetoplacental transfer occurs in rats. PARIET® is

contraindicated during pregnancy.

Lactation:

It is not known whether rabeprazole sodium is excreted in human breast milk. No studies in lactating women

have been performed. Rabeprazole sodium is however excreted in rat mammary secretions. Therefore

PARIET® should not be used during breast feeding.

**4.7 Effects on ability to Drive and use Machines**

Based on the pharmacodynamic properties and the adverse events profile, it is unlikely that PARIET® would

cause an impairment of driving performance or compromise the ability to use machinery. If however, alertness

is impaired due to somnolence, it is recommended that driving and operating complex machinery be avoided.

**4.8 Undesirable Effects**

The most commonly reported adverse drug reactions, during controlled clinical trials with rabeprazole were

headache, diarrhoea, abdominal pain, asthenia, flatulence, rash and dry mouth. The majority of adverse

events experienced during clinical studies were mild or moderate in severity, and transient in nature.

The following adverse events have been reported from clinical trial and post-marketed experience.

Frequencies are defined as: very common (≥1/10), common (≥1/100, &lt;1/10), uncommon (≥1/1,000, &lt;1/100),

rare (≥1/10,000, &lt;1/1000) and very rare (&lt;1/10,000).

| System Organ Class                              | Very Common                | Common                           | Uncommon                | Rare                                                          | Very Rare | Not Known                                    |
|-------------------------------------------------|----------------------------|----------------------------------|-------------------------|---------------------------------------------------------------|-----------|----------------------------------------------|
| Infections and infestations                     |                            | Infection                        |                         |                                                               |           |                                              |
| Blood and the lymphatic system disorders        |                            |                                  |                         | Neutropenia<br>Leucopenia<br>Thrombocytopenia<br>Leucocytosis |           |                                              |
| Cardiovascular disorders                        | Increase in blood pressure | Palpitations                     |                         |                                                               |           |                                              |
| Immune system disorders                         |                            |                                  |                         | Hypersensitivity <sup>1,2</sup>                               |           | Systemic lupus erythematosus <sup>4</sup>    |
| Metabolism and nutrition disorders              |                            |                                  |                         | Anorexia<br>Hypomagnesemia                                    |           | Hyponatremia<br>Hypomagnesaemia <sup>4</sup> |
| Psychiatric disorders                           |                            | Insomnia                         | Nervousness             | Depression                                                    |           | Confusion                                    |
| Nervous system disorders                        |                            | Headache<br>Dizziness            | Somnolence              |                                                               |           |                                              |
| Eye disorders                                   |                            |                                  |                         | Visual disturbance<br>Blurred vision                          |           | Peripheral oedema                            |
| Vascular disorders                              |                            |                                  |                         |                                                               |           |                                              |
| Respiratory, thoracic and mediastinal disorders |                            | Cough<br>Pharyngitis<br>Rhinitis | Bronchitis<br>Sinusitis |                                                               |           |                                              |

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| System Organ Class                                     | Very Common            | Common                                                                                                          | Uncommon                                       | Rare                                                         | Very Rare                                                                             | Not Known                                  |
|--------------------------------------------------------|------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------|
| Gastrointestinal disorders                             | Stomatitis             | Diarrhoea<br>Vomiting<br>Nausea<br>Abdominal pain<br>Constipation<br>Flatulence<br>Fundic gland polyps (benign) | Dyspepsia<br>Dry mouth<br>Erectile dysfunction | Gastritis<br>Taste disturbance                               |                                                                                       |                                            |
| Hepato-biliary disorders                               |                        |                                                                                                                 |                                                | Hepatitis<br>Jaundice<br>Hepatic encephalopathy <sup>3</sup> |                                                                                       |                                            |
| Skin and subcutaneous tissue disorders                 |                        | Rash<br>Erythema <sup>2</sup>                                                                                   |                                                | Pruritus<br>Sweating<br>Bullous reactions <sup>2</sup>       | Erythema multiforme, toxic epidermal necrolysis (TEN), Stevens-Johnson syndrome (SJS) | Cutaneous lupus erythematosus <sup>4</sup> |
| Musculo-skeletal, connective tissue and bone disorders | Non-specific Back pain | Myalgia<br>Leg cramps<br>Arthralgia<br>Fracture of the hip, wrist or spine <sup>4</sup>                         |                                                |                                                              |                                                                                       |                                            |
| Renal and urinary disorders                            |                        | Urinary tract infection                                                                                         |                                                | Interstitial nephritis                                       |                                                                                       | Acute kidney injury                        |
| Reproductive system and breast disorders               |                        |                                                                                                                 |                                                |                                                              |                                                                                       | Gynaecomastia                              |
| General disorders and administration site conditions   |                        | Asthma<br>Influenza like illness                                                                                | Chest pain<br>CIBs<br>Pyrexia                  |                                                              |                                                                                       |                                            |
| Investigations                                         |                        |                                                                                                                 | Increased hepatic enzymes <sup>3</sup>         | Weight increased                                             |                                                                                       |                                            |

<sup>1</sup> Includes facial swelling, hypotension and dyspnoea<sup>2</sup> Erythema, bullous reactions and hypersensitivity reactions have usually resolved after discontinuation of therapy.<sup>3</sup> Rare reports of hepatic encephalopathy have been received in patients with underlying cirrhosis. In treatment of patients

with severe hepatic dysfunction the prescriber is advised to exercise caution when treatment with PARIET is first initiated in such patients (see section 4.4).

<sup>4</sup> See Special Warnings and Precautions for Use (section 4.4)

Pneumonia and TSH elevations have also been reported from worldwide marketing experience with rabeprazole sodium.

**4.9 Overdose**

Experience to date with deliberate or accidental overdose is limited. The maximum established exposure has

not exceeded 60mg twice daily, or 160mg once daily. Effects are generally minimal, representative of the

known adverse event profile and reversible without further medical intervention. No specific antidote is known.

Rabeprazole sodium is extensively protein bound and is, therefore, not readily dialysable. As in any case of

overdose, treatment should be symptomatic and general supportive measures should be utilized.

**5. PHARMACOLOGICAL PROPERTIES****5.1 Pharmacodynamic Properties**

ATC code: A02B C04

*Mechanism of Action:* Rabeprazole sodium belongs to the class of anti-secretory compounds, thesubstituted benzimidazoles, that do not exhibit anticholinergic or H<sub>2</sub> histamine antagonist properties, butsuppress gastric acid secretion by the specific inhibition of the H<sup>+</sup>K<sup>+</sup>-ATPase enzyme (the acid or proton

pump). The effect is dose-related and leads to inhibition of both basal and stimulated acid secretion

irrespective of the stimulus. Animal studies indicate that after administration, rabeprazole sodium rapidly

disappears from both the plasma and gastric mucosa. As a weak base, rabeprazole is rapidly absorbed

following all doses and is concentrated in the acid environment of the parietal cells. Rabeprazole is

converted to the active sulphenamide form through protonation and it subsequently reacts with the

available cysteines on the proton pump.

*Anti-secretory Activity:* After oral administration of a 20 mg dose of rabeprazole sodium the onset of the

anti-secretory effect occurs within one hour, with the maximum effect occurring within two to four hours.

Inhibition of basal and food stimulated acid secretion 23 hours after the first dose of sodium rabeprazole are

69% and 82% respectively and the duration of inhibition lasts up to 48 hours. The inhibitory effect of sodium

rabeprazole on acid secretion increases slightly with repeated once-daily dosing, achieving steady state

inhibition after three days. When the drug is discontinued, secretory activity normalizes over 2 to 3 days.

Decreased gastric acidity due to any means, including proton pump inhibitors such as rabeprazole, increases

counts of bacteria normally present in the gastrointestinal tract. Treatment with proton pump inhibitors may

possibly increase the risk of gastrointestinal infections such as *Salmonella*, *Campylobacter* and *Clostridium difficile*.*Intragastric pH Effects:* Administration of PARIET® at 5, 10 and 20 mg once a day all resulted in a significantly

increased intragastric pH in healthy adult men. The proportion of time that showed a pH of 4 or above in the

period of 24 hours on day 5 of administration was 46% and 63% for EM and PM at 5 mg once a day,

respectively, 58% and 72% for EM and PM at 10 mg once a day, respectively, and 61% and 76% for EM and

PM at 20 mg once a day, respectively (see section 5.2).

*Serum Gastrin Effects:* In clinical studies patients were treated once daily with 10 or 20 mg rabeprazole

sodium, for up to 43 months duration. Serum gastrin levels increased during the first 2 to 8 weeks reflecting

the inhibitory effects on acid secretion and remained stable while treatment was continued. Gastrin values

returned to pre-treatment levels, usually within 1 to 2 weeks after discontinuation of therapy.

Human gastric biopsy specimens from the antrum and the fundus from over 500 patients receiving

rabeprazole or comparator treatment for up to 8 weeks have not detected changes in ECL cell histology,

degree of gastritis, incidence of atrophic gastritis, intestinal metaplasia or distribution of *H. pylori* infection. In

over 250 patients followed for 36 months of continuous therapy, no significant change in findings present at

baseline was observed.

*Other Effects:* Systemic effects of rabeprazole sodium in the CNS, cardiovascular and respiratory systems

have not been found to date. Rabeprazole sodium, given in oral doses of 20 mg for 2 weeks, had no effect

on thyroid function, carbohydrate metabolism, or circulating levels of parathyroid hormone, cortisol, estrogen,

testosterone, prolactin, cholecystokinin, secretin, glucagon, follicle stimulating hormone (FSH), luteinizing

hormone (LH), renin, aldosterone or somatotrophic hormone.

**Clinical Efficacy***Prevention of gastric and duodenal ulcer recurrences associated with low-dose aspirin therapy (Study 308)*

The table below shows cumulative rates of recurrence for gastric and duodenal ulcer at 24 weeks after

administration estimated using the Kaplan-Meier method in a double-blind comparative study involving

patients requiring