# Idacio®

Adalimumab

## **PRODUCT NAME**

Idacio solution for injection in pre-filled syringe 40mg/0.8ml Idacio solution for injection in pre-filled pen 40mg/0.8ml Idacio solution for injection for paediatric use 40mg/0.8ml

# **Trade Name**

Idacio®

Idacio (adalimumab) is a biosimilar medicine to the reference product Humira®.

## **QUALITATIVE AND QUANTITATIVE COMPOSITION**

Idacio solution for injection in pre-filled syringe 40mg/0.8ml Each 0.8 ml single dose pre-filled syringe contains 40 mg of adalimumab.

Idacio solution for injection in pre-filled pen 40mg/0.8ml Each 0.8 ml single dose pre-filled pen contains 40 mg of adalimumab.

Idacio solution for injection for paediatric use 40mg/0.8ml Each 0.8 ml single dose vial contains 40 mg of adalimumab.

Adalimumab is a recombinant human monoclonal antibody produced in Chinese Hamster Ovary cells.

#### PHARMACEUTICAL FORM

Solution for injection (injection). Clear, colourless solution.

## **CLINICAL PHARMACOLOGY**

#### General

Adalimumab binds specifically to TNF and neutralizes the biological function of TNF by blocking its interaction with the p55 and p75 cell surface TNF receptors. TNF is a naturally occurring cytokine that is involved in normal inflammatory and immune responses. Elevated levels of TNF are found in the synovial fluid of rheumatoid arthritis, including juvenile idiopathic arthritis, psoriatic arthritis and ankylosing spondylitis patients and play an important role in both the pathologic inflammation and the joint destruction that are hallmarks of these diseases. Increased levels of TNF are also found in hidradenitis suppurativa (HS) lesions. The relationship between these pharmacodynamic activities and the mechanism(s) by which adalimumab exerts its clinical effects is unknown.

Adalimumab also modulates biological responses that are induced or regulated by TNF, including changes in the levels of adhesion molecules responsible for leukocyte migration (ELAM-1, VCAM-1, and ICAM-1 with an IC $_{50}$  of 1-2 X  $10^{-10}$ M).

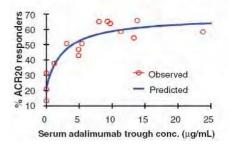
## **Pharmacodynamics**

In the in vitro studies to compare biological activity of Idacio and Humira, ADCC biosimilarity was shown when the assay was run under the most physiologically relevant conditions.

After treatment with adalimumab, a rapid decrease in levels of acute phase reactants of inflammation (C-reactive protein (CRP) and erythrocyte sedimentation rate (ESR)) and serum cytokines (IL-6) was observed compared to baseline in patients with RA. A decrease in CRP levels was also observed in patients with JIA, Crohn's disease, ulcerative colitis and hidradenitis suppurative as well as a significant reduction in the expression of the TNF and inflammatory markers such as human leucocyte antigen (HLA-DR) and myeloperoxidase (MPO) in the colon of patients with Crohn's disease. Serum levels of matrix metalloproteinases (MMP-1 and MMP-3) that produce tissue remodeling responsible for cartilage destruction were also decreased after adalimumab administration. Patients with RA, PsA and AS often experience mild to moderate anemia and decreased lymphocyte counts, as well as elevated neutrophil and platelet counts. Patients treated with adalimumab usually experienced improvement in these hematological signs of chronic inflammation.

The serum adalimumab concentration-efficacy relationship as measured by the American College of Rheumatology response criteria (ACR 20) appears to follow the Hill  $E_{max}$  equation as shown below:





EC<sub>50</sub> estimates ranging from 0.8 to 1.4 mcg/mL were obtained through pharmacokinetic / pharmacodynamic modeling of swollen joint count, tender joint count and ACR 20 response from patients participating in Phase II and III trials.

## **Pharmacokinetics**

The pharmacokinetics of Idacio are similar to Humira.

PK equivalence criteria were met in the comparative pharmacokinetic study between Idacio and Humira, and for all primary PK parameters, Cmax, AUC<sub>inf</sub> and AUC<sub>last</sub> 90 % CI for the corresponding geometric mean ratios were all within the acceptance margins of

#### Absorption

Following a single 40 mg subcutaneous (SC) administration of adalimumab to 59 healthy adult subjects, absorption and distribution of adalimumab was slow, with mean peak serum concentration being reached about five days after administration. The average absolute bioavailability of adalimumab estimated from three studies following a single 40 mg subcutaneous dose was 64%

#### Distribution and Elimination

The single dose pharmacokinetics of adalimumab were determined in several studies with intravenous doses ranging from 0.25 to 10 mg/kg. The distribution volume ( $V_{ss}$ ) ranged from 4.7 to 6.0 L, indicating that adalimumab distributes approximately equally between the vascular and extravascular fluids. Adalimumab is slowly eliminated, with clearances typically under 12 mL/h. The mean terminal phase half-life was approximately two weeks, ranging from 10 to 20 days across studies. The clearance and half-life were relatively unchanged over the studied dose range, and the terminal half-life was similar after IV and SC administration. Adalimumab concentrations in the synovial fluid from several RA patients ranged from 31 to 96% of those in serum.

#### Steady-state pharmacokinetics

Accumulation of adalimumab was predictable based on the half-life following SC administration of 40 mg of adalimumab every other week to patients with RA, with mean steady-state trough concentrations of approximately 5 mcg/mL (without concomitant methotrexate (MTX)) and 8 to 9 mcg/mL (with concomitant MTX), respectively. The serum adalimumab trough levels at steady state increased approximately proportionally with dose following 20, 40 and 80 mg every other week and every week SC dosing. In long-term studies with dosing more than two years, there was no evidence of changes in clearance over time.

In patients with psoriasis, the mean steady-state trough concentration was 5 mcg/mL during adalimumab 40 mg eow without concomitant MTX treatment.

In patients with hidradenitis suppurativa, a dose of 160 mg adalimumab on Week 0 followed by 80 mg on Week 2 achieved serum adalimumab trough concentrations of approximately 7 to 8 mcg/mL at Week 2 and Week 4. The mean steady-state trough concentration at Week 12 through Week 36 were approximately 8 to 10 mcg/mL during adalimumab 40 mg every week treatment.

In patients with uveitis, a loading dose of 80 mg adalimumab on Week 0 followed by 40 mg adalimumab every other week starting at Week 1, resulted in mean steady-state concentrations of approximately 8 to 10 mcg/mL.

Population pharmacokinetic analyses with data from over 1200 patients revealed that co-administration of MTX had an intrinsic effect on adalimumab apparent clearance (CL/F) (see **DRUG INTERACTIONS**). As expected, there was a trend toward higher apparent clearance of adalimumab with increasing body weight and in the presence of anti-adalimumab antibodies.

Other more minor factors were also identified; higher apparent clearance was predicted in patients receiving doses lower than the recommended dose, and in patients with high rheumatoid factor or CRP concentrations. These factors are not likely to be clinically important.

In patients with Crohn's disease, the loading dose of 80 mg adalimumab on Week 0 followed by 40 mg adalimumab on Week 2 achieves serum adalimumab trough levels of approximately 5.5 mcg/mL during the induction period. A loading dose of 160 mg adalimumab on Week 0 followed by 80 mg adalimumab on Week 2 achieves serum adalimumab trough levels of approximately 12 mcg/mL during the induction period. Mean steady-state trough levels of approximately 7 mcg/mL were observed at Week 24 and Week 56 in Crohn's disease patients after receiving a maintenance dose of 40 mg adalimumab every other week.

In patients with ulcerative colitis, a loading dose of 160 mg adalimumab on Week 0 followed by 80 mg adalimumab on Week 2 achieves serum adalimumab trough concentrations of approximately 12 mcg/mL during the induction period. Mean steady-state trough levels of approximately 8 mcg/mL were observed in ulcerative colitis patients who received a maintenance dose of 40 mg adalimumab every other week.

# Special Populations

Pharmacokinetics in special populations were investigated using population pharmacokinetic analyses.

## Geriatrics

Age appeared to have a minimal effect on adalimumab apparent clearance. From the population analyses, the mean weight-adjusted clearances in patients 40 to 65 years (n=850) and ≥65 years (n=287) were 0.33 and 0.30 mL/h/kg, respectively.

## Pediatrics

Following the administration of 24 mg/m² (up to a maximum of 40 mg) subcutaneously every other week to patients with polyarticular juvenile idiopathic arthritis (JIA) who were 4 to 17 years, the mean trough steady-state (values measured from Week 20 to 48) serum adalimumab concentration was  $5.6 \pm 5.6$  µg/mL (102% CV) for adalimumab without concomitant MTX and  $10.9 \pm 5.2$  µg/mL (47.7% CV) with concomitant MTX. The mean steady-state trough serum adalimumab concentrations for patients weighing <30 kg receiving 20 mg adalimumab subcutaneously every other week without concomitant MTX or with concomitant MTX were 6.8 µg/mL and 10.9 µg/mL, respectively. The mean steady-state trough serum adalimumab concentrations for patients weighing ≥30 kg receiving 40 mg adalimumab subcutaneously every other week without concomitant MTX or with concomitant MTX were 6.6 µg/mL and 8.1 µg/mL, respectively. In patients with polyarticular JIA who were 2 to <4 years old or aged 4 and above weighing <15 kg dosed with adalimumab 24 mg/m², the mean trough steady-state serum adalimumab concentrations was  $6.0 \pm 6.1$  µg/mL (101% CV) for adalimumab without concomitant MTX and  $7.9 \pm 5.6$  µg/mL (71.2% CV) with concomitant MTX.

Following the administration of 24 mg/m $^2$  (up to a maximum of 40 mg) subcutaneously every other week to patients with enthesitis-related arthritis, the mean trough steady-state (values measured at Week 24) serum adalimumab concentrations were  $8.8 \pm 6.6 \,\mu\text{g/mL}$  for adalimumab without concomitant methotrexate and  $11.8 \pm 4.3 \,\mu\text{g/mL}$  with concomitant methotrexate.

In pediatric patients with moderately to severely active Crohn's disease, the open-label adalimumab induction dose was 160/80 mg or 80/40 mg at Weeks 0 and 2, respectively, dependent on a body weight cut-off of 40 kg. At Week 4, patients were randomized 1:1 to either the Standard Dose (40/20 mg eow) or Low Dose (20/10 mg eow) maintenance treatment groups based on their body weight. The mean ( $\pm$ SD) serum adalimumab trough concentrations achieved at Week 4 were 15.7 $\pm$ 6.6  $\mu$ g/mL for patients  $\geq$ 40 kg (160/80 mg) and 10.6 $\pm$ 6.1  $\mu$ g/mL for patients <40 kg (80/40 mg).

For patients who stayed on their randomized therapy, the mean ( $\pm$ SD) adalimumab trough concentrations at Week 52 were 9.5 $\pm$ 5.6  $\mu$ g/mL for the Standard Dose group and 3.5 $\pm$ 2.2  $\mu$ g/mL for the Low Dose group. The mean trough concentrations were maintained in patients who continued to receive adalimumab treatment eow for 52 weeks. For patients who dose escalated from eow to weekly regimen, the mean ( $\pm$ SD) serum concentrations of adalimumab at Week 52 were 15.3 $\pm$ 11.4  $\mu$ g/mL (40/20 mg, weekly) and 6.7 $\pm$ 3.5  $\mu$ g/mL (20/10 mg, weekly).

Following the administration of 0.8 mg/kg (up to a maximum of 40 mg) subcutaneously every other week to pediatric patients with chronic plaque psoriasis, the mean  $\pm$  SD steady-state adalimumab trough concentration was approximately 7.4  $\pm$  5.8  $\mu$ g/mL (79% CV).

Adalimumab exposure in adolescent hidradenitis suppurativa (HS) patients was predicted using population pharmacokinetic modeling and simulation based on cross-indication pharmacokinetics in other pediatric patients (pediatric psoriasis, juvenile idiopathic arthritis, pediatric Crohn's disease, and enthesitis-related arthritis). The recommended adolescent HS dosing schedule of 40 mg every other week is predicted to provide serum adalimumab exposure similar to that observed in adult HS patients receiving the recommended adult dose of 40 mg every week.

Adalimumab exposure in paediatric uveitis patients was predicted using population pharmacokinetic modelling and simulation based on cross-indication pharmacokinetics in other paediatric patients (paediatric psoriasis, juvenile idiopathic arthritis, paediatric Crohn's disease, and enthesitis-related arthritis). No clinical exposure data are available on the use of a loading dose in children < 6 years. The predicted exposures indicate that in the absence of methotrexate, a loading dose may lead to an initial increase in systemic exposure.

Following the subcutaneous administration of body weight-based dosing of 0.6 mg/kg (maximum of 40 mg) every other week to pediatric patients with ulcerative colitis, the mean trough steady-state serum adalimumab concentration was  $5.01\pm3.28~\mu\text{g/mL}$  at Week 52. For patients who received 0.6 mg/kg (maximum of 40 mg) every week, the mean ( $\pm$ SD) trough steady-state serum adalimumab concentration was  $15.7\pm5.60~\mu\text{g/mL}$  at Week 52.

#### Gender

No gender-related pharmacokinetic differences were observed after correction for a patient's body weight.

#### Race

No differences in immunoglobulin clearance would be expected among races. From limited data in non-Caucasians, no important kinetic differences were observed for adalimumab.

## Hepatic and Renal Insufficiency

No pharmacokinetic data are available in patients with hepatic or renal impairment.

#### Disease States

Healthy volunteers and patients with RA displayed similar adalimumab pharmacokinetics.

# CLINICAL STUDIES

## **COMPARABILITY OF IDACIO WITH HUMIRA**

# **Psoriasis**

## Study Results

Therapeutic equivalence was demonstrated between Idacio and Humira for the primary endpoint (PASI 75 response at Week 16). The 95 % stratified Newcombe CIs (PP: [-7.82 %, 4.07 %]; ITT: [-4.00 %, 9.57 %]) for the difference in the proportion of subjects achieving a PASI 75 response at Week 16 was well within the prespecified equivalence margin [-18 %, 18 %], thereby confirming therapeutic equivalence between the Idacio and groups.

Therapeutic equivalence was also demonstrated for the key secondary endpoint (percent change from Baseline in PASI score at Week 16) in the PP (95 % CI: -1.21 %, 2.98 %) and ITT Analysis Sets. Results were well within the prespecified equivalence margin [-15 %, 15 %] (Table 1).

All other secondary efficacy outcomes were similar across treatment groups and were supportive of the primary efficacy outcome.

Table 1. PASI 75 Response Rates at Week 16 (PP and ITT Analysis Sets)

	Idacio	Humira
PP Analysis Set (Primary Endpoint)	N=203	N=191
Subjects with PASI 75 at Week 16, n (%)	182 (89.7)	175 (91.6)
95 % stratified Newcombe CI (%)	-7.8	32, 4.07
ITT Analysis Set (Sensitivity Analysis,	N=222	N=221
Nonresponder Imputation)		
Subjects with PASI 75 at Week 16, n (%)	191 (86.0)	184 (83.3)
95 % stratified Newcombe CI (%)	-4.0	00, 9.57

## **CLINICAL TRIALS WITH HUMIRA**

## **ADULTS**

# **Rheumatoid Arthritis Clinical Studies**

Adalimumab was evaluated in over 3000 patients in all rheumatoid arthritis clinical trials. The efficacy and safety of adalimumab were assessed in five randomized, double-blind and well-controlled studies. Some patients were treated for up to 120 months duration. Injection site pain of adalimumab 40 mg/0.4 mL compared to adalimumab 40 mg/0.8 mL was assessed in two randomized, active control, single-blind, two period crossover studies.

RA Study I (DE009) evaluated 271 patients with moderately to severely active RA who were ≥18 years old, had failed therapy with at least one but no more than four disease-modifying anti-rheumatic drugs (DMARDs) (e.g., hydroxychloroquine, oral or injectable gold, azathioprine, D-penicillamine, sulfasalazine), and had insufficient efficacy with MTX at doses of 12.5 to 25 mg (10 mg if MTX-intolerant) every week and whose MTX dose remained constant at 10 to 25 mg every week. Patients had ≥6 swollen joints and ≥9 tender joints and RA diagnosed according to ACR criteria. Doses of 20, 40 or 80 mg of adalimumab or placebo were given every other week for 24 weeks.

RA Study II (DE011) evaluated 544 patients with moderately to severely active RA who were ≥18 years old and had failed therapy with at least one DMARD (e.g., MTX, sulfasalazine, hydroxychloroquine, oral or injectable gold, D-penicillamine, azathioprine). Patients had ≥10 swollen joints and ≥12 tender joints and were also diagnosed according to ACR criteria. Doses of 20 or 40 mg of adalimumab were given by SC injection every other week with placebo on alternative weeks or every week for 26 weeks; placebo was given every week for the same duration.

RA Study III (DE019) evaluated 619 patients with moderately to severely active RA who were ≥18 years old, had insufficient efficacy to MTX at doses of 12.5 to 25 mg (10 mg if MTX-intolerant) every week and whose MTX dose remained constant at 12.5 to 25 mg every week. Unlike RA Study I, patients in RA Study III were not required to have failed therapy with any DMARDs other than MTX. Patients had ≥6 swollen joints and ≥9 tender joints and RA diagnosed according to ACR criteria. There were three groups in this study. The first received placebo injections every week for 52 weeks. The second received 20 mg of adalimumab every week for 52 weeks. The third group received 40 mg of adalimumab every other week with placebo injections on alternate weeks. Upon completion of the first 52 weeks, 457 patients enrolled in an open-label extension phase in which 40 mg of adalimumab /MTX was administered every other week up to 10 years.

RA Study IV (DE031) assessed 636 patients with moderately to severely active RA who were ≥18 years old. These patients met the ACR criteria for diagnosis of RA for at least three months and had at least 6 swollen joints and 9 tender joints. Patients were permitted to be either DMARD-naive or to remain on their pre-existing rheumatologic therapy provided that therapy was stable for a minimum of 28 days. Patients were randomized to 40 mg of adalimumab or placebo every other week for 24 weeks.

RA Study V (DE013) evaluated 799 methotrexate-naive, adult patients with moderately to severely active early rheumatoid arthritis (mean disease duration less than 9 months). This study evaluated the efficacy of adalimumab 40 mg every other week/methotrexate combination therapy, adalimumab 40 mg every other week monotherapy and methotrexate monotherapy in reducing the signs and symptoms and rate of progression of joint damage in rheumatoid arthritis for 104 weeks. Upon completion of the first 104 weeks, 497 patients enrolled in an open-label extension phase in which 40 mg of adalimumab was administered every other week up to 10 years.

RA Studies VI and VII each evaluated 60 patients with moderately to severely active rheumatoid arthritis who were ≥ 18 years old. Enrolled patients were either current users of adalimumab 40 mg/0.8 mL and rated their average injection site pain as at least 3 cm (on a 0-10 cm VAS) or were biologic-naïve subjects who were starting adalimumab 40 mg/0.8 mL. Patients were randomized to receive a single dose of adalimumab 40 mg/0.8 mL or adalimumab 40 mg/0.4 mL, followed by a single injection of the opposite treatment at their next dose.

Results of all RA Study I-V were expressed in percentage of patients with improvement in RA using ACR response criteria. The primary end point in RA Studies I, II and III and the secondary endpoint in RA Study IV was the percent of patients who achieved an ACR 20 response at Week 24 or 26. The primary endpoint in RA Study V was the percent of patients who achieved an ACR 50 response at Week 52. RA Study III and V had an additional primary endpoint at 52 weeks of retardation of disease progression (as detected by x-ray results). RA Study III also had a primary endpoint of changes in quality of life. The primary endpoint in RA studies VI and VII was injection site pain immediately after injection as measured by a 0-10 cm VAS.

## Clinical Response

# RA Studies I, II and III

The percent of adalimumab treated patients achieving ACR 20, 50 and 70 responses was consistent across all three trials. The results of the three trials are summarized in Table 2.

Table 2: AC	R Responses in Pl	acebo-Controlled	Trials (Perce	nt of Patients)		
Response	RA Str	udy l <sup>a</sup> *	RA Stu	ıdy IIa*	RA St	udy III <sup>a</sup> *
	Placebo/	Adalimumab <sup>b</sup>	Placebo	Adalimumab <sup>b</sup>	Placebo/	Adalimumab b/
	MTX	MTX n=63			MTX	MTX
	n=60		n=110	n=113	n=200	n=207
ACR 20						
6 months	13.3%	65.1%	19.1%	46.0%	29.5%	63.3%
12 months	NA	NA	NA	NA	24.0%	58.9%
ACR 50						
6 months	6.7%	52.4%	8.2%	22.1%	9.5%	39.1%
12 months	NA	NA	NA	NA	9.5%	41.5%
ACR 70						
6 months	3.3%	23.8%	1.8%	12.4%	2.5%	20.8%
12 months	NA	NA	NA	NA	4.5%	23.2%

- RA Study I at 24 weeks, RA Study II at 26 weeks, and RA Study III at 24 and 52 weeks
- 40 mg adalimumab administered every other week p<0.01. adalimumab vs. placebo at all timepoints for ACR 20, 50, 70

Patients receiving adalimumab 40 mg every week in RA Study II also achieved statistically significant ACR 20, 50 and 70 response rates of 53.4%, 35.0% and 18.4%, respectively, at six months.

The results of the components of the ACR response criteria for RA Study III are shown in Table 3. The results depicted below are generally representative of each trial conducted.

In the open-label extension for RA Study III, most patients who were ACR responders maintained response when followed for up to 10 years. Of 207 patients who were randomized to adalimumab 40 mg every other week, 114 patients continued on adalimumab 40 mg every other week for 5 years. Among those, 86 patients (75.4%) had ACR 20 responses; 72 patients (63.2%) had ACR 50 responses; and 41 patients (36%) had ACR 70 responses. Of 207 patients, 81 patients continued on adalimumab 40 mg every other week for 10 years. Among those, 64 patients (79.0%) had ACR 20 responses; 56 patients (69.1%) had ACR 50 responses; and 43 patients (53.1%) had ACR 70 responses.

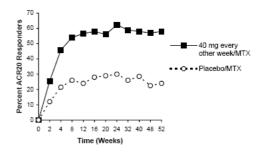
Table 3:	Components of AC	R Response	in RA Stud	y III		
Parameter (median)	Plac	ebo/MTX (N=	=200)	Adali	mumab a /MT	X (N=207)
	Baseline	Week 24	Week 52	Baseline	Week 24	Week 52
Number of tender joints (0-68)	26.0	15.0	15.0	24.0	8.0*	6.0*

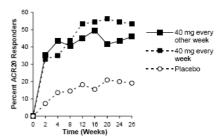
Number of swollen joints (0-66)	17.0	11.0	11.0	18.0	5.0*	4.0*
Physician global assessment disease activity <sup>b</sup>	63.0	35.0	38.0	65.0	20.0*	16.0*
Patient global assessment disease activity <sup>b</sup>	53.5	39.0	43.0	52.0	20.0*	18.0*
Pain <sup>b</sup>	59.5	38.0	46.0	58.0	21.0*	19.0*
Disability index (HAQ) <sup>c</sup>	1.50	1.25	1.25	1.50	0.75*	0.75*
CRP (mg/L)	10.0	9.0	9.0	10.0	4.0*	4.0*

<sup>&</sup>lt;sup>a</sup>40 mg adalimumab administered every other week

In RA Study III, 84.7% of patients with ACR 20 responses at Week 24 maintained the response at 52 weeks. The following figures illustrate the durability of ACR 20 responses to adalimumab in RA Studies III and II.

Figure 2: RA Study III ACR 20 Responses over 52 Weeks Figure 3: RA Study II ACR 20 Responses over 26 Weeks





## RA Study IV

The ACR 20 response of patients treated with adalimumab plus standard of care was statistically significantly better than patients treated with placebo plus standard of care (p<0.001). No unique adverse reactions related to the combination of adalimumab and other DMARDs were observed.

In RA Studies I-IV, adalimumab treated patients achieved ACR 20, 50 and 70 responses faster and more often than placebotreated patients. In RA Study I, there was a statistically significant difference in ACR 20 responses at week one (first study visit) between patients treated with adalimumab (26.0%) and placebo (5.0%). Statistically significant differences in ACR 20 responses were also seen in RA Studies II, III and IV at week two (first study visit) between patients treated with adalimumab (36.4%, 29.1% and 33.7%, respectively) and placebo (7.3%, 13.0% and 8.6%, respectively). A similar pattern of the time to first ACR 50 and 70 responses was noted in all four studies.

Some patients not taking concomitant MTX may derive additional benefit from increasing the dosing frequency of adalimumab to 40 mg every week. This was confirmed in a long-term open label study where patients with an incomplete response increased their dosing frequency from 40 mg every other week to 40 mg weekly.

## RA Study V

In RA Study V with early rheumatoid arthritis patients who were methotrexate naive, combination therapy with adalimumab and methotrexate led to faster and significantly greater ACR responses than methotrexate monotherapy and adalimumab monotherapy at Week 52 and responses were sustained through Week 104 (see Table 4).

At Week 52 all individual components of the ACR response criteria improved with adalimumab/methotrexate therapy and improvements were maintained to Week 104.

Over the two-year study, 48.5% of patients who received adalimumab/methotrexate combination therapy achieved a major clinical response (ACR 70 for six continuous months) compared to 27.2% of patients who received methotrexate monotherapy (p<0.001) and 24.5% of patients who received adalimumab monotherapy (p<0.001).

Tab	le 4: ACR Response in RA	Study V (Percent of Patier	nts)
Response	MTX <sup>b</sup> N=257	Adalimumab <sup>c</sup> N=274	Adalimumab /MTX N=268
ACR 20			
Week 52	63%	54%	73%
Week 104	56%	49%	69%
ACR 50			
Week 52	46%	41%	62%
Week 104	43%	37%	59%
ACR 70			
Week 52	27%	26%	46%
Week 104	28%	28%	47%
Major Clinical Response	1		
Week 104	28%	25%	49%

<sup>&</sup>lt;sup>a</sup> Major clinical response is defined as achieving an ACR 70 response for a continuous six month period

Response <sup>c</sup> p<0.001, adalimumab /MTX vs. adalimumab

bVisual analogue scale; 0 = best, 100 = worst

Disability Index of the Health Assessment Questionaire; 0 = best, 3 = worst, measures the patient's ability to perform

the following: dress/groom, arise, eat, walk, reach, grip, maintain hygiene, and maintain daily activity

<sup>\*</sup>p<0.01. adalimumab vs. placebo, based on mean change from baseline

<sup>&</sup>lt;sup>b</sup> p<0.05, adalimumab/MTX vs. MTX for ACR 20

p<0.001, adalimumab /MTX vs. MTX for ACR 50 and 70, and Major Clinical

patients who were randomized to adalimumab 40 mg every other week, 170 patients continued on adalimumab 40 mg every other week for 10 years. Among those, 154 patients (90.6%) had ACR 20 responses; 127 patients (74.7%) had ACR 50 responses; and 102 patients (60.0%) had ACR 70 responses.

At Week 52, 42.9% of patients who received adalimumab/methotrexate combination therapy achieved clinical remission (Disease Activity Score (DAS28)-CRP <2.6) compared to 20.6% of patients receiving methotrexate monotherapy and 23.4% of patients receiving adalimumab monotherapy. Adalimumab /methotrexate combination therapy was statistically and clinically superior to methotrexate (p<0.001) and adalimumab monotherapy (p<0.001) in achieving a low disease state in patients with recently diagnosed moderate to severe rheumatoid arthritis (see Table 5). Of 342 subjects originally randomized to adalimumab monotherapy or adalimumab /methotrexate combination therapy who entered the open-label extension study, 171 subjects completed 10 years of adalimumab treatment. Among those, 109 subjects (63.7%) were reported to be in remission at 10 years.

Table 5: DAS28 Res	ponses in RA St	udy V	
DAS28 Response	MTX N=257	Adalimumab N=274	Adalimumab /MTX N=268
Week 52			
Baseline (Mean)	6.3	6.4	6.3
Mean Change from Baseline (Mean ± SD)	-2.8 ± 1.4 <sup>a</sup>	-2.8 ± 1.5 <sup>b</sup>	-3.6 ± 1.3
Percent of Patients in Remission (DAS28<2.6)	20.6% <sup>a</sup>	23.4% <sup>b</sup>	42.9%*
Week 104			
Baseline (Mean)	6.3	6.3	6.3
Mean Change from Baseline (Mean ± SD)	-3.1 ± 1.4 <sup>a</sup>	-3.2 ± 1.4 <sup>b</sup>	-3.8 ± 1.3

## Radiographic Response

In RA Study III, where adalimumab treated patients had a mean duration of rheumatoid arthritis of approximately 11 years, structural joint damage was assessed radiographically and expressed as change in modified total Sharp score and its components, the erosion score and joint space narrowing score (JSN). Radiographs of hands/wrists and forefeet were read at baseline, 6 months and 12 months. The 12-month results are shown in Table 6. A statistically significant difference for change in modified total Sharp score (TSS) and the erosion score was observed at 6 months and maintained at 12 months. Adalimumab /MTX treated patients demonstrated less radiographic progression than patients receiving MTX alone at 52 weeks. The inhibition of progression of structural damage was maintained through 104 weeks.

	Placebo N=200	Adalimumab <sup>a</sup> N=207	Difference Between Adalimumab <sup>a</sup> and Placebo	p-value
Change in Modified Total Sharp Score (mean)	2.7	0.1	-2.6	<0.001 <sup>b</sup>
Change in Erosions (mean)	1.6	0.0	-1.6	<0.001
No New Erosions (% of Patients)	46.2	62.9	16.7	<0.001
Change in JSN Score (mean)	1.0	0.1	-0.9	0.002

In the open-label extension of RA Study III, the reduction in rate of progression of structural damage is maintained for 8 and 10 years in a subset of patients. At 8 years, 81 of 207 patients originally treated with adalimumab 40 mg every other week were evaluated radiographically. Among those, 48 patients showed no progression of structural damage defined by a change from baseline in the mTSS of 0.5 or less. At 10 years, 79 of 207 patients originally treated with adalimumab 40 mg every other week were evaluated radiographically. Among those, 40 patients showed no progression of structural damage defined by a change from baseline in the mTSS of 0.5 or less.

In RA Study V, structural joint damage was assessed as in RA Study III. Greater inhibition of radiographic progression, as assessed by changes in TSS, erosion score and JSN was observed in the adalimumab/MTX combination group as compared to either the MTX or adalimumab monotherapy group at Week 52 as well as at Week 104 (see Table7).

Table 7: Change in Modified Total		om Baseline at \n RA Study V	Weeks 52 and 104 (All F	Randomized	Subjects)
	MTX N=257	Adalimumab N=274	Adalimumab + MTX N=268	p-value <sup>a</sup>	p-value <sup>b</sup>
Week 52					
Baseline (mean)	21.8 ± 22.2	18.8 ± 19.0	18.1 ± 20.1		
Week 52 (mean)	27.6 ± 24.6	21.8 ± 19.7	19.4 ± 19.9	< 0.001	0.002
Change at Week 52 (mean ± SD)	5.7 ± 12.7	3.0 ± 11.2	1.3 ± 6.5		
Week 104					
Baseline (mean)	21.8 ± 22.2	18.8 ± 19.0	18.1 ± 20.1		
Week 104 (mean)	$32.3 \pm 30.0$	$24.3 \pm 23.2$	20.0 ± 20.5	<0.001	<0.001
Change at Week 104 (mean ± SD)	10.4 ± 21.7	5.5 ± 15.8	1.9 ± 8.3		

Note: Primary analysis imputation used for missing data.

- a. P-value is from the pairwise comparison of MTX monotherapy and adalimumab + MTX combination therapy using the Mann-Whitney Utest. b. P-value is from the pairwise comparison of adalimumab monotherapy and adalimumab + MTX combination therapy using the Mann-Whitney U

Following 52 weeks and 104 weeks of treatment, the percentage of patients without progression (change from baseline in modified total Sharp score <0.5) was significantly higher with adalimumab/MTX combination therapy (63.8% and 61.2% respectively) compared to methotrexate monotherapy (37.4% and 33.5% respectively, p<0.001) and adalimumab monotherapy (50.7%, p<0.002 and 44.5%, p<0.001 respectively). 6

In the open-label extension of RA study V, the mean change from baseline at Year 10 in the modified Total Sharp Score was 10.8, 9.2 and 3.9 in patients originally randomized to methotrexate monotherapy, adalimumab monotherapy and adalimumab /methotrexate combination therapy, respectively. The corresponding proportions of patients with no radiographic progression were 31.3%, 23.7% and 36.7% respectively.

# Quality of Life and Physical Function

Health-related quality of life was assessed using the disability index of the Health Assessment Questionnaire (HAQ) in the four original adequate and well-controlled trials, which was a pre-specified primary endpoint at Week 52 in RA Study III. All doses/schedules of adalimumab in all four studies showed statistically significantly greater improvement in the disability index of the HAQ from baseline to Month 6 compared to placebo. In RA Study III, the mean (CI) improvement in HAQ from baseline at week 52 was -0.60 (-0.65, -0.55) for the adalimumab /MTX patients and -0.25 (-0.33, -0.17) for placebo/MTX (p<0.001) patients. Sixty- three percent of adalimumab /MTX-treated patients achieved a 0.5 or greater improvement in HAQ at week 52 in the double-blind portion of the study. Most subjects who achieved improvement in physical function and continued treatment maintained improvement through week 520 (10 years) of open-label treatment. Improvement in quality of life as measured by SF 36 was assessed up to Week 156 (36 months) and improvement was maintained through that time.

The Short Form Health Survey (SF 36) was also used to assess general health-related quality of life in all four adequate and well-controlled trials. All doses/schedules of adalimumab in all four studies showed statistically significantly greater improvement in SF 36 physical component summary scores from baseline to Month 6 compared to placebo, and this was maintained at Week 52 in RA Study III. Mean improvement in the SF 36 was also maintained through the end of measurement at week 156 (36 months). The SF 36 mental component summary scores in RA Studies II and IV were also statistically significantly greater at Month 6 for adalimumab vs. placebo. The pain and vitality domain scores of the SF 36 showed statistically significantly greater improvement from baseline to Month 6 in all four studies for the 40 mg every other week dose of adalimumab compared to placebo. These findings were supported by functional assessment of chronic illness therapy (FACIT) scores that showed a statistically significant decrease in fatigue at Month 6 in all three studies analyzed that was maintained at Week 52 in RA Study III.

In RA Study V the improvement in the HAQ disability index and the physical component of the SF 36 was greater for the adalimumab /methotrexate combination therapy group versus both methotrexate and adalimumab monotherapy groups (p<0.001) at Week 52; this improvement was maintained through Week 104. Among the 250 subjects who completed the open-label extension study, improvements in physical function were maintained through 10 years of treatment.

#### Injection Site Pain

For the pooled crossover RA studies VI and VII, a statistically significant difference for injection site pain immediately after dosing was observed between adalimumab 40 mg/0.8 mL and adalimumab 40 mg/0.4 mL (mean VAS of 3.7 cm versus 1.2 cm, scale of 0-10 cm, P < 0.001). This represented an 84% median reduction in injection site pain.

#### **Psoriatic Arthritis Clinical Studies**

The safety and efficacy of adalimumab was assessed in two randomized, double-blind, placebo controlled studies in 413 patients with psoriatic arthritis. PsA Study I (M02-518) enrolled 313 adult patients with moderately to severely active psoriatic arthritis (>3 swollen and >3 tender joints) who had an inadequate response to NSAID therapy in one of the following forms: (1) distal interphalangeal (DIP) involvement (N=23); (2) polyarticular arthritis (absence of rheumatoid nodules and presence of psoriasis) (N=210); (3) arthritis mutilans (N=1); (4) asymmetric psoriatic arthritis (N=77); or (5) ankylosing spondylitis-like (N=2). Patients on MTX therapy (158 of 313 patients) at enrollment (stable dose of <30 mg/week for >1 month) could continue MTX at the same dose. Doses of adalimumab 40 mg or placebo every other week were administered during the 24-week double-blind period of the study. PsA Study II (M02-570) with 12-week duration, treated 100 patients who had an inadequate response to DMARD therapy. Upon completion of both studies, 383 patients enrolled in an open-label extension study, in which 40 mg adalimumab was administered eow.

## ACR and PASI Response

Compared to placebo, treatment with adalimumab resulted in improvements in the measures of disease activity (see Tables 8 and 9). Among patients with psoriatic arthritis who received adalimumab, the clinical responses were apparent in some patients at the time of the first visit (two weeks). Similar responses were seen in patients with each of the subtypes of psoriatic arthritis, although few patients were enrolled with the arthritis mutilans and ankylosing spondylitis-like subtypes. Responses were similar in patients who were or were not receiving concomitant MTX therapy at baseline.

Patients with psoriatic involvement of at least three percent body surface area (BSA) were evaluated for Psoriatic Area and Severity Index (PASI) responses. At 24 weeks, the proportions of patients achieving a 75% or 90% improvement in the PASI were 59% and 42% respectively, in the adalimumab group (N=69), compared to 1% and 0% respectively, in the placebo group (N=69) (p<0.001). PASI responses were apparent in some patients at the time of the first visit (two weeks). Responses were similar in patients who were or were not receiving concomitant MTX therapy at baseline.

Table 8: ACR Response in PsA Study I (Percent of Patients)				
Response	Placebo	Adalimumab		
•	N=162	N=151		
ACR 20				
Week 12	14%	58%*		
Week 24	15%	57%*		
ACR 50				
Week 12	4%	36%*		
Week 24	6%	39%*		
ACR 70				
Week 12	1%	20%*		
Week 24	1%	23%*		

Table 9: Com	ponents of Dis	ease Activity i	n PsA Study I	
		cebo 162	Adalim N=1	
Parameter: median	Baseline	24 Weeks	Baseline	24 Weeks

Number of tender joints <sup>a</sup>	23.0	17.0	20.0	5.0
Number of swollen joints b	11.0	9.0	11.0	3.0
Physician global assessment <sup>c</sup>	53.0	49.0	55.0	16.0
Patient global assessment	49.5	49.0	48.0	20.0
Pain <sup>c</sup>	49.0	49.0	54.0	20.0
Disability index (HAQ) d	1.0	0.9	1.0	0.4
CRP (mg/dL) e	0.8	0.7	0.8	0.2

 $<sup>^{\</sup>star}$  p<0.001 for adalimumab vs. placebo comparisons based on median changes. a Scale 0-78

Similar results were seen in an additional, 12-week study in 100 patients with moderate to severe psoriatic arthritis who had suboptimal response to DMARD therapy as manifested by >3 tender joints and >3 swollen joints at enrolment.

#### Radiographic Response

Radiographic changes were assessed in the psoriatic arthritis studies. Radiographs of hands, wrists and feet were obtained at baseline and Week 24 during the double-blind period when patients were on adalimumab or placebo and at Week 48 when all patients were on open-label adalimumab. A modified Total Sharp Score (mTSS), which included distal interphalangeal joints (i.e., not identical to the TSS used for rheumatoid arthritis), was used.

Adalimumab treatment reduced the rate of progression of peripheral joint damage compared with placebo treatment as measured by change from baseline in mTSS score (mean  $\pm$  SD) 0.8  $\pm$  2.5 in the placebo group (at week 24) compared with 0.0  $\pm$  1.9 in the adalimumab group (at week 48) (p < 0.001).

In subjects treated with adalimumab with no radiographic progression from baseline to Week 48 (n = 102), 84% continued to show no radiographic progression through 144 weeks of treatment.

## Quality of Life and Physical Function

Adalimumab treated patients demonstrated statistically significant improvement in physical function as assessed by HAQ and Short Form Health Survey (SF 36) compared to placebo at week 24. Improved physical function continued during the open label extension up to week 136.

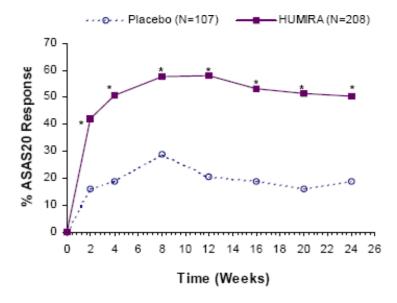
#### **Ankylosing Spondylitis Clinical Studies**

The safety and efficacy of adalimumab 40 mg fortnightly was assessed in 393 adult patients in two randomized, 24-week double- blind, placebo-controlled studies in patients with active ankylosing spondylitis (AS). The larger study (AS Study I or M03-607) enrolled 315 adult patients with active AS (defined as fulfilling at least two of the following three criteria: (1) a Bath AS disease activity index (BASDAI) score  $\geq 4$  cm, (2) a visual analog score (VAS) for total back pain  $\geq 40$  mm, (3) morning stiffness  $\geq 1$  hour, who had an inadequate response to conventional therapy. Seventy-nine (20.1%) patients were treated concomitantly with disease modifying anti-rheumatic drugs, and 37 (9.4%) patients with glucocorticoids. The blinded period was followed by an open label period during which patients receive adalimumab every other week subcutaneously for up to an additional 236 weeks. Subjects (N=215, 54.7%) who failed to achieve ASAS 20 at Weeks 12, or 16 or 20 received early escape open-label adalimumab 40mg fortnightly SC and were subsequently treated as non-responders in double-blind statistical analyses.

Results showed statistically significant improvement of signs and symptoms of AS in patients treated with adalimumab compared to placebo. Significant improvement in measures of disease activity was first observed at Week 2 and maintained through 24 weeks as shown in Figure 4 and Table 10.

Patients with total spinal ankylosis were included in the larger study (n=11). Responses of these patients were similar to those without total ankylosis.

Figure 4. ASAS 20 Response by Visit



p<0.001 level versus placebo</li>

Scale 0-76

<sup>&</sup>lt;sup>c</sup> Visual analog scale; 0=best, 100=worst

d Disability Index of the Health Assessment Questionaire; 0=best, 3=worst, measures the patient's ability to perform the following: dress/groom, arise, eat, walk, reach, grip, maintain hygiene, and maintain daily activity.

e Normal range: 0-0.287mg/dL

Table 10: Efficacy Responses in Placebo-Controlled AS Study I				
Response	Placebo	Adalimumab		
	N=107	N=208		
ASAS <sup>a</sup> 20				
Week 2	16%	42%*		
Week 12	21%	58%*		
Week 24	19%	51%*		
ASAS 50				
Week 2	3%	16%*		
Week 12	10%	38%*		
Week 24	11%	35%*		
ASAS 70				
Week 2	0%	7%**		
Week 12	5%	23%*		
Week 24	8%	24%*		
BASDAI <sup>b</sup> 50				
Week 2	4%	20%*		
Week 12	16%	45%*		
Week 24	15%	42%*		

<sup>\*, \*\*</sup>Statistically significant at p<0.001, <0.01 for all comparisons between adalimumab and placebo at Weeks 2, 12 and 24

A low level of disease activity (defined as a value <20 [on a scale of 0-100mm] in each of the four ASAS response parameters) was achieved at 24 weeks in 22% of adalimumab-treated patients vs. 6% in placebo-treated patients (p<0.001).

Table 11: Components of Ankylosing Spondylitis Disease Activity					
		Placebo N=107		numab 208	
	Baseline mean	Week 24 mean	Baseline mean	Week 24 mean	
ASAS 20 Response Criteria*					
Patient's Global Assessment of Disease Activity <sup>a</sup> *	65	60	63	38	
Total back pain*	67	58	65	37	
Inflammation <sup>b</sup> *	6.7	5.6	6.7	3.6	
BASFI <sup>c</sup> *	56	51	52	34	
BASDAId score*	6.3	5.5	6.3	3.7	
BASMI <sup>e</sup> score*	4.2	4.1	3.8	3.3	
Tragus to wall (cm)	15.9	15.8	15.8	15.4	
Lumbar flexion (cm)	4.1	4.0	4.2	4.4	
Cervical rotation (degrees)	42.2	42.1	48.4	51.6	
Lumbar side flexion (cm)	8.9	9.0	9.7	11.7	
Intermalleolar distance (cm)	92.9	94.0	93.5	100.8	
CRPf *	2.2	2.0	1.8	0.6	

<sup>&</sup>lt;sup>a</sup> Percent of subjects with at least a 20% and 10-unit improvement measured on a Visual Analog Scale (VAS) with 0 = "none" and 100 = "severe"

Similar trends (not all statistically significant) were seen in the smaller randomized, double-blind, placebo-controlled study (AS Study II or M03-606) of 82 patients with active ankylosing spondylitis.

Patient Reported Outcomes were assessed in both ankylosing spondylitis studies using the generic health status questionnaire SF-36 and the disease specific Ankylosing Spondylitis Quality of Life Questionnaire (ASQoL). The adalimumab-treated patients had significantly greater improvement in SF-36 Physical Component Score (mean change: 6.93) compared to placebo-treated patients (mean change: 1.55; p<0.001) at Week 12, which was maintained through Week 24 (mean change 7.44 vs 1.85).

Results from the ASQoL support these findings demonstrating improvement in overall quality of life. The adalimumab-treated patients had statistically significant improvement (mean change: - 3.15) compared to placebo-treated patients (mean change: - 0.95; p<0.001) at Week 12, which was maintained through Week 24 (mean change –3.58 vs –1.06).

## **Adult Crohn's Disease Clinical Studies**

The safety and efficacy of multiple doses of adalimumab were assessed in over 1400 patients with moderately to severely active Crohn's disease (Crohn's Disease Activity Index (CDAI) ≥220 and ≤450) in randomized, double-blind, placebo controlled studies. Concomitant stable doses of aminosalicylates, corticosteroids, and/or immunomodulatory agents were permitted and 79% of patients continued to receive at least one of these medications.

Induction of clinical remission (defined as CDAI <150) was evaluated in two studies. In CD Study I (M02-403, CLASSIC I), 299 TNF-antagonist naïve patients were randomized to one of four treatment groups; the placebo group received placebo at weeks 0 to 2, the 160/80 group received 160mg adalimumab at Week 0 and 80mg at Week 2, the 80/40 group received 80mg at Week 0 and 40mg at Week 2, and the 40/20 group received 40mg at Week 0 and 20mg at Week 2. Clinical results were assessed at Week 4.

<sup>&</sup>lt;sup>a</sup>Assessments in Ankylosing Spondylitis

<sup>&</sup>lt;sup>b</sup>Bath Ankylosing Spondylitis Disease Activity Index

<sup>&</sup>lt;sup>b</sup> mean of questions 5 and 6 of BASDAI (defined in 'd')

Bath Ankylosing Spondylitis Functional Index

<sup>&</sup>lt;sup>d</sup>Bath Ankylosing Spondylitis Disease Activity Index <sup>e</sup>Bath Ankylosing Spondylitis Metrology Index

<sup>&</sup>lt;sup>f</sup> C-Reactive Protein (mg/dL)

<sup>\*</sup>Statistically significant for all comparisons between adalimumab and placebo at Week 24

In the second induction study, CD Study II (M04-691, GAIN), 325 patients who had lost response or were intolerant to, previous infliximab were randomized to receive either 160mg adalimumab at Week 0 and 80mg at Week 2, or placebo at Weeks 0 and 2. Clinical results were assessed at Week 4.

Maintenance of clinical remission was evaluated in CD Study III (M02-404, CHARM). In this study, 854 patients with active disease received open-label 80 mg adalimumab at Week 0 and 40 mg at Week 2. Patients were then randomized at Week 4 to 40 mg adalimumab every other week, 40 mg adalimumab every week or placebo with a total study duration of 56 weeks. Patients in clinical response (CR-70 = decrease in CDAI ≥70) at Week 4 were stratified and analysed separately from those not in clinical response at Week 4. Corticosteroid taper was permitted after Week 8.

## Clinical Results

Induction of Clinical Remission

A statistically significantly greater percentage of the patients treated with 160/80mg adalimumab achieved induction of clinical remission versus placebo at Week 4 regardless of whether the patients were TNF antagonist naïve (CD Study I), or had been previously exposed to infliximab (CD Study II) (see Table 12)

Table 12: Induction of Clinical Remission and Response (Percent of Patients)						
		CD Study I	CD Study II			
	Placebo N = 74	Adalimumab 160/80 mg N = 76	Placebo N = 166	Adalimumab 160/80 mg N = 159		
Week 4						
Clinical remission	12%	36%*	7%	21%*		
Clinical response (CR-100)	24%	49%**	25%	38%**		
Clinical response (CR-70)	34%	58%**	34%	52%**		

Clinical remission is CDAI score <150; clinical response (CR-100) is decrease in CDAI ≥ 100 points; clinical response (CR-70) is decrease in CDAI ≥ 70 points. All p-values are pairwise comparisons of proportions for Adalimumab vs. placebo

#### Maintenance of Clinical Remission

In CD Study III, at Week 4, 58% (499/854) patients were in clinical response (decrease in CDAI ≥ 70 points) and were assessed in the primary analysis. Of those in clinical response at Week 4, 48% had been previously exposed to other anti-TNF therapy. At Weeks 26 and 56, statistically significantly greater proportions of patients who were in clinical response at Week 4 achieved clinical remission in the adalimumab maintenance group compared to patients in the placebo maintenance group. Additionally, statistically significantly greater proportions of patients receiving concomitant corticosteroids at baseline were in clinical remission and were able to discontinue corticosteroid use for at least 90 days in the adalimumab maintenance groups compared to patients in the placebo maintenance group at Weeks 26 and 56 (see Table 13). The group that received adalimumab every week did not show significantly higher remission rates than the group that received adalimumab every other

Clinical remission results presented in Table 13 remained relatively constant irrespective of previous TNF antagonist exposure.

	Placebo	40 mg Adalimumab every other week	40 mg Adalimumab every week
Week 26	N = 170	N = 172	N = 157
Clinical remission	17%	40%*	47%*
Clinical response (CR-100)	27%	52%*	52%*
Clinical response (CR-70)	28%	54%*	56%*
Patients in steroid-free remission for ≥ 90 daysª	3% (2/66)	19% (11/58)**	15% (11/74)**
Week 56	N = 170	N = 172	N = 157
Clinical remission	12%	36%*	41%*
Clinical response (CR-100)	17%	41%*	48%*
Clinical response (CR-70)	18%	43%*	49%*
Patients in steroid-free remission for ≥ 90 days <sup>a</sup>	5% (3/66)	29%(17/58)*	20% (15/74)**

Clinical remission is CDAI score <150; clinical response (CR-100) is decrease in CDAI ≥ 100 points; clinical response (CR-70) is decrease in CDAI ≥ 70 points

Of those in response at Week 4 who attained remission during the study, patients in adalimumab maintenance groups maintained remission for a significantly longer time than patients in the placebo maintenance group. Disease-related hospitalizations and surgeries were statistically significantly reduced with adalimumab compared with placebo at Week 56.

Among patients who were not in response by Week 12, therapy continued beyond 12 weeks did not result in significantly more responses.

117/276 patients from CD study I and 272/777 patients from CD studies II and III were followed through at least 3 years of open-label adalimumab therapy. 88 (75.2%) and 189 (69.5%) patients, respectively, continued to be in clinical remission. Clinical response (CR-70) was maintained in 107 (91.5%) and 248 (91.2%) patients, respectively.

An endoscopy study (M05-769, EXTEND), which enrolled 135 patients, with moderate to severe Crohn's disease, indicated an effect of adalimumab on mucosal healing. 27.4% of patients treated with Adalimumab had mucosal healing at Week 12 compared to 13.1% of patients given placebo (p=0.056), and 24.2% of patients treated with Adalimumab had mucosal healing at Week 52 compared to 0% of patients given placebo (p<0.001).

<sup>\*</sup> p<0.001 \*\* p<0.01

<sup>\*</sup> p<0.001 for adalimumab vs. placebo pairwise comparisons of proportions

<sup>\*\*</sup> p<0.02 for adalimumab vs. placebo pairwise comparisons of proportions

<sup>&</sup>lt;sup>a</sup> Of those receiving corticosteroids at baseline

In CD Study I and CD Study II, statistically significant improvement in the disease-specific inflammatory bowel disease questionnaire (IBDQ) total score was achieved at week 4 in patients randomized to adalimumab 80/40 mg and 160/80 mg compared to placebo and was seen at weeks 26 and 56 in CD study III as well among the adalimumab treatment groups compared to the placebo group.

# **Ulcerative Colitis Clinical Studies**

The safety and efficacy of multiple doses of Adalimumab were assessed in adult patients with moderately to severely active ulcerative colitis (Mayo score 6 to 12 with endoscopy subscore of 2 to 3 points) in two randomized, double-blind, placebocontrolled studies. Concomitant stable doses of aminosalicylates, corticosteroids, and/or immunomodulatory agents were permitted.

Induction of clinical remission (defined as Mayo ≤ 2 with no subscore > 1) was evaluated in Study UC-I. In Study UC-I, 390 TNF-antagonist naïve patients were randomized to receive either placebo at Weeks 0 and 2, 160 mg adalimumab at Week 0 followed by 80 mg at Week 2, or 80 mg adalimumab at Week 0 followed by 40 mg at Week 2. After Week 2, patients in both adalimumab arms received 40 mg every other week. Clinical remission was assessed at Week 8.

In study UC-II, 248 patients received 160 mg of adalimumab at Week 0, 80 mg at Week 2 and 40 mg eow thereafter, and 246 patients received placebo. Clinical results were assessed for induction of remission at Week 8 and for maintenance of remission at Week 52.

Subjects induced with 160/80 mg adalimumab achieved clinical remission versus placebo at Week 8 in statistically significantly greater percentages in study UC-I (18% vs. 9% respectively, p=0.031) and study UC-II (17% vs. 9% respectively, p=0.019). In study UC-II, among those treated with adalimumab who were in remission at Week 8, 21/41 (51%) were in remission at Week

Results for both the overall UC-II study population and for patients who had responded at Week 8 of treatment per the full Mayo score are shown in Table 14.

Table 14: Response, Remission and Mucosal Healing in Study UC-II (Percent of Patients)

	Placebo	Adalimumab 40 mg every other week	Adalimumab 160/80/40 mg Week 8 Responders	
	N=246	N=248	N=125	
Week 52		•		
Clinical Response	18%	30%*	47%	
Clinical Remission	9%	17%*	29%	
Mucosal Healing	15%	25%*	41%	
Steroid-free remission for ≥ 90 days <sup>a</sup>	6% (N=140)	13%* (N=150)	20% (N=90)	
Week 8 and 52				
Sustained Response	12%	24%**	-	
Sustained Remission	4%	8%*	-	
Sustained Mucosal Healing	11%	19%*	-	

Clinical remission is Mayo score ≤ 2 with no subscore > 1:

p<0.05 for adalimumab vs. placebo pairwise comparison of proportions

Approximately 40% of patients in study UC-II had failed prior anti-TNF treatment with infliximab. The efficacy of adalimumab in those patients was reduced compared to that in anti-TNF naïve patients. Among patients who had failed prior anti-TNF treatment, Week 52 remission was achieved by 3% on placebo and 10% on adalimumab.

The effectiveness of adalimumab has not been established in patients who have lost response to or were intolerant to TNF blockers.

In the subgroup of patients in Study UC-II with prior TNF-blocker use, the treatment difference for induction of clinical remission appeared to be lower than that seen in the whole study population, and the treatment differences for sustained clinical remission and clinical remission at Week 52 appeared to be similar to those seen in the whole study population. The subgroup of patients with prior TNF-blocker use achieved induction of clinical remission at 9% (9/98) in the adalimumab group versus 7% (7/101) in the placebo group, and sustained clinical remission at 5% (5/98) in the adalimumab group versus 1% (1/101) in the placebo group. In the subgroup of patients with prior TNF-blocker use, 10% (10/98) were in clinical remission at Week 52 in the adalimumab group versus 3% (3/101) in the placebo group.

Patients from UC studies I and II had the option to roll over into an open-label long-term extension study (UC-III). Following 3 years of adalimumab therapy, 75% (301/402) continued to be in clinical remission per partial Mayo score, and of those who had received at least 4 years of adalimumab therapy, 77% (245/320) were in clinical remission per partial Mayo score. Patients, who lost response after one year of treatment or beyond, could benefit from an increase of dosing frequency to 40 mg weekly.

## Hospitalisation Rates

During 52 weeks of studies UC-I and UC-II, lower rates of all-cause hospitalisations and UC-related hospitalisations were observed for the adalimumab-treated arm compared to the placebo arm. The number of all cause hospitalisations in the adalimumab treatment group was 0.18 per patient year vs. 0.26 per patient year in the placebo group and the corresponding figures for UC-related hospitalisations were 0.12 per patient year vs. 0.22 per patient year.

# Quality of Life

In UC Study II, improvement in the disease-specific inflammatory bowel disease questionnaire (IBDQ) total score was achieved

<sup>&#</sup>x27;p<0.001 for adalimumab vs. placebo pairwise comparison of proportions

Of those receiving corticosteroids at baseline

at Week 52 in patients randomized to adalimumab 160/80 mg compared to placebo (p=0.007).

#### **Plaque Psoriasis Clinical Studies**

The safety and efficacy of adalimumab were assessed in over 1,600 patients 18 years of age or older with moderate to severe chronic plaque psoriasis who were candidates for systemic therapy or phototherapy in randomized, double-blind, well-controlled studies.

The safety and efficacy of adalimumab were also studied in adult patients with moderate to severe chronic plaque psoriasis with concomitant hand and/or foot psoriasis who were candidates for systemic therapy in a randomized double-blind study (Ps Study IV).

Ps Study I (M03-656, REVEAL) evaluated 1212 patients with chronic plaque psoriasis with  $\geq$  10% BSA involvement and Psoriasis Area and Severity Index (PASI)  $\geq$  12 within three treatment periods. In period A, patients received placebo or adalimumab subcutaneously at an initial dose of 80 mg at Week 0 followed by a dose of 40 mg every other week starting at Week 1. After 16 weeks of therapy, patients who achieved at least a PASI 75 response at Week 16, defined as a PASI score improvement of at least 75% relative to baseline, entered period B and received open label 40 mg adalimumab every other week. After 17 weeks of open label therapy, patients who maintained at least a PASI 75 response at Week 33 and were originally randomized to active therapy in Period A were re-randomized in period C to receive 40 mg adalimumab every other week or placebo for an additional 19 weeks. Across all treatment groups the mean baseline PASI score was 18.9 and the baseline Physician's Global Assessment (PGA) score ranged from "moderate" (52.6%) to "severe" (41.3%) to "very severe" (6.1%).

Ps Study II (M04-716, CHAMPION) compared the efficacy and safety of adalimumab versus methotrexate and placebo in 271 patients with 10% BSA involvement and PASI ≥ 10. Patients received placebo, an initial dose of MTX 7.5 mg and thereafter dose increases up to Week 12, with a maximum dose of 25 mg or an initial dose of 80 mg adalimumab followed by 40 mg every other week (starting one week after the initial dose) for 16 weeks. There are no data available comparing adalimumab and MTX beyond 16 weeks of therapy. Patients receiving MTX who achieved a ≥PASI 50 response at Week 8 and/or 12 did not receive further dose increases. Across all treatment groups, the mean baseline PASI score was 19.7 and the baseline PGA score ranged from "mild" (<1%) to "moderate" (48%) to "severe" (46%) to "very severe" (6%).

Ps Study III (M02-528) evaluated 148 patients with chronic plaque psoriasis with ≥ 5% BSA involvement for at least 1 year. Patients received placebo or adalimumab subcutaneously at a dose of 40 mg every other week starting at Week 1 after an initial dose of 80 mg at Week 0 or adalimumab at an initial dose of 80 mg at Week 0 followed by a dose of 40 mg weekly.

Patients participating in all Phase 2 and Phase 3 psoriasis studies were eligible to enroll into an open-label extension trial (M03-658), where adalimumab was given for at least an additional 108 weeks.

#### Clinical Results

In Ps Studies I, II and III, the primary endpoint was the proportion of patients who achieved a reduction in PASI score of at least 75% (PASI 75) from baseline at Week 16 for studies I and II and Week 12 for Study III. Other evaluated outcomes in Ps Studies I, II, and III included the PGA and other PASI measures. Ps Study I had an additional primary endpoint of loss of adequate response after Week 33 and on or before Week 52. Loss of adequate response is defined as a PASI score after Week 33 and on or before Week 52 that resulted in a <PASI 50 response relative to baseline with a minimum of a 6-point increase in PASI score relative to Week 33.

In Ps Studies I and II, more patients randomized to adalimumab than to placebo achieved at least a 75% reduction from baseline of PASI score at Week 16. Other relevant clinical parameters including PASI 100 (i.e. complete clearance of psoriasis skin signs) and PGA of "clear or minimal" were also improved over placebo. In Ps Study II, superior results were achieved for PASI 75, PASI 100 and PGA of "clear or minimal" in patients randomized to the adalimumab treatment group versus those randomized to receive methotrexate (see Tables 15 and 16).

Improvements in signs and symptoms in patients with moderate to severe psoriasis were maintained for up to 1 year (pivotal study M03-656) and for up to 3 years.

Table 15: Ps Study I (M03-656) Efficacy Results at 16 Weeks (Percent of Patients)						
Placebo Adalimumab 40 mg eow N=398 N=814						
≥ <b>PASI 75</b> 6.5 70.9 <sup>a</sup>						
PASI 100 0.8 20.0 <sup>a</sup>						
PGA: Clear/minimal 4.3 62.2a						
ap<0.001, Adalimumab vs. placebo	)	•				

Table 16: Ps Study II (M04-716) Efficacy Results at 16 Weeks (Percent of Patients)						
Placebo MTX Adalimumab 40 mg eow N=53 N=110 N=108						
≥PASI 75	18.9	35.5	79.6 <sup>a, b</sup>			
PASI 100	1.9	7.3	16.7 <sup>c,a</sup>			
PGA: Clear/minimal	11.3	30.0	73.1 <sup>a, b</sup>			

p<0.001, Adalimumab vs. placebo

In Psoriasis Study I, 28% of patients who were PASI 75 responders and were re-randomized to placebo at week 33 compared to 5% continuing on adalimumab, p<0.001, experienced "loss of adequate response" (PASI score after week 33 and on or before week 52 that resulted in a <PASI 50 response relative to baseline with a minimum of a 6-point increase in PASI score relative to week 33). Of the patients who lost adequate response after re-randomization to placebo who then enrolled into the open- label extension trial, 38% (25/66) and 55% (36/66) regained PASI 75 response after 12 and 24 weeks of re-treatment, respectively.

bp<0.001 Adalimumab vs. methotrexate

p< 0.01 Adalimumab vs. placebo

p< 0.05 Adalimumab vs. methotrexate

A total of 233 PASI 75 responders at Week 16 and Week 33 received continuous adalimumab therapy for 52 weeks in Psoriasis Study I, and continued adalimumab in the open-label extension trial. PASI 75 and PGA of clear or minimal response rates in these patients were 74.7% and 59.0%, respectively, after an additional 108 weeks of open-label therapy (total of 160 weeks).

A total of 94 patients were randomized to adalimumab therapy in Psoriasis Study II, and continued adalimumab in the open label extension trial. PASI 75 and PGA clear or minimal response rates in these patients were 58.1% and 46.2%, respectively, after an additional 108 weeks of open-label therapy (total of 124 weeks).

A total of 347 stable responders participated in a withdrawal and retreatment evaluation in an open-label extension study. Median time to relapse (decline to PGA "moderate" or worse) was approximately 5 months. None of these patients experienced rebound during the withdrawal period. A total of 76.5% (218/285) of patients who entered the retreatment period had a response of PGA "clear" or "minimal" after 16 weeks of retreatment, irrespective of whether they relapsed during withdrawal (69.1%[123/178] and 88.8% [95/107] for patients who relapsed and who did not relapse during the withdrawal period, respectively).

Significant improvements at Week 16 from baseline compared to placebo (Studies I and II) and MTX (Study II) were demonstrated in the DLQI (Dermatology Life Quality Index). In Study I, improvements in the physical and mental component summary scores of the SF-36 were also significant compared to placebo.

In an open-label extension study, for patients whose dose escalated from 40 mg every other week to 40 mg weekly due to a PASI response below 50%, 26.4% (92/349) and 37.8% (132/349) of patients achieved PASI 75 response at Week 12 and 24, respectively.

Psoriasis Study III (REACH) compared the efficacy and safety of adalimumab *versus* placebo in 72 patients with moderate to severe chronic plaque psoriasis and hand and/or foot psoriasis. Patients received an initial dose of 80 mg adalimumab followed by 40 mg every other week (starting one week after the initial dose) or placebo for 16 weeks. At Week 16, a statistically significantly greater proportion of patients who received adalimumab achieved PGA of 'clear' or 'almost clear' for the hands and/or feet compared to patients who received placebo (30.6% versus 4.3%, respectively [P = 0.014])

Psoriasis Study IV compared the efficacy and safety of adalimumab versus placebo in 217 adult patients with moderate to severe nail psoriasis. Patients received an initial dose of 80 mg adalimumab followed by 40 mg every other week (starting one week after the initial dose) or placebo for 26 weeks followed by open-label adalimumab treatment for an additional 26 weeks. Nail psoriasis was assessed using the Modified Nail Psoriasis Severity Index (mNAPSI) and the Physician's Global Assessment of Fingernail Psoriasis (PGA-F). A statistically significantly higher proportion of patients randomized to adalimumab achieved at least a 75% improvement in mNAPSI (mNAPSI 75) at Week 26, as compared with patients randomized to placebo (see Table 17). The percent improvement in NAPSI was statistically significantly greater in adalimumab patients compared with placebo at Week 16 (44.2% vs 7.8%) and at Week 26 (56.2% vs 11.5%).

A statistically significant higher proportion of patients in the adalimumab group achieved a PGA-F of "clear" or "minimal" with at least a 2-grade improvement from Baseline at Week 26 compared with placebo. In this study, adalimumab demonstrated a treatment benefit in nail psoriasis patients with different extents of skin involvement (BSA≥10% and BSA<10% and ≥5%) and a statistically significant improvement in scalp psoriasis compared with placebo.

Table 17: Efficacy Results at 26 Weeks

Endpoint	Placebo N=108	Adalimumab 40 mg eow N=109
≥ mNAPSI 75 (%)	3.4	46.6ª
PGA-F clear/minimal and ≥2-grade improvement (%)	6.9	48.9ª
Percent Change in Total Fingernail NAPSI (%)	-11.5	-56.2ª
mNAPSI = 0 (%)	0	6.6 <sup>b</sup>
Change in Nail Pain Numeric Rating Scale	-1.1	-3.7ª
Change in Nail Psoriasis Physical Functioning Severity score	-0.8	-3.7ª
B-SNIPI 50 Scalp (%)	N=12	N=18
B-3NIF1 30 3Calp (%)	0.4	58.3 <sup>b</sup>

<sup>a</sup>p<0.001, Adalimumab vs. placebo

<sup>b</sup>p<0.05, Adalimumab vs. placebo

B-SNIPI 50: At least a 50% reduction in scalp component of Brigham Scalp Nail Inverse Palmo-Plantar Psoriasis index (B-SNIPI) among subjects with Baseline scalp score of 6 or greater).

Of those who continued to receive adalimumab treatment until Week 52, 65.0% achieved mNAPSI 75 response and 61.3% achieved PGA-F response. Adalimumab treated patients showed statistically significant improvements at Week 26 from baseline compared with placebo in the DLQI (Dermatology Life Quality Index). The mean decrease (improvement) from baseline at Week 26 was 8.0 in the adalimumab group (N=94) and 1.9 in the placebo group (N=93).

# Results from Ps Study III supported the efficacy demonstrated in Ps Studies I and II.

In Ps Study I, patients who were PASI 75 responders and were re-randomized to continue adalimumab therapy at Week 33 were less likely to experience a loss of adequate response on or before Week 52 than the PASI 75 responders who were re-randomized to placebo at Week 33 (4.9% versus 28.4%, p<0.001).

## Quality of Life

Patient Reported Outcomes (PRO) were evaluated by several measures. Quality of Life was assessed using the disease-specific Dermatology Life Quality Index (DLQI) in Ps Study I and Ps Study II. In Ps Study I, patients receiving adalimumab demonstrated clinically meaningful improvement in the DLQI total score, disease severity, pain, and pruritus compared to the placebo group at both Weeks 4 & 16. The DLQI result was maintained at Week 52. In Ps Study II, patients receiving

adalimumab demonstrated clinically meaningful improvement in the DLQI total score, disease severity, and pruritus compared to the placebo and methotrexate groups at Week 16, and clinically meaningful improvement in pain compared to the placebo group at Week 16.

The Short Form Health Survey (SF-36) was used to assess general health-related quality of life in Ps Study I. The adalimumab-treated patients had significantly greater improvement in the SF-36 Physical Component Summary (PCS) and Mental Component Summary (MCS) scores.

## **Hidradenitis Suppurativa Clinical Studies**

The safety and efficacy of adalimumab were assessed in randomized, double-blind, placebo-controlled studies and an openlabel extension study in adult patients with moderate to severe hidradenitis suppurativa (HS) who were intolerant, had a contraindication or an inadequate response to systemic antibiotic therapy. The patients in Studies HS-I and HS-II had Hurley Stage II or III disease with at least 3 abscesses or inflammatory nodules.

Study HS-I (M11-313) evaluated 307 patients with 2 treatment periods. In Period A, patients received placebo or adalimumab at an initial dose of 160 mg at Week 0, 80 mg at Week 2, and 40 mg every week starting at Week 4 to Week 11. Concomitant antibiotic use was not allowed during the study. After 12 weeks of therapy, patients who had received adalimumab in Period A were re-randomized in Period B to 1 of 3 treatment groups (adalimumab 40 mg every week, adalimumab 40 mg every other week, or placebo from Week 12 to Week 35). Patients who had been randomized to placebo in Period A were assigned to receive adalimumab 40 mg every week in Period B.

Study HS-II (M11-810) evaluated 326 patients with 2 treatment periods. In Period A, patients received placebo or adalimumab at an initial dose of 160 mg at Week 0 and 80 mg at Week 2 and 40 mg every week starting at Week 4 to Week 11. 19.3% of patients had continued baseline oral antibiotic therapy during the study. After 12 weeks of therapy, patients who had received adalimumab in Period A were re-randomized in Period B to 1 of 3 treatment groups (adalimumab 40 mg every week, adalimumab 40 mg every other week, or placebo from Week 12 to Week 35). Patients who had been randomized to placebo in Period A were assigned to receive placebo in Period B.

Patients participating in Studies HS-I and HS-II were eligible to enroll into an open-label extension study in which adalimumab 40mg was administered every week. Mean exposure in all adalimumab population was 762 days. Throughout all 3 studies patients used topical antiseptic wash daily.

## Clinical Response

Reduction of inflammatory lesions and prevention of worsening of abscesses and draining fistulas was assessed using Hidradenitis Suppurativa Clinical Response (HiSCR; at least a 50% reduction in total abscess and inflammatory nodule count with no increase in abscess count and no increase in draining fistula count relative to Baseline). Reduction in HS-related skin pain was assessed using a Numeric Rating Scale in patients who entered the study with an initial baseline score of 3 or greater on a 11 point scale.

At Week 12, a significantly higher proportion of patients treated with adalimumab versus placebo achieved HiSCR. At Week 12, a significantly higher proportion of patients in Study HS-II experienced a clinically relevant decrease in HS-related skin pain (see Table 18). Patients treated with adalimumab had significantly reduced risk of disease flare during the initial 12 weeks of treatment.

Table 18: Efficacy Results at 12 Weeks, HS Studies I and II							
	HS S	Study I	HS	Study II			
Endpoint	Placebo	Adalimumab 40 mg Weekly	Placebo Adalimun 40 mg Weekl				
Hidradenitis Suppurativa Clinical	N = 154	N = 153	N=163	N=163			
Response (HiSCR) <sup>a</sup>	40 (26.0%)	64 (41.8%) <sup>*</sup>	45 (27.6%)	96 (58.9%)***			
≥30% Reduction in Skin Pain <sup>b</sup>	N = 109 27 (24.8%)	N = 122 34 (27.9%)	N=111 23 (20.7%)	N=105 48 (45.7%)***			

<sup>\*</sup> P < 0.05, \*\*\*P < 0.001, Adalimumab versus placebo

Scale 0 - 10; 0 = no skin pain, 10 = skin pain as bad as you can imagine.

Among patients who were randomized to adalimumab continuous weekly dosing, the overall HiSCR rate at Week 12 was maintained through Week 96. Longer term treatment with adalimumab 40 mg weekly for 96 weeks identified no new safety findings.

Greater improvements at Week 12 from baseline compared to placebo were demonstrated in skin-specific health-related quality of life, as measured by the Dermatology Life Quality Index (DLQI; Studies HS-I and HS-II), patient global satisfaction with medication treatment as measured by the Treatment Satisfaction Questionnaire - medication (TSQM; Studies HS-I and HS-II) and physical health as measured by the physical component summary score of the SF-36 (Study HS-I).

# **UVEITIS CLINICAL STUDIES**

The safety and efficacy of adalimumab were assessed in adult patients with non-infectious intermediate, posterior, and panuveitis (also known as "non-infectious uveitis affecting the posterior segment"), excluding patients with isolated anterior uveitis, in two randomized, double-masked, placebo-controlled studies (UV Study I (M10-877) and UV Study II (M10-880)). Patients received placebo or adalimumab at an initial dose of 80 mg followed by 40 mg every other week starting one week after the initial dose. Concomitant stable doses of non-biologic immunosuppressants were permitted. The primary efficacy endpoint in both studies was 'time to treatment failure'. Following initial control of disease, a prolongation in time to treatment failure will result in reduced risk of disease flares, inflammation and vision loss.

Treatment failure was defined by a multi-component outcome based on inflammatory chorioretinal and/or inflammatory retinal vascular lesions, anterior chamber (AC) cell grade, vitreous haze (VH) grade and best corrected visual acuity (BCVA).

UV Study I evaluated 217 patients with active uveitis despite treatment with corticosteroids (oral prednisone at a dose of 10 to 60 mg/day). All patients received a standardized dose of prednisone 60 mg/day at study entry followed by a mandatory taper

<sup>&</sup>lt;sup>a</sup> Among all randomized patients.

<sup>&</sup>lt;sup>b</sup> Among patients with baseline HS-related skin pain assessment ≥ 3, based on Numeric Rating

schedule, with complete corticosteroid discontinuation by Week 15.

UV Study II evaluated 226 patients with inactive uveitis requiring chronic corticosteroid treatment (oral prednisone 10 to 35 mg/day) at baseline to control their disease. Patients subsequently underwent a mandatory taper schedule, with complete corticosteroid discontinuation by Week 19.

# Clinical Response

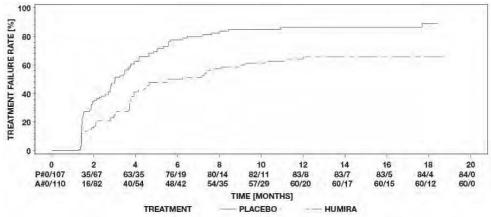
Results from both studies demonstrated statistically significant reduction of the risk of treatment failure in patients treated with adalimumab versus patients receiving placebo (See Table 19). Both studies demonstrated an early and sustained effect of adalimumab on the treatment failure rate versus placebo (see Figure 5).

Table 19: Time to Treatment Failure in UV Studies I and II

		Failure	Median Time to			
<b>Analysis Treatment</b>	N	N (%)	Failure (months)	HRª	CI 95% for HR <sup>a</sup>	P Value <sup>b</sup>
Time to Treatment Failure At or After Week 6 in UV Study I						
Primary analysis (ITT)						
Placebo	107	84 (78.5)	3.0			
Adalimumab	110	60 (54.5)	5.6	0.50	0.36, 0.70	< 0.001
	Time to	Treatment Fail	ure At or After Week	2 in UV Stu	idy II	
Primary analysis (ITT)						
Placebo	111	61 (55.0)	8.3			
Adalimumab	115	45 (39.1)	NE°	0.57	0.39, 0.84	0.004

Note: Treatment failure at or after Week 6 (UV Study I), or at or after Week 2 (UV Study II), was counted as event. Drop outs due to reasons other than treatment failure were censored at the time of dropping out.

- a. HR of adalimumab vs placebo from proportional hazards regression with treatment as factor.
- b. 2-sided P Value from log rank test.
- c. NE = not estimable. Fewer than half of at-risk subjects had an event.



Study UV I

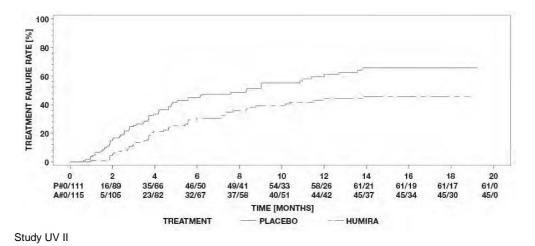


Figure 5: Kaplan-Meier Curves Summarizing Time to Treatment Failure on or after Week 6 (UV Study I) or Week 2 (UV Study II)

In both studies, all components of the primary endpoint contributed cumulatively to the overall difference between adalimumab

Table 20: Treatment Failure Components in UV Studies I and II

	UV I			UV II		
Component of Time-to-Treatment Failure	HRª	CI 95%	p Value <sup>b</sup>	HRª	CI 95%	p Value <sup>b</sup>
New Active Inflammatory Lesions	0.38	(0.21- 0.69)	0.001	0.55	(0.26-1.15)	0.105
Anterior Chamber Cells Grade	0.51	(0.30- 0.86)	0.01	0.7	(0.42- 1.18)	0.18
Vitreous Haze Grade	0.32	(0.18- 0.58)	<0.001	0.79	(0.34- 1.81)	0.569
Best Corrected Visual Acuity	0.56	(0.32- 0.98)	0.04	0.33	(0.16- 0.70)	0.002

Note: Treatment failure at or after Week 6 (UV Study I), or at or after Week 2 (UV Study II), was counted as event. Drop outs due to reasons other than treatment failure were censored at the time of dropping out.

- a. HR of adalimumab vs placebo from proportional hazards regression with treatment as factor.
- b. 2-sided P value from log rank test.

Additionally, in UV Study I, statistically significant differences in favor of adalimumab versus placebo were observed for changes in AC cell grade, vitreous haze grade, and logMAR BCVA (mean change from best state prior to Week 6 to the final visit; *P* Values: 0.011, <0.001 and 0.003, respectively).

Of the 417 subjects included in the uncontrolled long-term extension of Studies UV I and UV II, 46 subjects were regarded ineligible (e.g. developed complications secondary to diabetic retinopathy, due to cataract surgery or vitrectomy) and were excluded from the primary analysis of efficacy. Of the 371 remaining patients, 276 evaluable patients reached 78 weeks of open-label adalimumab treatment. Based on the observed data approach, 222 (80.4%) were in quiescence (no active inflammatory lesions, AC cell grade  $\leq$  0.5+, VH grade  $\leq$  0.5+) with a concomitant steroid dose  $\leq$  7.5 mg per day, and 184 (66.7%) were in steroid-free quiescence. BCVA was either improved or maintained (< 5 letters deterioration) in 88.4% of the eyes at week 78. Among the patients who discontinued the study prior to week 78, 11% discontinued due to adverse events, and 5% due to insufficient response to adalimumab treatment.

## Quality of Life

In UV Study 1, treatment with adalimumab resulted in maintenance of vision-related functioning and health-related quality of life, as measured by the NEI VFQ-25.

#### **PEDIATRICS**

Juvenile Idiopathic Arthritis Clinical Studies

# Polyarticular Juvenile Idiopathic Arthritis (pJIA)

The safety and efficacy of adalimumab was assessed in two studies (pJIA I and II) in children with active polyarticular or polyarticular course juvenile idiopathic arthritis, who had a variety of JIA onset types (most frequently rheumatoid-factor negative or positive polyarthritis and extended oligoarthritis).

## pJIA I

The safety and efficacy of adalimumab were assessed in a multicenter, randomized, double-blind, parallel-group study in 171 children (4 to 17 years old) with polyarticular juvenile idiopathic arthritis (JIA). In the open-label lead in phase (OL LI), patients were stratified into two groups, MTX (methotrexate)-treated or non-MTX-treated. Patients who were in the non-MTX stratum were either naïve or had been withdrawn from MTX at least two weeks prior to study drug administration. Patients remained on stable doses of NSAIDs and or prednisone (≤0.2 mg/kg/day or 10 mg/day maximum). In the OL LI phase, all patients received 24 mg/m² up to a maximum of 40 mg of adalimumab every other week for 16 weeks. The distribution of patients by age and minimum, median and maximum dose received during the OL LI phase is presented in Table 21.

Table 21: Distribution of patients by age and adalimumab dose received during the OL LI phase						
Age Group	Number of patients at Baseline	Minimum, median and maximum				
	n (%)	dose				
4 to 7 years	31 (18.1)	10, 20 and 25mg				
8 to 12 years	71 (41.5)	20, 25 and 40mg				
13 to 17 years	69 (40.4)	25, 40 and 40mg				

Patients demonstrating a Pediatric ACR 30 response at week 16 were eligible to be randomized into the double blind (DB) phase and received either adalimumab 24 mg/m² up to a maximum of 40 mg, or placebo every other week for an additional 32 weeks or until disease flare. Disease flare criteria was defined as a worsening of ≥30% from baseline in ≥3 of 6 Pediatric ACR core criteria, ≥2 active joints, and improvement of >30% in no more than 1 of the 6 criteria. After 32 weeks or at disease flare, patients were eligible to enroll into the open label extension phase.

Table 22: Ped ACR Responses in the JIA Study							
Stratum	MTX		Without MTX				
Phase							
OL-LI 16 week							
Ped ACR 30 response (n/N)	94.1% (80/	85)	74.4% (64/86)				
Double Blind	Adalimumab (n = 38)	Placebo (n = 37)	Adalimumab (n= 30)	Placebo (n = 28)			
Disease flares at the end of 32 weeks <sup>a</sup> (n/N)	36.8% (14/38)	64.9% (24/37) <sup>b</sup>	43.3% (13/30)	71.4% (20/28) <sup>c</sup>			
Median time to disease flare	> 32 weeks	20 weeks	> 32 weeks	14 weeks			

<sup>&</sup>lt;sup>a</sup> Ped ACR 30/50/70 responses week 48 significantly greater than those of placebo treated patients

 $<sup>^{</sup>b}$  p = 0.015

Among those who responded at week 16 (n=144), the Pediatric ACR 30/50/90 responses were maintained for up to two years in the OLE phase in patients who received adalimumab throughout the study.

Overall responses were generally better and fewer patients developed antibodies when treated with the combination of adalimumab and MTX compared to adalimumab alone. Taking these results into consideration, adalimumab is recommended for use in combination with MTX and for use as monotherapy in patients for who MTX use is not appropriate.

#### pJIA II

The safety and efficacy of adalimumab was assessed in an open-label, multicenter study in 32 children (2 to <4 years old or aged 4 and above weighing <15 kg) with moderately to severely active polyarticular JIA. The patients received 24 mg/m² body surface area (BSA) of adalimumab up to a maximum of 20 mg every other week as a single dose via SC injection for at least 24 weeks. During the study, most subjects used concomitant MTX, with fewer reporting use of corticosteroids or NSAIDs.

At Week 12 and Week 24, Pediatric ACR 30 response was 93.5% and 90.0%, respectively, using the observed data approach. The proportions of subjects with Pediatric ACR 50/70/90 at Week 12 and Week 24 were 90.3%/61.3%/38.7% and 83.3%/73.3%/36.7%, respectively. Amongst those who responded (Pediatric ACR 30) at Week 24 (n=27 out of 30 patients), the Pediatric ACR 30 responses were maintained for up to 60 weeks in the OLE phase in patients who received adalimumab throughout this time period. Overall, 20 subjects were treated for 60 weeks or longer.

## **Enthesitis-Related Arthritis**

The safety and efficacy of adalimumab were assessed in a multicenter, randomized, double-blind study in 46 pediatric patients (6 to 17 years old) with enthesitis-related arthritis. Patients were randomized to receive either 24 mg/m² body surface area (BSA) of adalimumab up to a maximum of 40 mg, or placebo every other week for 12 weeks. The double-blind period is followed by an open-label (OL) period during which patients received 24 mg/m² BSA of adalimumab up to a maximum of 40 mg every other week subcutaneously for up to an additional 192 weeks. The primary endpoint was the percent change from Baseline to Week 12 in the number of active joints with arthritis (swelling not due to deformity or joints with loss of motion plus pain and/or tenderness), which was achieved (p=0.039) with mean percent decrease of -62.6% in patients in the adalimumab group compared to -11.6% in patients in the placebo group. Improvement in number of active joints with arthritis was maintained during the open label period through Week 156. The majority of patients demonstrated clinical improvement in secondary endpoints such as number of sites of enthesitis, tender joint count (TJC), swollen joint count (SJC), Pediatric ACR 30 response, Pediatric ACR 50 response, and Pediatric ACR 70 response and maintained these improvements during the open label period through Week 156 of the study.

## **Pediatric Crohn's Disease Clinical Study**

Adalimumab was assessed in a multicenter, randomized, double-blind clinical trial designed to evaluate the efficacy and safety of induction and maintenance treatment with doses dependent on body weight (< 40 kg or ≥ 40 kg) in 192 pediatric subjects between the ages of 6 and 17 (inclusive) years, with moderate to severe Crohn's disease (CD) defined as Pediatric Crohn's Disease Activity Index (PCDAI) score > 30. Subjects had to have failed conventional therapy (including a corticosteroid and/or an immunomodulator) for CD. Subjects may also have previously lost response or been intolerant to infliximab.

All subjects received open-label induction therapy at a dose based on their Baseline body weight: 160 mg at Week 0 and 80 mg at Week 2 for subjects  $\geq$  40 kg, and 80 mg and 40 mg, respectively, for subjects < 40 kg.

At Week 4, subjects were randomized 1:1 based on their body weight at the time to either the Low Dose or Standard Dose maintenance regimens as shown in Table 23.

Table 23: Maintenance Regimen		
Patient Weight	Low Dose	Standard Dose
< 40 kg	10 mg eow	20 mg eow
≥ 40 kg	20 mg eow	40 mg eow

## Efficacy Results

The primary endpoint of the study was clinical remission at Week 26, defined as PCDAI score ≤ 10. Clinical remission and clinical response (defined as reduction in PCDAI score of at least 15 points from Baseline) rates are presented in Table 24. Rates of discontinuation of corticosteroids or immunomodulators are presented in Table 25.

Table 24: Pediatric CD Study PCDAI Clinical Remission and Response			
	Standard Dose 40/20 mg eow N = 93	Low Dose 20/10 mg eow N = 95	P value*
Week 26			
Clinical remission	38.7%	28.4%	0.075
Clinical response	59.1%	48.4%	0.073
Week 52			
Clinical remission	33.3%	23.2%	0.100
Clinical response	41.9%	28.4%	0.038
* p value for Standard Dose <i>versus</i> Low Dose comparison.			

Table 25: Pediatric CD Study Discontinuation of Corticosteroids or Immunomodulators and Fistula Remission			
	Standard Dose 40/20 mg eow	Low Dose 20/10 mg eow	P value <sup>1</sup>
Discontinued corticosteroids	N= 33	N=38	
Week 26	84.8%	65.8%	0.066
Week 52	69.7%	60.5%	0.420
Discontinuation of Immunomodulators <sup>2</sup>	N=60	N=57	
Week 52	30.0%	29.8%	0.983
Fistula remission <sup>3</sup>	N=15	N=21	
Week 26	46.7%	38.1%	0.608
Week 52	40.0%	23.8%	0.303

Statistically significant increases (improvement) from Baseline to Week 26 and 52 in Body Mass Index and height velocity were observed for both treatment groups. Statistically and clinically significant improvements from Baseline were also observed in both treatment groups for quality of life parameters (including IMPACT III).

# **Pediatric Plaque Psoriasis Clinical Study**

The efficacy of adalimumab was assessed in a randomized, double-blind, controlled study of 114 pediatric patients from 4 years of age with severe chronic plaque psoriasis (as defined by a PGA ≥ 4 or > 20% BSA involvement or > 10% BSA involvement with very thick lesions or PASI ≥ 20 or ≥ 10 with clinically relevant facial, genital, or hand/ foot involvement) who were inadequately controlled with topical therapy and heliotherapy or phototherapy.

Patients received adalimumab 0.8mg/kg eow (up to 40 mg), 0.4 mg/kg eow (up to 20 mg), or methotrexate 0.1 - 0.4 mg/kg weekly (up to 25 mg). At week 16, more patients randomized to adalimumab 0.8 mg/kg had positive efficacy responses (e.g., PASI 75) than those randomized to MTX.

Table 26: Pediatric Plague Psoriasis Efficacy Results at 16 Weeks

	MTX <sup>a</sup> N=37	Adalimumab 0.8mg/kg eow N=38	
PASI 75 <sup>b</sup>	12 (32.4%)	22 (57.9%)	
PGA: Clear/minimal <sup>c</sup>	15 (40.5%)	23 (60.5%)	
a MTX = methotrexate b P=0.027, Adalimumab 0.8 mg/kg versus MTX c P=0.083, Adalimumab 0.8 mg/kg versus MTX			

Patients who achieved PASI 75 and PGA clear or minimal were withdrawn from treatment for up to 36 weeks and monitored for loss of disease control (loss of PGA response). Patients were then re-treated with adalimumab 0.8 mg/kg eow for an additional 16 weeks and responses observed during retreatment were similar to the previous double-blind period: PASI 75 response of 78.9% (15 of 19 subjects) and PGA clear or minimal of 52.6% (10 of 19 subjects).

In the open label period of the study, PASI 75 and PGA clear or minimal responses were maintained for up to an additional 52 weeks with no new safety findings.

#### **Adolescent Hidradenitis Suppurativa**

There are no clinical trials with adalimumab in adolescent patients with hidradenitis suppurativa (HS). Efficacy of adalimumab for the treatment of adolescent patients with HS is predicted based on the demonstrated efficacy and exposure-response relationship in adult HS patients and the likelihood that the disease course, pathophysiology, and drug effects are substantially similar to that of adults at the same exposure levels. The recommended adolescent HS dosing schedule of 40 mg every other week is predicted to provide similar efficacy to that observed in adult HS patients receiving the recommended adult dose of 40 mg every week. Safety of the recommended adalimumab dose in the adolescent HS population is based on cross-indication safety profile of adalimumab in both adults and pediatric patients at similar or more frequent doses.

# **Pediatric Uveitis Clinical Study**

The safety and efficacy of adalimumab was assessed in a randomized, double-masked, controlled study of 90 pediatric patients from 2 to < 18 years of age with active JIA-associated noninfectious anterior uveitis who were refractory to at least 12 weeks of methotrexate treatment. Patients received either placebo or 20 mg adalimumab (if < 30 kg) or 40 mg adalimumab (if ≥ 30 kg) every other week in combination with their baseline dose of methotrexate.

The primary endpoint was 'time to treatment failure.' The criteria determining treatment failure were worsening, or sustained non-improvement in ocular inflammation, or partial improvement with development of sustained ocular co-morbidities, or worsening of ocular co-morbidities, non-permitted use of concomitant medications, and suspension of treatment for an extended period of time.

# Clinical Response

Adalimumab significantly delayed the time to treatment failure, as compared to placebo (See Figure 6, P < 0.0001 from log rank test). The median time to treatment failure was 24.1 weeks for subjects treated with placebo, whereas the median time to treatment failure was not estimable for subjects treated with adalimumab because less than one-half of these subjects experienced treatment failure. Adalimumab significantly decreased the risk of treatment failure by 75% relative to placebo, as shown by the hazard ratio (HR = 0.25 [95% CI: 0.12, 0.49]).

<sup>&</sup>lt;sup>1</sup> p value for Standard Dose *versus* Low Dose comparison.

Immunosuppressant therapy could only be discontinued at or after Week 26 at the investigator's discretion if the subject met the clinical response criterion

defined as a closure of all fistulas that were draining at Baseline for at least 2 consecutive post-Baseline visits

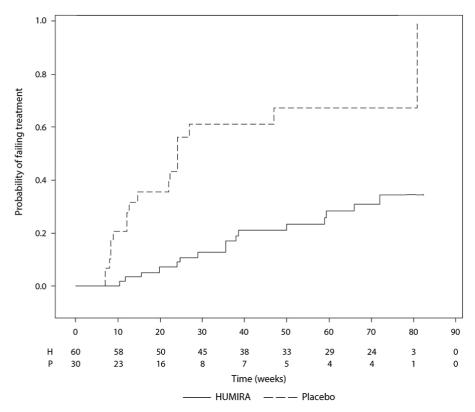


Figure 6: Kaplan-Meier Curves Summarizing Time to Treatment Failure in the Pediatric UV Study

## **Pediatric Ulcerative Colitis**

The safety and efficacy of adalimumab was assessed in a multicenter, randomized, double-blind, trial in 93 pediatric patients from 5 to 17 years of age with moderate to severe ulcerative colitis (Mayo score 6 to 12 with endoscopy subscore of 2 to 3 points, confirmed by centrally read endoscopy) who had an inadequate response or intolerance to conventional therapy. Approximately 16% of patients in the study had failed prior anti-TNF treatment. Patients who received corticosteroids at enrollment were allowed to taper their corticosteroid therapy after Week 4.

In the induction period of the study, 77 patients were randomized 3:2 to receive double-blind treatment with adalimumab at an induction dose of 2.4 mg/kg (maximum of 160 mg) at Week 0 and Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2; or an induction dose of 2.4 mg/kg (maximum of 160 mg) at Week 0, placebo at Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2. Both groups received 0.6 mg/kg (maximum of 40 mg) at Week 4 and Week 6. Following an amendment to the study design, the remaining 16 patients who enrolled in the induction period received open-label treatment with adalimumab at the induction dose of 2.4 mg/kg (maximum of 160 mg) at Week 0 and Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2.

At Week 8, 62 patients who demonstrated clinical response per Partial Mayo Score (PMS; defined as a decrease in PMS  $\geq$  2 points and  $\geq$  30% from Baseline) were randomized equally to receive double- blind maintenance treatment with adalimumab at a dose of 0.6 mg/kg (maximum of 40 mg) every week (ew), or a maintenance dose of 0.6 mg/kg (maximum of 40 mg) every other week (eow). Prior to an amendment to the study design, 12 additional patients who demonstrated clinical response per PMS were randomized to receive placebo but were not included in the confirmatory analysis of efficacy.

Disease flare was defined as an increase in Partial Mayo Score (PMS) of at least 3 points (for patients with PMS of 0 to 2 at Week 8), at least 2 points (for patients with PMS of 3 to 4 at Week 8), or at least 1 point (for patients with PMS of 5 to 6 at Week 8).

Patients who met criteria for disease flare at or after Week 12 were randomized to receive a re- induction dose of 2.4 mg/kg (maximum of 160 mg) or a dose of 0.6 mg/kg (maximum of 40 mg) and continued to receive their respective maintenance dose regimen afterwards.

## Efficacy Results

The co-primary endpoints of the study were clinical remission per PMS (defined as PMS  $\leq$  2 and no individual subscore > 1) at Week 8, and clinical remission per FMS (Full Mayo Score) (defined as a Mayo Score  $\leq$  2 and no individual subscore > 1) at Week 52 in patients who achieved clinical response per PMS at Week 8.

Clinical remission rates per PMS at Week 8 for patients in each of the adalimumab double-blind induction groups are presented in Table 27.

Table 27: Clinical remission per PMS at 8 weeks

		· · . · . · . · . · . · . · . ·
	Adalimumab <sup>a</sup> Maximum of 160 mg at Week 0 / Placebo at Week 1	Adalimumab <sup>b, c</sup> Maximum of 160 mg at Week 0 and Week 1
Clinical remission	13/30 (43.3%)	28/47 (59.6%)

Adalimumab 2.4 mg/kg (maximum of 160 mg) at Week 0, placebo at Week 1, and adalimumab 1.2 mg/kg (maximum of 80 mg) at Week 2 Adalimumab 2.4 mg/kg (maximum of 160 mg) at Week 0 and Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2

At Week 52, clinical remission per FMS in Week 8 responders, clinical response per FMS (defined as a decrease in Mayo Score  $\geq$  3 points and  $\geq$  30% from Baseline) in Week 8 responders, mucosal healing (defined as an Mayo endoscopy subscore  $\leq$  1) in Week 8 responders, clinical remission per FMS in Week 8 remitters, and the proportion of subjects in corticosteroid-free remission per FMS in Week 8 responders were assessed in patients who received adalimumab at the double- blind maximum 40 mg ew (0.6 mg/kg) and maximum 40 mg ew (0.6 mg/kg) maintenance doses (Table 28).

Table 28: Efficacy Results at 52 Weeks

	Adalimumab <sup>a</sup> Maximum of 40 mg eow	Adalimumab <sup>b</sup> Maximum of 40 mg ew
Clinical remission in Week 8 PMS responders	9/31 (29.0%)	14/31 (45.2%)
Clinical response in Week 8 PMS responders	19/31 (61.3%)	21/31 (67.7%)
Mucosal healing in Week 8 PMS responders	12/31 (38.7%)	16/31 (51.6%)
Clinical remission in Week 8 PMS remitters	9/21 (42.9%)	10/22 (45.5%)
Corticosteroid-free remission in Week 8 PMS responders <sup>C</sup>	4/13 (30.8%)	5/16 (31.3%)

Adalimumab 0.6 mg/kg (maximum of 40 mg) every other week

Note: Patients with missing values at Week 52 or who were randomized to receive re-induction or maintenance treatment were considered non-responders for Week 52 endpoints

Additional exploratory efficacy endpoints included clinical response per the Paediatric Ulcerative Colitis Activity Index (PUCAI) (defined as a decrease in PUCAI ≥ 20 points from Baseline) and clinical remission per PUCAI (defined as PUCAI < 10) at Week 8 and Week 52 (Table 29).

Table 29: Exploratory endpoints results by PUCAI

	Week 8	
	Adalimumab <sup>a</sup> Maximum of 160 mg at Week 0 / Placebo at Week 1	Adalimumab <sup>b,c</sup> Maximum of 160 mg at Week 0 and Week 1
Clinical remission per PUCAI	10/30 (33.3%)	22/47 (46.8%)
Clinical response per PUCAI	15/30 (50.0%)	32/47 (68.1%)
	Wee	k 52
	Adalimumab <sup>d</sup> Maximum of 40 mg eow	Adalimumab <sup>e</sup> Maximum of 40 mg ew
Clinical remission per PUCAI in Week 8 PMS responders	14/31 (45.2%)	18/31 (58.1%)
Clinical response per PUCAI in Week 8 PMS responders	18/31 (58.1%)	16/31 (51.6%)

Adalimumab 2.4 mg/kg (maximum of 160 mg) at Week 0, placebo at Week 1, and adalimumab 1.2 mg/kg (maximum of 80 mg) at Week 2
Adalimumab 2.4 mg/kg (maximum of 160 mg) at Week 0 and Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2

Note 1: Both induction groups received 0.6 mg/kg (maximum of 40 mg) at Week 4 and Week 6

Note 2: Patients with missing values at Week 8 were considered as not having met the endpoints

Note 3: Patients with missing values at Week 52 or who were randomized to receive reinduction or maintenance treatment were considered non-responders for Week 52 endpoints

Of the adalimumab-treated patients who received re-induction treatment during the maintenance period, 2/6 (33%) achieved clinical response per FMS at Week 52.

<sup>&</sup>lt;sup>c</sup> Not including open-label Induction dose of Adalimumab 2.4 mg/kg (maximum of 160 mg) at Week 0 and Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2

Note 1: Both induction groups received 0.6 mg/kg (maximum of 40 mg) at Week 4 and Week 6

Note 2: Patients with missing values at Week 8 were considered as not having met the endpoint

Adalimumab 0.6 mg/kg (maximum of 40 mg) every week

In patients receiving concomitant corticosteroids at baseline

Not including open-label Induction dose of adalimumab 2.4 mg/kg (maximum of 160 mg) at Week 0 and Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2

d Adalimumab 0.6 mg/kg (maximum of 40 mg) every other week

Adalimumab 0.6 mg/kg (maximum of 40 mg) everyweek

#### Quality of Life

Improvements from Baseline were observed in IMPACT III and the caregiver Work Productivity and Activity Impairment (WPAI) scores for the groups treated with adalimumab.

Increases (improvement) from Baseline in height velocity were observed for the groups treated with adalimumab, and increases (improvement) from Baseline in Body Mass Index were observed for subjects on the adalimumab maintenance dose of maximum 40 mg (0.6 mg/kg) ew.

#### **Immunogenicity**

There was no obvious difference in the immunogenicity profile of Idacio and reference drug, including the incidence of ADA, NAbs, and ADA titer throughout the study period. In the study EMR200588-001 the overall ADA incidence in the subjects tested across the 3 treatment arms was 64 of 78 (82.1%), 65 of 80 (81.3%), and 66 of 79 (83.5%) for Idacio, US Humira, and EU Humira, respectively.

In the patient Study EMR200588-002, there were no discernable differences in the immunogenicity profile of Idacio and EU Humira, including the incidence of ADA, NAbs, and ADA titer throughout the 52 weeks treatment period. In addition, following a single transition from EU Humira to Idacio at Week 16, the incidence and characteristics of immunogenicity remained stable and consistent between treatment groups until the end of the study at Week 52.

# Immunogenicity data with Humira

Formation of anti-adalimumab antibodies is associated with increased clearance and reduced efficacy of adalimumab. There is no apparent correlation between the presence of anti-adalimumab antibodies and adverse events.

Because immunogenicity analyses are product-specific, comparison of antibody rates with those from other products is not appropriate.

#### Adults

Patients in rheumatoid arthritis studies I, II and III were tested at multiple time points for anti-adalimumab antibodies during the 6 to 12 month period. In the pivotal trials, anti-adalimumab antibodies were identified in 5.5% (58/1053) of patients treated with adalimumab, compared to 0.5% (2/370) on placebo. In patients not given concomitant methotrexate, the incidence was 12.4%, compared to 0.6% when adalimumab was used as add-on to methotrexate.

In patients with psoriatic arthritis, anti-adalimumab antibodies were identified in 10% (38/376) of patients treated with adalimumab. In patients not given concomitant methotrexate, the incidence was 13.5% (24/178), compared to 7% (14/198) when adalimumab was used as add-on to methotrexate.

In patients with ankylosing spondylitis anti-adalimumab antibodies were identified in 8.3% (17/204) of patients treated with adalimumab. In patients not given concomitant methotrexate, the incidence was 8.6% (16/185), compared to 5.3% (1/19) when adalimumab was used as add-on to methotrexate.

In patients with Crohn's disease, anti-adalimumab antibodies were identified in 2.6% (7/269) of patients treated with adalimumab.

In patients with moderately to severely active ulcerative colitis, the rate of anti-adalimumab antibody development in patients treated with adalimumab was 5.0%.

In patients with psoriasis, anti-adalimumab antibodies were identified in 8.4% (77/920) of patients treated with adalimumab without concomitant methotrexate. In plaque psoriasis patients on long term adalimumab without concomitant methotrexate who participated in a withdrawal and retreatment study, the rate of anti-adalimumab antibodies after retreatment was 2.3%, and was similar to the rate observed prior to withdrawal 1.9%.

In patients with moderate to severe hidradenitis suppurativa, anti-adalimumab antibodies were identified in 10.1% (10/99) of patients treated with adalimumab.

In patients with non-infectious uveitis, anti-adalimumab antibodies were identified in 4.8% (12/249) of patients treated with adalimumab.

# Pediatrics

In patients with polyarticular juvenile idiopathic arthritis who were 4 to 17 years, anti-adalimumab antibodies were identified in 16.0% (27/171) of patients treated with adalimumab. In patients not given concomitant methotrexate, the incidence was 26.0% (22/86), compared to 6.0% (5/85) when adalimumab was used as add-on to methotrexate. In patients with polyarticular juvenile idiopathic arthritis who were 2 to <4 years old or aged 4 and above weighing <15 kg, anti-adalimumab antibodies were identified in 7.0% (1/15) of patients, and the one patient was receiving concomitant methotrexate.

In patients with enthesitis-related arthritis, anti-adalimumab antibodies were identified in 11% (5/46) of patients treated with adalimumab. In patients not given concomitant methotrexate, the incidence was 14% (3/22), compared to 8% (2/24) when adalimumab was used as add-on to methotrexate.

In patients with moderately to severely active pediatrics Crohn's disease, the rate of anti-adalimumab antibody development in patients receiving adalimumab was 3.3% (6/182).

In patients with pediatric psoriasis, anti-adalimumab antibodies were identified in 13% (5/38) of subjects treated with 0.8 mg/kg adalimumab monotherapy.

In patients with moderately to severely active pediatric ulcerative colitis, the rate of anti-adalimumab antibody development in patients receiving adalimumab was 3%.

# **INDICATIONS**

#### **ADULTS**

#### Rheumatoid Arthritis

Idacio is indicated for reducing signs and symptoms and inhibiting the progression of structural damage and improving physical function in adult patients with moderately to severely active rheumatoid arthritis who have had an inadequate response to one or more DMARDs. Idacio can be used alone or in combination with methotrexate or other DMARDs.

Idacio in combination with MTX, can also be used in the treatment of patients with recently diagnosed moderate to severely active rheumatoid arthritis who have not received methotrexate.

#### **Psoriatic Arthritis**

Idacio is indicated for reducing signs and symptoms of active arthritis in adult patients with moderate to severe psoriatic arthritis when the response to previous DMARD therapy has been inadequate. Idacio has been shown to reduce the rate of progression of peripheral joint damage as measured by X-ray in patients with polyarticular symmetrical subtypes of the disease and to improve physical function.

Idacio can be used alone or in combination with DMARDs.

#### **Ankylosing Spondylitis**

Idacio is indicated for reducing signs and symptoms in adult patients with active ankylosing spondylitis who have had an inadequate response to conventional therapy.

#### Crohn's Disease

Idacio is indicated for the treatment of moderate to severe active Crohn's disease in adults to reduce the signs and symptoms of the disease and to induce and maintain clinical remission in patients who have had an inadequate response to conventional therapies, or who have lost response to or are intolerant of infliximab. For induction treatment, Idacio should be given in combination with corticosteroids. Idacio can be given as monotherapy in case of intolerance to corticosteroids or when continued treatment with corticosteroids is inadequate.

#### **Ulcerative Colitis**

Idacio is indicated for treatment of moderately to severely active ulcerative colitis in adult patients who have had an inadequate response to conventional therapy including corticosteroids and/or 6-mercaptopurine (6-MP) or azathioprine (AZA), or who are intolerant to or have medical contraindications for such therapies.

#### **Plaque Psoriasis**

Idacio is indicated for the treatment of adult patients with moderate to severe chronic plaque psoriasis who are candidates for systemic therapy or phototherapy and when other systemic therapies are medically less appropriate.

#### Hidradenitis Suppurativa

Idacio is indicated for the treatment of active moderate to severe hidradenitis suppurativa (acne inversa) in adult patients with an inadequate response to conventional systemic HS therapy.

## **Uveitis**

Idacio is indicated for the treatment of non-infectious intermediate, posterior and panuveitis in adult patients who have had an inadequate response to corticosteroids, in patients in need of corticosteroid-sparing, or in whom corticosteroid treatment is inappropriate.

# **PEDIATRICS**

# Juvenile Idiopathic Arthritis

# Polyarticular Juvenile Idiopathic Arthritis

Idacio in combination with methotrexate is indicated for the treatment of active polyarticular juvenile idiopathic arthritis (pJIA), in patients 2 years of age and older, who have had an inadequate response to one or more disease-modifying anti-rheumatic drugs (DMARDS). Idacio can be given as monotherapy in case of intolerance to methotrexate or when continued treatment with methotrexate is inappropriate (for the efficacy in monotherapy see **CLINICAL STUDIES**). Idacio has not been studied in patients aged less than 2 years.

# Enthesitis-Related Arthritis

Idacio is indicated for the treatment of active enthesitis-related arthritis in patients, 6 years of age and older, who have had an inadequate response to, or who are intolerant of, conventional therapy.

# Pediatric Crohn's Disease

Idacio is indicated for reducing signs and symptoms and inducing and maintaining clinical remission in pediatric patients, 6 years of age and older, with moderately to severely active Crohn's disease who have had an inadequate response to conventional therapy.

# **Pediatric Plaque Psoriasis**

Idacio is indicated for the treatment of severe chronic plaque psoriasis in children and adolescents from 4 years of age who have had an inadequate response to or are inappropriate candidates for topical therapy and phototherapy.

## **Adolescent Hidradenitis Suppurativa**

Idacio is indicated for the treatment of active moderate to severe hidradenitis suppurativa (acne inversa) in adolescents from 12 years of age with an inadequate response to conventional systemic hidradenitis suppurativa (HS) therapy.

## **Pediatric Uveitis**

Idacio is indicated for the treatment of chronic non-infectious anterior uveitis in pediatric patients 2 years of age and older who have had an inadequate response to or are intolerant to conventional therapy, or in whom conventional therapy is inappropriate.

#### **Pediatric Ulcerative Colitis**

Idacio is indicated for inducing and maintaining clinical remission in pediatric patients 5 years of age or older with moderately to severely active ulcerative colitis who have had an inadequate response to conventional therapy including corticosteroids and/or 6-mercaptopurine (6-MP) or azathioprine (AZA), or who are intolerant to or have medical contraindications for such therapies.

#### **CONTRAINDICATIONS**

Idacio should not be administered to patients with known hypersensitivity to Idacio or any of its excipients. Active tuberculosis or other severe infections such as sepsis, abscesses, and opportunistic infections (see WARNINGS AND PRECAUTIONS).

Moderate to severe heart failure (NYHA class III/IV) (see WARNINGS AND PRECAUTIONS).

#### **WARNINGS AND PRECAUTIONS**

Idacio is a biosimilar medicinal product. The prescribing physician should be involved in any decision regarding its switching.

In order to improve traceability of biological medicinal products, the tradename and the batch number of the administered product should be clearly recorded.

Serious infections, due to bacterial, mycobacterial, invasive fungal (disseminated or extrapulmonary histoplasmosis, aspergillosis, coccidioidomycosis) viral, parasitic or other opportunistic infections have been reported in patients receiving TNFblocking agents. Sepsis, rare cases of tuberculosis, candidiasis, listeriosis, Legionellosis and pneumocystis have also been reported with the use of TNF antagonists, including adalimumab. Other serious infections seen in clinical trials include pneumonia, pyelonephritis, septic arthritis and septicaemia. Hospitalization or fatal outcomes associated with infections have been reported. Many of the serious infections have occurred in patients on concomitant immunosuppressive therapy that, in addition to their underlying disease could predispose them to infections.

Treatment with adalimumab should not be initiated in patients with active infections including chronic or localized infections until infections are controlled. In patients who have been exposed to tuberculosis, and patients who have traveled in areas of high risk of tuberculosis or endemic mycoses, such as histoplasmosis, coccidioidomycosis, or blastomycosis, the risk and benefits of treatment with adalimumab should be considered prior to initiating therapy (see Other Opportunistic Infections).

As with other TNF antagonists, patients should be monitored closely for infections, including tuberculosis before, during and after treatment with adalimumab.

Patients who develop a new infection while undergoing treatment with adalimumab should be monitored closely and undergo a complete diagnostic evaluation. Administration of adalimumab should be discontinued if a patient develops a new serious infection or sepsis, and appropriate antimicrobial or antifungal therapy should be initiated until infections are controlled.

Physicians should exercise caution when considering the use of adalimumab in patients with a history of recurrent infection or with underlying conditions which may predispose patients.

## Tuberculosis

Tuberculosis including reactivation and new onset of tuberculosis, has been reported in patients receiving adalimumab. Reports included cases of pulmonary and extrapulmonary (i.e.disseminated).

Before initiation of therapy with adalimumab, all patients should be evaluated for both active and inactive ("latent") tuberculosis infection. The evaluation should include a detailed medical assessment of patient history of tuberculosis or possible previous exposure to people with active tuberculosis and previous and/or current immunosuppressive therapy. Appropriate screening tests (e.g. chest x-ray and tuberculin skin test) should be performed in accordance with local recommendations. Treatment of latent tuberculosis should be initiated prior to therapy with adalimumab.

The possibility of undetected latent tuberculosis should be considered especially in patients who have immigrated from or traveled to countries with a high prevalence of tuberculosis or who had close contact with a person with active tuberculosis.

If active tuberculosis is diagnosed, adalimumab therapy must not be initiated.

If latent tuberculosis is diagnosed, appropriate treatment must be started with anti-tuberculosis prophylactic treatment before initiation of adalimumab and in accordance with local recommendations. Use of anti-tuberculosis prophylactic treatment should also be considered before initiation of adalimumab in patients with several or significant risk factors for tuberculosis despite a negative test for tuberculosis and in patient with a past history of latent or active tuberculosis in whom an adequate course of treatment cannot be confirmed. The decision to initiate anti-tuberculosis therapy in these patients should only be made after taking into account both the risk for latent tuberculosis infection and the risks of anti-tuberculosis therapy. If necessary, consultation should occur with a physician with expertise in the treatment of tuberculosis.

Anti-tuberculosis treatment of patients with latent tuberculosis infection reduces the risk of reactivation in patients receiving treatment with adalimumab. Despite prophylactic treatment for tuberculosis, cases of reactivated tuberculosis have occurred in patients treated with adalimumab. Also, active tuberculosis has developed in patients receiving adalimumab whose screening for latent tuberculosis infection was negative, and some patients who have been successfully treated for active tuberculosis have redeveloped tuberculosis while being treated with TNF blocking agents.

Patients receiving adalimumab should be monitored for signs and symptoms of active tuberculosis, particularly because tests for latent tuberculosis infection may be falsely negative. The risk of false negative tuberculin skin test results should be considered especially in patients who are severely ill or immunocompromised.

Patients should be instructed to seek medical advice if signs/symptoms suggestive of a tuberculosis infection (e.g., persistent cough, wasting/weight loss, low grade fever, listlessness) occur during or after therapy with adalimumab.

# **Other Opportunistic Infections**

Opportunistic infections, including invasive fungal infections, have been observed in patients receiving adalimumab. These infections are not consistently recognized in patients taking TNF- blockers and this has resulted in delays in appropriate treatment, sometimes resulting in fatal outcomes.

Patients taking TNF-blockers are more susceptible to serious fungal infections such as histoplasmosis, coccidioidomycosją,

blastomycosis, aspergillosis, candidiasis, and other opportunistic infections. Those who develop fever, malaise, weight loss, sweats, cough, dyspnea, and/or pulmonary infiltrates, or other serious systemic illness with or without concomitant shock should promptly seek medical attention for a diagnostic evaluation.

For patients who reside or travel in regions where mycoses are endemic, invasive fungal infections should be suspected if they develop the signs and symptoms of possible systemic fungal infection. Patients are at risk of histoplasmosis and other invasive fungal infections and hence clinicians should consider empiric antifungal treatment until the pathogen(s) are identified. Antigen and antibody testing for histoplasmosis may be negative in some patients with active infection. When feasible, the decision to administer empiric antifungal therapy in these patients should be made in consultation with a physician with expertise in the diagnosis and treatment of invasive fungal infections and should take into account both the risk for severe fungal infection and the risks of antifungal therapy. Patients who develop a severe fungal infection are also advised to stop the TNF-blocker until infections are controlled.

## **Hepatitis B Reactivation**

Use of TNF blockers has been associated with reactivation of hepatitis B virus (HBV) in patients who are chronic carriers of this virus. In some instances, HBV reactivation occurring in conjunction with TNF blocker therapy has been fatal. The majority of these reports have occurred in patients concomitantly receiving other medications that suppress the immune system, which may also contribute to HBV reactivation. Patients at risk for HBV infection should be evaluated for prior evidence of HBV infection before initiating TNF blocker therapy. Prescribers should exercise caution in prescribing TNF blockers for patients identified as carriers of HBV. Patients who are carriers of HBV and require treatment with TNF blockers should be closely monitored for signs and symptoms of active HBV infection throughout therapy and for several months following termination of therapy. Adequate data are not available on the safety or efficacy of treating patients who are carriers of HBV with anti-viral therapy in conjunction with TNF blocker therapy to prevent HBV reactivation. In patients who develop HBV reactivation, adalimumab should be stopped and effective anti-viral therapy with appropriate supportive treatment should be initiated.

# **Neurologic Events**

TNF-antagonists, including adalimumab, have been associated in rare cases with new onset or exacerbation of clinical symptoms and/or radiographic evidence of central nervous system demyelinating disease, including multiple sclerosis, optic neuritis and peripheral demyelinating disease, including Guillain Barré syndrome. Prescribers should exercise caution in considering the use of adalimumab in patients with preexisting or recent-onset central or peripheral nervous system demyelinating disorders; discontinuation of adalimumab should be considered if any of these disorders develop.

There is a known association between intermediate uveitis and central demyelinating disorders. Neurologic evaluation should be performed in patients with non-infectious intermediate uveitis prior to the initiation of adalimumab therapy to assess for pre-existing central demyelinating disorders.

#### Malignancies

In the controlled portions of clinical trials of TNF-antagonist, including adalimumab, more cases of malignancies including lymphoma have been observed among patients receiving a TNF-antagonist compared with control patients. In the post marketing setting, cases of leukemia have been reported in patients treated with a TNF-antagonist. It should be noted that there is an increased background lymphoma risk in rheumatoid arthritis patients with long-standing, highly active, inflammatory disease, which complicates the risk estimation. During the long-term open label trials with adalimumab, the overall rate of malignancies was similar to what would be expected for an age, gender and race matched general population. With the current knowledge, a possible risk for the development of lymphomas, leukemia or other malignancies in patients treated with a TNF-antagonist cannot be excluded.

Malignancies, some fatal, have been reported among children and adolescents who received treatment with TNF-blocking agents. Approximately half the cases were lymphomas, including Hodgkin's and non-Hodgkin's lymphoma. The other cases represented a variety of different malignancies and included rare malignancies usually associated with immunosuppression. The malignancies occurred after a median of 30 months of therapy. Most of the patients were receiving concomitant immunosuppressants. These cases were reported post-marketing and are derived from a variety of sources including registries and spontaneous postmarketing reports. A risk for the development of malignancies in children and adolescents treated with TNF-antagonists cannot be excluded.

Rare postmarketing reports of hepatosplenic T-cell lymphoma (HSTCL), a rare aggressive lymphoma that is often fatal, have been identified in patients treated with adalimumab. Most of the patients had prior infliximab therapy as well as concomitant azathioprine or 6-mercaptopurine used for inflammatory bowel disease. The potential risk with the combination of azathioprine or 6-mercaptopurine and adalimumab should be carefully considered. The causal association of HSTCL with adalimumab is not clear. A risk for the development of hepatosplenic T-cell lymphoma in patients treated with adalimumab cannot be excluded.

No studies have been conducted that include patients with a history of malignancy or that continue treatment in patients who develop malignancy while receiving adalimumab. Thus additional caution should be exercised in considering adalimumab treatment of these patients.

All patients, and in particular patients with a medical history of extensive immunosuppressant therapy or psoriasis patients with a history of PUVA treatment should be examined for the presence of non-melanoma skin cancer prior to and during treatment with adalimumab. Melanoma and Merkel cell carcinoma have also been reported in patients treated with TNF-antagonists including adalimumab.

Cases of acute and chronic leukemia have been reported in association with postmarketing TNF blocker use in rheumatoid arthritis and other indications. Patients with rheumatoid arthritis may be at a higher risk (up to 2-fold) than the general population for the development of leukemia, even in the absence of TNF-blocking therapy.

With current data it is not known if adalimumab treatment influences the risk for developing dysplasia or colon cancer. All patient with ulcerative colitis who are at increased risk for dysplasia or colon carcinoma (for example, patients with long-standing ulcerative colitis or primary sclerosing cholangitis), or who had a prior history of dysplasia or colon carcinoma should be screened for dysplasia at regular intervals before therapy and throughout their disease course. This evaluation should include colonoscopy and biopsies per local recommendations.

# **Allergic**

Serious allergic reactions associated with adalimumab were rare during clinical trials. In post-marketing reports, cases of serious allergic reactions including anaphylaxis have been received following adalimumab administration. If an anaphylactic reaction or other serious allergic reaction occurs, administration of adalimumab should be discontinued immediately and appropriate therapy initiated.

## Surgery

There is limited safety experience of surgical procedures in patients treated with adalimumab. The long half-life of adalimumab should be taken into consideration if a surgical procedure is planned. A patient who requires surgery while on adalimumab should be closely monitored for infections, and appropriate actions should be taken. There is limited safety experience in patients undergoing arthroplasty while receiving adalimumab.

#### **Hematologic Events**

Rare reports of pancytopenia including aplastic anemia have been reported with TNF blocking agents. Adverse events of the hematologic system, including medically significant cytopenia (e.g. thrombocytopenia, leukopenia) have been reported with adalimumab. The causal relationship of these reports to adalimumab remains unclear. All patients should be advised to seek immediate medical attention if they develop signs and symptoms suggestive of blood dyscrasias (e.g. persistent fever, bruising, bleeding, pallor) while on adalimumab. Discontinuation of adalimumab therapy should be considered in patients with confirmed significant hematologic abnormalities.

## Concurrent administration of biologic DMARDs or TNF-antagonists

Serious infections were seen in clinical studies with concurrent use of anakinra and another TNF-antagonist, etanercept, with no added clinical benefit compared to etanercept alone. Because of the nature of the adverse events seen with the combination of etanercept and anakinra therapy, similar toxicities may also result from the combination of anakinra and other TNF-antagonists. Therefore, the combination of adalimumab and anakinra is not recommended.

Concomitant administration of adalimumab with other biologic DMARDS (e.g., anakinra and abatacept) or other TNF antagonists is not recommended based upon the possible increased risk for infections and other potential pharmacological interactions.

# Immunosuppression

In a study of 64 patients with RA that were treated with adalimumab, there was no evidence of depression of delayed-type hypersensitivity, depression of immunoglobulin levels, or change in enumeration of effector T- and B-cells and NK-cells, monocyte/macrophages, and neutrophils.

## **Vaccinations**

Similar antibody responses to the standard 23-valent pneumococcal vaccine and the influenza trivalent virus vaccination were observed in a study in 226 adult subjects with rheumatoid arthritis who were treated with adalimumab or placebo. No data are available on the secondary transmission of infection by live vaccines in patients receiving adalimumab.

It is recommended that pediatric patients, if possible, be brought up to date with all immunizations in agreement with current immunization guidelines prior to initiating adalimumab therapy.

Patients on adalimumab may receive concurrent vaccinations, except for live vaccines.

Administration of live vaccines to infants exposed to adalimumab in utero is not recommended for 5 months following the mother's last adalimumab injection during pregnancy.

# **Congestive Heart Failure**

Adalimumab has not been formally studied in patients with congestive heart failure (CHF) however, in clinical studies with another TNF antagonist, a higher rate of serious CHF-related adverse events was observed. Cases of worsening CHF have also been reported in patients receiving adalimumab. Physicians should exercise caution when using adalimumab in patients who have heart failure and monitor them carefully. Adalimumab should be used with caution in patients with mild heart failure (NYHA class I/II). Adalimumab is contraindicated in moderate to severe heart failure (see **CONTRAINDICATIONS**). Treatment with Adalimumab must be discontinued in patients who develop new or worsening symptoms of congestive heart failure.

## **Autoimmune Processes**

Treatment with adalimumab may result in the formation of autoantibodies, and, rarely, in the development of a lupus-like syndrome. The impact of long-term treatment with adalimumab on the development of autoimmune diseases is unknown. If a patient develops symptoms suggestive of a lupus-like syndrome following treatment with adalimumab, treatment should be discontinued (see **Adverse Reactions, Autoantibodies**).

## **Geriatric Use**

The frequency of serious infection among adalimumab treated subjects over 65 years of age was higher than for those under 65 years of age. Of the total number of subjects in clinical studies of adalimumab, 9.4% were 65 years and over, while approximately 2.0% were 75 and over. Because there is a higher incidence of infections in the elderly population in general, caution should be used when treating the elderly.

## DRUG INTERACTIONS

When adalimumab was administered to 21 RA patients on stable MTX therapy, there were no statistically significant changes in the serum MTX concentration profiles. In contrast, after single and multiple dosing, MTX reduced adalimumab apparent clearances by 29% and 44% respectively. The data do not suggest the need for dose adjustment of either adalimumab or MTX.

Interactions between adalimumab and drugs other than MTX have not been evaluated in formal pharmacokinetic studies. In clinical trials, no interactions have been observed when adalimumab was administered with commonly used DMARDs (sulfasalazine, hydrochloroquine, leflunomide and parenteral gold), glucocorticoids, salicylates, nonsteroidal anti-inflammatory drugs or analgesics.

# **Drug/Laboratory Test Interaction**

There is no known interference between adalimumab and laboratory tests.

## **PRE-CLINICAL SAFETY DATA**

Preclinical data reveal no special hazard for humans based on studies of single dose toxicity, repeated dose toxicity, and genotoxicity.

# Carcinogenesis, Mutagenesis, and Impairment of Fertility

Long-term animal studies of adalimumab have not been conducted to evaluate the carcinogenic potential or its effect on fertility. No clastogenic or mutagenic effects of adalimumab were observed in the in vivo mouse micronucleus test or the Salmonella-

Escherichia coli (Ames) assay, respectively.

#### PREGNANCY AND LACTATION

#### Pregnancy

An embryo-fetal perinatal developmental toxicity study has been performed in cynomolgus monkeys at dosages up to 100 mg/kg (373 times human AUC when given 40 mg SC) and has revealed no evidence of harm to the fetuses due to adalimumab.

Limited clinical data on pregnant women exposed to adalimumab are available. In a prospective cohort pregnancy exposure registry, 257 women with RA or CD treated with adalimumab at least during the first trimester and 120 women with RA or CD not treated with adalimumab were enrolled.

There were no significant differences in the overall rates for the primary endpoint of major birth defects (adjusted Odds Ratio 0.84, 95% Confidence Interval (CI) 0.34, 2.05) as well as the secondary endpoints which included minor birth defects, spontaneous abortion, preterm delivery, low birth weight, and serious or opportunistic infections. No stillbirths or malignancies were reported.

Although the registry has methodological limitations, including small sample size and non-randomized study design, the data show no increased risk of adverse pregnancy outcomes in women with RA or CD treated with adalimumab in comparison to women with RA or CD not treated with adalimumab. In addition, data from post-marketing surveillance does not establish the presence of a drug-associated risk. Even then, there are no adequate and well-controlled studies in pregnant women and therefore adalimumab should only be used during pregnancy if clearly needed.

Adalimumab may cross the placenta into the serum of infants born to women treated with adalimumab during pregnancy. Consequently, these infants may be at increased risk for infection. Administration of live vaccines to infants exposed to adalimumab in utero is not recommended for 5 months following the mother's last adalimumab injection during pregnancy.

Women of child-bearing potential should be advised not to get pregnant during adalimumab therapy.

#### **Labor and Delivery**

There are no known effects of adalimumab on labor or delivery.

#### **Nursing Mothers**

Limited information from the published literature indicates that adalimumab is excreted in breast milk at very low concentrations with the presence of adalimumab in human milk at concentrations of 0.1% to 1% of the maternal serum level. Given orally ingested immunoglobulin G proteins undergo intestinal proteolysis and have poor bioavailability, systemic effects of adalimumab in a breast fed infant are unlikely. The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for adalimumab and any potential adverse effects on the breastfed child from adalimumab or from the underlying maternal condition.

#### **ADVERSE REACTIONS**

The types, frequency and severity of adverse events were comparable between Idacio and Humira

## **Clinical Trials**

Adalimumab was studied in 9506 patients in pivotal controlled and open label trials for up to 60 months or more. These trials included rheumatoid arthritis patients with short term and long term disease, juvenile idiopathic arthritis (polyarticular juvenile idiopathic arthritis and enthesitis-related arthritis) as well as psoriatic arthritis, axial spondyloarthritis (ankylosing spondylitis and non-radiographic axial spondyloarthritis), Crohn's disease, ulcerative colitis, psoriasis, hidradenitis suppurativa and uveitis patients. The controlled pivotal studies involved 6089 patients receiving adalimumab and 3801 patients receiving placebo or active comparator during the controlled period.

The proportion of patients who discontinued treatment due to adverse events during the double-blind, controlled portion of pivotal studies was 5.9% for patients taking adalimumab and 5.4% for control treated patients. Overall discontinuation rates in the RA trials were 12.7% for patients taking adalimumab and 16.8% for placebo treated patients. The most common reasons in the RA trials for discontinuation with adalimumab were adverse events (6.6%), lack of efficacy (2.4%) and withdrawal of consent(1.9%).

Approximately 13% of patients can be expected to experience injection site reactions, based on one of the most common adverse events with adalimumab in controlled clinical studies.

Adverse events at least possibly causally-related to adalimumab, both clinical and laboratory, are displayed by system organ class and frequency (very common ≥1/10; common ≥1/100 to <1/10; uncommon ≥1/1000 to <1/100; rare ≥ 1/10,000 to <1/1000) in Table 30 below. The highest frequency seen among the various indications has been included. An asterisk (\*) appears in the SOC column if further information is found elsewhere in sections **CONTRAINDICATIONS**, **WARNINGS AND PRECAUTIONS** and **ADVERSE REACTIONS**.

Table 30: Adverse Reactions in Clinical Studies		
System Organ Class	Frequency	Adverse Reaction
Infections and infestations*	Very Common	respiratory tract infections (including lower and upper respiratory tract infection, pneumonia, sinusitis, pharyngitis, nasopharyngitis and pneumonia herpes viral)
	Common	systemic infections (including sepsis, candidiasis and influenza), intestinal infections (including gastroenteritis viral), skin and soft tissue infections (including paronychia, cellulitis, impetigo, necrotizing fasciitis and herpes zoster), ear infections, oral infections (including herpes simplex, oral herpes and tooth infections), reproductive tract infections (including vulvovaginal mycotic infection), urinary tract infections (including pyelonephritis), fungal infections, joint infections
	Uncommon	opportunistic infections and tuberculosis (including coccidioidomycosis, histoplasmosis and mycobacterium avum complex infection), neurological infections (including viral meningitis), eye infections, bacterial infections

lymphoma**, solid organ neoplasms (including breast cancer, lung neoplasm and thyroid neoplasm), melanoma**  leucopenia (including neutropenia and agranulocytosis), anemia thrombocytopenia, leucocytosis idiopathic thrombocytopenic purpura pancytopenia  hypersensitivity*, allergies (including seasonal allergy)  lipids increased hypokalemia, uric acid increased, blood sodium abnormal, hypocalcemia, hyperglycemia, hypophosphotemia, dehydration  mood alterations (including depression), anxiety, insomnia  headache paraesthesias (including hypoesthesia) migraine, nerve root compression tremor, neuropathy multiple sclerosis  visual impairment, conjunctivitis, blepharitis, eye swelling diplopia  vertigo deafness, tinnitus  tachycardia arrhythmia, congestive heart failure cardiac arrest  Hypertension, flushing, haematoma vascular arterial occlusion, thrombophlebitis, aortic aneurysm
thrombocytopenia, leucocytosis idiopathic thrombocytopenic purpura pancytopenia hypersensitivity*, allergies (including seasonal allergy) lipids increased hypokalemia, uric acid increased, blood sodium abnormal, hypocalcemia, hyperglycemia, hypophosphotemia, dehydration mood alterations (including depression), anxiety, insomnia headache paraesthesias (including hypoesthesia) migraine, nerve root compression tremor, neuropathy multiple sclerosis visual impairment, conjunctivitis, blepharitis, eye swelling diplopia vertigo deafness, tinnitus tachycardia arrhythmia, congestive heart failure cardiac arrest Hypertension, flushing, haematoma
idiopathic thrombocytopenic purpura pancytopenia  hypersensitivity*, allergies (including seasonal allergy)  lipids increased hypokalemia, uric acid increased, blood sodium abnormal, hypocalcemia, hyperglycemia, hypophosphotemia, dehydration  mood alterations (including depression), anxiety, insomnia  headache paraesthesias (including hypoesthesia) migraine, nerve root compression  tremor, neuropathy multiple sclerosis  visual impairment, conjunctivitis, blepharitis, eye swelling diplopia  vertigo deafness, tinnitus  tachycardia arrhythmia, congestive heart failure cardiac arrest  Hypertension, flushing, haematoma
pancytopenia hypersensitivity*, allergies (including seasonal allergy)  lipids increased hypokalemia, uric acid increased, blood sodium abnormal, hypocalcemia, hyperglycemia, hypophosphotemia, dehydration  mood alterations (including depression), anxiety, insomnia  headache paraesthesias (including hypoesthesia) migraine, nerve root compression  tremor, neuropathy multiple sclerosis  visual impairment, conjunctivitis, blepharitis, eye swelling diplopia  vertigo deafness, tinnitus  tachycardia arrhythmia, congestive heart failure cardiac arrest  Hypertension, flushing, haematoma
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compression tremor, neuropathy multiple sclerosis visual impairment, conjunctivitis, blepharitis, eye swelling diplopia  vertigo deafness, tinnitus  tachycardia arrhythmia, congestive heart failure cardiac arrest  Hypertension, flushing, haematoma
multiple sclerosis  visual impairment, conjunctivitis, blepharitis, eye swelling diplopia  vertigo deafness, tinnitus  tachycardia arrhythmia, congestive heart failure cardiac arrest  Hypertension, flushing, haematoma
visual impairment, conjunctivitis, blepharitis, eye swelling diplopia  vertigo deafness, tinnitus  tachycardia arrhythmia, congestive heart failure cardiac arrest  Hypertension, flushing, haematoma
diplopia  vertigo deafness, tinnitus  tachycardia arrhythmia, congestive heart failure cardiac arrest  Hypertension, flushing, haematoma
vertigo deafness, tinnitus  tachycardia arrhythmia, congestive heart failure cardiac arrest  Hypertension, flushing, haematoma
deafness, tinnitus  tachycardia arrhythmia, congestive heart failure cardiac arrest  Hypertension, flushing, haematoma
tachycardia arrhythmia, congestive heart failure cardiac arrest Hypertension, flushing, haematoma
arrhythmia, congestive heart failure cardiac arrest  Hypertension, flushing, haematoma
cardiac arrest  Hypertension, flushing, haematoma
cardiac arrest  Hypertension, flushing, haematoma
vascular arterial occlusion, thrombophlebitis, aortic aneurysm
cough, asthma, dyspnoea
chronic obstructive pulmonary disease, interstitial lung disease, pneumonitis
abdominal pain, nausea and vomiting
GI hemorrhage, dyspepsia, gastroesophageal reflux disease, sicca syndrome
pancreatitis, dysphagia, face edema
liver enzymes elevated
cholecystitis and cholelithiasis, bilirubin increased, hepatic steatosis
rash (including exfoliative rash)
pruritis, urticaria, bruising (including purpura), dermatitis (including eczema), onychoclasis, hyperhydrosis
night sweats, scar
musculoskeletal pain
muscle spasms (including blood creatinine phosphokinase increased)
rhabdomyolysis, systemic lupus erythematosus
rhabdomyolysis, systemic lupus erythematosus haematuria, renal impairment nocturia

General disorders and administration site conditions*	Very Common	injection site reaction (including injection site erythema)
	Common	chest pain, edema
	Uncommon	inflammation
Investigations	Common	coagulation and bleeding disorders (including activated partial thromboplastin time prolonged), autoantibody tests positive (including double stranded DNA antibody), blood lactate dehydrogenase increased
Injury, poisoning and procedural complications*	Common	impaired healing

<sup>\*</sup> Further information found in CONTRAINDICATIONS, WARNINGS AND PRECAUTIONS and ADVERSE REACTIONS.

# **Hidradenitis Suppurativa**

The safety profile for patients with hidradenitis suppurativa treated with adalimumab weekly was consistent with the known safety profile of adalimumab.

#### **Uveitis**

The safety profile for patients with non-infectious uveitis treated with adalimumab was consistent with the known safety profile of adalimumab.

#### **Pediatric Population**

In general, the adverse reactions in pediatric patients were similar in frequency and type to those seen in adult patients.

## **Injection Site Reactions**

In the pivotal controlled trials in adults and children, 12.9% of patients treated with adalimumab developed injection site reactions (erythema and/or itching, hemorrhage, pain or swelling), compared to 7.2% of patients receiving control treatment. Most injection site reactions were described as mild and generally did not necessitate drug discontinuation.

#### Infections

In the pivotal controlled trials in adults and children, the rate of infection was 1.51 per patient year in the adalimumab treated patients and 1.46 per patient year in the control-treated patients. The incidence of serious infections was 0.04 per patient year in adalimumab treated patients and 0.03 per patient year in control-treated patients. The infections consisted primarily of nasopharyngitis, upper respiratory tract infections and sinusitis. Most patients continued on adalimumab after the infection resolved

In the controlled and open label adult and pediatric studies with adalimumab, serious infections (including fatal infections, which occurred rarely) have been reported, which include reports of tuberculosis (including miliary and extrapulmonary locations) and invasive opportunistic infections (e.g., disseminated histoplasmosis, pneumocystis carinii pneumonia, aspergillosis and listeriosis). Most of the cases of tuberculosis occurred within the first eight months after initiation of therapy and may reflect recrudescence of latent disease.

# **Malignancies and Lymphoproliferative Disorders**

No malignancies were observed in 249 pediatric patients with an exposure of 655.6 patient-years during adalimumab trials in patients with juvenile idiopathic arthritis (polyarticular juvenile idiopathic arthritis and enthesitis-related arthritis).

In addition, no malignancies were observed in 192 pediatric patients with an exposure of 498.1 patient years during an adalimumab trial in pediatric patients with Crohn's disease.

No malignancies were observed in 77 pediatric patients with an exposure of 80.0 patient years during an adalimumab trial in pediatric patients with plaque psoriasis.

No malignancies were observed in 60 pediatric patients with an exposure of 58.4 patient years during an adalimumab trial in pediatric patients with uveitis.

No malignancies were observed in 93 pediatric patients with an exposure of 65.3 patient years during an adalimumab trial in pediatric patients with ulcerative colitis.

During the controlled portions of pivotal adalimumab trials in adults at least 12 weeks in duration in patients with moderately to severely active rheumatoid arthritis, psoriatic arthritis, axial spondyloarthritis (ankylosing spondylitis and non-radiographic axial spondyloarthritis), Crohn's disease, ulcerative colitis, hidradenitis suppurativa, psoriasis and uveitis, malignancies, other than lymphoma and non-melanoma skin cancer, were observed at a rate (95% confidence interval) of 6.8 (4.4, 10.5) per 1000 patient-years among 5291 adalimumab treated patients versus a rate of 6.3 (3.4, 11.8) per 1000 patient-years among 3444 control patients (median duration of treatment was 4.0 months for adalimumab and 3.8 months for control-treated patients.

The rate (95% confidence interval) of non-melanoma skin cancers was 8.8 (6.0, 13.0) per 1000 patient-years among adalimumab - treated patients and 3.2 (1.3, 7.6) per 1000 patient-years among control patients. Of these skin cancers, squamous cell carcinomas occurred at rates (95% confidence interval) of 2.7 (1.4, 5.4) per 1000 patient-years among adalimumab -treated patients and 0.6 (0.1, 4.5) per 1000 patient-years among control patients.

The rate (95% confidence interval) of lymphomas was 0.7 (0.2, 2.7) per 1000 patient-years among adalimumab -treated patients and 0.6 (0.1, 4.5) per 1000 patient-years among control patients.

The observed rate of malignancies, other than lymphoma and non-melanoma skin cancers, is approximately 8.5 per 1000 patient years in the controlled portion of clinical trials and in ongoing and completed open label extension studies. The observed rate of non-melanoma skin cancers is approximately 9.6 per 1000 patient years, and the observed rate of lymphomas is approximately 1.3 per 1000 patient years. The median duration of these studies is approximately 3.3 years and included 6427

<sup>\*\*</sup> Includes open label extension studies

patients who were on adalimumab for at least 1 year or who developed a malignancy within a year of starting therapy, representing over 26439.6 patient years of therapy.

In post-marketing experience from January 2003 to December 2010, predominately in patients with rheumatoid arthritis, the reported rate of malignancies is approximately 2.7 per 1000 patient years. The reported rates for non-melanoma skin cancers and lymphomas are approximately 0.2 and 0.3 per 1000 patient years, respectively.

Rare post-marketing cases of hepatosplenic T-cell lymphoma have been reported in patients treated with adalimumab (see **WARNINGS AND PRECAUTIONS**).

#### **Autoantibodies**

Patients had serum samples tested for autoantibodies at multiple time points in RA Studies I–V. In these adequate and well-controlled trials, 11.9% of patients treated with adalimumab and 8.1% of placebo and active control–treated patients that had negative baseline anti-nuclear antibody titers reported positive titers at week 24.

Two patients out of 3989 treated with adalimumab in all RA, PsA and AS studies developed clinical signs suggestive of newonset lupus-like syndrome. The patients improved following discontinuation of therapy. No patients developed lupus nephritis or central nervous system symptoms. The impact of long-term treatment with adalimumab on the development of autoimmune diseases is unknown.

# **Psoriasis: New onset and Worsening**

Cases of new onset psoriasis, including pustular psoriasis and palmoplantar psoriasis, and cases of worsening of pre-existing psoriasis have been reported with the use of TNF blockers, including adalimumab. Many of these patients were taking concomitant immunosuppresants (e.g. MTX, corticosteroids). Some of these patients required hospitalization. Most patients had improvement of their psoriasis following discontinuation of their TNF blocker. Some patients have had recurrences of the psoriasis when they were re-challenged with a different TNF blocker. Discontinuation of adalimumab should be considered for severe cases and those that do not improve or that worsen despite topical treatments.

#### **Liver Enzyme Elevations**

In controlled Phase 3 trials of adalimumab (40 mg SC every other week), in patients with RA and PsA with a control period duration ranging from 4 to 104 weeks, ALT elevations  $\geq$  3 x ULN occurred in 3.7% of adalimumab-treated patients and 1.6% of control- treated patients. Since many of the patients in these trials were also taking medications that cause liver enzyme elevations (e.g. NSAIDS, MTX), the relationship between adalimumab and the liver enzyme elevations is not clear. In controlled Phase 3 trials of adalimumab (initial doses of 160 mg and 80 mg, or 80 mg and 40 mg on Days 1 and 15, respectively, followed by 40 mg every other week), in patients with Crohn's disease with a control period duration ranging from 4 to 52 weeks. ALT elevations  $\geq$  3 x ULN occurred in 0.9% of adalimumab-treated patients and 0.9% of control-treated patients. In controlled Phase 3 trials of adalimumab (initial doses of 160 mg and 80 mg on Days 1 and 15 respectively, followed by 40 mg every other week), patients with ulcerative colitis with a control period duration ranging from 1 to 52 weeks, ALT elevations  $\geq$  3 x ULN occurred in 1.5% of adalimumab-treated patients and 1.0% of control-treated patients. In controlled Phase 3 trials of adalimumab (initial doses of 80 mg then 40 mg every other week), in patients treated with plaque psoriasis with a control period duration ranging from 12 to 24 weeks. ALT elevations  $\geq$  3 x ULN occurred in 1.8% of adalimumab-treated patients and 1.8% of control-treated patients.

In controlled trials of adalimumab (initial doses of 160 mg at Week 0 and 80 mg at Week 2, followed by 40 mg every week starting at Week 4), in patients with hidradenitis suppurativa with a control period duration ranging from 12 to 16 weeks, ALT elevations  $\geq$  3 x ULN occurred in 0.3% of adalimumab-treated patients and 0.6% of control-treated patients.

In controlled Phase 3 trials of adalimumab (40 mg every other week), in patients with ankylosing spondylitis with a control period of 12 to 24 weeks. ALT elevations ≥ 3 x ULN occurred in 2.44% of adalimumab-treated patients and 0.66% of control-treated patients.

In controlled Phase 3 trials of adalimumab in patients with polyarticular juvenile idiopathic arthritis who were 4 to 17 years and enthesitis-related arthritis who were 6 to 17 years, ALT elevations  $\geq 3$  x ULN occurred in 6.1% of adalimumab-treated patients and 1.3% of control-treated patients. Most ALT elevations occurred with concomitant methotrexate use. No ALT elevations  $\geq 3$  x ULN occurred in the Phase 3 trial of adalimumab in patients with polyarticular juvenile idiopathic arthritis who were 2 to <4 years.

In the Phase 3 trial of adalimumab in patients with pediatric Crohn's disease which evaluated efficacy and safety of two body weight adjusted maintenance dose regimens following body weight adjusted induction therapy up to 52 weeks of treatment, ALT elevations ≥ 3 X ULN occurred in 2.6% (5/192) of patients, of whom 4 were receiving concomitant immunosuppressants at baseline.

In controlled trials of adalimumab (initial doses of 80 mg at Week 0 followed by 40 mg every other week starting at Week 1) in patients with uveitis with an exposure of 165.4 PYs and 119.8 PYs in adalimumab-treated and control-treated patients, respectively, ALT elevations  $\geq$  3 x ULN occurred in 2.4% of adalimumab-treated patients and 2.4% of control-treated patients.

In the controlled Phase 3 trial of adalimumab in patients with pediatric ulcerative colitis (N=93) which evaluated efficacy and safety of a maintenance dose of 0.6 mg/kg (maximum of 40 mg) every other week (N=31) and a maintenance dose of 0.6 mg/kg (maximum of 40 mg) every week (N=32), following body weight adjusted induction dosing of 2.4 mg/kg (maximum of 160 mg) at Week 0 and Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2 (N=63), or an induction dose of 2.4 mg/kg (maximum of 160 mg) at Week 0, placebo at Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2 (N=30), ALT elevations ≥ 3 X ULN occurred in 1.1% (1/93) of patients.

No ALT elevations ≥ 3 X ULN occurred in the Phase 3 trial of adalimumab in pediatric patients with plaque psoriasis.

Across all indications in clinical trials patients with raised ALT were asymptomatic and in most cases elevations were transient and resolved on continued treatment. However, there have been very rare postmarketing reports of severe hepatic reactions including liver failure in patients receiving TNF blockers, including adalimumab. The causal relationship to adalimumab treatment remains unclear.

## Concurrent Treatment with Azathioprine/6-Mercaptopurine

In adult Crohn's disease studies, higher incidences of malignant and serious infection-related adverse events were seen with

the combination of adalimumab and azathioprine/6-mercaptopurine compared with adalimumab alone.

## Additional Adverse Reactions from Postmarketing Surveillance or Phase IV Clinical Trials

Adverse events have been reported during post-approval use of adalimumab. Because these events are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to adalimumab exposure.

Infections and infestations	Diverticulitis
Neoplasms benign, malignant and unspecified (including cysts and polyps)*	Hepatosplenic T-cell lymphoma, leukemia, Merkel Cell Carcinoma (neuroendocrine carcinoma of the skin), Kaposi's sarcoma
Immune system disorders*	Anaphylaxis, angioneurotic edema, sarcoidosis
Nervous system disorders*	Demyelinating disorders (e.g. optic neuritis, Guillain-Barré syndrome), cerebrovascular accident
Respiratory, thoracic and mediastinal disorders	Pulmonary embolism, pleural effusion, pulmonary fibrosis
Hepatobiliary disorders*	Reactivation of hepatitis B, liver failure, hepatitis, autoimmune hepatitis
Gastrointestinal disorders*	Intestinal perforation
Skin and subcutaneous tissue disorders	Stevens-Johnson syndrome, angioedema, new onset or worsening of psoriasis (including palmoplantar pustular psoriasis), cutaneous vasculitis, erythema multiforme, alopecia, lichenoid skin reaction**
Musculoskeletal and connective tissue disorders	Lupus-like syndrome
Cardiac disorders	Myocardial infarction
General disorders and administration site conditions	Pyrexia
Investigations	Weight increased***

<sup>\*</sup> further information is found in CONTRAINDICATIONS, WARNINGS AND PRECAUTIONS and ADVERSE REACTIONS.

## **INCOMPATIBILITIES**

There are no known reports of any incompatibilities.

## **OVERDOSAGE**

The maximum tolerated dose of adalimumab has not been established in humans. No dose-limiting toxicities have been observed during clinical trials with adalimumab. Multiple doses up to 10 mg/kg have been administered to patients in clinical trials without evidence of dose-limiting toxicities. In case of overdosage, it is recommended that the patient be monitored for any signs or symptoms of adverse reactions or effects and appropriate symptomatic treatment instituted immediately.

# DOSAGE AND ADMINISTRATION ADULTS

## Rheumatoid Arthritis, Psoriatic Arthritis and Ankylosing Spondylitis

The recommended dose of adalimumab for adult patients with rheumatoid arthritis, psoriatic arthritis, or ankylosing spondylitis is 40mg administered every other week as a single dose via subcutaneous injection. Methotrexate, glucocorticoids, salicylates, nonsteroidal anti-inflammatory drugs, analgesics or other DMARDs may be continued during treatment with adalimumab.

In rheumatoid arthritis, some patients not taking concomitant MTX may derive additional benefit from increasing the dosing frequency of adalimumab to 40mg every week.

# Crohn's Disease

	Dose	Frequency
Induction	80mg	Initial dose (Day 0) as two injections
	40mg	Second dose (Day 14)
Maintenance	40mg	Starting Day 28 and continuing fortnightly

In case there is a need for a more rapid response to therapy, the regimen 160mg at week 0 (dose can be administered as four injections in one day or as two injections per day for two consecutive days), 80mg at week 2, can be used with the awareness that the risk for adverse events is higher during induction.

Aminosalicylates, corticosteroids, and/or immunomodulatory agents (e.g., 6-mercaptopurine and azathioprine) may be continued during treatment with adalimumab.

Patients usually respond within the induction phase. However, if a patient does not show any response, available data do not sufficiently support further adalimumab treatment.

## **Ulcerative Colitis**

The recommended adalimumab induction dose regimen for adult patients with moderate to severe ulcerative colitis is 160mg at Week 0 (dose can be administered as four injections in one day or as two injections per day for two consecutive days) and 80mg at Week 2. After induction treatment, the recommended dose is 40mg every other week via subcutaneous injection. Aminosalicylates, corticosteroids, and/or immunomodulatory agents (e.g., 6-mercaptopurine and azathioprine) may be continued during treatment with adalimumab.

During maintenance treatment, corticosteroids may be tapered in accordance with clinical practice guidelines.

Some patients who experience decrease in their response may benefit from an increase in dosing frequency to 40mg adalimumab every week.

<sup>\*\*</sup> occurring in patients receiving a TNF-antagonist including adalimumab

<sup>\*\*\*</sup> The mean weight change from baseline for adalimumab ranged from 0.3 kg to 1.0 kg across adult indications compared to (minus) -0.4 kg to 0.4 kg for placebo over a treatment period of 4-6 months. Weight increase of 5-6 kg has also been observed in long-term extension studies with mean exposures of approximately 1-2 years without control group, particularly in patients with Crohn's disease and ulcerative colitis. The mechanism behind this effect is unclear but could be associated with the anti-inflammatory effect of adalimumab.

Available data suggest that clinical response is usually achieved within 2-8 weeks of treatment. Adalimumab should only be continued in patients who have responded during the first 8 weeks of therapy.

#### Plaque Psoriasis

The recommended dose of adalimumab for adult patients with plaque psoriasis is an initial dose of 80mg, followed by 40mg given every other week starting one week after the initial dose. Continued therapy beyond 16 weeks should be carefully reconsidered in a patient not responding within this time period.

Beyond 16 weeks, patients with inadequate response may benefit from an increase in dosing frequency to 40 mg every week. Response should be periodically evaluated (for example, every 12 weeks). Patients with continued inadequate response should discontinue treatment. If an adequate response is achieved with an increased dosing frequency, the dose may subsequently be reduced to 40mg fortnightly.

#### **Hidradenitis Suppurativa**

The recommended adalimumab dose regimen for adult patients with hidradenitis suppurativa (HS) is 160 mg initially at Day 1 (given as four 40 mg injections in one day or as two 40 mg injections per day for two consecutive days), followed by 80 mg two weeks later at Day 15 (given as two 40 mg injections in one day). Two weeks later (Day 29) continue with a dose of 40 mg every week. Antibiotics may be continued during treatment with adalimumab if necessary. It is recommended that the patient should use a topical antiseptic wash on their HS lesions on a daily basis during treatment with adalimumab.

Should treatment need to be interrupted, adalimumab 40mg every week may be re-introduced.

In patients without any benefit after 12 weeks of treatment, continued therapy should be reconsidered.

#### Uveitis

Ophthalmologists are advised to consult with an appropriate specialist before initiation of treatment with adalimumab.

The recommended dose of adalimumab for adult patients with uveitis is an initial dose of 80 mg, followed by 40 mg given every other week starting one week after the initial dose. There is limited experience in the initiation of treatment with adalimumab alone. Treatment with adalimumab can be initiated in combination with corticosteroids and/or with other non-biologic immunomodulatory agents. Concomitant corticosteroids may be tapered in accordance with clinical practice starting two weeks after initiating treatment with adalimumab.

It is recommended that the benefit and risk of continued long-term treatment should be evaluated on a yearly basis.

## **PEDIATRICS**

Juvenile Idiopathic Arthritis

## Polyarticular Juvenile Idiopathic Arthritis

Adalimumab has not been studied in children with polyarticular juvenile idiopathic arthritis aged less than 2 years.

# Polyarticular Juvenile Idiopathic Arthritis

The recommended dose of adalimumab for patients from 2 years of age with polyarticular juvenile idiopathic arthritis (JIA) is based on body weight (Table 32). MTX, glucocorticoids, NSAIDs, and/or analgesics may be continued during treatment with adalimumab.

Table 32: Adalimumab Dose for Patients with Polyarticular Juvenile Idiopathic Arthritis

Patient Weight	Dosing Regimen
10 kg to < 30 kg	20 mg every other week
≥ 30 kg	40 mg every other week

Adalimumab has not been studied in patients with polyarticular juvenile idiopathic arthritis less than 2 years of age or in patients with a weight below 10 kg.

Available data suggest that clinical response is usually achieved within 12 weeks of treatment. Continued therapy should be carefully reconsidered in a patient not responding within this time period.

There is no relevant use of adalimumab in children aged less than 2 years in this indication.

## **Enthesitis-Related Arthritis**

The recommended dose of adalimumab for patients from 6 years of age with enthesitis-related arthritis is based on body weight (Table 33).

Table 33: Adalimumab Dose for Patients with Enthesitis-Related Arthritis

Patient Weight	Dosing Regimen
15 kg to < 30 kg	20 mg every other week
≥ 30 kg	40 mg every other week

Adalimumab has not been studied in patients with enthesitis-related arthritis aged less than 6 years.

## Pediatric Crohn's Disease Patients < 40kg body weight:

	Dose	Frequency
Induction	40mg	Initial dose (Day 0)
	20mg	Second dose (Day 14)
Maintenance	20mg	Starting Day 28 and continuing fortnightly

In case there is a need for a more rapid response to therapy, the induction regimen 80mg at week 0 (dose can be administered as two injections in one day), 40mg at week 2, can be used with the awareness that the risk for adverse events is higher during induction.

Some patients may benefit from increasing the frequency to weekly if a disease flare or an inadequate response is experienced during maintenance dosing.

## Patients ≥ 40kg body weight:

	Dose	Frequency
Induction	80mg	Initial dose (Day 0)
	40mg	Second dose (Day 14)
Maintenance	40mg	Starting Day 28 and continuing fortnightly

In case there is a need for a more rapid response to therapy, the induction regimen 160mg at week 0 (dose can be administered as four injections in one day or as two injections per day for two consecutive days), 80mg at week 2, can be used with the awareness that the risk for adverse events is higher during induction.

Some patients may benefit from increasing the frequency to weekly if a disease flare or an inadequate response is experienced during maintenance dosing.

Adalimumab has not been studied in children with Crohn's disease aged less than 6 years.

#### **Pediatric Plaque Psoriasis**

The recommended adalimumab dose for patients from 4 to 17 years of age with plaque psoriasis is based on body weight (Table 34). adalimumab is administered via subcutaneous injection.

Table 34. Adalimumab Dose for Paediatric Patients with Plaque Psoriasis

Patient Weight	Dosing Regimen
15 kg to < 30 kg	Initial dose of 20 mg, followed by 20 mg given every other week starting one week after the initial dose
≥ 30 kg	Initial dose of 40 mg, followed by 40 mg given every other week starting one week after the initial dose

Continued therapy beyond 16 weeks should be carefully considered in a patient not responding within this time period. If retreatment with adalimumab is indicated, the above guidance on dose and treatment duration should be followed.

There is no relevant use of adalimumab in children aged less than 4 years in this indication.

# Adolescent hidradenitis suppurativa (from 12 years of age, weighing at least 30 kg)

There are no clinical trials with adalimumab in adolescent patients with hidradenitis suppurativa (HS). The posology of adalimumab in these patients has been determined from pharmacokinetic modeling and simulation.

The recommended adalimumab dose is 80 mg at Week 0 followed by 40 mg every other week starting at Week 1 via subcutaneous injection.

In adolescent patients with inadequate response to adalimumab 40 mg every other week, an increase in dosing frequency to 40 mg every week may be considered.

Antibiotics may be continued during treatment with adalimumab if necessary. It is recommended that the patient should use a topical antiseptic wash on their HS lesions on a daily basis during treatment with adalimumab.

Continued therapy beyond 12 weeks should be carefully reconsidered in a patient with no improvement within this time period

Should treatment be interrupted, adalimumab may be re-introduced as appropriate

The benefit and risk of continued long-term treatment should be periodically evaluated.

There is no relevant use of adalimumab in children aged less than 12 years in this indication.

# **Pediatric Uveitis**

The recommended dose of adalimumab for pediatric patients 2 years of age and older with chronic non-infectious anterior uveitis is based on body weight (Table 35). Adalimumab is administered via subcutaneous injection. Adalimumab may be available in different strengths and/or presentations. In paediatric uveitis, there is no experience in the treatment with adalimumab without concomitant treatment with methotrexate.

Table 35. Adalimumab Dose for Paediatric Patients with Uveitis

Patient	Dosing Regimen
Weight	
< 30 kg	20 mg every other week in combination with methotrexate
≥ 30 kg	40 mg every other week in combination with methotrexate

When adalimumab is initiated, a loading dose of 40 mg for patients <30 kg or 80 mg for patients ≥30 kg may be administered one week prior to the start of maintenance therapy. No clinical data are available on the use of an adalimumab loading dose in children <6 years of age (see section Pharmacokinetics).

There is no relevant use of adalimumab in children aged less than 2 years in this indication. It is recommended that the benefit and risk of continued long-term treatment should be evaluated on a yearly basis.

#### **Pediatric Ulcerative Colitis**

The recommended dose of adalimumab for patients from 5 to 17 years of age with ulcerative colitis is based on body weight (Table 36). Adalimumab is administered via subcutaneous injection.

Table 36. Adalimumab Dose for Pediatric Ulcerative Colitis

Patient Weight	Induction Dose	Maintenance Dose Starting at Week 4*
< 40 kg	<ul><li>80 mg at Week 0 and</li><li>40 mg at Week 2</li></ul>	<ul><li>40 mg every other week or</li><li>20 mg every week</li></ul>
≥ 40 kg	<ul><li>160 mg at Week 0 and</li><li>80 mg at Week 2</li></ul>	<ul><li>80 mg every other week or</li><li>40 mg every week</li></ul>

<sup>\*</sup> Pediatric patients who turn 18 years of age while on adalimumab should continue their prescribed maintenance dose.

Continued therapy beyond 8 weeks should be carefully considered in patients not showing signs of response within this time period.

There is no relevant use of adalimumab in children aged less than 5 years in this indication.

#### **Pediatric Use**

Adalimumab has not been studied in children less than 2 years of age and there are limited data on adalimumab treatment in children with weight < 10kg. The safety and efficacy of adalimumab in pediatric patients for indications other than juvenile idiopathic arthritis (polyarticular juvenile idiopathic arthritis and enthesitis-related arthritis), pediatric Crohn's disease, pediatric plaque psoriasis, adolescent hidradenitis suppurativa, pediatric uveitis and pediatric ulcerative colitis have not been established.

# **Geriatric Use**

Of the total number of subjects in clinical studies of adalimumab, 9.4% were 65 years and over, while approximately 2.0% were 75 and over. No overall differences in effectiveness were observed between these subjects and younger subjects. No dose adjustment is needed for this population.

# Preparation of adalimumab

Adalimumab is intended for use under the guidance and supervision of a physician. Patients may self-inject adalimumab if their physician determines that it is appropriate and with medical follow-up, as necessary, after proper training in injection technique.

Sites for self-injection include thigh or abdomen. Injection sites should be rotated. New injections should never be given into areas where the skin is tender, bruised, red or hard.

Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration, whenever solution and container permit.

Adalimumab should not be mixed in the same syringe with any other medicine.

Any unused product or waste material should be disposed of in accordance with local requirements.

## LIST OF EXCIPIENTS

Sodium dihydrogen phosphate dihydrate

Disodium phosphate dihydrate

Mannitol

Sodium chloride

Citric acid monohydrate

Sodium citrate

Polysorbate 80

Sodium hydroxide (for pH adjustment)

Water for injections

## **SHELF LIFE**

2 years

# SPECIAL PRECAUTIONS FOR STORAGE

Store in a refrigerator (2°C – 8°C).

Do not freeze.

Keep the pre-filled syringe or pre-filled pen or vial in its outer carton in order to protect from light.

A single pre-filled syringe or pre-filled pen may be stored at temperatures up to a maximum of 30°C and a single vial may be stored at temperatures up to a maximum of 25°C, for a period of up to 14 days. The pre-filled syringe or the pre-filled pen or vial must be protected from light and discarded if not used within the 14-day period.

## NATURE AND CONTENTS OF CONTAINER

# Idacio solution for injection in pre-filled syringe 40mg/0.8ml

0.8 mL solution in pre-filled syringe (type I glass) with a 29G Thin-Wall, ½ inch needle with a latex-free needle cap, a plunger stopper (synthetic rubber), extended finger flanges and a passive needle shield.

#### Pack sizes of:

- 2 pre-filled syringes, with 2 alcohol pads
- 6 pre-filled syringes, with 6 alcohol pads

# Idacio solution for injection in pre-filled pen 40mg/0.8ml

0.8 mL solution in pre-filled PhysiojectTM pen containing a pre-filled syringe (type I glass) with a 29G Thin-Wall, ½ inch needle with latex-free needle cap and a plunger stopper (synthetic rubber). The pen is a single use, disposable, handheld, mechanical injection device.

## Pack sizes of:

- 2 pre-filled pens, with 2 alcohol pads
- 6 pre-filled pens, with 6 alcohol pads

# Idacio solution for injection for paediatric use in single-use vial 40 mg/0.8 ml

0.8 mL solution in vial (type I glass) with a rubber stopper (synthetic rubber) and aluminium crimp seal.

Each box contains 1 vial, 1 sterile injection syringe, 1 sterile needle, 1 vial adaptor and 2 alcohol pads.

Not all presentations may be marketed.

# **MARKETING AUTHORISATION HOLDER:**

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