

# **SPIOLTO RESPIMAT re-usable**

#### COMPOSITION

The SPIOLTO RESPIMAT re-usable is a soft mist inhaler delivering tiotropium + olodaterol inhalation solution.

The delivered dose is 2.5 microgram tiotropium and 2.5 microgram olodaterol per puff (2 puffs comprise one medicinal dose) and is equivalent to 3.124 microgram tiotropium bromide monohydrate and 2.7 microgram olodaterol hydrochloride.

(INN = tiotropium bromide)(INN= olodaterol)The delivered dose is the dose which is available for the patient after passing the mouthpiece.

Excipients\*\*: Benzalkonium chloride, disodium edetate, water, purified, 1 M hydrochloric acid (for pH adjustment)

#### INDICATIONS

SPIOLTO RESPIMAT re-usable is indicated as a maintenance bronchodilator treatment to relieve symptoms in adult patients with chronic obstructive pulmonary disease (COPD).

#### DOSAGE AND ADMINISTRATION

The recommended dose for adults is 5 microgram tiotropium and 5 microgram olodaterol given as two puffs from the Respimat inhaler once daily at the same time of the day (see Instructions for Use).

#### <u>Elderly</u>

Elderly patients can use SPIOLTO RESPIMAT re-usable at the recommended dose.

#### Hepatic impairment and renal impairment

SPIOLTO RESPIMAT re-usable contains tiotropium which is a predominantly renally excreted drug and olodaterol, which is predominantly metabolized in the liver.

#### Hepatic impairment

Patients with mild and moderate hepatic impairment can use SPIOLTO RESPIMAT re-usable at the recommended dose.

There are no data available for use of olodaterol in patients with severe hepatic impairment.

#### Renal impairment

Renally impaired patients can use SPIOLTO RESPIMAT re-usable at the recommended dose.

SPIOLTO RESPIMAT re-usable contains tiotropium, which is a predominantly renally excreted drug. For patients with moderate to severe impairment (creatinine clearance  $\leq$  50 ml/min, see SPECIAL WARNINGS AND PRECAUTIONS and PHARMACOKINETICS).

There is no relevant use of SPIOLTO RESPIMAT re-usable in the paediatric population in COPD. The safety and effectiveness of SPIOLTO RESPIMAT re-usable in the paediatric population have not been established.

# CONTRAINDICATIONS

SPIOLTO RESPIMAT re-usable is contraindicated in patients with hypersensitivity to tiotropium or olodaterol or to any of the excipients.

SPIOLTO RESPIMAT re-usable is also contraindicated in patients with a history of hypersensitivity to atropine or its derivatives, e.g. ipratropium or oxitropium.

# SPECIAL WARNINGS AND PRECAUTIONS

#### **General Warnings**

SPIOLTO RESPIMAT re-usable should not be used more frequently than once daily.

#### <u>Asthma</u>

SPIOLTO RESPIMAT re-usable should not be used in asthma. The efficacy and safety of SPIOLTO RESPIMAT re-usable in asthma have not been studied.

The long-term efficacy and safety of olodaterol in the treatment of asthma have not been studied. LABAs may increase the risk of asthma-related hospitalisations and death.

#### Acute bronchospasm

SPIOLTO RESPIMAT re-usable is not indicated for the treatment of acute episodes of bronchospasm, i.e. as rescue therapy.

#### Hypersensitivity

As with all medications, immediate hypersensitivity reactions may occur after administration of SPIOLTO RESPIMAT re-usable.

#### Paradoxical bronchospasm

As with other inhaled medicines SPIOLTO RESPIMAT re-usable may result in paradoxical bronchospasm that may be life-threatening. If paradoxical bronchospasm occurs SPIOLTO RESPIMAT re-usable should be discontinued immediately and alternative therapy substituted.

#### Narrow-angle glaucoma, prostatic hyperplasia or bladder-neck obstruction

Consistent with the anticholinergic activity of tiotropium, SPIOLTO RESPIMAT re-usable should be used with caution in patients with narrow-angle glaucoma, prostatic hyperplasia or bladder- neck obstruction.

# Patients with renal impairment

As plasma concentration of tiotropium bromide increases with decreased renal function in patients with moderate to severe renal impairment (creatinine clearance  $\leq$  50 ml/min), SPIOLTO RESPIMAT re- usable should be used only if the expected benefit outweighs the potential risk. There is no long term experience in patients with severe renal impairment (see PHARMACOKINETICS).

#### Eye symptoms

Patients should be cautioned to avoid getting the spray into their eyes. They should be advised that this may result in precipitation or worsening of narrow-angle glaucoma, eye pain or discomfort, temporary blurring of vision, visual halos or coloured images in association with red eyes from conjunctival congestion and corneal oedema. Should any combination of these eye symptoms develop, patients should stop using SPIOLTO RESPIMAT re-usable and consult a specialist immediately.

#### **Dental caries**

Dry mouth, which has been observed with anti-cholinergic treatment, may in the long term be associated with dental caries.

# Systemic effects

SPIOLTO RESPIMAT re-usable contains a long acting beta<sub>2</sub>-adrenergic agonist. Long acting beta<sub>2</sub>adrenergic agonists should be administered with caution in patients with cardiovascular disorders, especially coronary insufficiency, cardiac arrhythmias, hypertrophic obstructive cardiomyopathy and hypertension; in patients with convulsive disorders or thyrotoxicosis, in patients with known or suspected prolongation of the QT interval; and in patients who are unusually responsive to sympathomimetic amines.

# Cardiovascular effects

Like other beta<sub>2</sub>-adrenergic agonists, olodaterol may produce a clinically significant cardiovascular effect in some patients as measured by increases in pulse rate, blood pressure, and/or symptoms. In case such effects occur, treatment may need to be discontinued. In addition, beta-adrenergic agonists have been reported to produce electrocardiogram (ECG) changes, such as flattening of the T wave and ST segment depression, although the clinical significance of these observations is unknown.

Patients with a history of myocardial infarction during the previous year, unstable or life-threatening cardiac arrhythmia, hospitalized for heart failure during the previous year or with a diagnosis of paroxysmal tachycardia (>100 beats per minute) were excluded from the clinical trials. Therefore the experience in these patient groups is limited. SPIOLTO RESPIMAT re-usable should be used with caution in these patient groups.

#### <u>Hypokalaemia</u>

Beta<sub>2</sub>-adrenergic agonists may produce significant hypokalaemia in some patients, which has thepotential to produce adverse cardiovascular effects. The decrease in serum potassium is usually transient, not requiring supplementation. In patients with severe COPD, hypokalemia may be potentiated by hypoxia and concomitant treatment (please refer to section Interactions), which may increase the susceptibility to cardiac arrhythmias.

### **Hyperglycaemia**

Inhalation of high doses of beta<sub>2</sub>-adrenergic agonists may produce increases in plasma glucose. SPIOLTO RESPIMAT re-usable should not be used in conjunction with any other medication containing longacting beta<sub>2</sub>-adrenergic agonists or long-acting muscarinic antagonists. Patients who have been taking inhaled, short acting beta<sub>2</sub>-adrenergic agonists on a regular basis (e.g. four times a day) should be instructed to use them only for symptomatic relief of acute respiratory symptoms.

# Benzalkonium Chloride

This medicine contains 0.0011 mg benzalkonium chloride in each actuation.

Benzalkonium chloride may cause wheezing and breathing difficulties. Patients with asthma are at an increased risk for these adverse events

# USE IN SPECIFIC POPULATIONS

# Fertility, Pregnancy and Lactation

# Pregnancy

#### <u>Tiotropium</u>

There is a limited amount of data from the use of tiotropium in pregnant women.

Animal studies do not indicate direct or indirect harmful effects with respect to reproductive toxicity at clinically relevant doses (see section Toxicology).

#### <u>Olodaterol</u>

For olodaterol no clinical data on exposed pregnancies are available. Preclinical data for olodaterol revealed effects typical for beta-adrenergic agonists at high multiples of the therapeutic doses (please refer to section Toxicology).

The inhibitory effect of beta-adrenergic agonists, like olodaterol a component of SPIOLTO RESPIMAT reusable on uterine contraction should be taken into account.

As a precautionary measure, it is preferable to avoid the use of SPIOLTO RESPIMAT during pregnancy.

### Lactation

Clinical data from nursing women exposed to tiotropium and/or olodaterol are not available.

In preclinical studies for both tiotropium and olodaterol the substances and/or its metabolites have been detected in the milk of lactating rats, but it is not known whether tiotropium and/or olodaterol pass into human breast milk.

A decision on whether to continue/discontinue breast-feeding or to continue/discontinue therapy with SPIOLTO RESPIMAT re-usable should be made taking into account the benefit of breast-feeding to the child and the benefit of SPIOLTO RESPIMAT re-usable therapy to the woman.

#### Fertility

Clinical data on fertility are not available for tiotropium and olodaterol or the combination of both components. Preclinical studies performed with the individual components tiotropium and olodaterol showed no indication of any adverse effect on fertility (please refer to section Toxicology).

#### **Driving and Using Machines**

No studies on the effects on the ability to drive and use machines have been performed.

However, patients should be advised that dizziness and blurred vision have been reported with the use of SPIOLTO RESPIMAT re-usable. Therefore, caution should be recommended when driving a car or operating machinery. If patients experience such symptoms they should avoid potentially hazardous tasks such as driving or operating machinery.

### INTERACTIONS

Although no formal drug interaction studies have been performed, SPIOLTO RESPIMAT re-usable has been used concomitantly with other drugs commonly used in the treatment of COPD, including, short acting sympathomimetic bronchodilators and inhaled corticosteroids without clinical evidence of drug interactions.

#### Anticholinergic agents

The co-administration of tiotropium bromide, one component of SPIOLTO RESPIMAT re-usable, with other anticholinergic containing drugs has not been studied and therefore is not recommended.

#### Adrenergic agents

Concomitant administration of other adrenergic agents may potentiate the undesirable effects of SPIOLTO RESPIMAT re-usable.

#### Xanthine Derivatives, Steroids or Diuretics

Concomitant treatment with xanthine derivatives, steroids, or non-potassium sparing diuretics may potentiate any hypokalaemic effect of adrenergic agonists (see Special warnings and precautions).

#### **Beta-blockers**

Beta –adrenergic blockers may weaken or antagonize the effect of olodaterol. Cardioselective betablockers could be considered, although they should be administered with caution.

#### MAO Inhibitors, Tricyclic Antidepressants, QTc prolonging drugs

Monoamine oxidase inhibitors, or tricyclic antidepressants or other drugs known to prolong the QTc interval may potentiate the action of SPIOLTO RESPIMAT re-usable on the cardiovascular system.

#### Pharmacokinetic Drug Drug interactions

In a drug interaction study with olodaterol using the strong dual CYP and P-gp inhibitor ketoconazole a 1.7fold increase of systemic exposure was observed (see section Pharmacokinetics). No safety concerns were identified in clinical studies of up to one year with olodaterol at doses up to twice the recommended therapeutic dose. No dose adjustment of SPIOLTO RESPIMAT re-usable is necessary.

#### SIDE EFFECTS

The clinical development program of SPIOLTO RESPIMAT re-usable encompassed more than 19000 patients with COPD, of which more than 5900 COPD patients received a dose of 5 microgram tiotropium and 5 microgram olodaterol.

Side effects of SPIOLTO RESPIMAT re-usable were primarily identified from data obtained in 2 activecontrolled, parallel-group, long-term treatment (52 weeks) clinical trials in COPD patients comparing SPIOLTO RESPIMAT re-usable with tiotropium and olodaterol. Additionally, a third activecontrolled, parallel-group, long-term treatment (52 weeks) clinical trial in COPD patients comparing SPIOLTO RESPIMAT re-usable with tiotropium was conducted (Trial 9).

In the two pivotal trials (Trials 1 and 2) the overall incidence of AEs in patients treated with SPIOLTO RESPIMAT re-usable was comparable to patients treated with the mono compound olodaterol at a dose of 5 microgram (74% and 76.6%, respectively). In the pooled analysis of all three long-term clinical trials (Trial 1, 2 and Trial 9) the overall incidence of AEs in patients treated with SPIOLTO RESPIMAT re-usable was comparable to patients treated with the mono component tiotropium at a dose of 5 microgram (74,1% and 74,3% respectively). All undesirable effects previously reported with one of the individual components are considered undesirable effects with SPIOLTO RESPIMAT re-usable and are included in the adverse reactions listed below. In Trial 9, contributing more than 3900 COPD patients treated with SPIOLTO RESPIMAT re-usable, no new side effects were identified. Furthermore, the safety profile was consistent with that documented in the pivotal trials.

Adverse reactions reported in all clinical trials with SPIOLTO RESPIMAT re-usable are shown below according to system organ class.

These also include all adverse reactions previously reported with one of the individual components

Frequency is defined using the following convention:

Very common (≥1/10); common (≥1/100 to <1/10); uncommon (≥1/1,000 to <1/100); rare (≥1/10,000 to <1/1,000); very rare (<1/10,000), not known (cannot be estimated from the available data)

System Organ Class	Adverse reaction	Frequency	
Infections and infestations	Nasopharyngitis	Not Known	
Metabolism and nutrition disorders	Dehydration	not known	
Nervous system disorders	Dizziness	uncommon	
	Insomnia	Rare	
	Headache	uncommon	
Eye disorders	Vision blurred	rare	
	Glaucoma	not known	
	Intraocular pressure increased	not known	
Cardiac disorders	Atrial fibrillation	Rare	
	Palpitations	Rare	
	Tachycardia	uncommon	
	Supraventricular tachycardia	rare	
Vascular disorders	Hypertension	Rare	
Respiratory, thoracic and	Cough	uncommon	
mediastinal disorders	Dysphonia	rare	
	Epistaxis	rare	
	Laryngitis	rare	
	Pharyngitis	rare	
	Bronchospasm	Rare	
	Sinusitis	not known	

Dry mouth	Uncommon	
Constipation	Rare	
Gingivitis	rare	
Nausea	rare	
Oropharyngeal candidiasis	rare	
Intestinal obstruction Ileus paralytic	not known	
Dental caries	not known	
Dysphagia	not known	
Gastrooesophageal reflux disease	not known	
Glossitis	not known	
Stomatitis	Rare	
Angioedema	rare	
Urticaria	rare	
Hypersensitivity	rare	
Pruritus	rare	
Anaphylactic reaction	not known	
Rash	Rare	
Dry skin	not known	
Skin infection and skin ulcer	not known	
Back pain <sup>1</sup>	rare	
Arthralgia	rare	
Joint swelling	Rare	
Urinary retention	rare	
Dysuria	rare	
Urinary tract infection	not known	
	Dry mouth Constipation Gingivitis Nausea Oropharyngeal candidiasis Intestinal obstruction Ileus paralytic Dental caries Dysphagia Gastrooesophageal reflux disease Glossitis Stomatitis Angioedema Urticaria Hypersensitivity Pruritus Anaphylactic reaction Rash Dry skin Skin infection and skin ulcer Back pain <sup>1</sup> Arthralgia Joint swelling Urinary retention Dysuria Urinary tract infection	

<sup>1</sup> undesirable effects reported with SPIOLTO RESPIMAT re-usable, but not with the individual components

Many of the listed undesirable effects can be assigned to either the anticholinergic properties of tiotropium or to the ß-adrenergic properties of olodaterol, the components of SPIOLTO RESPIMAT re- usable.

In addition the occurrence of other undesirable effects related to the beta-adrenergic agonist class, which are not listed above, should be taken into consideration, such as arrhythmia, myocardial ischemia, angina pectoris, hypotension, tremor, nervousness, muscle spasms, fatigue, malaise, hypokalaemia, hyperglycaemia, and metabolic acidosis.

#### OVERDOSE

#### Symptoms

High doses of tiotropium may lead to anticholinergic signs and symptoms.

No relevant adverse events, beyond dry mouth/throat and dry nasal mucosa in a dose- dependent [10 - 40 µg daily] incidence, were observed following 14-day dosing of up to 40 µg tiotropium inhalation

solution in healthy subjects with the exception of pronounced reduction in salivary flow from day 7 onwards. No significant undesirable effects have been observed in six long term studies in COPD patients when a daily dose of 10  $\mu$ g tiotropium inhalation solution was given over 4 - 48 weeks.

An overdose of olodaterol is likely to lead to exaggerated effects typical of beta<sub>2</sub>-adrenergic agonists, i.e. myocardial ischemia, hypertension or hypotension, tachycardia, arrhythmias, palpitation, dizziness, nervousness, insomnia, anxiety, headache, tremor, dry mouth, muscle spasms, nausea, fatigue, malaise, hypokalaemia, hyperglycaemia and metabolic acidosis.

#### <u>Therapy</u>

Treatment with SPIOLTO RESPIMAT re-usable should be discontinued. Supportive and symptomatic treatment is indicated. Serious cases should be hospitalized. Use of cardioselective beta-blockers may be considered, but only subject to extreme caution since the use of beta-adrenergic blocker medication may provoke bronchospasm.

#### PHARMACOLOGICAL PROPERTIES

Pharmacotherapeutic group: Drugs for obstructive airway diseases, adrenergics in combination with anticholinergics

ATC code: R03AL06

#### Mode of action

Tiotropium, a long acting muscarinic antagonist and olodaterol a long acting  $beta_2$ -adrenergic are administered together in the SPIOLTO RESPIMAT re-usable soft mist inhaler. These two active ingredients provide additive bronchodilation due to their different mode of action and different locations of the target receptors in the airways.

#### Tiotropium:

Tiotropium bromide is a long-acting, muscarinic receptor antagonist (LAMA), in clinical medicine often called an anticholinergic. It has a similar affinity to the subtypes of muscarinic receptors M1 to M5. In the airways, inhibition of M3-receptors at the smooth muscle results in relaxation. The competitive and reversible nature of antagonism was shown with human and animal origin receptors and isolated organ preparations. In pre- clinical *in vitro* as well as *in vivo* studies bronchoprotective effects were dose-dependent and lasted longer than 24 hours. The long duration of the effect is likely to be due to its very slow dissociation from M3-receptors, exhibiting a significantly longer dissociation half- life than that seen with ipratropium. As an N-quaternary anticholinergic tiotropium is topically (broncho-) selective when administered by inhalation, demonstrating an acceptable therapeutic range before giving rise to systemic anti-cholinergic effects.

Dissociation from M2-receptors is faster than from M3, which in functional *in vitro* studies, elicited (kinetically controlled) receptor subtype selectivity of M3 over M2.

The high potency and slow receptor dissociation found its clinical correlate in significant and long-acting bronchodilation in patients with COPD.

The bronchodilation following inhalation of tiotropium is primarily a local effect (on the airways) not a systemic one.

#### Olodaterol:

Olodaterol has a high affinity and high selectivity to the human beta<sub>2</sub>-adrenoceptor. *In vitro* studies have

shown that olodaterol has 241-fold greater agonist activity at beta<sub>2</sub>- adrenoceptors compared to beta<sub>1</sub>adrenoceptors and 2299-fold greater agonist activity compared to beta<sub>3</sub>-adrenoceptors. The compound exerts its pharmacological effects by binding and activation of beta<sub>2</sub>-adrenoceptors after topical administration by inhalation.

Activation of these receptors in the airways results in a stimulation of intracellular adenyl cyclase, an enzyme that mediates the synthesis of cyclic-3',5' adenosine monophosphate (cAMP). Elevated levels of cAMP induce bronchodilation by relaxation of airway smooth muscle cells.

Olodaterol has the pre-clinical profile of a long-acting selective  $beta_2$ -adrenoceptor agonist (LABA) with a fast onset of action and duration of action of at least 24 hours.

Beta-adrenoceptors are divided into three subtypes,  $beta_1$ -adrenoceptors predominantly expressed on cardiac muscle,  $beta_2$ -adrenoceptors predominantly expressed on airway smooth muscle and  $beta_3$ -adrenoceptors predominantly expressed on adipose tissue.  $Beta_2$ -agonists cause bronchodilation. Although the  $beta_2$ -adrenoceptor is the predominant adrenergic receptor in the airway smooth muscle it is also present on the surface of a variety of other cells, including lung epithelial and endothelial cells and in the heart. The precise function of  $beta_2$ -receptors in the heart is not known, but their presence raises the possibility that even highly selective  $beta_2$ -adrenergic agonists may have cardiac effects.

# **Clinical Trials**

# Effects on cardiac electrophysiology

# Tiotropium:

In a dedicated QT study involving 53 healthy volunteers, tiotropium inhalation powder 18 microgram and 54 microgram (i.e. three times the therapeutic dose) over 12 days did not significantly prolong QT intervals of the ECG.

# Olodaterol:

The effect of olodaterol on the QT/QTc interval of the ECG was investigated in 24 healthy male and female volunteers in a double-blind, randomised, placebo- and active (moxifloxacin) controlled study. Olodaterol at single doses of 10, 20, 30 and 50 microgram, demonstrated that compared with placebo, the mean changes from baseline in QT interval over 20 minutes to 2 hours after dosing increased dose- dependently from 1.6 (10 microgram olodaterol) to 6.5 ms (50 microgram olodaterol), with the upper limit of the two-sided 90% confidence intervals being less than 10 ms at all dose levels.

The effect of 5 microgram and 10 microgram olodaterol on heart rate and rhythm was assessed using continuous 24-hour ECG recording (Holter monitoring) in a subset of 772 patients in the 48-week, placebocontrolled Phase 3 Trials. There were no dose- or time-related trends or patterns observed for the magnitudes of mean changes in heart rate or premature beats. Shifts from baseline to the end of treatment in premature beats did not indicate meaningful differences between olodaterol 5 microgram,10 microgram and placebo.

# SPIOLTO RESPIMAT re-usable

In two 52-week randomized, double-blind trials using SPIOLTO RESPIMAT re-usable that enrolled 5162 patients with COPD, ECG assessments were performed post-dose on days 1, 85, 169, and 365. In a pooled analysis the number of subjects with changes from baseline-corrected QT interval of >30 msec using both the Bazett (QTcB) and Fredericia (QTcF), corrections of QT for heart rate ranged from 4.9-6.4% (QTcB) and 1.3-4.7% (QTcF) for the SPIOLTO RESPIMAT group compared to 5.0-6.0% (QTcB) and 1.3-4.4% (QTcF) for olodaterol 5 microgram and 5.3-6.5% (QTcB) and 2.1- 4.6% (QTcF) for tiotropium 5 microgram

across the assessments conducted.

# Clinical efficacy and safety

The Phase III clinical development program for SPIOLTO RESPIMAT re-usable included three randomised, double-blind trials:

- (i) two replicate, 52 week parallel group trials comparing SPIOLTO RESPIMAT re-usable with tiotropium 5 microgram and olodaterol 5 microgram (1029 received SPIOLTO RESPIMAT re-usable) [Trials 1 and 2]
- (ii) one 6 week cross-over trial comparing SPIOLTO RESPIMAT re-usable with tiotropium 5 microgram and olodaterol 5 microgram and placebo (139 received SPIOLTO RESPIMAT reusable) [Trial 3]

In these trials, the comparator products, tiotropium 5 microgram, olodaterol 5 microgram and placebo, were administered via the RESPIMAT inhaler.

All studies included lung function measurements (forced expiratory volume in one second, FEV1). In the 52 week studies, lung function was measured up to 3 hrs post-dose (12 hrs post- dose in a sub-set of patients) and at 23-24 hrs post-dose; the primary lung function efficacy endpoints were change from pre- treatment baseline (response) in FEV1 AUC0-3h and trough FEV1 after 24 weeks. In the 6 week study, lung function was measured up to 12 hrs post-dose and at 22-24 hrs post-dose; the primary efficacy endpoint was FEV1 AUC0-24h response after 6 weeks. The 52 week trials also included the St. George's Respiratory Questionnaire (SGRQ) as a primary endpoint as a measure of health-related quality of life and the Mahler Transition Dyspnoea Index (TDI) as a key secondary endpoint as a measure of dyspnoea.

Patients enrolled into the Phase III program were 40 years of age or older with a clinical diagnosis of COPD, had a smoking history of more than 10 pack years and had moderate to very severe pulmonary impairment (post-bronchodilator FEV1 less than 80% predicted normal (GOLD Stage 2-4); post- bronchodilator FEV1 to FVC ratio of less than 70%).

# Patient characteristics

The majority of the 5162 patients recruited in the global, 52 week trials [Trials 1 and 2] were male (73%), white (71%) or Asian (25%), with a mean age of 64.0 years. Mean post- bronchodilator FEV1 was 1.37 L (GOLD 2 [50%], GOLD 3 [39%], and GOLD 4 [11%]). Mean  $\beta$ 2-agonist responsiveness was 16.6% of baseline (0.171 L). Pulmonary medications allowed as concomitant therapy included inhaled steroids [47%] and xanthine's [10%].

The 6 week trial [Trial 3] was conducted in Europe and North America. The majority of the 219 recruited patients were male (59%) and white (99%), with a mean age of 61.1 years.

Mean post-bronchodilator FEV1 was 1.55 L (GOLD 2 [64%], GOLD 3 [34%], GOLD 4 [2%]). Mean  $\beta_2$ - agonist responsiveness was 15.9% of baseline (0.193 L). Pulmonary medications allowed as concomitant therapy included inhaled steroids [41%] and xanthines [4%].

# Lung function

In the 52 week trials, SPIOLTO RESPIMAT re-usable, administered once daily in the morning, provided clear improvement in lung function within 5 minutes after the first dose compared to tiotropium 5 microgram (mean increase in FEV1 of 0.137 L for SPIOLTO RESPIMAT re-usable vs. 0.058 L for tiotropium 5 microgram [p<0.0001] and 0.125 L for olodaterol 5 microgram [p=0.16]). In both studies, significant improvements were observed in FEV1 AUC0-3h response and trough FEV1 response after 24

weeks (lung function primary endpoints) for SPIOLTO RESPIMAT re-usable compared to tiotropium 5 microgram and olodaterol 5 microgram (Table 1).

# Table 1Difference in FEV1 AUC0-3h and trough FEV1 response for SPIOLTO RESPIMAT re-<br/>usable compared to tiotropium 5 microgram, olodaterol 5 microgram after 24 weeks<br/>(Trials 1 and 2)

	FEV <sub>1</sub> AUC <sub>0-3h</sub> response				Trough FEV <sub>1</sub> response			
	Trial 1 Trial 2		Trial 1		Trial 2			
	n	Mean	N	Mean	n	Mean	n	Mean
SPIOLTO RESPIMAT versus	522		502		521		497	
Tiotropium 5 microgram	526	0.117 L	500	0.103 L	520	0.071 L	498	0.050 L
Olodaterol 5 microgram	525	0.123 L	507	0.132 L	519	0.082 L	503	0.088 L

pre-treatment baseline  $FEV_1$ : Trial 1 = 1.16 L; Trial 2 = 1.15 L  $p \le 0.0001$  for all comparisons

The increased bronchodilator effects of SPIOLTO RESPIMAT re-usable compared to tiotropium 5 microgram and olodaterol 5 microgram were maintained throughout the 52 week treatment period. SPIOLTO RESPIMAT re-usable also improved morning and evening PEFR (peak expiratory flow rate) compared to tiotropium 5 microgram and olodaterol 5 microgram as measured by patient's daily recordings.

In the sub-set of patients who completed extended lung function measurements up to 12 hrs post- dose, SPIOLTO RESPIMAT re-usable showed a significantly greater FEV1 response compared to tiotropium 5 microgram and olodaterol 5 microgram over the full 24 hour dosing interval (Figure 1, Table 2).

# Figure 1FEV1 profile for SPIOLTO RESPIMAT re-usable, tiotropium 5 microgram and<br/>olodaterol 5 microgram over a continuous 24 hour dosing interval after 24 weeks (12<br/>hr PFT sub-set from Trials 1 and 2; combined dataset)



# Table 2Difference in FEV1 for SPIOLTO RESPIMAT re-usable compared to tiotropium 5<br/>microgram and olodaterol 5 microgram over a continuous 24 hour dosing interval after<br/>24 weeks (12 hr PFT sub-set from Trials 1 and 2; combined dataset)

	n	12 hr average	24 hr average
SPIOLTO RESPIMAT versus	167		
Tiotropium 5 microgram	160	0.123	0.106
Olodaterol 5 microgram	194	0.118	0.098

<sup>1</sup> pre-treatment baseline  $FEV_1 = 1.17 L$ 

p<0.0001 for all comparisons

In the 6 week trial, SPIOLTO RESPIMAT re-usable showed a significantly greater  $FEV_1$  response compared to tiotropium 5 microgram, olodaterol 5 microgram and placebo over the full 24 hour dosing interval (Figure 2, Table 3).

# Figure 2 FEV<sub>1</sub> profile for SPIOLTO RESPIMAT re-usable, tiotropium 5 microgram, olodaterol 5 microgram and placebo over a continuous 24 hour dosing interval after 6 weeks (Trial 3)



# Table 3Difference in FEV1 (L) for SPIOLTO RESPIMAT re-usable compared<br/>to tiotropium 5 microgram, olodaterol 5 microgram and placebo<br/>over a continuous 24 hour dosing interval after 6 weeks (Trial 3)

	n	3 hr	n	12 hr	24 hr	Trough	
		average		average	average <sup>1</sup>	nough	
SPIOLTO RESPIMAT	138		138				
versus							
Tiotropium	137	0.109	135	0.119	0.110	0.079	
5 microgram							
Olodaterol	138	0.109	136	0.126	0.115	0.092	
5 microgram							
Placebo	135	0.325	132	0.319	0.280	0.207	

pre-treatment baseline  $FEV_1 = 1.30 L$ 

<sup>1</sup>primary endpoint

p<0.0001 for all comparisons

#### <u>Dyspnoea</u>

After 24 weeks (Trials 1 and 2), SPIOLTO RESPIMAT re-usable significantly improved mean TDI focal score compared to tiotropium 5 microgram and olodaterol 5 microgram (Table 4). More patients treated with SPIOLTO RESPIMAT re-usable had a clinically meaningful improvement in TDI focal score (MCID, defined as a value of at least 1 unit) compared to tiotropium 5 microgram (54.9% vs. 50.6%, p=0.0546) and olodaterol 5 microgram (54.9% vs. 48.2%, p=0.0026).

#### Table 4: TDI focal score after 24 weeks of treatment (Trials 1 and 2)

	n	Treatment Mean	Difference to SPIOLTO RESPIMAT Mean (p-value)
SPIOLTO RESPIMAT	992	1.98	
Tiotropium 5 microgram	978	1.63	0.36 (p=0.008)
Olodaterol 5 microgram	984	1.56	0.42 (p=0.002)

# Rescue Medication Use

Patients treated with SPIOLTO RESPIMAT re-usable used less daytime and night-time rescue salbutamol compared to patients treated with tiotropium 5 microgram and olodaterol 5 microgram (Trials 1 and 2).

### Patient Global Rating

Patients treated with SPIOLTO RESPIMAT re-usable perceived a greater improvement in their respiratory condition compared to tiotropium 5 microgram and olodaterol 5 microgram, as measured by a Patient's Global Rating (PGR) scale (Trials 1 and 2).

# **Exacerbations**

Tiotropium 5 microgram has previously demonstrated a statistically significant reduction in risk of a COPD exacerbation compared to placebo. COPD exacerbations was included as an additional endpoint in the 52 week pivotal trials (Trials 1 and 2). In the combined dataset, the proportion of patients experiencing a moderate/severe COPD exacerbation was 27.7% for SPIOLTO RESPIMAT re-usable and 28.8% for tiotropium 5 microgram (p=0.39). These studies were not specifically designed to evaluate the effect of treatments on COPD exacerbations.

In a one-year, randomised, double-blind, active-controlled parallel group clinical trial (Trial 9) SPIOLTO RESPIMAT re-usable was compared with tiotropium 5 microgram on COPD exacerbations. All respiratory medications except anticholinergics, long-acting beta-agonists and combinations thereof were allowed as concomitant treatment, i.e. rapidly acting beta-agonists, inhaled corticosteroids and xanthines. The primary endpoint was the annualised rate of moderate to severe COPD exacerbations (3939 patients received SPIOLTO RESPIMAT re-usable and 3941 patients received tiotropium 5 microgram).

The majority of patients were male (71.4%) and Caucasian (79.3%). The mean age was 66.4 years, mean post-bronchodilator FEV1 was 1.187 L (SD 0.381), and 29.4% of patients had a history of clinically important cardiovascular disease.

Moderate to severe exacerbations of COPD were defined as "a complex of lower respiratory events / symptoms (increase or new onset) related to the underlying COPD, with duration of three days or more, requiring a prescription of antibiotics and/or systemic steroids and/or hospitalisation".

The annualised rate of moderate to severe COPD exacerbations, was 0.97 for tiotropium 5 mcg and 0.90 for SPIOLTO RESPIMAT re-usable resulting in a rate ratio (RR) of 0.93 (99% CI, 0.85-1.02, p=0.0498). The study did not reach p < 0.01, the pre specified significance level of the study.

In addition the annualised rate of hospitalisations due to a COPD exacerbation was 0.20 for tiotropium 5 mcg and 0.18 for SPIOLTO RESPIMAT re-usable resulting in a RR of 0.89 (95% CI 0.76- 1.03, p=0.1265).

Beyond this SPIOLTO RESPIMAT re-usable treatment resulted in a 20% lower annualised rate of moderate to severe exacerbation that required treatment with systemic corticosteroids (RR 0.80, 95% Cl 0.68-0.94, p=0.0068) and in a 9% lower annualised rate of moderate to severe exacerbation that required treatment with systemic corticosteroids and antibiotics (RR 0.91, 95% Cl 0.83-1.00, p=0.0447). Treatment with SPIOLTO RESPIMAT re-usable did not result in a reduction in the rate of moderate to severe exacerbations treated with antibiotics only (RR 1.07, 95% Cl

0.96-1.20, p=0.2062).

Time to all-cause mortality was included as a secondary endpoint in this trial. There was no significant difference in the risk of all-cause mortality between SPIOLTO RESPIMAT re-usable and tiotropium 5 microgram. During the actual treatment period (i.e. on-treatment plus one day) 36 versus 32 deaths were observed (Hazard Ratio (HR) 1.09, 95% CI, 0.67, 1.75, p=0.7357) while

during the planned study period (381 days) 107 versus 121 deaths were observed (HR 0.88, 95% CI, 0.68, 1.15, p=0.3485) for SPIOLTO RESPIMAT re-usable and tiotropium 5 microgram, respectively.

The analysis of the additional exacerbation trial (Trial 9) is displayed in Table 5.

Study (N <sub>Spiolto</sub> , N <sub>tio 5</sub> )	Endpoints	Spiolto Respimat	Tiotropium 5 microgram	Ratio	p-value
1-year Ph IIIb exacerbation study	Annualised rate of COPD exacerbation Moderate to severe	0.90	0.97	RR 0.93 (0.85, 1.02) 99% CI	0.0498
(treated set: 3939, 3941)	Time to first COPD exacerbation Moderate to severe	Number of patients with event: 1746	Number of patients with event: 1777	HR 0.95 (0.87, 1.03) 99% CI	0.1188
	Annualised rate of hospitalised exacerbations	0.18	0.20	RR 0.89 (0.76, 1.03) 95% CI	0.1265
	Time to first hospitalised COPD exacerbation	Number of patients with event: 450	Number of patients with event: 469	HR 0.93 (0.82, 1.06) 95% CI	0.2773

Table 5: Effect of SPIOLTO RESPIMAT re-usable on exacerbations (Trial 9)

# Health-related Quality of Life

After 24 weeks (Trials 1 and 2), SPIOLTO RESPIMAT re-usable significantly improved mean SGRQ total score compared to tiotropium 5 microgram and olodaterol 5 microgram (Table 4); improvements were seen in all SGRQ domains. More patients treated with SPIOLTO RESPIMAT re-usable had a clinically meaningful improvement in SGRQ total score (MCID, defined as a decrease of at least 4 units from baseline) compared to tiotropium 5 microgram (57.5% vs. 48.7%, p=0.0001) and olodaterol 5 microgram (57.5% vs. 44.8%, p<0.0001).

		n	Treatment Mean (change from baseline)	Difference from SPIOLTO RESPIMAT Mean (n-value)
				wear (p-value)
Total score	Baseline		43.5	
	SPIOLTO RESPIMAT	979	36.7 (-6.8)	
	Tiotropium 5 microgram	954	37.9 (-5.6)	-1.23 (p=0.025)
	Olodaterol 5 microgram	954	38.4 (-5.1)	-1.69 (p=0.002)
Symptoms	Baseline		51.9	
	SPIOLTO RESPIMAT	982	42.6	
	Tiotropium 5 microgram	957	45.5	-2.94 (p=0.0008)
	Olodaterol 5 microgram	958	45.0	-2.48 (p=0.0046)
	Deceline		58.0	
Activities	SPIOLTO RESPIMAT	981	51.9	
	Tiotropium 5 microgram	959	53.2	-1.34 (p=0.052)
	Olodaterol 5 microgram	958	54.0	-2.11 (p=0.002)
Impact	Baseline SPIOLTO RESPIMAT	983	32.6 26.1	
	Tiotropium 5 microgram	960	26.8	-0.67 (p=0.283)
	Olodaterol 5 microgram	959	27.2	-1.11 (p=0.075)

Table 6: SGRQ total and domain scores after 24 weeks of treatment (Trials 1 and 2)

In two additional 12-week (Trials 7 and 8), placebo-controlled clinical trials, SGRQ total score at 12 weeks was also included as primary endpoint as a measure of health-related quality of life.

In the 12-week trials, SPIOLTO RESPIMAT re-usable demonstrated an improvement compared

with placebo at week 12 in mean SGRQ total score (primary endpoint) of -4.9 (95%CI: -6.9, -2.9; p<0.0001) and -4.6 (95%CI: -6.5, -2.6; p<0.0001). In a pooled analysis of the 12-week trials, the proportion of patients with a clinically meaningful decrease in SGRQ total score (defined as a decrease of at least 4 units from baseline) at week 12 was greater for SPIOLTO RESPIMAT re-usable (52%) compared with tiotropium 5 microgram (41%; odds ratio: 1.56 (95%CI: 1.17, 2.07), p= 0.0022) and placebo (32%; odds ratio: 2.35 (95%CI: 1.75, 3.16), p < 0.0001).

In Trial 9, treatment with SPIOLTO RESPIMAT re-usable provided improvements in the COPD Assessment Test score (CAT, a measure of health-related quality of life) versus tiotropium 5 microgram at all study visits (adjusted mean difference versus tiotropium from -0.7 (95% CI (-1.0, - 0.5)) at day 90 to -0.4 (95% CI (-0.7,-0.1)) at day 360, all p<0.01). In a responder analysis the proportion of patients experiencing a clinically meaningful improvement in CAT (defined as a reduction of 2 points or more) was larger with SPIOLTO RESPIMAT re-usable versus tiotropium 5 microgram (44.51% vs 40.77% respectively, odds ratio 1.17, 95% CI 1.06-1.28 p<0.001).

# Inspiratory capacity, breathing discomfort and exercise endurance

The effect of SPIOLTO RESPIMAT re-usable on inspiratory capacity, breathing discomfort and symptom-limited exercise endurance was investigated in three randomised, double-blind trials in COPD patients:

- (i) two replicate, 6 week cross-over trials comparing SPIOLTO RESPIMAT re-usable with tiotropium 5 microgram, olodaterol 5 microgram and placebo during constant work rate cycling (450 received SPIOLTO RESPIMAT re-usable) [Trials 4 and 5]
- (ii) one 12 week parallel group trial comparing SPIOLTO RESPIMAT re-usable with placebo during constant work rate cycling (139 received SPIOLTO RESPIMAT re-usable) and constant speed walking (sub-set of patients) [Trial 6]

SPIOLTO RESPIMAT re-usable significantly improved inspiratory capacity at rest two hours postdose compared to tiotropium 5 microgram (0.114 L, p<0.0001; Trial 4, 0.088 L, p=0.0005; Trial 5), olodaterol 5 microgram (0.119 L, p<0.0001; Trial 4, 0.080 L, p=0.0015; Trial 5) and placebo (0.244 L, p<0.0001; Trial 4, 0.265 L, p<0.0001; Trial 5) after 6 weeks.

In Trials 4 and 5, SPIOLTO RESPIMAT re-usable significantly improved endurance time during constant work rate cycling compared to placebo after 6 weeks (Trial 4: geometric mean endurance time of 454 s for SPIOLTO RESPIMAT re-usable compared to 375 seconds for placebo (20.9% improvement, p<0.0001); Trial 5: geometric mean endurance time of 466 seconds for SPIOLTO RESPIMAT re-usable compared to 411 seconds for placebo (13.4% improvement, p<0.0001).

In Trial 6, SPIOLTO RESPIMAT re-usable significantly improved endurance time during constant work rate cycling compared to placebo after 12 weeks (geometric endurance time of 528 seconds for SPIOLTO RESPIMAT re-usable compared to 464 seconds for placebo (13.8% improvement, p=0.021).

Long-term tiotropium active-controlled study

In the post-marketing TIOSPIR study comparing Spiriva Respimat and Spiriva HandiHaler, allcause mortality (including vital status follow up) was similar with hazard ratio (Spiriva Respimat/Spiriva HandiHaler) = 0.96, 95% CI 0.84 -1.09).

Respective treatment exposure was 13,135 and 13,050 patient-years.

### PHARMACOKINETICS

When tiotropium and olodaterol were administered in combination by the inhaled route, the pharmacokinetic parameters for each component were similar to those observed when each active substance was administered separately.

Tiotropium and olodaterol demonstrate linear pharmacokinetics in the therapeutic range. On repeated once-daily inhalation administration, steady state of tiotropium is reached by day 7. Steady state of olodaterol is achieved after 8 days of once-daily inhalation, and accumulation is up to 1.8-fold as compared to a single dose.

#### **Absorption**

*Tiotropium:* Urinary excretion data from young healthy volunteers suggests that approximately 33% of the dose inhaled via the RESPIMAT inhaler reaches the systemic circulation. The absolute bioavailability from an orally administered solution was found to be 2–3%. Maximum tiotropium plasma concentrations are observed 5–7 minutes after the inhalation via RESPIMAT.

*Olodaterol*: In healthy volunteers the absolute bioavailability of olodaterol following inhalation was estimated to be approximately 30%, whereas the absolute bioavailability was below 1% when given as an oral solution. Maximum olodaterol plasma concentrations generally are reached within 10 to 20 minutes following drug inhalation via RESPIMAT.

# **Distribution**

*Tiotropium* has a plasma protein binding of 72% and shows a volume of distribution of 32 L/kg. Studies in rats have shown that tiotropium does not penetrate the blood-brain barrier to any relevant extent.

*Olodaterol* has a plasma protein binding of approximately 60% and shows a volume of distribution of 1110 L.

#### **Biotransformation**

*Tiotropium:* The extent of metabolism is small. This is evident from 74% of an intravenous dose being excreted in the urine as unchanged drug. The ester tiotropium is nonenzymatically cleaved into its alcohol and acid component (N-methylscopine and dithienylglycolic acid, respectively), both not binding to muscarinic receptors. *In vitro* experiments with human liver microsomes and human hepatocytes suggest that some further drug (<20% of the dose after intravenous administration) is metabolized by cytochrome P450 (CYP) 2D6 and 3A4 dependent oxidation and subsequent glutathione conjugation to a variety of Phase II-metabolites.

Olodaterol is substantially metabolized by direct glucuronidation and by O-demethylation at the

methoxy moiety followed by conjugation. Of the six metabolites identified, only the unconjugated demethylation product (SOM 1522) binds to  $\beta_2$ -receptors; this metabolite however is not detectable in plasma after chronic inhalation of the recommended therapeutic dose or doses of up to 4-fold higher. Cytochrome P450 isozymes CYP2C9 and CYP2C8, with negligible contribution of CYP3A4, are involved in the O-demethylation of olodaterol, while uridine diphosphate glycosyl transferase isoforms UGT2B7, UGT1A1, 1A7 and 1A9 were shown to be involved in the formation of olodaterol glucuronides.

#### **Elimination**

*Tiotropium*: Intravenously administered tiotropium is mainly excreted unchanged in urine (74%). The total clearance in healthy volunteers is 880 mL/min. After inhalation by COPD patients to steady-state, urinary excretion is 18.6% of the dose, the remainder being mainly non-absorbed drug in gut that is eliminated via the faeces. The renal clearance of tiotropium exceeds the glomerular filtration rate, indicating active secretion into the urine. The effective half-life of tiotropium following inhalation by COPD patients ranges between 27 and 45 h.

*Olodaterol*: Total clearance of olodaterol in healthy volunteers is 872 mL/min, and renal clearance is 173 mL/min. The terminal half-life following intravenous administration is 22 hrs. The terminal half-life following inhalation in contrast is about 45 hrs, indicating that the latter is determined by absorption rather than by elimination processes.

Following intravenous administration of [<sup>14</sup>C]-labelled olodaterol, 38% of the radioactive dose was recovered in the urine and 53% was recovered in feces. The amount of unchanged olodaterol recovered in the urine after intravenous administration was 19%. Following oral administration, only 9% of the radioactivity was recovered in urine, while the major portion was recovered in feces (84%). More than 90% of the dose was excreted within 6 and 5 days following intravenous and oral administration, respectively. Following inhalation, excretion of unchanged olodaterol in urine within the dosing interval in healthy volunteers at steady state accounted for 5-7% of the dose.

#### **Characteristics in Patients**

*Tiotropium*:As expected for all predominantly renally excreted drugs, advancing age was associated with a decrease of tiotropium renal clearance from 347 mL/min in COPD patients <65 years to 275 mL/min in COPD patients  $\geq$ 65 years. This did not result in a corresponding increase in AUC<sub>0-6,ss</sub> or C<sub>max,ss</sub> values.

*Olodaterol*: A pharmacokinetic meta-analysis utilizing data from 2 controlled clinical trials that included 405 patients with COPD and 296 patients with asthma showed that no dose adjustment is necessary due to effects of age, gender and weight on systemic exposure to olodaterol.

Comparison of pharmacokinetic data within and across studies with olodaterol revealed a trend for higher systemic exposure in Japanese and other Asians than in Caucasians.

No safety concerns were identified in clinical studies with olodaterol in Caucasians and Asians of up to one year with olodaterol doses up to twice the recommended therapeutic dose.

### Renal Insufficiency

*Tiotropium:* Following once daily inhaled administration of tiotropium to steady-state in COPD patients with mild renal impairment ( $CL_{CR}$  50-80 mL/min) resulted in slightly higher AUC0-6,ss(between 1.8 to 30% higher) and similar  $C_{max,ss}$  compared to patients with normal renal function ( $CL_{cr}$  >80 mL/min). In subjects with moderate to severe renal impairment ( $CL_{CR}$  <50 ml/min) intravenous administration of tiotropium resulted in twofold higher total exposure (82% higher AUC<sub>0-4h</sub> and 52% higher  $C_{max}$ ) compared to subjects with normal renal function, which was confirmed by observations after dry powder inhalation.

*Olodaterol*: In subjects with severe renal impairment ( $CL_{CR}$  <30 mL/min) systemic exposure to olodaterol was on average 1.4-fold increased. This magnitude of exposure increase does not raise any safety concerns given the safety experience of treatment with olodaterol in clinical studies of up to one year at doses up to twice the recommended therapeutic dose.

# Hepatic Insufficiency

*Tiotropium:* Liver insufficiency is not expected to have any relevant influence on tiotropium pharmacokinetics. Tiotropium is predominantly cleared by renal elimination (74% in young healthy volunteers) and simple non-enzymatic ester cleavage to pharmacologically inactive products.

*Olodaterol*: In subjects with mild and moderate hepatic impairment systemic exposure to olodaterol was not affected. The effect of severe hepatic impairment on systemic exposure to olodaterol was not investigated.

#### Drug-Drug Interactions

Pharmacokinetic drug interaction studies with SPIOLTO RESPIMAT re-usable have not been performed; however such studies have been conducted with individual components tiotropium and olodaterol.

When tiotropium and olodaterol were administered in combination by the inhaled route, the pharmacokinetic parameters for each component were similar to those observed when each active substance was administered separately.

# Tiotropium

An interaction study with tiotropium (14.4 mcg intravenous infusion over 15 minutes) and cimetidine 400 mg three times daily or ranitidine 300 mg once-daily was conducted. Concomitant administration of cimetidine with tiotropium resulted in a 20% increase in the AUC<sub>0-4h</sub>, a 28% decrease in the renal clearance of tiotropium and no significant change in the C<sub>max</sub> and amount excreted in urine over 96 hours. Co-administration of tiotropium with ranitidine did not affect the pharmacokinetics of tiotropium.

Common concomitant medications (long-acting beta<sub>2</sub>-adrenergic agonists (LABA), inhaled corticosterioids (ICS)) used by patients with COPD were not found to alter the exposure to tiotropium.

# Olodaterol:

Drug-drug interaction studies were carried out using fluconazole as model inhibitor of CYP 2C9 and ketoconazole as potent P-gp and CYP inhibitor.

*Fluconazole*: Co-administration of 400 mg fluconazole once daily for 14 days had no relevant effect on systemic exposure to olodaterol.

*Ketoconazole*: Co-administration of 400 mg ketoconazole once daily for 14 days increased olodaterol  $C_{max}$  by 66% and AUC<sub>0-1</sub> by 68%.

*Tiotropium:* Co-administration of tiotropium bromide, delivered as a fixed-dose combination with olodaterol, for 21 days had no relevant effect on systemic exposure to olodaterol, and vice versa.

#### TOXICOLOGY

#### Tiotropium+Olodaterol

#### Single-dose toxicity

For the combination tiotropium + olodaterol single-dose toxicity studies after inhalation administration have been performed for three dose ratios in mice and rats, revealing a low acute toxicity. In mice, the approximate lethal doses (ALD) were 34.8+36.6 mg/kg for tiotropium+olodaterol in the ratio 1:1. In rats, no deaths occurred, therefore the ALDs were >17.9+18.8 mg/kg for tiotropium/olodaterol in the ratio 1:1.

#### **Repeat-dose toxicity**

Inhalation repeat-dose toxicity studies for the combination tiotropium+olodaterol were performed in rats (4 weeks) and dogs (up to 13 weeks) at different dose ratios. In the 13-week studies in dogs, body weight development, clinical signs, changes of the cardiovascular system and of respective enzyme activities as well as the macroscopical and microscopical pathology were characteristic  $\beta_2$ -agonistic and anticholinergic effects. In the 13-week toxicity studies with the dose ratio 1:1 for tiotropium/olodaterol, the no observed adverse effect levels (NOAEL) were 14+16 microgram/kg/day.

#### **Reproduction toxicity**

No reproduction toxicity studies for the combination were performed.

#### Tiotropium:

In the reproduction studies in rabbits and rats harmful effects with respect to pregnancy, embryo/fetal development, parturition or postnatal development could only be demonstrated at maternally toxic dose levels. In a general reproduction and fertility study in rats, there was no indication of any adverse effect on fertility or mating performance of either treated parents or their offspring at any dosage.

#### Olodaterol:

In rats, no teratogenic effects occurred after inhalation at doses 1054 microgram/kg/day (> 2600

times the human exposure (AUC<sub>(0-24h)</sub>) at the dose of 5 microgram). In pregnant NZW rabbits, an inhalation dose of 2489 microgram/kg/day (approximately 7130 times the human exposure at 5 microgram based on AUC<sub>(0-24h)</sub>) of olodaterol exhibited fetal toxicity characteristically resulting from ß-adrenoceptor stimulation; these included patchy ossifications, short/bent bones, partially open eye, cleft palate, cardiovascular abnormalities. No significant effects occurred at a dose of 974 microgram/kg (approximately 1353 times the 5 microgram dose based on AUC<sub>(0-24h)</sub>). No impairment of male or female fertility or early embryonic development was seen in the rat up to inhalation doses of 3068 microgram/kg (approximately 2332 times the 5 microgram dose based on AUC<sub>(0-24h)</sub>).

No effects were observed on mating, fertility or bearing of live implants to Day 14/15/16 of gestation in the F1 animals in the rat up to inhalation doses of 3665 microgram/kg/day (approximately 2332 times the 5 microgram dose based on AUC<sub>(0-24h)</sub>).

#### Genotoxicity

*In vitro* mutagenicity for tiotropium or olodaterol alone, did not show any genotoxic potential. In the *in vivo* rat bone marrow micronucleus assay, after inhalation at dose levels of up to 2266+2174 microgram/kg/day tiotropium+olodaterol for 4 weeks (dose ratio 1:1), the combination was free of genotoxic potential.

In the *in vivo* rat bone marrow micronucleus assay after inhalation exposure (up to approximately 1092 times the 5 microgram dose based on AUC<sub>(0-24h)</sub>) and the *in vitro* (Ames test, mouse lymphoma assay) mutagenicity assays, olodaterol was free of any genotoxic potential up to very high dose levels. An increased frequency of micronuclei was observed in rats after i.v. exposure at doses of at least 5500-times the 5 microgram dose based on AUC<sub>(0-24h)</sub> may be related to drug enhanced (compensatory) erythropoiesis.

#### Carcinogenicity

No carcinogenicity studies for the combination were performed.

#### Tiotropium:

Tiotropium did not show any carcinogenic potential in the respective studies in mice and rats.

#### Olodaterol:

Lifetime treatment of rats induced class- and rodent-specific leiomyomas of the mesovarium at exposures approximately 2235-fold and 715-fold the exposure at the dose of 5 microgram dose (on systemic exposure). Lifetime treatment of mice induced class- and rodent-specific smooth muscle tumours (leiomyomas, leiomyosarcomas) of the uterus and incidences of sex cord stromal focal hyperplasia and luteal focal hyperplasia in the ovary at exposures approximately 477- to 3596-fold the exposure at the dose of 5 microgram dose (on systemic exposure), again considered as class- and rodent specific (exposure multiples). Both studies revealed no evidence for an olodaterol-related human risk with regard to carcinogenicity or chronic toxicity.

# **STORAGE CONDITIONS**

Store at or below 30°C. Do not freeze

# PRESENTATION

Pack sizes and devices supplied:

Single pack: 1 Respimat re-usable inhaler and 1 cartridge, providing 60 puffs (30 medicinal doses) Single refill pack: 1 cartridge (providing 60 puffs (30 medicinal doses)

Please refer to packaging for information on shelf life. Discard cartridge 3 months after insertion

Recommended use: 6 cartridges per inhaler (Note: The functioning of the Respimat re-usable inhaler has been demonstrated in tests for 540 actuations (corresponding to 9 cartridges).)

#### MANUFACTURER

Boehringer Ingelheim Pharma GmbH & Co. KG Ingelheim am Rhein Germany

For

Boehringer Ingelheim International GmbH Ingelheim am Rhein Germany

Date of Revision: 22 May 2021

SPIOLTO RESPIMAT re-usable

# **Instructions For Use**

SPIOLTO RESPIMAT re-usable (tiotropium bromide and olodaterol).

Read these Instructions for Use before you start using SPIOLTO RESPIMAT re-usable.

You will need to use this inhaler only ONCE A DAY. Each time you use it take TWO PUFFS.



- If not been used for more than 7 days release one puff towards the ground.
- If not been used for more than 21 days repeat steps 4 to 6 until a cloud is visible. Then repeat steps 4 to 6 three more times.

#### How to care for your SPIOLTO RESPIMAT re-usable

Clean the mouthpiece including the metal part inside the mouthpiece with a damp cloth or tissue only, at least once a week.

Any minor discoloration in the mouthpiece does not affect your Respimat inhaler

performance. If necessary, wipe the outside of your Respimat inhaler with a damp cloth.

#### When to replace the inhaler

When you have used an inhaler with 6 cartridges, get a new SPIOLTO RESPIMAT re-usable pack containing an inhaler.



# Prepare for use





#### Daily use



#### When to replace the SPIOLTO RESPIMAT re-usable cartridge

The dose indicator shows how many puffs remain in the cartridge.



60 puffs remaining



Less than 10 puffs remaining. Obtain a new cartridge.



Your cartridge is used up. Turn the clear base to loosen it. Your inhaler is now in a locked position. Pull off the cartridge from the inhaler. Insert a new cartridge until it clicks (refer to step 2). The new cartridge will stick out more than the very first cartridge (continue with step 3). Remember to put the clear base back to unlock the inhaler.

#### **Answers to Common Questions**

#### It is difficult to insert the cartridge deep enough.

**Did you accidentally turn the clear base before inserting the cartridge?** Open the cap, press the dose-release button, then insert the cartridge.

#### Are you replacing the cartridge?

The new cartridge will stick out more than the very first cartridge. Insert it until it clicks, then replace the clear base.

#### I cannot press the dose-release button.

**Did you put the clear base back?** If not, put the clear base back to unlock the inhaler. The Respimat re-usable only functions with the clear base in place.

#### Did you turn the clear base?

If not, turn the clear base in a continuous movement until it clicks (half a turn).

**Does the dose indicator on your cartridge display a white arrow on a red background?** Your cartridge is used up. Insert a new cartridge.

#### It is difficult to remove the cartridge after it is used up.

Pull and turn the cartridge at the same time.

#### I cannot turn or replace the clear base back.

# Is the clear base loose and does the dose indicator on your cartridge display a white arrow on a red background?

Your cartridge is used up. Insert a new cartridge.

#### Did you turn the clear base already?

If the clear base has already been turned, follow steps "OPEN" and "PRESS" under "Daily Use" to get your medicine.

#### Mv Respimat re-usable has been used up too early.

Did you use Respimat re-usable as indicated (two puffs/once daily)? Respimat will last 30 days if used at two puffs once daily. **Did you spray in the air often to check whether the Respimat re-usable is working?** Once you have prepared Respimat re-usable, no test-spraying is required if used daily.

Did you take off and put the clear base multiple times back? Do not remove the clear base before the cartridge is used up. Each time you take off the clear base without cartridge exchange, the dose counter records one puff and the remaining doses are reduced.

#### My Respimat re-usable doesn't spray.

#### Did you insert a cartridge?

If not, insert a cartridge. Once your Respimat re-usable is assembled, do not remove the clear base or the cartridge until the cartridge is used up.

#### Did you repeat TURN, OPEN, PRESS less than three times after inserting the cartridge?

Repeat TURN, OPEN, PRESS three times after inserting the cartridge as shown in the steps 4 to 6 under "Prepare for use".

**Does the dose indicator on your cartridge display a white arrow on a red background?** Your cartridge is used up. Insert a new cartridge.

#### My Respimat re-usable sprays automatically.

#### Was the cap open when you turned the clear base?

Close the cap, then turn the clear base.

#### Did you press the dose-release button when turning the clear base?

Close the cap, so the dose-release button is covered, then turn the clear base.

#### Did you stop when turning the clear base before it clicked?

Turn the clear base in a <u>continuous</u> movement until it clicks (half a turn). The dose counter will count each incomplete turn and the number of remaining doses is reduced.

#### Was the cap open when you replaced the cartridge?

Close the cap, then replace the cartridge.