

## **1. Name of the medicinal product**

**NovoEight®**

**250 IU powder and solvent for solution for injection**

**500 IU powder and solvent for solution for injection**

**1000 IU powder and solvent for solution for injection**

**1500 IU powder and solvent for solution for injection**

**2000 IU powder and solvent for solution for injection**

**3000 IU powder and solvent for solution for injection**

## **2. Qualitative and quantitative composition**

Each powder vial contains nominally 250, 500, 1000, 1500, 2000 or 3000 IU human coagulation factor VIII (rDNA), turoctocog alfa.

Each pre-filled syringe contains 0.9% sodium chloride solution.

After reconstitution NovoEight® contains approximately 62.5, 125, 250, 375, 500 or 750 IU/ml of human coagulation factor VIII (rDNA), turoctocog alfa.

The potency (IU) is determined using the European Pharmacopoeia (Ph. Eur) chromogenic assay. The specific activity of NovoEight® is approximately 8,300 IU/mg protein.

Turoctocog alfa (human coagulation factor VIII (rDNA)) is a purified protein that has 1,445 amino acids with an approximate molecular mass of 166 kDa. It is produced by recombinant DNA technology in Chinese hamster ovary (CHO) cells, and prepared without the addition of any human or animal derived protein in the cell culture process, purification or final formulation.

Turoctocog alfa is a B-domain truncated recombinant human coagulation factor VIII (B-domain consists of 21 amino acids of the wild type B-domain) without any other modifications in the amino acid sequence.

### *Excipient with known effect*

The medicinal product contains 30.5 mg sodium per reconstituted vial.

For the full list of excipients, see section 6.1.

## **3. Pharmaceutical form**

Powder and solvent for solution for injection.

White or slightly yellow powder or friable mass.

Clear and colourless solution for injection.

## **4. Clinical particulars**

### **4.1 Therapeutic indications**

Treatment and prophylaxis of bleeding in patients with haemophilia A (congenital factor VIII deficiency). NovoEight® does not contain Willebrand factor and is not indicated in von Willebrand disease.

NovoEight® can be used for all age groups.

### **4.2 Posology and method of administration**

Treatment should be initiated under the supervision of a doctor experienced in the treatment of haemophilia.

#### Treatment monitoring

During the course of treatment, appropriate determination of factor VIII levels is advised to guide the dose to be administered and the frequency of repeated injections. Individual patients may vary in their response to factor VIII, demonstrating different half-lives and recoveries. Dose based on bodyweight may require

adjustment in underweight or overweight patients. In a single dose pharmacokinetic study in adult patients the maximum exposure ( $C_{max}$ ) and the total exposure (AUC) increased with increasing body mass index (BMI) indicating that dose adjustments may be required. An increase in dose may be required for underweight patients (BMI <18.5 kg/m<sup>2</sup>) and a decrease in dose may be required for obese patients (BMI ≥30 kg/m<sup>2</sup>), but there is insufficient data to recommend specific dose adjustments, see section 5.2.

In the case of major surgical interventions in particular, precise monitoring of the substitution therapy by means of coagulation analysis (plasma factor VIII activity) is indispensable.

When using an *in vitro* thromboplastin time (aPTT)-based one stage clotting assay for determining factor VIII activity in patients' blood samples, plasma factor VIII activity results can be significantly affected by both the type of aPTT reagent and the reference standard used in the assay. Also there can be significant discrepancies between assay results obtained by aPTT-based one stage clotting assay and the chromogenic assay according to Ph. Eur. This is of importance particularly when changing the laboratory and/or reagents used in the assay.

### Posology

The dose and duration of the substitution therapy depend on the severity of the factor VIII deficiency, on the location and extent of the bleeding and the patient's clinical condition.

The number of units of factor VIII administered is expressed in International Units (IU), which are related to the current WHO standard for factor VIII products. The activity of factor VIII in plasma is expressed either as percentage (relative to normal level human plasma) or in International Units (IU) (relative to an International Standard for factor VIII in plasma).

One IU of factor VIII activity is equivalent to that quantity of factor VIII in one ml normal human plasma.

#### *On-demand treatment*

The calculation of the required dose of factor VIII is based on the empirical finding that 1 IU factor VIII per kg body weight raises the plasma factor VIII activity by 2 IU/dl. The required dose is determined using the following formula:

Required units (IU) = body weight (kg) × desired factor VIII rise (%) (IU/dl) × 0.5 (IU/kg per IU/dl).

The amount to be administered and the frequency of administration should always be oriented to the clinical effectiveness in the individual case.

In case of the following haemorrhagic events, the factor VIII activity should not fall below the given plasma activity level (in % of normal or IU/dl) in the corresponding period. The following table can be used to guide dosing in bleeding episodes and surgery:

**Table 1 Guide for dosing in bleeding episodes and surgery**

Degree of haemorrhage/Type of surgical procedure	FVIII level required (%) (IU/dl)	Frequency of doses (hours)/Duration of therapy (days)
<b><i>Haemorrhage</i></b>		
Early haemarthrosis, muscle bleeding or oral bleeding	20–40	Repeat every 12–24 hours, at least 1 day, until the bleeding episode as indicated by pain is resolved or healing achieved
More extensive haemarthrosis, muscle bleeding or haematoma	30–60	Repeat infusion every 12–24 hours for 3–4 days or more until pain and acute disability are resolved

Degree of haemorrhage/Type of surgical procedure	FVIII level required (%) (IU/dl)	Frequency of doses (hours)/Duration of therapy (days)
Life threatening haemorrhages	60–100	Repeat infusion every 8–24 hours until threat is resolved
<b><i>Surgery</i></b>		
<i>Minor surgery</i> including tooth extraction	30–60	Every 24 hours, at least 1 day, until healing is achieved
<i>Major surgery</i>	80–100 (pre- and postoperative)	Repeat infusion every 8–24 hours until adequate wound healing, then therapy for at least another 7 days to maintain a factor VIII activity of 30% to 60% (IU/dl)

#### *Prophylaxis*

For long term prophylaxis against bleeding in patients with severe haemophilia A, the usual recommended doses are 20–40 IU of factor VIII per kg body weight every second day or 20–50 IU of factor VIII per kg body weight 3 times weekly. In adults and adolescents (>12 years) a less frequent regimen (40–60 IU/kg every third day or twice weekly) may be applicable. In some cases, especially in younger patients, shorter dosage intervals or higher doses may be necessary.

#### *Surgery*

There is limited experience of surgery in paediatric patients.

#### *Elderly*

There is no experience in patients > 65 years.

#### *Paediatric population*

For long term prophylaxis against bleeding in patients below the age of 12, doses of 25–50 IU of factor VIII per kg body weight every second day or 25–60 IU of factor VIII per kg body weight 3 times weekly are recommended. For paediatric patients above the age of 12 the dose recommendations are the same as for adults.

### **Method of administration**

Intravenous use.

The recommended infusion rate for NovoEight® is 1–2 ml/min. The rate should be determined by the patient's comfort level.

For instructions on reconstitution of the medicinal product before administration, see Instructions on how to use NovoEight®.

### **4.3 Contraindications**

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

Known allergic reaction to hamster proteins.

### **4.4 Special warnings and precautions for use**

#### *Traceability*

In order to improve traceability of biological medicinal products, the name and the batch number of the administered product should be clearly recorded.

### *Hypersensitivity*

Allergic type hypersensitivity reactions are possible with NovoEight®. The product contains traces of hamster proteins, which in some patients may cause allergic reactions. If symptoms of hypersensitivity occur, patients should be advised to discontinue use of the medicinal product immediately and contact their physician. Patients should be informed of the early signs of hypersensitivity reactions including hives, generalised urticaria, tightness of the chest, wheezing, hypotension and anaphylaxis.

In case of shock, standard medical treatment for shock should be implemented.

### *Inhibitors*

The formation of neutralising antibodies (inhibitors) to factor VIII is a known complication in the management of individuals with haemophilia A. These inhibitors are usually IgG immunoglobulins directed against the factor VIII procoagulant activity, which are quantified in Bethesda Units (BU) per ml of plasma using the modified assay. The risk of developing inhibitors is correlated to the severity of the disease as well as the exposure to factor VIII, this risk being highest within the first 50 exposure days but continues throughout life although the risk is uncommon.

The clinical relevance of inhibitor development will depend on the titre of the inhibitor, with low titre posing less of a risk of insufficient clinical response than high titre inhibitors.

In general, all patients treated with coagulation factor VIII products should be carefully monitored for the development of inhibitors by appropriate clinical observation and laboratory test. If the expected factor VIII activity plasma levels are not attained, or if bleeding is not controlled with an appropriate dose, testing for factor VIII inhibitor presence should be performed. In patients with high levels of inhibitors, factor VIII therapy may not be effective and other therapeutic options should be considered. Management of such patients should be directed by physicians with experience in the care of haemophilia and factor VIII inhibitors.

It is strongly recommended that every time that NovoEight® is administered to a patient, the name and batch number of the product are recorded in order to maintain a link between the patient and the batch of the medicinal product.

### *Cardiovascular event*

In patients with existing cardiovascular risk factors, substitution therapy with FVIII may increase the cardiovascular risk.

### *Catheter-related complications*

If a central venous access device (CVAD) is required, risk of CVAD-related complications including local infections, bacteraemia and catheter site thrombosis should be considered

### *Paediatric population*

The listed warnings and precautions apply both to adults and children.

### Excipient related considerations

The medicinal product contains 30.5 mg sodium per reconstituted vial, equivalent to 1.5% of the WHO recommended maximum daily intake of 2 g sodium for an adult.

## **4.5 Interaction with other medicinal products and other forms of interaction**

No interactions of human coagulation factor VIII (rDNA) products with other medicinal products have been reported.

## **4.6 Fertility, pregnancy and lactation**

Animal reproduction studies have not been conducted with NovoEight®. Based on the rare occurrence of haemophilia A in women, experience regarding the use of factor VIII during pregnancy and breastfeeding is not available. Therefore, factor VIII should be used during pregnancy and lactation only if clearly indicated.

#### 4.7 Effects on ability to drive and use machines

NovoEight® has no influence on the ability to drive and use machines.

#### 4.8 Undesirable effects

##### *Summary of the safety profile*

Hypersensitivity or allergic reactions (which may include angioedema, burning and stinging at the infusion site, chills, flushing, generalised urticaria, headache, hives, hypotension, lethargy, nausea, restlessness, tachycardia, tightness of the chest, tingling, vomiting, wheezing) have been observed rarely and may in some cases progress to severe anaphylaxis (including shock).

Very rarely development of antibodies to hamster protein with related hypersensitivity reactions has been observed.

Development of neutralising antibodies (inhibitors) may occur in patients with haemophilia A treated with factor VIII, including with NovoEight®. If such inhibitors occur, the condition will manifest itself as an insufficient clinical response. In such cases, it is recommended that a specialised haemophilia centre is contacted.

##### *Tabulated list of adverse reactions*

The table presented below is according to the MedDRA system organ classification (SOC and Preferred Term Level).

Frequencies have been evaluated according to the following convention: very common ( $\geq 1/10$ ), common ( $\geq 1/100$  to  $< 1/10$ ), uncommon ( $\geq 1/1,000$  to  $< 1/100$ ), rare ( $\geq 1/10,000$  to  $< 1/1,000$ ), very rare ( $< 1/10,000$ ), and not known (cannot be estimated from the available data).

Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

**Table 2 Frequency of adverse drug reactions in clinical trials**

System Organ Class	Frequency <sup>a</sup> in PTPs	Frequency <sup>a</sup> in PUPs	Adverse reaction
Blood and lymphatic system disorders	Uncommon <sup>b</sup>	Very common <sup>b</sup>	FVIII inhibition
Psychiatric disorders	Uncommon		Insomnia
Nervous system disorders	Uncommon		Headache, dizziness, burning sensation
Cardiac disorders	Uncommon		Sinus tachycardia, acute myocardial infarction
Vascular disorders	Uncommon		Hypertension, lymphoedema, hyperaemia
		Common	Flushing, thrombophlebitis superficial
Skin and subcutaneous tissue disorders		Common	Rash, rash erythematous
	Uncommon		Rash, lichenoid keratosis, skin burning sensation
Musculoskeletal and connective tissue disorders	Uncommon		Musculoskeletal stiffness, arthropathy, pain in extremity, musculoskeletal pain

		Common	Haemarthrosis, muscle haemorrhage
Respiratory, thoracic and mediastinal disorders		Common	Cough
General disorders and administration site conditions	Common		Injection site reactions <sup>c</sup>
		Common	Pyrexia, catheter site erythema
	Uncommon		Fatigue, feeling hot, oedema peripheral, pyrexia
Investigations	Common		Hepatic enzymes increased <sup>d</sup>
		Common	Anti factor VIII antibody positive
	Uncommon		Heart rate increased
Gastrointestinal disorders		Common	Vomiting
Injury, poisoning and procedural complications	Common		Incorrect dose administered
		Common	Infusion related reaction
	Uncommon		Contusion
Product issues		Common	Thrombosis in device

<sup>a</sup> Calculated based on total number of unique patients in all clinical trials (301), of which 242 were previously treated patients (PTPs) and 60 were previously untreated patients (PUPs).

<sup>b</sup> Frequency is based on studies with all FVIII products which included patients with severe haemophilia A.

<sup>c</sup> Injection site reactions include injection site erythema, injection site extravasation and injection site pruritus.

<sup>d</sup> Hepatic enzymes increased include alanine aminotransferase, aspartate aminotransferase, gamma-glutamyltransferase and bilirubin.

#### *Description of selected adverse reactions*

During all clinical studies with NovoEight<sup>®</sup> in previously treated patients, a total of 35 adverse reactions were reported in 23 of 242 patients exposed to NovoEight<sup>®</sup>. The most frequently reported adverse reactions were injection site reactions, incorrect dose administered and hepatic enzymes increased. Of the 35 adverse reactions, 2 were reported in 1 out of 31 patients below 6 years of age, none in patients from 6 to ≤ 12 years of age, 1 event in 1 out of 24 patients (12 to < 18 years of age) and 32 were reported in 21 out of 155 adults (≥ 18 years).

#### *Paediatric population*

In clinical trials involving 63 previously treated paediatric patients between 0 and 12 years of age and 24 adolescents between 12 and 18 years of age with severe haemophilia A no difference in the safety profile of NovoEight<sup>®</sup> was observed between paediatric patients and adults.

In the trial with previously untreated patients, between 0 and 6 years of age, a total of 46 adverse reactions were reported in 33 of 60 patients exposed to NovoEight<sup>®</sup>. The most frequently reported adverse reaction was Factor VIII inhibition, see section 4.4. High risk genetic mutations were identified in 92.3% of the overall and 93.8% of the high titre confirmed inhibitors. No other factors were significantly associated with inhibitor development.

## **4.9 Overdose**

No symptoms of overdose with recombinant coagulation factor VIII have been reported.

## **5. Pharmacological properties**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: antihæmorrhagics, blood coagulation factor VIII.

ATC code: B02BD02.

### Mechanism of action

NovoEight® contains turoctocog alfa, a human coagulation factor VIII (rDNA), with a truncated B-domain. This glycoprotein has the same structure as human factor VIII when activated, and post-translational modifications that are similar to those of the plasma-derived molecule. The tyrosine sulphation site present at Tyr1680 (native full length), which is important for the binding to von Willebrand factor, has been found to be fully sulphated in the turoctocog alfa molecule. When infused into a haemophilia patient, factor VIII binds to endogenous von Willebrand factor in the patient's circulation. The factor VIII/von Willebrand factor complex consists of two molecules (factor VIII and von Willebrand factor) with different physiological functions. Activated factor VIII acts as a co-factor for activated factor IX, accelerating the conversion of factor X to activated factor X. Activated factor X converts prothrombin into thrombin. Thrombin then converts fibrinogen into fibrin and a clot can be formed. Haemophilia A is a sex-linked hereditary disorder of blood coagulation due to decreased levels of factor VIII:C and results in profuse bleeding into joints, muscles or internal organs, either spontaneously or as a result of accidental or surgical trauma. By replacement therapy the plasma levels of factor VIII are increased, thereby enabling a temporary correction of the factor deficiency and correction of bleeding tendencies.

Of note, annualised bleeding rate (ABR) is not comparable between different factor concentrates and between different clinical studies.

### Clinical efficacy

Four multi-centre, open-labelled, non-controlled trials have been conducted to evaluate the safety and efficacy of NovoEight® in the prevention and treatment of bleeds and during surgery in patients with severe haemophilia A (factor VIII activity  $\leq 1\%$ ). Three of these trials were performed in previously treated patients and the fourth in previously untreated patients. The trials included 298 exposed patients; 175 adolescents or adult patients without inhibitors from the age of 12 years ( $\geq 150$  exposure days), 63 previously treated paediatric patients without inhibitors below 12 years of age ( $\geq 50$  exposure days) and 60 previously untreated patients below 6 years of age. 188 out of 238 previously treated patients continued into the safety extension trial. Treatment with NovoEight® was shown to be safe and had the intended haemostatic and preventive effect. Of the 3,293 reported bleeds observed in 298 of the patients, 2,902 (88.1%) of the bleeds were resolved with 1-2 infusions of NovoEight®.

**Table 3 Consumption of NovoEight® and haemostatic success rates in previously untreated patients (PUP) and previously treated patients (PTP)**

	Younger children (0 – < 6 years) PUP	Younger children (0 – < 6 years) PTP	Older children (6 – < 12 years) PTP	Adolescents (12 – < 18 years) PTP	Adults ( $\geq 18$ years) PTP	Total
Number of patients	60	31	32	24	151	298
Dose used for prevention per patient (IU/kg BW)						
Mean (SD)	45.2 (14.4)	41.5 (8.1)	38.4 (9.4)	28.5 (9.3)	28.5 (8.3)	32.8 (10.9)
Min; Max	4.5; 363.8	3.4; 196.3	3.2; 62.5	17.4; 73.9	12.0; 97.4	3.2; 363.8
Dose used for treatment of bleed (IU/kg BW)						
Mean (SD)	43.6 (15.2)	44.0 (12.6)	40.4 (10.5)	29.3 (10.3)	35.0 (12.3)	37.5 (13.4)
Min; Max	11.9; 118.9	21.4; 193.8	24.0; 71.4	12.4; 76.8	6.4; 104.0	6.4; 193.8
Success rate <sup>a</sup> %	87.0%	92.2%	88.4%	85.1%	89.6%	88.9%



BW: Body weight, SD: Standard deviation

<sup>a</sup> Success is defined as either 'Excellent' or 'Good'.

Pre-authorisation clinical data were corroborated by a non-interventional, post-authorisation safety study conducted in order to provide additional documentation of the immunogenicity, and efficacy and safety of NovoEight® in routine clinical practice. In total 68 previously treated patients (> 150 EDs), of which 14 patients were < 12 years and 54 patients were ≥ 12 years, received either on-demand (N=5) or prophylactic (N=63) treatment for a total of 87.8 patient years and 8967 EDs.

### *Surgery*

A total of 30 surgeries were performed in 25 patients of which 26 were major surgeries and 4 were minor. Haemostasis was successful in all surgeries and no treatment failures were reported.

Data on Immune Tolerance Induction (ITI) has been collected in patients with haemophilia A who had developed inhibitors to factor VIII. During clinical trial in PUPs, 21 patients were treated with ITI and 18 (86%) patients completed ITI with a negative inhibitor test result.

## **5.2 Pharmacokinetic properties**

All pharmacokinetic (PK) studies with NovoEight® were conducted after i.v. administration of 50 IU/kg NovoEight® in previously treated patients with severe haemophilia A (FVIII ≤ 1%). The analysis of plasma samples was conducted using both the one-stage clotting assay and the chromogenic assay.

The assay performance of NovoEight® in FVIII:C assays was evaluated and compared to a marketed full length recombinant FVIII product. The study showed that comparable and consistent results were obtained for both products and that NovoEight® can be reliably measured in plasma without the need of a separate NovoEight® standard.

The single dose pharmacokinetic parameters of NovoEight® are listed in Table 4 for the one-stage clotting assay and in Table 5 for the chromogenic assay.

**Table 4 Single-dose pharmacokinetic parameters of NovoEight® (50 IU/kg) by age – one stage clotting assay – Mean (SD)**

Parameter	0 – < 6 years	6 – < 12 years	≥ 12 years
Incremental recovery (IU/dl)/(IU/kg)	n=14	n=14	n=33
	1.8 (0.7)	2.0 (0.4)	2.2 (0.4)
AUC ((IU*h)/dl)	992 (411)	1109 (374)	1526 (577)
CL (ml/h/kg)	6.21 (3.66)	5.02 (1.68)	3.63 (1.09)
t <sub>1/2</sub> (h)	7.65 (1.84)	8.02 (1.89)	11.00 (4.65)
V <sub>ss</sub> (ml/kg)	56.68 (26.43)	46.82 (10.63)	47.40 (9.21)
C <sub>max</sub> (IU/dl)	100 (58)	107 (35)	123 (41)
Mean residence time (h)	9.63 (2.50)	9.91 (2.57)	14.19 (5.08)

Abbreviations: AUC = area under the factor VIII activity time profile; CL = clearance; t<sub>1/2</sub> = terminal half-life; V<sub>ss</sub> = volume of distribution at steady-state; C<sub>max</sub> = maximum factor VIII activity.

**Table 5 Single-dose pharmacokinetic parameters of NovoEight® (50 IU/kg) by age – chromogenic assay – Mean (SD)**

Parameter	0 – < 6 years	6 – < 12 years	≥ 12 years
Incremental recovery			



(IU/dl)/(IU/kg)	n=14	n=14	n=33
	2.2 (0.6)	2.5 (0.6)	2.9 (0.6)
AUC ((IU*h)/dl)	1223 (436)	1437 (348)	1963 (773)
CL (ml/h/kg)	4.59 (1.73)	3.70 (1.00)	2.86 (0.94)
t <sub>1/2</sub> (h)	9.99 (1.71)	9.42 (1.52)	11.22 (6.86)
V <sub>ss</sub> (ml/kg)	55.46 (23.53)	41.23 (6.00)	38.18 (10.24)
C <sub>max</sub> (IU/dl)	112 (31)	125 (27)	163 (50)
Mean residence time (h)	12.06 (1.90)	11.61 (2.32)	14.54 (5.77)
Parameter	0 – < 6 years	6 – < 12 years	≥ 12 years

Abbreviations: AUC = area under the factor VIII activity time profile; CL = clearance; t<sub>1/2</sub> = terminal half life; V<sub>ss</sub> = volume of distribution at steady-state; C<sub>max</sub> = maximum factor VIII activity.

The pharmacokinetic parameters were comparable between paediatric patients below 6 years of age and the paediatric patients from 6 to below 12 years of age. Some variation was observed in the pharmacokinetic parameters of NovoEight® between paediatric and adult patients. The higher CL and the shorter t<sub>1/2</sub> seen in paediatric patients compared to adult patients with haemophilia A may be due in part to the known higher plasma volume per kilogram body weight in younger patients.

A single dose pharmacokinetic trial (50 IU/kg) was performed in 35 haemophilia patients (≥18 years of age) in different BMI categories. The maximum exposure (C<sub>max</sub>) and the total exposure (AUC) increase with increasing BMI indicating that dose adjustments may be required for underweight (BMI <18.5 kg/m<sup>2</sup>) and obese patients (BMI ≥30 kg/m<sup>2</sup>), see section 4.2.

**Table 6 Single-dose pharmacokinetic parameters of NovoEight® (50 IU/kg) by BMI classes<sup>a</sup> – One-stage clotting assay - Mean (SD)**

PK parameter	Underweight N=5	Normal weight N=7	Overweight N=8	Obese class I N=7	Obese class II/III N=7
Incremental recovery (IU/dl)/(IU/kg)	1.7 (0.2)	2.0 (0.2)	2.4 (0.4)	2.3 (0.3) <sup>b</sup>	2.6 (0.3)
AUC ((IU*h)/dl)	1510 (360)	1920 (610)	1730 (610)	2030 (840)	2350 (590)
CL (ml/h/kg)	3.91 (0.94)	3.20 (1.00)	3.63 (1.24)	3.37 (1.79)	2.51 (0.63)
t <sub>1/2</sub> (h)	11.3 (2.0)	11.7 (3.5)	9.4 (2.9)	11.2 (3.5)	11.1 (2.7)
V <sub>ss</sub> (ml/kg)	56.8 (5.4)	44.8 (6.5)	39.6 (6.0)	42.0 (9.0)	35.0 (4.6)
C <sub>max</sub> (IU/dl)	100 (11)	121 (10)	144 (26)	140 (21)	161 (32)
Mean residence time (h)	15.1 (3.0)	15.3 (4.8)	11.9 (3.7)	14.4 (4.6)	14.6 (3.7)

<sup>a</sup> BMI groups: Underweight: BMI <18.5 kg/m<sup>2</sup>, Normal weight: BMI 18.5-24.9 kg/m<sup>2</sup>, Overweight: BMI 25-29.9 kg/m<sup>2</sup>, Obese class I: BMI 30-34.9 kg/m<sup>2</sup>, Obese class II/III: BMI ≥35 kg/m<sup>2</sup>.

<sup>b</sup> Based on 6 patients only.

**Table 7 Single-dose pharmacokinetic parameters of NovoEight® (50 IU/kg) by BMI classes<sup>a</sup> – Chromogenic assay - Mean (SD)**

PK parameter	Underweight N=5	Normal weight N=7	Overweight N=9	Obese class I N=7	Obese class II/III N=7
Incremental recovery (IU/dl)/(IU/kg)	2.2 (0.4)	2.9 (0.3)	3.0 (0.5)	3.2 (0.5)	3.5 (0.5)
AUC ((IU*h)/dl)	1860 (700)	2730 (860)	2310 (1020)	2780 (1210)	3050 (730)

CL (ml/h/kg)	3.28 (0.87)	2.25 (0.73)	2.84 (1.09)	2.58 (1.56)	1.94 (0.52)
t <sub>1/2</sub> (h)	11.7 (2.4)	11.5 (3.6)	9.7 (3.4)	10.4 (3.2)	10.5 (2.5)
V <sub>ss</sub> (ml/kg)	49.1 (10.4)	31.2 (4.5)	31.6 (5.8)	28.9 (5.1)	25.7 (4.0)
C <sub>max</sub> (IU/dl)	138 (29)	185 (24)	194 (31)	200 (33)	227 (32)
Mean residence time (h)	15.5 (3.2)	15.2 (4.9)	12.6 (4.8)	13.5 (4.6)	13.9 (3.7)

\* BMI groups: Underweight: BMI <18.5 kg/m<sup>2</sup>, Normal weight: BMI 18.5-24.9 kg/m<sup>2</sup>, Overweight: BMI 25-29.9 kg/m<sup>2</sup>, Obese class I: BMI 30-34.9 kg/m<sup>2</sup>, Obese class II/III: BMI ≥35 kg/m<sup>2</sup>.

### 5.3 Preclinical safety data

Non-clinical data reveal no special concern for humans based on conventional studies of safety pharmacology and repeated dose toxicity.

## 6. Pharmaceutical Particulars

### 6.1 List of excipients

*Powder:*

Sodium chloride, L-histidine, sucrose, polysorbate 80, L-methionine, calcium chloride dihydrate, sodium hydroxide (for pH adjustment), water for injection and hydrochloric acid (for pH adjustment).

*Solvent:*

Sodium chloride and water for injections.

### 6.2 Incompatibilities

In the absence of compatibility studies, this medicinal product must not be mixed with other medicinal products.

### 6.3 Shelf life

Expiry date is stated on the labels and carton after 'Expiry'.

During the shelf life, the product may be kept at:

- room temperature (≤ 30°C) for a single period no longer than 9 months
- or**
- above room temperature (30°C up to 40°C) for a single period no longer than 3 months.

Once the product has been taken out of the refrigerator, the product must not be returned to the refrigerator. Please record the beginning of storage and the storage temperature on the product carton.

*After reconstitution:*

Chemical and physical in-use stability have been demonstrated for:

- 24 hours stored at 2°C – 8°C
- 4 hours stored at 30°C, for product which has been kept for a single period no longer than 9 months at room temperature (≤ 30°C)
- 4 hours stored up to 40°C, for product which has been kept for a single period no longer than 3 months at above room temperature (30°C up to 40°C).

From a microbiological point of view, the medicinal product should be used immediately after reconstitution. If not used immediately, in-use storage times and conditions prior to use are the responsibility of the user and would normally not be longer than as stated above, unless reconstitution has taken place in controlled and validated aseptic conditions.

Any unused reconstituted product stored at room temperature (≤ 30°C) or up to 40°C for more than 4 hours should be discarded.

### 6.4 Special precautions for storage

Store in refrigerator (2°C – 8°C).

Do not freeze.

Keep the vial in the outer carton in order to protect from light.

For storage at room temperature ( $\leq 30^{\circ}\text{C}$ ) or up to  $40^{\circ}\text{C}$  and storage conditions after reconstitution of the medicinal product, see section 6.3.

### **6.5 Nature and contents of container**

Each pack of NovoEight<sup>®</sup> 250 IU, 500 IU, 1000 IU, 1500 IU, 2000 IU and 3000 IU powder and solvent for solution for injection contains:

- 1 glass vial (type I) with powder and chlorobutyl rubber stopper
- 1 sterile vial adapter for reconstitution
- Type 1 glass 1 pre-filled syringe of 4 ml solvent with backstop (polypropylene), a rubber plunger (bromobutyl) and a syringe cap with a stopper (bromobutyl)
- 1 plunger rod (polypropylene)

Not all strengths are registered or marketed.

### **7. Marketing authorisation holder**

Novo Nordisk A/S

Novo Allé

DK-2880 Bagsværd

Denmark

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## Instructions on how to use NovoEight®

READ THESE INSTRUCTIONS CAREFULLY BEFORE USING NOVOEIGHT®.

NovoEight® is supplied as a powder. Before injection (administration) it must be reconstituted with the solvent supplied in the syringe. The solvent is a sodium chloride 9 mg/ml (0.9%) solution. The reconstituted NovoEight® must be injected into your vein (intravenous injection). The equipment in this package is designed to reconstitute and inject NovoEight®.

You will also need an infusion set (tubing and butterfly needle), sterile alcohol swabs, gauze pads and plasters. These devices are not included in the NovoEight® package.

**Do not use the equipment without proper training from your doctor or nurse.**

**Always wash your hands and ensure that the area around you is clean.**

When you prepare and inject medicine directly into the veins, it is important to **use a clean and germ free (aseptic) technique**. Improper technique can introduce germs that can infect the blood.

**Do not open the equipment until you are ready to use it.**

**Do not use the equipment if it has been dropped, or if it is damaged.** Use a new package instead.

**Do not use the equipment if it is expired.** Use a new package instead. The expiry date is printed after 'Expiry' on the outer carton, on the vial, on the vial adapter, and on the pre-filled syringe.

**Do not use the equipment if you suspect it is contaminated.** Use a new package instead.

**Do not dispose of any of the items until after you have injected the reconstituted solution.**

**The equipment is for single use only.**

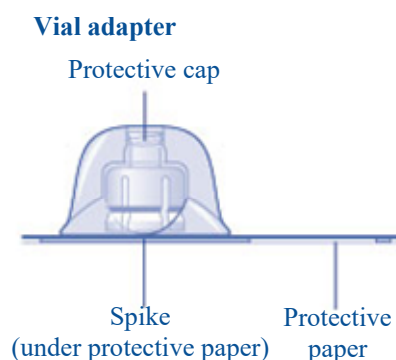
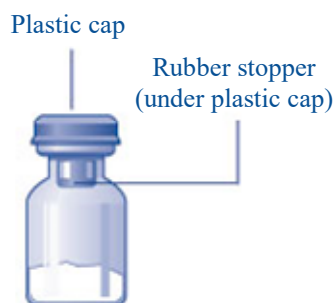
### Contents

The package contains:

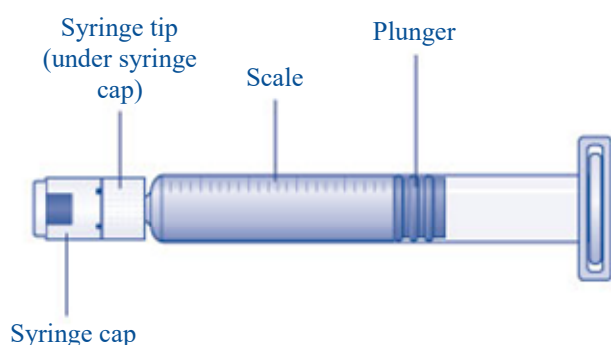
- 1 vial with NovoEight® powder
- 1 vial adapter
- 1 pre-filled syringe with solvent
- 1 plunger rod (placed under the syringe)

### Overview

#### Vial with NovoEight® powder



### Pre-filled syringe with solvent

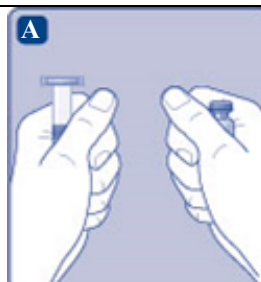


### Plunger rod



#### 1. Prepare the vial and the syringe

- **Take out the number of NovoEight® packages you need.**
- **Check the expiry date.**
- **Check the name, strength and colour** of the package, to make sure it contains the correct product.
- **Wash your hands** and dry them properly using a clean towel or air dry.
- Take the vial, the vial adapter and the pre-filled syringe out of the carton. **Leave the plunger rod untouched in the carton.**
- **Bring the vial and the pre-filled syringe to room temperature.** You can do this by holding them in your hands until they feel as warm as your hands.
- **Do not use any other way to heat** the vial and pre-filled syringe.



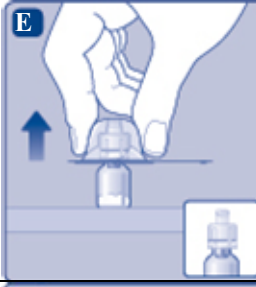
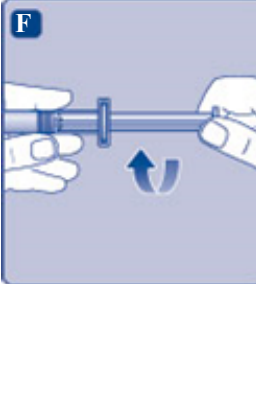
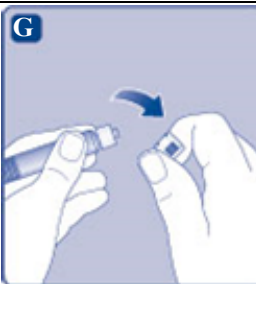






- **Remove the plastic cap** from the vial. **If the plastic cap is loose or missing, do not use the vial.**
- **Wipe the rubber stopper with a sterile alcohol swab** and allow it to air dry for a few seconds before use to ensure that it is as germ free as possible.
- **Do not touch the rubber stopper with your fingers** as this can transfer germs.



#### 2. Attach the vial adapter


- **Remove the protective paper** from the vial adapter.

<p><b>If the protective paper is not fully sealed or if it is broken, do not use the vial adapter.</b></p> <p><b>Do not take the vial adapter out of the protective cap with your fingers.</b> If you touch the spike on the vial adapter, germs from your fingers can be transferred.</p>		
<ul style="list-style-type: none"> <li>• <b>Place the vial on a flat and solid surface.</b></li> <li>• <b>Turn over the protective cap, and snap the vial adapter onto the vial.</b></li> </ul> <p><b>Once attached, do not remove the vial adapter from the vial.</b></p>		
<ul style="list-style-type: none"> <li>• Lightly <b>squeeze the protective cap</b> with your thumb and index finger as shown.</li> </ul> <p><b>Remove the protective cap</b> from the vial adapter. <b>Do not lift the vial adapter from the vial</b> when removing the protective cap.</p>		
<p><b>3. Attach the plunger rod and the syringe</b></p> <ul style="list-style-type: none"> <li>• Grasp the plunger rod by the wide top end and take it out of the carton. <b>Do not touch the sides or the thread of the plunger rod.</b> If you touch the sides or the thread, germs from your fingers can be transferred.</li> <li>• <b>Immediately</b> connect the plunger rod to the syringe by turning it clockwise into the plunger inside the pre-filled syringe until resistance is felt.</li> </ul>		
<ul style="list-style-type: none"> <li>• <b>Remove the syringe cap</b> from the pre-filled syringe by bending it down until the perforation breaks.</li> <li>• <b>Do not touch the syringe tip under the syringe cap.</b> If you touch the syringe tip, germs from your fingers can be transferred.</li> </ul> <p><b>If the syringe cap is loose or missing, do not use the pre-filled syringe.</b></p>		

<ul style="list-style-type: none"> <li>• <b>Screw the pre-filled syringe securely</b> onto the vial adapter until resistance is felt.</li> </ul>	
<p><b>4. Reconstitute the powder with the solvent</b></p> <ul style="list-style-type: none"> <li>• <b>Hold the pre-filled syringe slightly tilted</b> with the vial pointing downwards.</li> <li>• <b>Push the plunger rod</b> to inject all the solvent into the vial.</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Keep the plunger rod pressed down and swirl</b> the vial gently until all the powder is dissolved.</li> </ul> <p><b>Do not shake the vial as this will cause foaming.</b></p> <ul style="list-style-type: none"> <li>• <b>Check the reconstituted solution.</b> It must be clear to slightly opalescent (slightly unclear). <b>If you notice visible particles or discolouration, do not use it.</b> Use a new package instead.</li> </ul>	
<p><b>NovoEight® is recommended to be used immediately after it has been reconstituted.</b> This is because if left, the medicine may no longer be sterile and could cause infections.</p> <p><b>If you cannot use the reconstituted NovoEight® solution immediately,</b> it should be used within 4 hours when stored at room temperature or up to 40°C and within 24 hours when stored at 2°C – 8°C. Store the reconstituted product in the vial.</p> <p><b>Do not freeze reconstituted NovoEight® solution or store it in syringes.</b></p> <p><b>Do not store the solution without your doctor's advice.</b></p> <p><b>Keep reconstituted NovoEight® solution out of direct light.</b></p> <p> If your dose requires more than one vial, repeat steps <b>A</b> to <b>J</b> with additional vials, vial adapters and pre-filled syringes until you have reached your required dose.</p>	



<ul style="list-style-type: none"> <li>• <b>Keep the plunger rod pushed completely in.</b></li> <li>• <b>Turn the syringe</b> with the vial upside down.</li> <li>• <b>Stop pushing the plunger rod and let it move back</b> on its own while the reconstituted solution fills the syringe.</li> <li>• <b>Pull the plunger rod slightly downwards</b> to draw the reconstituted solution into the syringe.</li> <li>• <b>In case you only need part of the entire vial, use the scale on the syringe to see how much reconstituted solution you withdraw, as instructed by your doctor or nurse.</b></li> </ul> <p>If, at any point, there is too much air in the syringe, inject the air back into the vial.</p> <ul style="list-style-type: none"> <li>• While holding the vial upside down, <b>tap the syringe gently</b> to let any air bubbles rise to the top.</li> <li>• <b>Push the plunger rod</b> slowly until all air bubbles are gone.</li> </ul>	<div data-bbox="774 163 1038 611" data-label="Image"> </div>
<ul style="list-style-type: none"> <li>• <b>Unscrew the vial adapter</b> with the vial.</li> <li>• <b>Do not touch the syringe tip.</b> If you touch the syringe tip, germs from your fingers can be transferred.</li> </ul>	<div data-bbox="774 1137 1038 1384" data-label="Image"> </div>
<p><b>5. Inject the reconstituted solution</b></p> <p>NovoEight® is now ready to be injected into your vein.</p> <ul style="list-style-type: none"> <li>• Inject the reconstituted solution as instructed by your doctor or nurse.</li> <li>• Inject slowly over 2 to 5 minutes.</li> <li>• Do not mix NovoEight® with any other intravenous infusions or medicines.</li> </ul> <p><b>Injecting NovoEight® via needleless connectors for intravenous (IV) catheters</b></p> <p><b>Caution:</b> The pre-filled syringe is made of glass and is designed to be compatible with standard luer-lock connections. Some needleless connectors with an internal spike are incompatible with the pre-filled syringe. This incompatibility may prevent administration of the medicine and/or result in damage to the needleless connector.</p> <p>Injecting the solution via a central venous access device (CVAD) such as a central venous catheter or a subcutaneous port:</p> <ul style="list-style-type: none"> <li>• Use a clean and germ free (aseptic) technique. Follow the instructions for proper use for your connector and CVAD in consultation with your doctor or nurse.</li> </ul>	

<ul style="list-style-type: none"> <li>Injecting into a CVAD may require using a sterile 10 ml plastic syringe for withdrawal of the reconstituted solution. This should be done right after step J.</li> <li>If the CVAD line needs to be flushed before or after NovoEight® injection, use sodium chloride 9 mg/ml solution for injection.</li> </ul>	
<p><b>Disposal</b></p> <ul style="list-style-type: none"> <li><b>After injection, safely dispose</b> of all unused NovoEight® solution, the syringe with the infusion set, the vial with the vial adapter and other waste materials as instructed by your pharmacist.</li> </ul> <p>Do not throw it out with the ordinary household waste.</p>	
<p><b>Do not disassemble the equipment before disposal.</b>  <b>Do not reuse the equipment.</b></p>	