



lomeprol, N,N'-bis(2,3-dihydroxypropyl)-5[(hydroxyacetyl)methylamino]-2,4,6-triiodo-1,3-benzenedicarboxamide, the active component of lomeron, is a triiodinated, non-ionic, water soluble X-ray contrast agent with a molecular weight of 777.09, formulations of which yield contrast media of particularly low osmolality and viscosity in comparison with other non-ionic media.

lomeprol has been formulated in a wide range of concentrations (up to 400 mg iodine/ml). All have proved

to be extremely stable both to heat sterilization and prolonged room temperature storage, without the chelator (EDTA salt) required by other contrast agents. The physico-chemical characteristics of injectable solutions of lomeron at the concentrations listed below are:

Concentration mg/ml	mosmol/kg water $(x \pm s \cdot t_{95})$	Viscosity mPa.s (x ± s∙t ₉₅)		
	37° C	20° C	37° C	
300	521 ±24	8.1 ±0.7	4.5 ±0.4	
350	618 ±29	14.5 ±1.1	7.5 ±0.6	
400	726 ±34	27.5 ±2.3	12.6 ±1.1	
* By vapour-pressure osmo	metry			

Clinical Pharmacology

The pharmacokinetics, tolerability and diagnostic efficacy of iomeprol in solutions containing up to 400 mg iodine/ml have been determined in healthy volunteers and patients requiring urographic, angiographic, computed tomography (CT) and body cavity examinations. There were no clinically significant changes in laboratory test values and vital signs. The pharmacokinetics of iomeprol, following intravascular administration, when described by a two compartment

model, show a rapid phase for drug distribution and a slower phase for drug elimination. In 18 healthy volunteers the mean half-lives of the distribution and elimination phases were 23 ± 14 (s) min and 109 ± 20 (s) min, respectively, with an excretion of 50% by the urinary tract within 2 hours after administration. Indications

Iomeron 300

Iomeron 400

Intravenous urography (in adults and paediatrics), peripheral phlebography, CT (brain and body), cavernosography, intravenous DSA, conventional angiography, intraarterial DSA, angiocardiography (in adults and paediatrics), conventional selective coronary arteriography, interventional coronary arteriography, ERCP, arthrography, hysterosalpingography, fistulography, discography, galactography, cholangiography, dacryocystography, sialography, retrograde urethrography, retrograde pyelo-ureterography.
Intravenous urography (in adults and paediatrics), CT (body), intravenous DSA, conventional angiography, intraarterial DSA, angiocardiography (in adults and paediatrics), conventional selective Iomeron 350

coronary arteriography, interventional coronarography, arthrography, hysterosalpingography, fistulography, galactography, cholangiography, dacryocystography, sialography.

Intravenous urography, (in adults including those with renal impairment or diabetes), CT (body), conventional angiography, intraarterial DSA, angiocardiography (in adults and paediatrics), conventional selective coronary arteriography, interventional coronary arteriography, fistulography, galactography, dacryocystography, sialography.

CT: Computed Tomography DSA: Digital Subtraction Angiography ERCP: Endoscopic Retrograde Cholangio-Pancreatography

Contraindications lomeprol Injection should not be administered to patients with known hypersensitivity to iomeprol or any of the excipients.

Precautions for use

inflammation.

In relation to the patient:

Hydration. Patients must be well hydrated, and any relevant abnormalities of fluid or electrolyte balance should be corrected prior to and following contrast media injection. Especially patients with severe functional impairment of the kidneys, liver or myocardium, myelomatosis or other paraproteinaemias, sickle cell disease, diabetes mellitus, polyuria, oligouria, hyperuricaemia, neonates, infants, elderly patients, and patients with severe systemic disease should not be exposed to dehydration. Caution should be exercised in hydrating patients with underlying conditions that may be worsened by fluid overload, including congestive heart failure. Dietary suggestions. Unless otherwise instructed by the doctor, a normal diet may be maintained on the day of the

Investigations of the female genitalia are contraindicated in suspected or confirmed pregnancy and in cases of acute

examination. Adequate fluid intake must be ensured. History of hypersensitivity. In patients with an allergic disposition, known hypersensitivity to iodinated contrast

media and a history of asthma, premedication with antihistamines and/or corticoids may be considered in order to prevent possible anaphylactoid reactions. Anxiety. Pronounced states of excitement, anxiety and pain can be the cause of side effects or intensify contrast-related reactions. These patients may be given a sedative.

Co-medication. Consider the discontinuation of treatment with drugs that lower the seizure threshold until 24 hours post-procedure for intrathecal use and patients with blood-brain barrier disorders (see CNS disorders). Anticonvulsant therapy must not be discontinued and should be administered in optimal dosage.

Mixing with other drugs. In order to avoid possible incompatibilities, contrast media must not be mixed with other In relation to procedure:

Coagulation, flushing of catheters. A property of non-ionic contrast media is the low interference with normal

physiological functions. As a consequence of this, non-ionic contrast media have less anticoagulant activity in vitro

than ionic media. Medical personnel performing a vascular catheterization procedure should be aware of this and pay meticulous attention to angiographic technique. Non-ionic media should not be allowed to remain in contact with blood in the syringe and intravascular catheters should be flushed frequently to minimize the risk of clotting, which rarely has led to serious thromboembolic complications after procedures. Observation of the patient. Intravascular administration of contrast media should, if possible, be done with the patient lying down. The patient should be kept under observation for at least 30 minutes after administration.

Pretesting. Sensitivity test doses are not recommended since severe or fatal reactions to contrast media are not predictable from a patient's history or a sensitivity test. Interactions Interleukin. Allergy-like reactions to contrast media are more frequent and may manifest as delayed reactions in

patients treated with immuno-modulators, like Interleukin-2 (IL-2).

Thyroid function tests. Following administration of iodinated contrast media, the capacity of the thyroid tissue to take up radioisotopes for the diagnosis of thyroid disorders is reduced for up to two weeks, or even longer in individual cases

Laboratory tests. High concentrations of contrast media in serum and urine can interfere with laboratory test results of bilirubin, proteins or inorganic substances (e.g. iron, copper, calcium, phosphate). Oral cholecystographics. Literature search has revealed no evidence of interactions of renally excreted contrast

Special warnings - Common to all types of administration In consideration of possible serious side effects, the use of organoiodinated contrast media should be limited to cases for which there is a precise need for contrastographic examination. The need should be evaluated on the basis

of the clinical status of the patient, in particular in relation to pathologies on the cardiovascular, urinary or

hepatobiliary systems. Contrast media designed for angiocardiographic procedures should be used in hospitals or clinics equipped and

media with oral cholecystographic contrast media.

staffed for intensive care in emergencies. In institutions, where other more common diagnostic procedures calling for the use of iodinated contrast media are to take place, resuscitation equipment and therapeutic measures should be immediately available. lomeron, like all other iodinated contrast media, may induce changes in thyroid function in some patients.

Transient hyperthyroidism or hypothyroidism has been reported following iodinated contrast media administration to

adults and paediatric patients, see chapters on Hyperthyroidism, nodular goitre and Paediatric population.

Use in: Paediatric population. Young infants (age < 1 year) especially neonates are particularly susceptible to electrolyte imbalances and haemodynamic alterations. Care should be taken regarding the dosage to be used, the details of the procedure and the patient's status. Transient thyroid suppression or hypothyroidism has been observed in

children after exposure to iodinated contrast media. Following a diagnostic procedure, this has been more frequently observed in neonates and premature infants and also following procedures associated with higher doses. Neonates may also be exposed via maternal exposure. In neonates, especially preterm infants, who have been exposed to iomeprol, either through the mother during pregnancy or in the neonatal period, it is recommended to monitor thyroid function. If hypothyroidism is detected, the need for treatment should be considered and thyroid function

should be monitored until normalized. Pregnant women. Animal studies have not shown any teratogenicity or embryotoxicity after iomeprol administration. As with other non-ionic contrast media, there are no controlled studies in pregnant women to confirm the safety for use in humans too. Since, wherever possible, exposure to radiation should be avoided during pregnancy, the benefits of any X-ray examination, whether with or without contrast material, should for this reason alone be carefully weighed against the possible risk. In neonates who have been exposed to iomeprol in utero, it is recommended to monitor thyroid function. **Breastfeeding women.** Contrast media are poorly excreted in human breast milk. From experience gained so far, harm to the nursing infant is unlikely to occur. Stopping breastfeeding is unnecessary.

Use in patients with specific pathological conditions: Hypersensitivity to iodinated contrast media. Hypersensitivity or a previous history of a reaction to iodinated contrast media also increases the risk of recurrence of a severe reaction with non ionic contrast media.

Elderly. The elderly are at special risk of reactions due to contrast media high dosage. The frequently encountered combination of neurological disturbances and severe vascular pathologies constitutes a serious complication.

Allergic disposition. It is generally agreed that adverse reactions to iodinated contrast media are more common in patients having a history of allergy: hay fever, hives and food allergy. Asthmatic patients. Patients using beta-adrenergic blocking agents, particularly asthmatic patients, may have a

lower threshold for bronchospasm and are less responsive to treatment with beta agonists and adrenaline, which may necessitate the use of higher doses of adrenaline. Hyperthyroidism, nodular goitre. The small amount of free inorganic iodide that may be present in contrast media,

might have some effects on thyroid function: these effects appear more evident in patients with latent or overt hyperthyroidism or goitre. Thyroid storms have been reported following administration of ionic contrast media. Renal impairment. Preexisting renal impairment may predispose to acute renal dysfunction following contrast media administration. Preventive measures include: identification of high risk patients; ensuring adequate hydration

before contrast media administration, preferably by maintaining i.v. infusion before and during the procedure and until the contrast media has been cleared by the kidneys; avoiding, whenever possible, the administration of nephrotoxic drugs or major surgery or procedures such as renal angioplasty, until the contrast media has been cleared; postponing a new contrast agent examination until renal function returns to pre-examination levels. Patients on dialysis may receive contrast media, such as iomeprol, which may be cleared by dialysis.

Diabetes mellitus. The presence of renal damage in diabetic patients is one of the risk factors predisposing to renal impairment following contrast media administration. Renal impairment may precipitate lactic acidosis in diabetic patients with renal damage treated with biguanides (metformin). To prevent onset of lactic acidosis in these patients,

metformin should be stopped at the time or 48 hours prior to the administration of the contrast medium, and only

re-instated after 48 hours if serum creatinine is unchanged. In acute cases where the renal function is reduced or unknown, the risk must be outweighed against the benefit of the examination. If administration of contrast medium is considered essential, precautions must be taken. Metformin must be stopped, from time of contrast medium administration. After the procedure the patient should be monitored for signs of lactic acidosis. Metformin should be restarted 48 hours after contrast medium if serum creatinine/eGFR is unchanged from the pre-imaging level. Patients with normal renal function can continue to take metformin normally. Phaeochromocytoma. These patients may develop severe (rarely uncontrollable) hypertensive crises following contrast media-usage during radiological procedures. Premedication with alpha and beta- receptor blockers is recommended before intra-arterial injection of contrast media under the supervision of a physician because of the risk of blood pressure crises. Severe cardiovascular disease. There is an increased risk of severe reactions in individuals with severe cardiac disease and particularly in those with heart failure and coronary artery disease. The intravascular contrast media injection may precipitate pulmonary oedema in patients with manifest or incipient heart failure, whereas contrast

media administration in pulmonary hypertension and heart valvular diseases, may lead to pronounced haemodynamic changes. Ischaemic ECG changes and major arrhythmias are commonest in elderly patients and in those with preexisting cardiac disease: their frequency and severity appear to be related to the severity of cardiac impairment. **CNS disorder.** Particular care should be paid to the intravascular administration of contrast media in patients with acute cerebral infarction, acute intracranial haemorrhage, and conditions involving blood-brain-barrier (BBB) damage, brain oedema and acute demyelination. The presence of intracranial tumors or metastases and a history of epilepsy may increase the probability of the occurrence of convulsive seizures.

Neurological symptoms due to degenerative, ischaemic, inflammatory or neoplastic cerebrovascular pathologies may be exacerbated by contrast media administration. These patients have an increased risk of transient neurological complications. Vasospasm and consequent cerebral ischaemic phenomena may be caused by intravascular injections of contrast media. Contrast induced encephalopathy Encephalopathy has been reported with the use of iomeprol (see section Undesirable effects).

Contrast encephalopathy may manifest with symptoms and signs of neurological dysfunction such as headache, visual disturbance, cortical blindness, confusion, seizures, loss of coordination, hemiparesis, aphasia, unconsciousness, coma and cerebral oedema within minutes to hours after administration of iomeprol, and generally resolves within days.

The product should be used with caution in patients with conditions that disrupt the integrity of the blood brain barrier (BBB), potentially leading to increased permeability of contrast media across the BBB and increasing the risk of encephalopathy. If contrast encephalopathy is suspected, administration of iomeprol should be discontinued and appropriate medical management should be initiated. Alcoholism. Acute and chronic alcoholism have been proven both experimentally and clinically to increase BBB

nstructions for use			
Indication	Formulation mg (iodine)/ml	Proposed dosages	
Intravenous urography	300, 350, 400	Adults: 50 - 150 ml Neonates: 3 - 4.8 ml/kg Babies: 2.5 - 4 ml/kg ≤ 1 year Children: 1 - 2.5 ml/kg > 1 year	
Peripheral phlebography	300	Children ^a Adults: 10 - 100 ml. repeat if necessary ^b (10 - 50 ml upper extremities; 50 - 100 ml lower extremities)	
CT brain	300	Adults: 50 - 200 ml Children ^a	
CT body	300, 350, 400	Adults: 100-200 ml Children ^a	
Cavernosography	300	Adults: up to 100 ml	
Intravenous DSA	300, 350, 400	Adults: 100-250 ml Children ^a	

Conventional angiography		
Arteriography of upper extremities	300, 350	Adults ^b
Arteriography of pelvis and lower extremities	300, 350, 400	Adults ^b
Abdominal arteriography	300, 350, 400	Adults ^b
Arteriography of descending aorta	300, 350	Adults ^b
Pulmonary angiography	300, 350, 400	Adults: up to 170 ml
Cerebral angiography	300, 350	Adults: up to 100 ml
Paediatric arteriography	300	Children: up to 130 mla
Interventional arteriography	300, 350, 400	Adults ^b Children ^a
Intraarterial DSA	·	
Cerebral	300, 350	Adults: 30 - 60 ml for general view; 5 - 10 ml for selective angiography Children ^a
Thoracic	300	Adults ^b : 20 - 25 ml (aorta) repeat if necessary 20 ml (bronchial arteries)
Aortic arch	300, 350	Adults ^c
Abdomen	300	Adults ^c
Aortography	300, 350	Adults ^c
Translumbar aortography	300	Adults ^b
Peripheral arteriography	300	Adults: 5 - 10 ml for selective injections up to 250 ml Children ^a
Interventional	300	Adults: 10-30 ml for selective injections up to 250 ml Children ^a
Angiocardiography	300, 350 ,400	Adults ^b Children: 3-5 ml/kg
Conventional selective coronary arteriography	300, 350, 400	Adults: 4-10 ml per artery, repeat if necessary
ERCP	300	Adults: up to 100 ml
Arthrography	300, 350	Adults: up to 10 ml per injection
Hysterosalpingography	300, 350	Adults: up to 35 ml
Fistulography	300, 350, 400	Adults: up to 100 ml
Discography	300	Adults: up to 4 ml
Galactography	300, 350, 400	Adults: 0.15 - 1.2 ml for injection
Dacryocystography	300, 350, 400	Adults: 2.5 - 8 ml for injection
Sialography	300, 350, 400	Adults: 1 - 3 ml for injection

E = Do not exceed 350 ml.

According to body weight and age.

Retrograde pyelo-ureterography

Retrograde cholangiography

Retrograde ureterography

b = Do not exceed 250 ml. Single injection volume depends on the vascular area to be examined.

300, 350

300

300

Conventional angiography

cardiovascular system. Treatment of overdosage is directed toward the support of all vital functions and prompt institution of symptomatic therapy. Iomeprol does not bind to plasma or serum proteins and is therefore dialyzable. LD_{50} values (g iodine/kg) for iomeprol and the respective 95% confidence limits in animals are: intravenous: 19,9 (19,3 - 20,5) (mouse) 14,5 (13,2 - 16,0) (rat) >12,5 (dog)

Overdosage may lead to life-threatening adverse effects mainly through effects on the pulmonary and

Adults: up to 60 ml Adults: 20 - 100 ml

Adults: 10 - 20 ml for injection

intraperitoneal:	26,1 (23,3 - 29,2) (mouse)	10 (8,9 - 11,3) (rat)		
intracerebral:	1,3 (1,2 - 1,5) (mouse)			
intracisternal:	> 1,2 (rat)			
intracarotid:	5,8 (4,64 - 7,25) (rat)			
Effects on ability to drive or to operate machinery There is no known effect on the ability to drive or operate machines				

treatment urgently initiated via venous access.

Side effects are usually mild to moderate and transient in nature. However, severe and life-threatening reactions

sometimes leading to death have been reported. In most cases, reactions occur within minutes of dosing but at times reactions may occur at later time.

Anaphylaxis (anaphylactoid/hypersensitivity reactions) may manifest with various symptoms, and rarely does any one patient develop all the symptoms. Typically, in 1 to 15 min (but rarely after as long as 2 h), the patient complains of feeling abnormal, agitation, flushing, feeling hot, sweating increased, dizziness, lacrimation increased, rhinitis, palpitations, paraesthesia, pruritus, head throbbing, pharyngolaryngeal pain and throat tightness, dysphagia, cough, sneezing, urticaria, erythema, and mild localised oedema or angioedema and dyspnoea owing to tongue and language and proposasem manifesting with wheezing and bronchospasm. laryngeal oedema and/or laryngospasm manifesting with wheezing and bronchospasm. Nausea, vomiting, abdominal pain, and diarrhoea are also reported. These reactions, which can occur independently of the dose administered or the route of administration, may represent the first signs of circulatory collapse. Administration of the contrast medium must be discontinued immediately and, if needed, appropriate specific

without other signs or symptoms outlined above. The adverse reactions reported in clinical trials among 4,920 adult patients and from post-marketing surveillance are represented in the tables below by frequency and classified by MedDRA system organ class. Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

Severe reactions involving the cardiovascular system, such as vasodilatation, with pronounced hypotension, tachycardia, cyanosis and loss of consciousness progressing to respiratory and/or cardiac arrest may result in death. These events can occur rapidly and require full and aggressive cardio-pulmonary resuscitation.

Primary circulatory collapse can occur as the only and/or initial presentation without respiratory symptoms or

Adverse Reactions Clinical Trials

Adult patients involved in clinical trials with intravascular administration of iomeprol were 4,739.

Adults

System Organ Class	Ginnedi Maio			Surveillance
System Organ Glass	Common (≥1/100 to <1/10)	Uncommon (≥1/1000 to <1/100)	Rare (≥1/10,000 to <1/1000)	Frequency unknown*
Blood and lymphatic system disorders				Thrombocytopenia, Haemolytic anaemia
Immune system disorders				Anaphylactoid reaction
Psychiatric disorders				Anxiety, Confusional state
Nervous system disorders		Dizziness, Headache	Presyncope	Coma, Transient ischaemic attack, Paralysis, Syncope, Convulsion, Loss of consciousness, Dysarthria, Paraesthesia, Amnesia, Somnolence, Taste abnormality, Contrast induced encephalopathy***
Eye disorders				Blindness transient, Visual disturbance, Conjunctivitis, Lacrimation increased, Photopsia
Cardiac disorders			Bradycardia, Tachycardia, Extrasystoles	Cardiac arrest, Myocardial infarction, Cardiac failure, Angina pectoris, Arrhythmia, Ventricular or atrial fibrillation, Atrioventricular block, Cyanosis
Vascular disorders		Hypertension	Hypotension	Circulatory collapse or shock, Flushing, Pallor
Respiratory, thoracic and mediastinal disorders		Dyspnoea		Respiratory arrest, Acute respiratory distress syndrome (ARDS), Pulmonary oedema, Laryngeal oedema, Pharyngeal oedema, Bronchospasm, Asthma, Cough, Pharynx discomfort, Laryngeal discomfort, Rhinitis, Dysphonia
Gastrointestinal disorders		Vomiting, Nausea		Diarrhoea, Abdominal pain, Salivary hypersecretion, Dysphagia, Salivary gland enlargement
Skin and subcutaneous tissue disorders		Erythema, Urticaria, Pruritus	Rash	Acute generalized exanthematous pustulosis, Angioedema, Sweating increased
Musculoskeletal and connective tissue disorder			Back pain	Arthralgia
Renal and urinary disorders				Acute kidney injury
General disorders and administration site conditions	Feeling hot	Chest pain, Injection site warmth and pain	Asthenia, Rigors, Pyrexia	Injection site reaction**, Coldness local, Malaise, Thirst
Investigations			Blood creatinine increased	Electrocardiogram ST segment elevation, Electrocardiogram abnormal
occurrence is rare (2 The most appropriate Injection site reacti extravasation of cor Cases of extravasat been reported. Encephalopathy ma	≥1/10,000 to <1/10 e MedDRA term is ons comprise injutrast medium. The ion with inflammat by manifest with sy blindness, confus	000). used to describe a ection site pain a ese reactions are ution, skin necrosis	certain reaction and nd swelling. In the isually transient and and even developm	ts, best estimate is that their relative its symptoms and related conditions majority of cases they are due to result in recovery without sequelace tent of compartment syndrome have refunction such as headache, visual niparesis, aphasia, unconsciousness
oronary artery thrombosis and coronary artery embolism have been reported as a complication of coronar				

catheterization procedures.

Vasospasm and consequent ischaemia have been observed during intra-arterial injections of contrast medium, in particular after coronary and cerebral angiography often procedurally related and possibly triggered by the tip of the catheter or excess catheter pressure. As with other iodinated contrast media, very rare cases of mucocutaneous syndromes, including Stevens-Johnson syndrome, toxic epidermal necrolysis (Lyell syndrome) and erythema multiforme, have been reported following the administration of iomeprol injection.

There is limited experience with paediatric patients. The clinical trial paediatric safety database comprises 184 patients. The iomeprol safety profile is similar in children and adults. Transient hypothyroidism may occur in neonates when exposed to iomeprol, especially in preterm or low birth weight neonates.

Paediatric patients

Administration to body cavities After injection of an iodinated contrast media in body cavities, contrast media are slowly absorbed from the area of administration into systemic circulation and subsequently cleared by renal elimination.

Blood amylase increased is common following ERCP. Very rare cases of pancreatitis have been described.

The reactions reported in cases of arthrography and fistulography usually represent irritative manifestations

superimposed on pre-existing conditions of tissue inflammation.

Hypersensitivity reactions are rare, generally mild and in the form of skin reactions. However, the possibility of severe anaphylactoid reactions cannot be excluded.

As with other iodinated contrast media, pelvic pain and malaise may occur after hysterosalpingography

Store below 30°C. Protect from light. Although the sensitivity of iomeprol to X-rays is low, it is advisable to store the product out of reach of ionizing radiation.

Single use. Bottles containing contrast media solution are not intended for the withdrawal of multiple doses. The rubber stopper should never be pierced more than once. The use of proper withdrawal cannulas for piercing the stopper and drawing up the contrast medium is recommended. The contrast medium should not be dr syringe until immediately before use. Solutions not used in one examination session must be discarded.

How supplied				
IOMERON	300	350	400	
50 ml Bottles	Х	Х	Х	
100 Dattles	V	V	V	

100 ml Bottles DO NOT USE BEYOND EXPIRY DATE STATED ON THE LABEL

NOT ALL STRENGTHS/VOLUMES ARE AVAILABLE IN ALL COUNTRIES.

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