

# ROSUDEX Film-coated tablet



**Compositions:**  
**ROSUDEX 10 MG**  
Each film-coated tablet contains Rosuvastatin calcium equivalent to Rosuvastatin 10 mg

**ROSUDEX 20 MG**  
Each film-coated tablet contains Rosuvastatin calcium equivalent to Rosuvastatin 20 mg

**List of Excipients:**  
**ROSUDEX 10 MG**  
Microcrystalline cellulose PH-102, pharomatose DCL-11, crospovidone XL-10, magnesium stearate, opadry II 85G58977 white (polyvinyl alcohol, titanium dioxide, talc, polyethylene glycol/macrogol, lecithin (soy)).

**ROSUDEX 20 MG**  
Microcrystalline cellulose PH-102, pharomatose DCL-11, crospovidone XL-10, magnesium stearate, opadry II 85G58977 white (polyvinyl alcohol, titanium dioxide, talc, polyethylene glycol/macrogol, lecithin (soy)).

**Product Descriptions:**  
**ROSUDEX 10 MG**  
White, round, and shallow-biconvex tablet with diameter 7 mm. Marked 'DEXA' on side I, unmarked on side II.

**ROSUDEX 20 MG**  
White, round, and shallow-biconvex tablet with diameter 9 mm. Marked 'DEXA' on side I, unmarked on side II.

**Pharmacodynamics:**  
**ATC code:** C10AA07  
**Mechanism of action**  
Rosuvastatin is a selective, potent and competitive inhibitor of HMG-CoA reductase, the rate-limiting enzyme that converts 3-hydroxy-3-methylglutaryl coenzyme A to mevalonate, a precursor of cholesterol. Triglycerides (TG) and cholesterol in the liver are incorporated, with apolipoprotein B (ApoB), into very low density lipoprotein (VLDL) and released into the plasma for delivery to peripheral tissues. VLDL particles are TG-rich. Cholesterol-rich low density lipoprotein (LDL) is formed from VLDL and is cleared primarily through the high affinity LDL receptor in the liver. Rosuvastatin produces its lipid-modifying effects in two ways: it increases the number of hepatic LDL receptors on the cell-surface, enhancing uptake and catabolism of LDL and it inhibits the hepatic synthesis of VLDL, thereby reducing the total number of VLDL and LDL particles. High density lipoprotein (HDL), which contains ApoA-I is involved, amongst other things, in transport of cholesterol from tissues back to the liver (reverse cholesterol transport). The involvement of LDL-C in atherosclerosis has been well documented. Epidemiological studies have established that high LDL-C, TG, low HDL-C, and ApoA-I have been linked to a higher risk of cardiovascular disease. Intervention studies have shown the benefits on mortality and CV event rates of lowering LDL-C and TG or raising HDL-C. More recent data has linked the beneficial effects of HMG-CoA reductase inhibitors to lowering of non-HDL (i.e., all circulating cholesterol not in HDL) and ApoB or reducing the ApoB/ApoA-I ratio.

**Clinical efficacy**  
Rosuvastatin reduces elevated LDL-cholesterol, total cholesterol, and triglycerides and increases HDL cholesterol. It also lowers ApoB, non-HDL-C, VLDL-C, VLDL-TG and increases ApoA-I (see Table 1). Rosuvastatin also lowers the LDL-C/HDL-C, total CHDL-C, non-HDL-C/HDL-C, and ApoB/ApoA-I ratios. A therapeutic response to rosuvastatin is obtained within 1 week of commencing therapy and 90% of maximum response is usually achieved in 2 weeks. The maximum response is usually achieved by 4 weeks and is maintained after that.

**Table 1 — Dose response in patients with primary hypercholesterolemia (type IIa and IIb) (adjusted mean percent change from baseline)**

Dose	N	LDL-C	Total-C	HDL-C	TG	Non-HDL-C	ApoB	ApoA-I
Placebo	13	-7	-5	3	-3	-7	-3	0
5	17	-45	-33	13	-35	-44	-38	4
10	17	-52	-36	14	-10	-48	-42	4
20	17	-55	-40	8	-23	-51	-46	5
40	18	-63	-46	10	-28	-60	-54	0

The data in Table 1 are confirmed by the broader clinical program of over 3,500 patients given rosuvastatin.

In a study of patients with heterozygous familial hypercholesterolemia, 435 subjects were given rosuvastatin from 20 mg to 80 mg in a force-titration design. All doses of rosuvastatin showed a beneficial effect on lipid parameters and treatment to target goals. Following titration to 40 mg (12 weeks of treatment) LDL-C was reduced by 53%.

In a force-titration open label study, 42 patients with homozygous familial hypercholesterolemia were evaluated for their response to rosuvastatin 20-40 mg titrated at a 6-week interval. In the overall population, the mean LDL-C reduction was 22%. In the 27 patients with at least a 15% reduction by week 12 (considered to be the responder population), the mean LDL-C reduction was 26% at the 20 mg dose and 30% at the 40 mg dose. Of the 13 patients with an LDL-C of less than 15%, 3 had no response or an increase in LDL-C.

In the METEOR study, the effect of rosuvastatin 40 mg on the progression of atherosclerosis was assessed by B-mode ultrasound of the carotid arteries. In this multicenter, double-blind, placebo-controlled clinical trial, 984 subjects at low risk for coronary heart disease (defined as Framingham risk <10% over ten years) and with a mean LDL-C of 154.5 mg/dl but with subclinical atherosclerosis as detected by CIMT (Carotid Intima Media Thickness) were randomized in a 5:2 ratio to treatment with either rosuvastatin 40 mg or placebo for 2 years. Rosuvastatin significantly slowed the progression of carotid atherosclerosis compared to placebo. The difference in the rate of change in the maximum CIMT of all 12 carotid artery sites between rosuvastatin-treated patients and placebo-treated patients was -0.0145 mm/year (95% CI -0.0196, -0.0093; p<0.0001). The change from baseline for the rosuvastatin group was -0.0014 mm/year (95% CI -0.0041, 0.0014), but was not significantly different from zero (p=0.3224). The beneficial effects of rosuvastatin were consistent across all 4 secondary CIMT endpoints. There was significant progression in the placebo group (+0.0131 mm/year; 95% CI 0.0087, 0.0174; p<0.0001). In the rosuvastatin group, 52.1% of patients demonstrated an absence of disease progression (i.e., regressed) compared to 37.7% of patients in the placebo group (p=0.0002). Rosuvastatin 40 mg was well-tolerated, and the data were consistent to the established safety profile for rosuvastatin.

In a randomized, multicenter, double-blind crossover study, 32 patients (27 with e2/e2 genotype and 4 with apo E mutation [Arg145Cys]) with dysbetalipoproteinemia (Fredrickson type III) received rosuvastatin 10 or 20 mg daily for 6 weeks. Rosuvastatin reduced non-HDL-C (primary end point) and circulating remnant lipoprotein levels. Results are shown in the table below.

**Table 2 — Lipid-modifying effects of rosuvastatin 10 mg and 20 mg in dysbetalipoproteinemia (Fredrickson type III hyperlipoproteinemia) after six weeks by median percent change (95% CI) from baseline (N=32)**

Dose	Total-C	TG	Non-HDL-C	VLDL-C + IDL-C	LDL-C	HDL-C	RLP-C	Apo-E
10	-43.3 (-46.9, -37.5)	-40.1 (-44.9, -33.6)	-48.2 (-56.7, -45.6)	-46.8 (-53.7, -39.4)	-54.4 (-59.1, -47.3)	10.2 (1.9, 12.3)	-56.4 (-67.1, -49.0)	-42.9 (-46.3, -33.3)
20	-47.6 (-51.6, -42.8)	-43.0 (-52.5, -33.1)	-56.4 (-61.4, -48.5)	-56.2 (-67.7, -43.7)	-57.3 (-59.4, -52.1)	11.3 (8.3, 20.5)	-64.9 (-74.0, -56.6)	-42.5 (-47.1, -35.6)

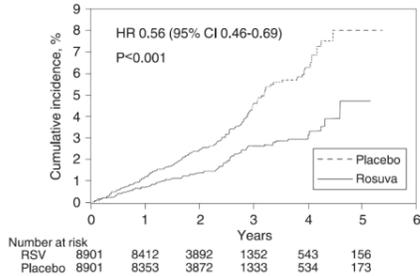
Rosuvastatin is effective in adults with hypercholesterolemia, with and without hypertriglyceridemia, regardless of race, sex, or age and in special populations such as diabetics or patients with familial hypercholesterolemia.

In the Justification for the Use of Statins in Primary Prevention: An Intervention Trial Evaluating Rosuvastatin (JUPITER) study, the effect of rosuvastatin (rosuvastatin calcium) on the occurrence of major cardiovascular (CV) disease events was assessed in 17,802 men (≥50 years) and women (≥60 years) who had no clinically evident cardiovascular disease, LDL-C levels <130 mg/dl (3.3 mmol/l) and hsCRP levels ≥2 mg/l. The study population had an estimated baseline coronary heart disease risk of 11.6% over 10 years based on the Framingham risk criteria and included a high percentage of patients with additional risk factors such as hypertension (58%), low HDL-C levels (23%), cigarette smoking (16%), or a family history of premature CHD (12%). Study participants had a median baseline LDL-C of 108 mg/dl and hsCRP of 4.3 mg/l. Study participants were randomly assigned to placebo (n=8,901) or rosuvastatin 20 mg once daily (n=8,901) and were followed for a mean duration of 2 years. The JUPITER study was stopped early by the Data Safety Monitoring Board due to meeting predefined stopping rules for efficacy in rosuvastatin-treated subjects.

The primary endpoint was a composite end point consisting of the time-to-first occurrence of any of the following major CV events: CV death, nonfatal myocardial infarction, nonfatal stroke, hospitalization for unstable angina or an arterial revascularization procedure.

Rosuvastatin significantly reduced the risk of major CV events (252 events in the placebo group vs. 142 events in the rosuvastatin group) with a statistically significant (p<0.001) relative risk reduction of 44% and absolute risk reduction of 1.2% (see Figure 1). The risk reduction for the primary end point was consistent across the following predefined subgroups: age, sex, race, smoking status, family history of premature CHD, body mass index, LDL-C, HDL-C, or hsCRP levels.

**Figure 1 Time to occurrence of major cardiovascular events in JUPITER**



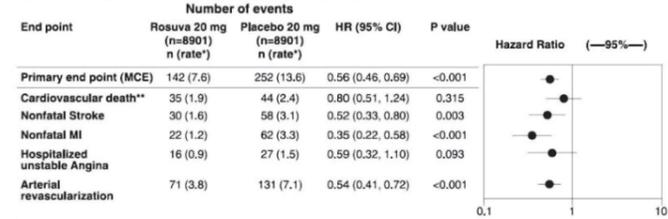
The individual components of the primary end point are presented in Figure 2. Rosuvastatin significantly reduced the risk of nonfatal myocardial infarction, nonfatal stroke, and arterial revascularization procedures. There were no significant treatment differences between the rosuvastatin and placebo groups for death due to cardiovascular causes or hospitalizations for unstable angina.

Rosuvastatin significantly reduced the risk of myocardial infarction (6 fatal events and 62 nonfatal events in placebo-treated subjects vs. 9 fatal events and 22 nonfatal events in rosuvastatin-treated subjects) and the risk of stroke (6 fatal events and 58 nonfatal events in placebo-treated subjects vs. 3 fatal events and 30 nonfatal events in rosuvastatin-treated subjects).

In JUPITER, there was a statistically significant increase in the frequency of diabetes mellitus reported by investigators: 2.8% of patients in the rosuvastatin group and 2.3% of patients in the placebo group (HR: 1.27, 95% CI: 1.05-1.53, p=0.015). The difference between treatment groups (rosuvastatin versus placebo) in mean HbA1c change from baseline was approximately 0.1%. The cardiovascular and mortality benefits of rosuvastatin therapy exceeded the diabetes hazard in the trial population as a whole (see Warnings and Precautions and Adverse Effects).

In a post-hoc subgroup analysis of JUPITER subjects (n=1,405; rosuvastatin=725, placebo=680) with a hsCRP ≥2 mg/l and no other traditional risk factors (smoking, BP ≥140/90, or taking antihypertensives, low HDL-C) other than age, after adjustment for high HDL-C, there was no significant treatment benefit with rosuvastatin treatment.

**Figure 2 Major CV events by treatment group in JUPITER**



\* event rate/1000-patient-years  
\*\* Cardiovascular death included fatal MI, fatal stroke, sudden death, and other adjudicated causes of CV death

At one year, rosuvastatin increased HDL-C and reduced LDL-C, hsCRP, total cholesterol, and serum triglyceride levels (p<0.001 for all versus placebo).

**Children and Adolescents with Hypercholesterolemia**  
In a double-blind, randomized, multicenter, placebo-controlled, 12-week study (n=176, 97 male and 79 female) followed by a 40-week (n=173, 96 male and 77 female) open-label, rosuvastatin dose titration phase, 10-17 years of age (Tanner stage II-V, females at least 1 year postmenarche) with heterozygous familial hypercholesterolemia received rosuvastatin 5, 10, or 20 mg or placebo daily for 12 weeks and then all received rosuvastatin daily for 40 weeks. At study entry, approximately 30% of the patients were 10-13 years and approximately 17%, 18%, 40%, and 25% were Tanner stage II, III, IV, and V, respectively. Rosuvastatin reduced LDL-C (primary end point), total cholesterol, and ApoB levels. Results are shown in Table 3 below.

**Table 3 — Lipid-modifying effects of rosuvastatin in children and adolescents with heterozygous familial hypercholesterolemia (least-squares mean percent change from baseline to week 12)**

Dose (mg)	N	LDL-C	HDL-C	Total-C	TG	Non-HDL-C	ApoB	ApoA-I
Placebo	46	-0.7	6.9	-0.0	5.1	-0.9	-1.7	2.8
5	42	-38.3	4.2	-29.9	0.3	-36.1	-31.7	1.8
10	44	-44.6	11.2	-34.2	-13.6	-43.0	-38.1	5.4
20	44	-50.0	8.9	-38.7	-8.1	-47.5	-40.7	4.0

At the end of the 40-week, open-label, titration to goal, dosing up to a maximum of 20 mg once daily, 70 of 173 patients (40.5%) had achieved the LDL-C goal of less than 10 mg/dl (2.6 mmol/l). After 52 weeks of study treatment, no effect on growth or sexual maturation was detected (see Warnings and Precautions).

**Pharmacokinetics:**  
Rosuvastatin is administered orally in the active form with peak plasma levels occurring 5 hours after dosing. Exposure increases linearly over the dose range. The half-life is 19 hours and does not increase with increasing dose. Absolute bioavailability is 20%. There is minimal accumulation on repeated once daily dosing. Rosuvastatin undergoes first pass extraction in the liver which is the primary site of cholesterol synthesis and LDL-C clearance. Rosuvastatin is approximately 90% bound to plasma proteins, mostly albumin. The parent compound, accounts for greater than 90% of the circulating active HMG-CoA reductase inhibitor activity. Rosuvastatin undergoes limited metabolism (approximately 10%), mainly to the N-desmethyl form, and 90% is eliminated as unchanged drug in the feces with the remainder being excreted in the urine.

**Special populations**  
**Age and sex**  
There was no clinically relevant effect of age or sex on the pharmacokinetics of rosuvastatin in adults. The pharmacokinetics of rosuvastatin in children and adolescents with heterozygous familial hypercholesterolemia was similar to that of adult volunteers.

**Renal insufficiency**  
In a study in subjects with varying degrees of renal impairment, mild to moderate renal disease had little influence on plasma concentrations of rosuvastatin. However, subjects with severe impairment (CrCl <30 mL/min) had a 3-fold increase in plasma concentration compared to healthy volunteers. Steady-state plasma concentrations of rosuvastatin in subjects undergoing hemodialysis were approximately 50% greater compared to healthy volunteers.

**Hepatic insufficiency**  
In a study in 12 subjects with mild to moderate hepatic impairment there was evidence of increased exposure to rosuvastatin in the 2 subjects with Child-Pugh scores of 8 or 9. These subjects had a 3-fold increase in plasma concentration compared to subjects with Child-Pugh scores of 5 or 6. There is no experience in subjects with Child-Pugh scores above 9.

**Race**  
Pharmacokinetic studies show an approximate 2-fold elevation in median AUC in Asian subjects including subjects of Japanese, Chinese, Malay, and Indian ancestry compared with Caucasians. A population pharmacokinetic analysis revealed no clinically relevant differences in pharmacokinetics among Caucasian, Hispanic and Black or Afro-Caribbean groups.

**Genetic polymorphisms**  
Disposition of HMG-CoA reductase inhibitors, including rosuvastatin, involves OATP1B1 and BCRP transporter proteins. In patients with SLC01B1 (OATP1B1) and/or ABCG2 (BCRP) genetic polymorphisms there is a risk of increased rosuvastatin exposure. Individual polymorphisms of SLC01B1 c.521CC and ABCG2 c.421AA are associated with an approximate 1.6-fold higher rosuvastatin exposure (AUC) or 2.4-fold higher exposure, respectively, compared to the SLC01B1 c.521TT and ABCG2 c.421CC genotypes.

**Preclinical safety data**  
Preclinical data reveal no special hazards for humans based on conventional studies of safety pharmacology, repeat-dose toxicity, genotoxicity, carcinogenic potential, and reproductive toxicity.

**Indications:**  
- Rosuvastatin is indicated for patients with primary hypercholesterolemia and mixed dyslipidemia (including Fredrickson type IIa, IIb; and heterozygous familial hypercholesterolemia) as an adjunct to diet when response to diet and exercise is inadequate.  
- Rosuvastatin is indicated to treat patients with primary dysbetalipoproteinemia (Fredrickson type III hyperlipoproteinemia) as an adjunct to diet when response to diet and exercise is inadequate.  
- Rosuvastatin reduces elevated LDL-cholesterol, total cholesterol, and triglycerides and increases HDL-cholesterol, thereby enabling most patients to achieve relevant treatment guidelines. Rosuvastatin also lowers ApoB, non-HDL-C, VLDL-C, VLDL-TG, the LDL-C/HDL-C, total C/HDL-C, non-HDL-C/HDL-C, ApoB/ApoA-I ratios and increases ApoA-I.  
- Rosuvastatin is also indicated in patients with homozygous familial hypercholesterolemia, either alone or as an adjunct to diet and other lipid lowering treatments (e.g. LDL apheresis).  
- Primary prevention of cardiovascular disease: rosuvastatin is indicated in individuals without clinically evident coronary heart disease but with an increased risk of cardiovascular disease based on age ≥50 years old in men and ≥60 years old in women, hsCRP ≥2 mg/l, and the presence of at least one additional cardiovascular risk factor such as hypertension, low HDL-C, smoking, or a family history of premature coronary heart disease, rosuvastatin is indicated to:  
• reduce the risk of stroke,  
• reduce the risk of myocardial infarction,  
• reduce the risk of arterial revascularization procedures.  
- Rosuvastatin is indicated in children and adolescents 10 to 17 years of age as an adjunct to diet to reduce total-C, LDL-C, and ApoB levels in adolescent boys and girls, who are at least one year postmenarche, 10-17 years of age with heterozygous familial hypercholesterolemia after an adequate trial of diet therapy the following findings are present: LDL-C >180 mg/dl or >160 mg/dl and there is a positive family history of premature cardiovascular disease (CVD) or two or more other CVD risk factors. Pediatric studies were conducted mainly in the non-Asian population and data on Asian children/adolescents is limited.

**Recommended Dosage:**  
The dosage of rosuvastatin should be individualized according to the goal of therapy and patient response. The recommended starting dose is 5 or 10 mg once daily in both statin naive patients or patients switched from another HMG-CoA reductase inhibitor. The choice of starting dose should take into account the individual patient's cholesterol level and future cardiovascular risk as well as the potential risk for adverse reactions. A dose adjustment to the next dose level can be made after 4-6 weeks, if necessary (see Pharmacodynamics). Increasing the dose to 40 mg should be reserved for patients with severe hypercholesterolemia at high cardiovascular risk (in particular those with familial hypercholesterolemia), who do not achieve their treatment goal on 20 mg and should only be initiated under close specialist supervision (see Warnings and Precautions). The physician who elects to use rosuvastatin at doses higher than 20 mg should periodically reevaluate the long-term risk/benefit of rosuvastatin for the individual patient. Rosuvastatin should be prescribed with caution in patients with predisposing factors for myopathy/rhabdomyolysis (see Warnings and Precautions-Skeletal muscle). Rosuvastatin may be given at any time of day, with or without food.

**Use in Asian population**  
Increased plasma concentration of rosuvastatin has been observed in Asian subjects including subjects of Japanese, Chinese, Malay, and Indian ancestry (see Warnings and Precautions and Pharmacokinetics). Increased systemic exposure, which is considered a predisposing factor for myopathy, should be taken into consideration when making dose decisions for Asian patients. Initiation of rosuvastatin therapy with 5 mg once daily should be considered for Asian patients. This should take into account the individual patient's cholesterol level and future cardiovascular risk as well as the potential risk for adverse reactions. Doses exceeding 20 mg are not generally recommended and should only be considered for patients with high cardiovascular risk whose hypercholesterolemia is not controlled with doses up to 20 mg. In rare cases where rosuvastatin is indicated at 20 mg or higher, initiation of therapy should be under close specialist supervision. The physician who elects to use rosuvastatin at doses higher than 20 mg should periodically reevaluate the long-term risk/benefit of rosuvastatin for the individual patient.

**Use in children**  
In pediatric patients with heterozygous familial hypercholesterolemia the recommended starting dose of rosuvastatin is 5 mg taken orally once daily. The rosuvastatin dose should be individualized according to baseline LDL-C levels and the recommended goal of therapy. The safety and efficacy of rosuvastatin doses greater than 20 mg have not been studied in this population. Treatment experience in pediatric patients with heterozygous familial hypercholesterolemia is limited to 52 weeks.

**Use in the elderly**  
No dose adjustment is necessary.

**Dosage in patients with renal insufficiency**  
No dose adjustment is necessary in patients with mild to moderate renal impairment. For patients with severe renal impairment the use of rosuvastatin is contraindicated (see Pharmacokinetics).

**Dosage in patients with hepatic insufficiency**  
The usual dose range applies in patients with mild hepatic impairment [Child-Pugh scores of 5-7]. Increased systemic exposure to rosuvastatin has been observed in patients with moderate hepatic impairment [Child-Pugh scores of 8 or 9]. There is no experience in patients with severe hepatic impairment. Rosuvastatin is contraindicated in patients with active liver disease (see Pharmacokinetics).

**Genetic polymorphisms**  
Genotypes of SLC01B1 (OATP1B1) c.521CC and ABCG2 (BCRP) c.421AA have been shown to be associated with an increase in rosuvastatin exposure (AUC) compared to SLC01B1 c.521TT and ABCG2 c.421CC. For patients known to have the c.521CC or c.421AA genotype, a maximum once daily dose of 20 mg of rosuvastatin is recommended (see Warnings and Precautions, Interactions with Other Medicines and Other Forms of Interaction, and Pharmacokinetics).

**Concomitant therapy**  
Rosuvastatin is a substrate of various transporter proteins (e.g., OATP1B1 and BCRP). The risk of myopathy (including rhabdomyolysis) is increased when rosuvastatin is administered concomitantly with certain medicinal products that may increase the plasma concentration of rosuvastatin due to interactions with these transporter proteins (e.g., ciclosporin and certain protease inhibitors including combinations of ritonavir with atazanavir, lopinavir, and/or tipranavir (see Warnings and Precautions and Interactions with Other Medicines and Other Forms of Interaction)). It is recommended that prescribers consult the relevant product information when considering administration of such products together with rosuvastatin. Whenever possible, alternative medications should be considered, and if necessary, consider temporarily discontinuing rosuvastatin therapy. In situations where coadministration of these medicinal products with rosuvastatin is unavoidable, the benefit and the risk of concurrent treatment and rosuvastatin dosing adjustments should be carefully considered (see Interactions with Other Medicines and Other Forms of Interaction).

**Route of Administration:**  
Oral.

**Contraindications:**  
- Rosuvastatin is contraindicated in patients with hypersensitivity to any component of this product.

- Rosuvastatin is contraindicated in patients with active liver disease or unexplained, persistent elevations of serum transaminases.
- Rosuvastatin is contraindicated during pregnancy, while breastfeeding and in women of childbearing potential not using appropriate contraceptive measures.
- Rosuvastatin is contraindicated in patients receiving concomitant ciclosporin.
- Rosuvastatin is contraindicated in patients with severe renal impairment (creatinine clearance <30 ml/minute).

**Warnings and Precautions:**

In rare cases where rosuvastatin at doses higher than 20 mg is indicated, initiation of therapy should be under close specialist supervision. The physician who elects to use rosuvastatin at doses higher than 20 mg should periodically reevaluate the long-term risk/benefit of rosuvastatin for the individual patient.

**Race**

Pharmacokinetic studies show an increase in exposure in Asian subjects including subjects of Japanese, Chinese, Malay, and Indian ancestry compared with Caucasians (see **Recommended Dosage and Pharmacokinetics**). A population pharmacokinetic analysis revealed no clinically relevant differences in pharmacokinetics between Caucasian, Hispanic, Black and Afro-Caribbean groups.

**Children and adolescents 10 to 17 years of age**

The evaluation of linear growth (height), weight, BMI (body mass index), and secondary characteristics of sexual maturation by Tanner staging in pediatric patients taking rosuvastatin is limited to a one year period (see **Pharmacodynamics**).

**Renal Effects**

Proteinuria, detected by dipstick testing and mostly tubular in origin, has been observed in patients treated with higher doses of rosuvastatin, in particular 40 mg. The effects were generally transient and not associated with worsening of renal function. Although the clinical significance of this finding is unknown, a dose reduction should be considered in patients with unexplained persistent proteinuria during routine urinalysis testing. An assessment of renal function is recommended during routine follow-up of patients treated with a dose of 40 mg.

**Skeletal muscle**

Effects on skeletal muscle e.g., myalgia and myopathy and, rarely, rhabdomyolysis, have been reported in patients treated with rosuvastatin, as with other HMG-CoA reductase inhibitors. As with other HMG-CoA reductase inhibitors, the reporting rate for rhabdomyolysis in postmarketing use is higher at the highest marketed dose. Rare cases of rhabdomyolysis, which were occasionally associated with impairment of renal function, have been reported with rosuvastatin and with other marketed statins. There have been very rare reports of an immune-mediated necrotizing myopathy clinically characterized by persistent proximal muscle weakness and elevated serum creatine kinase during treatment or following discontinuation of statins, including rosuvastatin. Additional neuromuscular and serologic testing may be necessary. Treatment with immunosuppressive agents may be required.

**Creatinine kinase measurement**

Creatinine kinase (CK) should not be measured following strenuous exercise or in the presence of a plausible alternative cause of CK increase, which may confound interpretation of the result.

**Before treatment**

If CK levels are significantly elevated at baseline (>10x ULN), treatment should not be started. Rosuvastatin, as with other HMG-CoA reductase inhibitors, should be prescribed with caution in patients with predisposing factors for myopathy/rhabdomyolysis. Such factors include:

- renal impairment,
- hypothyroidism,
- personal or family history of hereditary muscular disorders,
- previous history of muscular toxicity with another HMG-CoA reductase inhibitor, fibrate, or niacin,
- alcohol abuse,
- age ≥65 years,
- situations where an increase in plasma levels may occur,
- concomitant use of fibrates or niacin.

In such patients the risk of treatment should be considered in relation to possible benefit and clinical monitoring is recommended.

In patients with secondary hypercholesterolemia caused by hypothyroidism or nephrotic syndrome, the underlying disease should be treated prior to initiating therapy with rosuvastatin.

**Whilst on treatment**

Patients should be asked to report inexplicable muscle pain, weakness, or cramps immediately, particularly if associated with malaise or fever. CK levels should be measured in these patients. Therapy should be discontinued if CK levels are markedly elevated (>10x ULN) or if muscular symptoms are severe and cause daily discomfort (even if CK levels ≤10x ULN). If symptoms resolve and CK levels return to normal, then consideration should be given to reintroducing rosuvastatin or an alternative HMG-CoA reductase inhibitor at lowest dose with close monitoring. Routine monitoring of CK levels in asymptomatic patients is not warranted.

The risk of myopathy during treatment with rosuvastatin may be increased in circumstances which increase rosuvastatin drug levels (see **Pharmacokinetics-Special populations**).

In clinical trials there was no evidence of increased skeletal muscle effects in the small number of patients dosed with rosuvastatin and concomitant therapy. However, an increase in the incidence of myositis and myopathy has been seen in patients receiving other HMG-CoA reductase inhibitors together with fibrates or niacin. Gemfibrozil increases the risk of myopathy when given concomitantly with some HMG-CoA reductase inhibitors, and macrolide antibiotics. Gemfibrozil increases the risk of myopathy when given concomitantly with some HMG-CoA reductase inhibitors. The benefit of further alterations in lipid levels by the combined use of rosuvastatin with fibrates or niacin should be carefully weighed against the potential risks of such combinations. When used in combination with fibrates or lipid lowering doses of niacin (≥1 g/day), the dose of rosuvastatin should not exceed 10 mg/day.

Rosuvastatin should be temporarily withheld in any patient with an acute serious condition suggestive of myopathy or predisposing to the development of renal failure secondary to rhabdomyolysis (e.g., sepsis, hypotension, major surgery, trauma, severe metabolic, endocrine and electrolyte disorders, or uncontrolled seizures).

**Diabetes Mellitus**

As with other HMG-CoA reductase inhibitors, increases in HbA1c and serum glucose levels have been observed in patients treated with rosuvastatin, and in some instances these increases may exceed the threshold for the diagnosis of diabetes mellitus (see **Adverse Effects**).

**Liver**

As with other HMG-CoA reductase inhibitors, rosuvastatin should be used with caution in patients who consume excessive quantities of alcohol and/or have a history of liver disease. It is recommended that liver function tests are performed before and at 3 months following both the initiation of treatment and any increase of dose, and periodically (semi-annually) thereafter. Patients with increased transaminases levels should be monitored until abnormalities resolve. Rosuvastatin should be discontinued or the dose reduced if the level of serum transaminases is >3x ULN.

**Protease inhibitors**

Increased systemic exposure to rosuvastatin has been observed in subjects receiving rosuvastatin concomitantly with various protease inhibitors in combination with ritonavir. Consideration should be given both to the benefit of lipid lowering by use of rosuvastatin in HIV patients receiving protease inhibitors and the potential for increased rosuvastatin plasma concentrations when initiating and up titrating rosuvastatin doses in patients treated with protease inhibitors. The concomitant use with certain protease inhibitors is not recommended unless the dose of rosuvastatin is adjusted (see **Table 4, Recommended Dosage and Interactions with Other Medicines and Other Forms of Interaction**).

**Endocrine Effects**

Increases in HbA1c and fasting serum glucose levels have been reported with HMG-CoA reductase inhibitors, including rosuvastatin (see **Adverse Effects**).

**Effects on ability to drive and use machines**

Studies to determine the effect of rosuvastatin on the ability to drive and use machines have not been conducted. However, based on its pharmacodynamic properties, rosuvastatin is unlikely to affect this ability. When driving vehicles or operating machines, it should be taken into account that dizziness may occur during treatment.

**Interactions with Other Medicines and Other Forms of Interaction:**

**Effect of coadministered medicinal products on rosuvastatin**

**Transporter protein inhibitors**

Rosuvastatin is a substrate for certain transporter proteins including the hepatic uptake transporter OATP1B1 and efflux transporter BCRP. Concomitant administration of rosuvastatin with medicinal products that are inhibitors of these transporter proteins may result in increased rosuvastatin plasma concentrations and an increased risk of myopathy (see **Table 4, Recommended Dosage and Warnings and Precautions**).

**Ciclosporin**

Coadministration of rosuvastatin with ciclosporin resulted in no significant changes in ciclosporin plasma concentration. However, rosuvastatin steady state AUC (0-1) increased up to 7-fold over that seen in healthy volunteers administered the same dose. Concomitant use of rosuvastatin and ciclosporin is contraindicated (see **Table 4 and Contraindications**).

**Protease inhibitors**

Although the exact mechanism of interaction is unknown, concomitant protease inhibitor use may strongly increase rosuvastatin exposure (see **Table 4**). For instance, in a pharmacokinetic study, coadministration of 10 mg rosuvastatin and a combination product of two protease inhibitors (300 mg atazanavir/100 mg ritonavir) in healthy volunteers was associated with an approximately 3-fold increase in rosuvastatin AUC. The concomitant use of rosuvastatin and some protease inhibitor combinations may be considered after careful consideration of rosuvastatin dose adjustments based on the expected increase in rosuvastatin exposure (see **Table 4, Recommended Dosage and Warnings and Precautions**).

**Gemfibrozil and other lipid-lowering products**

Concomitant use of rosuvastatin and gemfibrozil resulted in a 2-fold increase in rosuvastatin C<sub>max</sub> and AUC (0-1). Based on data from specific interaction studies, no pharmacokinetic relevant interaction with fenofibrate is expected, however pharmacodynamic interaction may occur. Gemfibrozil, fenofibrate, other fibrates and lipid lowering doses (≥1 g/day) of niacin (nicotinic acid) increase the risks of myopathy when given concomitantly with HMG-CoA reductase inhibitors, probably because they can produce myopathy when given alone. Therefore, the dose of rosuvastatin should not exceed 10 mg/day when given in combination with fibrates or niacin (see **Recommended Dosage and Warnings and Precautions**).

**Antacid**

The simultaneous dosing of rosuvastatin with an antacid suspension containing aluminum and magnesium hydroxide resulted in a decrease in rosuvastatin plasma concentration of approximately 50%. This effect was mitigated when the antacid was dosed 2 hours after rosuvastatin. The clinical relevance of this interaction has not been studied.

**Erythromycin**

Concomitant use of rosuvastatin and erythromycin resulted in a 20% decrease in AUC (0-1) and a 30% decrease in C<sub>max</sub> of rosuvastatin. This interaction may be caused by the increase in gut motility caused by erythromycin.

**Cytochrome P450 enzymes**

Results from *in vitro* and *in vivo* studies show that rosuvastatin is neither an inhibitor nor an inducer of cytochrome P450 isoenzymes. In addition, rosuvastatin is a poor substrate for these isoenzymes. Therefore, drug interactions resulting from cytochrome P450-mediated metabolism are not expected. No clinically relevant interactions have been observed between rosuvastatin and either fluconazole (an inhibitor of CYP2C9 and CYP3A4) or ketoconazole (an inhibitor of CYP2A6 and CYP3A4).

**Interactions requiring rosuvastatin dose adjustments (see also Table 4)**

When it is necessary to coadminister rosuvastatin with other medicinal products known to increase exposure to rosuvastatin, doses of rosuvastatin should be adjusted. It is recommended that prescribers consult the relevant product information when considering administration of such products together with rosuvastatin.

If medicinal product is observed to increase rosuvastatin AUC approximately 2-fold or higher, the starting dose of rosuvastatin should not exceed 5 mg once daily.

The maximum daily dose of rosuvastatin should be adjusted so that the expected rosuvastatin exposure would not likely exceed that of the recommended maximum daily dose of rosuvastatin taken without interacting medicinal products.

For example, where the recommended dose of rosuvastatin is 20 mg, the dose of rosuvastatin taken with a ritonavir/atazanavir combination (3.1-fold increase) should not exceed 5 mg, and the dose of rosuvastatin taken with gemfibrozil (1.9-fold increase) should not exceed 10 mg.

If medicinal product is observed to increase rosuvastatin AUC less than 2-fold, the starting dose need not be decreased but caution should be taken if increasing the rosuvastatin dose above 20 mg.

**Table 4 — Effect of coadministered medicinal products on rosuvastatin exposure (AUC; in order of decreasing magnitude) from published clinical trial**

2-fold or greater than 2-fold increase in AUC of rosuvastatin		
Interacting drug dose regimen	Rosuvastatin dose regimen	Change in rosuvastatin AUC*
Sofosbuvir/velpatasvir/voxilaprevir (400 mg-100 mg-100 mg) + Voxilaprevir (100 mg) once daily for 15 days	10 mg, single dose	7.39-fold ↑
Ciclosporin 75 mg BID to 200 mg BID, 6 months	10 mg OD, 10 days	7.1-fold ↓
Darolutamide 600 mg BID, 5 days	5 mg, single dose	5.2-fold ↓
Regorafenib 160 mg OD, 14 days	5 mg, single dose	3.8-fold ↓
Atazanavir 300 mg/ritonavir 100 mg OD, 8 days	10 mg, single dose	3.1-fold ↓
Simeprevir 150 mg OD, 7 days	10 mg, single dose	2.8-fold ↓
Velpatasvir 100 mg OD	10 mg, single dose	2.69-fold ↓
Ombitasvir 25 mg/paritaprevir 150 mg/ritonavir 100 mg/dasabuvir 400 mg BID	5 mg, single dose	2.59-fold ↓

Terflunomide	Not available	2.51-fold ↑
Grazoprevir 200 mg/elbasvir 50 mg OD	10 mg, single dose	2.26-fold ↑
Glecaprevir 400 mg/pibrentasvir 120 mg OD for 7 days	5 mg once daily	2.2-fold ↑
Lopinavir 400 mg/ritonavir 100 mg BID, 17 days	20 mg OD, 7 days	2.1-fold ↑
Capmatinib 400 mg BID	10 mg, single dose	2.08-fold ↑
Clopidogrel 300 mg loading, followed by 75 mg at 24 hours	20 mg, single dose	2-fold ↑
Fostamatinib 100 mg twice daily	20 mg, single dose	1.96-fold ↑
Febuxostat 120 mg OD	10 mg single dose	1.9-fold ↑
Gemfibrozil 600 mg BID, 7 days	80 mg, single dose	1.9-fold ↑

**Less than 2-fold increase in AUC of rosuvastatin**

Interacting drug dose regimen	Rosuvastatin dose regimen	Change in rosuvastatin AUC*
Eltrombopag 75 mg OD, 5 days	10 mg, single dose	1.6-fold ↑
Darunavir 600 mg/ritonavir 100 mg BID, 7 days	10 mg OD, 7 days	1.5-fold ↑
Tipranavir 500 mg/ritonavir 200 mg BID, 11 days	10 mg, single dose	1.4-fold ↑
Dronedaron 400 mg BID	Not available	1.4-fold ↑
Itraconazole 200 mg OD, 5 days	10 mg or 80 mg, single dose	1.4-fold ↑**
Ezetimibe 10 mg OD, 14 days	10 mg OD, 14 days	1.2-fold ↑**

**Decrease in AUC of rosuvastatin**

Interacting drug dose regimen	Rosuvastatin dose regimen	Change in rosuvastatin AUC*
Erythromycin 500 mg QID, 7 days	80 mg, single dose	20% ↓
Baicalin 50 mg TID, 14 days	20 mg, single dose	47% ↓

\* Data given as x-fold change represent a simple ratio between coadministration and rosuvastatin alone.

Data given as % change represent % difference relative to rosuvastatin alone.

Increase is indicated as "↑", decrease as "↓". BID = twice daily; TID = three times daily; QID = four times daily.

\*\* Several interaction studies have been performed at different rosuvastatin dosages, the table shows the most significant ratio.

The following medicinal product/combinations did not have a clinically significant effect on the AUC ratio of rosuvastatin at coadministration: Aeligltazar 0.3 mg 7 days dosing; fenofibrate 67 mg 7 days TID dosing; fluconazole 200 mg 11 days OD dosing; fosamprenavir 700 mg/ritonavir 100 mg 8 days BID dosing; ketoconazole 200 mg 7 days BID dosing; rifampicin 450 mg 7 days OD dosing; silymarin 140 mg 5 days TID dosing.

**Effect of rosuvastatin on coadministered medicinal products**

**Warfarin**

As with other HMG-CoA reductase inhibitors, coadministration of rosuvastatin and warfarin may result in a rise in INR compared to warfarin alone. In patients taking vitamin K antagonists monitoring of INR is recommended both at initiation or cessation of therapy with rosuvastatin or following dose adjustment.

**Oral contraceptive/hormone replacement therapy (HRT)**

Concomitant use of rosuvastatin and an oral contraceptive resulted in an increase in ethinylestradiol and norgestrel AUC of 26% and 34%, respectively. These increased plasma levels should be considered when selecting oral contraceptive doses. There are no pharmacokinetic data available in subjects taking concomitant rosuvastatin and HRT and therefore a similar effect cannot be excluded. However, the combination has been extensively used in women and was well tolerated.

**Other medicinal products**

Based on data from specific interaction studies, no clinically relevant interaction with digoxin is expected.

**Endocrine function**

Although clinical studies have shown that rosuvastatin alone does not reduce basal plasma cortisol levels or impairs adrenal reserve, caution should be exercised if any HMG-CoA reductase inhibitor or other lipid-lowering agent is administered concomitantly with drugs that may decrease levels or activity of endogenous steroid hormones (ketoconazole, spiroinactone, cimetidine).

**Fusidic acid**

Interaction studies with rosuvastatin and fusidic acid have not been conducted. As with other statins, muscle related events, including rhabdomyolysis, have been reported in postmarketing experience with rosuvastatin and fusidic acid given concurrently. Therefore, the combination rosuvastatin and fusidic acid is not recommended. If possible, temporary suspension of rosuvastatin treatment is recommended. If unavoidable, patients should be closely monitored.

**Use during Pregnancy and Lactation:**

The safety of rosuvastatin during pregnancy and whilst breastfeeding has not been established. Women of childbearing potential should use appropriate contraceptive measures (see **Contraindications**).

**Adverse Effects:**

Effects on patients seen with rosuvastatin are generally mild and transient. In controlled clinical trials less than 4% of rosuvastatin treated patients were withdrawn due to adverse events.

Common (≥1/100, <1/10) Headache, myalgia, asthenia, constipation, dizziness, nausea, abdominal pain, diabetes mellitus<sup>1</sup>.

Uncommon (≥1/1,000, <1/100) Pruritus, rash, and urticaria.

Rare (≥1/10,000, <1/1,000) Myopathy (including myositis), hypersensitivity reactions (including angioedema), rhabdomyolysis, pancreatitis.  
<sup>1</sup> Observed in the JUPITER study (reported overall frequency 2.8% in rosuvastatin and 2.3% in placebo) mostly in patients with fasting glucose 5.6 to 6.9 mmol/l (see **Warnings and Precautions and Pharmacodynamics**).

As with other HMG-CoA reductase inhibitors, the incidence of adverse drug reactions tends to be dose dependent.

**Laboratory effects**

**Renal effects**

Proteinuria detected by dipstick testing and mostly tubular in origin, has been observed in patients treated with rosuvastatin. Shifts in urine protein from none or trace to ++ or more were seen in <1% of patients at some time during treatment with 10 and 20 mg, and in approximately 3% of patients treated with 40 mg. A minor increase in shift from none or trace to + was observed with the 20 mg dose. In most cases, proteinuria decreases or disappears spontaneously on continued therapy, and has not been shown to be predictive of acute or progressive renal disease.

**Skeletal muscle effects**

Effects on skeletal muscle e.g., myalgia, myopathy (including myositis) and rhabdomyolysis have been reported in rosuvastatin-treated patients with all doses. A dose-related increase in CK levels has been observed in patients taking rosuvastatin; the majority of cases were mild, asymptomatic, and transient. If CK levels are elevated (>10x ULN), treatment should be discontinued (see **Warnings and Precautions**).

**Liver effects**

As with other HMG-CoA reductase inhibitors, a dose-related increase in transaminases has been observed in a small number of patients taking rosuvastatin (see **Warnings and Precautions and Pharmacodynamics**), the majority of cases were mild, asymptomatic, and transient.

**Other effects**

In a long-term controlled clinical trial rosuvastatin was shown to have no harmful effects on the ocular lens.

**Postmarketing experience**

In addition to the above, the following adverse events have been reported during postmarketing experience for rosuvastatin:

**Nervous system disorders**

- Very rare: polyneuropathy, memory loss.

- Frequency unknown: peripheral neuropathy.

**Respiratory, thoracic, and mediastinal disorders**

- Not known: cough, dyspnea.

**Gastrointestinal disorders**

- Not known: diarrhea.

**Hematological disorders**

- Frequency unknown: thrombocytopenia.

**Hepatobiliary disorders**

- Very rare: jaundice, hepatitis.

- Rare: increased hepatic transaminases.

**Skin and subcutaneous tissue disorders**

- Not known: Stevens-Johnson syndrome, drug reaction with eosinophilia and systemic symptoms (DRESS).

**Musculoskeletal disorders**

- Not known: immune-mediated necrotizing myopathy.

- Very rare: arthralgia.

As with other HMG-CoA reductase inhibitors, the reporting rate for rhabdomyolysis in postmarketing use is higher at the highest marketed dose.

**Renal disorders**

- Very rare: hematuria.

**General disorders and administration site conditions**

- Not known: edema.

**Reproductive system and breast disorders**

- Not known: gynecomastia.

**The following adverse effects have been reported with some statins**

- Depression.

- Sleep disturbances, including insomnia and nightmares.

There have been rare postmarketing reports of cognitive impairment (e.g., memory loss, forgetfulness, amnesia, memory impairment, confusion) associated with statin use. These cognitive issues have been reported for all statins. The reports are generally nonserious, and reversible upon statin discontinuation, with variable times to symptom onset (1 day to years) and symptom resolution (median of 3 weeks).

**Children and adolescents 10 to 17 years of age**

The safety profile of rosuvastatin is similar in children or adolescent patients and adults although CK elevations >10x ULN and muscle symptoms following exercise or increased physical activity, which resolved with continued treatment, were observed more frequently in a clinical trial of children and adolescents. However, the same special warnings and special precautions for use in adults also apply to children and adolescents (see **Warnings and Precautions**).

**Overdose and Treatment:**

There is no specific treatment in the event of overdose. In the event of overdose, the patient should be treated symptomatically and supportive measures instituted as required. Hemodialysis is unlikely to be of benefit.

**ON MEDICAL PRESCRIPTION ONLY.**

**STORE AT TEMPERATURES BELOW 30°C, PROTECT FROM LIGHT.**

**Presentations and Registration Numbers:**

**ROSUDEX 10 MG:** Box, 3 strips x 10 film-coated tablets; SINXXXXXX

**ROSUDEX 20 MG:** Box, 3 strips x 10 film-coated tablets; SINXXXXXX

**Manufactured by**

**PT Dexa Medica**

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