

ZITHROMAX
Tablets, Powder for Oral Suspension, Powder for Intravenous (IV) Solution

1. NAME OF THE MEDICINAL PRODUCT

ZITHROMAX*, ZITHROMAX™ IV.

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Powder for Oral Suspension: Azithromycin dihydrate 209.64 mg/5 ml equivalent to 200 mg/5 ml of azithromycin base.

Film-coated Tablet 250 mg: Azithromycin dihydrate 262.05 mg equivalent to 250 mg azithromycin base.

Film-coated Tablet 500 mg: Azithromycin dihydrate 524.10 mg equivalent to 500 mg azithromycin base.

Film-coated Tablet 600 mg: Azithromycin dihydrate 628.93 mg equivalent to 600 mg azithromycin base.

Powder for Intravenous (IV) Solution: Azithromycin dihydrate 524.1 mg equivalent to 500 mg azithromycin base.

3. PHARMACEUTICAL FORM

Powder for Oral Suspension: Azithromycin powder for oral suspension is presented as a dry powder, which yields, on reconstitution with water, an off-white to orange to brown suspension containing the equivalent of 200 mg azithromycin per 5 ml.

Film-coated Tablets: Azithromycin film-coated tablets are capsular shaped and contain azithromycin dihydrate equivalent to 250 mg, 500 mg, or 600 mg azithromycin.

Powder for Intravenous Solution: Azithromycin is supplied in a lyophilized form under a vacuum in a 10 ml vial equivalent to 500 mg azithromycin for IV administration. Upon reconstitution, azithromycin powder yields a solution containing the equivalent of 100 mg azithromycin per 1 ml.

Not all presentations may be available locally.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

Azithromycin is indicated for infections caused by susceptible organisms; in lower respiratory tract infections including bronchitis and pneumonia, in odontostomatological infections, in skin and soft tissue infections, in acute otitis media and in upper respiratory tract infections including sinusitis and pharyngitis/tonsillitis. (Penicillin is the usual drug of choice in the treatment of *Streptococcus pyogenes* pharyngitis, including the prophylaxis of rheumatic fever. Azithromycin is generally effective in the eradication of streptococci from the oropharynx; however, data establishing the efficacy of azithromycin and the subsequent prevention of rheumatic fever are not available at present.)

In sexually transmitted diseases in men and women, azithromycin is indicated for the treatment of uncomplicated genital infections due to *Chlamydia trachomatis*. It is also indicated for the treatment of chancroid due to *Haemophilus ducreyi* and uncomplicated genital infections due to non-multiresistant *Neisseria gonorrhoeae*; concurrent infection with *Treponema pallidum* should be excluded.

Azithromycin is indicated, either alone or in combination with rifabutin, for prophylaxis against *Mycobacterium avium*-intracellulare complex (MAC) infection, an opportunistic infection prevalent in patients with advanced human immunodeficiency virus (HIV).

Azithromycin IV is indicated for the treatment of community-acquired pneumonia (CAP) caused by susceptible organisms, including *Chlamydia pneumoniae*, *Haemophilus influenzae*, *Legionella pneumophila*, *Moraxella catarrhalis*, *Mycoplasma pneumoniae*, *Staphylococcus aureus*, or *Streptococcus pneumoniae*, in patients who require initial IV therapy.

Azithromycin IV is indicated for the treatment of pelvic inflammatory diseases (PID) caused by susceptible organisms, including *Chlamydia trachomatis*, *Neisseria gonorrhoeae*, or *Mycoplasma hominis*, in patients who require initial IV therapy.

4.2 Posology and method of administration

Oral azithromycin should be administered as a single daily dose. The period of dosing with regard to infection is given below.

Azithromycin tablets and powder for oral suspension can be taken with or without food.

In adults

For the treatment of sexually transmitted diseases caused by *Chlamydia trachomatis*, *Haemophilus ducreyi*, or susceptible *Neisseria gonorrhoeae*, the dose is 1000 mg as a single oral dose.

For prophylaxis against MAC infections in patients infected with the HIV, the dose is 1200 mg once per week.

For the treatment of adult patients with CAP due to the indicated organisms, the recommended dose of IV azithromycin is 500 mg as a single daily dose by the IV

route for at least 2 days. IV therapy should be followed by oral azithromycin at a single daily dose of 500 mg to complete a 7- to 10-day course of therapy. The timing of the conversion to oral therapy should be done at the discretion of the physician and in accordance with clinical response.

For the treatment of adult patients with PID due to the indicated organisms, the recommended dose of IV azithromycin is 500 mg as a single daily dose by the IV route for 1 or 2 days. IV therapy should be followed by oral azithromycin at a single daily dose of 250 mg to complete a 7-day course of therapy. The timing of the conversion to oral therapy should be done at the discretion of the physician and in accordance with clinical response. If anaerobic microorganisms are suspected of contributing to the infection, an antimicrobial anaerobic agent may be administered in combination with azithromycin.

For all other indications in which the oral formulation is administered, the total dosage of 1500 mg should be given as 500 mg daily for 3 days. As an alternative, the same total dose can be given over 5 days with 500 mg given on Day 1, then 250 mg daily on Days 2 to 5.

Intravenous Administration: After reconstitution and dilution, the recommended route of administration for IV azithromycin is by IV infusion only. **Do not administer as an IV bolus or an intramuscular injection (see section 4.4 and section 6.6).**

The infusate concentration and rate of infusion for azithromycin IV should be either 1 mg/ml over 3 hours or 2 mg/ml over 1 hour. An IV dose of 500 mg azithromycin should be infused for a minimum duration of 1 hour.

In children

The maximum recommended total dose for any treatment is 1500 mg for children.

The total dose of 30 mg/kg should be given as a single daily dose of 10 mg/kg daily for 3 days, or given over 5 days with a single daily dose of 10 mg/kg on Day 1, then 5 mg/kg on Days 2-5.

For children weighing less than 15 kg, azithromycin suspension should be measured as closely as possible. For children weighing 15 kg or more, azithromycin suspension should be administered according to the guide provided below:

| Azithromycin Suspension 30 mg/kg Total Treatment Dose | | | |
|--|---------------------------------------|--|-------------------------|
| Weight (kg) | 3-Day Regimen | 5-Day Regimen | Bottle Size (mg) |
| <15 | 10 mg/kg once daily on Days 1-3. | 10 mg/kg on Day 1, then 5 mg/kg once daily on Days 2-5. | 600 |
| 15-25 | 200 mg (5 ml) once daily on Days 1-3. | 200 mg (5 ml) on Day 1, then 100 mg (2.5 ml) once daily on Days 2-5. | 600 |

| | | | |
|-------|---|---|------|
| 26-35 | 300 mg (7.5 ml) once daily on Days 1-3. | 300 mg (7.5 ml) on Day 1, then 150 mg (3.75 ml) once daily on Days 2-5. | 900 |
| 36-45 | 400 mg (10 ml) once daily on Days 1-3. | 400 mg (10 ml) on Day 1, then 200 mg (5 ml) once daily on Days 2-5. | 1200 |
| >45 | Dose as per adults. | Dose as per adults. | 1500 |

Azithromycin tablets should only be administered to children weighing more than 45 kg.

The safety and efficacy of IV azithromycin for the treatment of infections in children have not been established.

Safety and efficacy for the prevention of MAC in children have not been established. Based on pediatric pharmacokinetic data, a dose of 20 mg/kg would be similar to the adult dose of 1200 mg but with a higher C_{max}.

Special populations

In the Elderly: The same dosage as in adult patients is used in the elderly. Elderly patients may be more susceptible to the development of torsades de pointes arrhythmia than younger patients (see **section 4.4**).

In Patients with Renal Impairment: No dose adjustment is necessary in patients with GFR 10-80 ml/min. Caution should be exercised when azithromycin is administered to patients with GFR <10 ml/min (see **section 4.4** and **section 5.2**).

In Patients with Hepatic Impairment: The same dosage as in patients with normal hepatic function may be used in patients with mild to moderate hepatic impairment (see **section 4.4**).

4.3 Contraindications

The use of this product is contraindicated in patients with a hypersensitivity to azithromycin, erythromycin, any macrolide or ketolide antibiotic, or to any excipient listed in **section 6.1**.

4.4 Special warnings and precautions for use

Hypersensitivity

As with erythromycin and other macrolides, rare serious allergic reactions, including angioedema and anaphylaxis (rarely fatal), dermatologic reactions, including Acute Generalized Exanthematous Pustulosis (AGEP), Stevens-Johnson Syndrome (SJS), Toxic Epidermal Necrolysis (TEN) (rarely fatal), and Drug Reaction with Eosinophilia and Systemic Symptoms (DRESS) have been reported. Some of these reactions with azithromycin have resulted in recurrent symptoms and required a longer period of observation and treatment.

If an allergic reaction occurs, the drug should be discontinued and appropriate therapy should be instituted. Physicians should be aware that reappearance of the allergic symptoms may occur when symptomatic therapy is discontinued.

Hepatotoxicity

Since liver is the principal route of elimination for azithromycin, the use of azithromycin should be undertaken with caution in patients with significant hepatic disease.

Abnormal liver function, hepatitis, cholestatic jaundice, hepatic necrosis, and hepatic failure have been reported, some of which have resulted in death. Discontinue azithromycin immediately if signs and symptoms of hepatitis occur.

Infantile hypertrophic pyloric stenosis (IHPS)

Following the use of azithromycin in neonates (treatment up to 42 days of life), infantile hypertrophic pyloric stenosis (IHPS) has been reported. Parents and caregivers should be informed to contact their physician if vomiting or irritability with feeding occurs.

Ergot derivatives

In patients receiving ergot derivatives, ergotism has been precipitated by co-administration of some macrolide antibiotics. There are no data concerning the possibility of an interaction between ergot and azithromycin. However, because of the theoretical possibility of ergotism, azithromycin and ergot derivatives should not be co-administered.

Superinfection

As with any antibiotic preparation, observation for signs of superinfection with non-susceptible organisms, including fungi, is recommended.

***Clostridium difficile*-associated diarrhea**

Clostridium difficile-associated diarrhea (CDAD) has been reported with the use of nearly all antibacterial agents, including azithromycin, and may range in severity from mild diarrhea to fatal colitis. Treatment with antibacterial agents alters the normal flora of the colon, leading to overgrowth of *C. difficile*.

C. difficile produces toxins A and B, which contribute to the development of CDAD. Hypertoxin-producing strains of *C. difficile* cause increased morbidity and mortality, as these infections can be refractory to antimicrobial therapy and may require colectomy. CDAD must be considered in all patients who present with diarrhea following antibiotic use. Careful medical history is necessary since CDAD has been reported to occur over 2 months after the administration of antibacterial agents.

Renal impairment

In patients with GFR <10 ml/min, a 33% increase in systemic exposure to azithromycin was observed (see **section 5.2**).

Diabetes

Caution in diabetic patients: 5 ml of reconstituted suspension contains 3.87 g of sucrose.

Due to the sucrose content (3.87 g/5 ml of reconstituted suspension), this medicinal product is not indicated for persons with fructose intolerance (hereditary fructose intolerance), glucose-galactose malabsorption or saccharase-isomaltase deficiency.

Prolongation of the QT interval

Prolonged cardiac repolarization and QT interval, imparting a risk of developing cardiac arrhythmia and torsades de pointes, have been seen in treatment with macrolides, including azithromycin (see **section 4.8**). Prescribers should consider the risk of QT prolongation, which can be fatal when weighing the risks and benefits of azithromycin for at-risk groups including:

- Patients with congenital or documented QT prolongation.
- Patients currently receiving treatment with other active substances known to prolong QT interval such as antiarrhythmics of Classes IA and III, antipsychotic agents, antidepressants, and fluoroquinolones.
- Patients with electrolyte disturbance, particularly in cases of hypokalemia and hypomagnesemia.
- Patients with clinically relevant bradycardia, cardiac arrhythmia or cardiac insufficiency.
- Elderly patients: elderly patients may be more susceptible to drug-associated effects on the QT interval.

QTc interval prolongation was studied in a randomized, placebo-controlled parallel trial in 116 healthy subjects who received either chloroquine (1000 mg) alone or in combination with azithromycin (500 mg, 1000 mg, and 1500 mg once daily). Co-administration of azithromycin increased the QTc interval in a dose- and concentration-dependent manner. In comparison to chloroquine alone, the maximum mean (95% upper confidence bound) increases in QTcF were 5 (10) ms, 7 (12) ms and 9 (14) ms with the co-administration of 500 mg, 1000 mg and 1500 mg azithromycin, respectively.

Myasthenia gravis

Exacerbations of the symptoms of myasthenia gravis have been reported in patients receiving azithromycin therapy.

Intravenous administration

Azithromycin for injection should be reconstituted and diluted as directed and administered as an IV infusion over not less than 60 minutes. **Do not administer as an IV bolus or an intramuscular injection** (see **section 4.2** and **section 6.6**).

4.5 Interaction with other medicinal products and other forms of interaction

Antacids:

In a pharmacokinetic study investigating the effects of simultaneous administration of antacid with azithromycin, no effect on overall bioavailability was seen, although peak serum concentrations were reduced by approximately 24%. In patients receiving both azithromycin and antacids, the drugs should not be taken simultaneously.

Cetirizine:

In healthy volunteers, co-administration of a 5-day regimen of azithromycin with 20 mg cetirizine at steady-state resulted in no pharmacokinetic interaction and no significant changes in the QT interval.

Didanosine (Dideoxyinosine):

Co-administration of 1200 mg/day azithromycin with 400 mg/day didanosine in six HIV-positive subjects did not appear to affect the steady-state pharmacokinetics of didanosine as compared to placebo.

Digoxin and colchicine:

Concomitant administration of macrolide antibiotics, including azithromycin with P-glycoprotein substrates such as digoxin and colchicine, has been reported to result in increased serum levels of the P-glycoprotein substrate. Therefore, if azithromycin and P-glycoprotein substrates such as digoxin are administered concomitantly, the possibility of elevated serum digoxin concentrations should be considered. Clinical monitoring, and possibly serum digoxin levels, during treatment with azithromycin and after its discontinuation are necessary.

Ergot:

There is a theoretical possibility of interaction between azithromycin and ergot derivatives (see **section 4.4**).

Zidovudine:

Single 1000 mg doses and multiple 1200 mg or 600 mg doses of azithromycin had little effect on the plasma pharmacokinetics or urinary excretion of zidovudine or its glucuronide metabolite. However, administration of azithromycin increased the concentrations of phosphorylated zidovudine, the clinically active metabolite, in peripheral blood mononuclear cells. The clinical significance of this finding is unclear, but it may be of benefit to patients.

Azithromycin does not interact significantly with the hepatic cytochrome P450 system. It is not believed to undergo the pharmacokinetic drug interactions as seen with erythromycin and other macrolides. Hepatic cytochrome P450 induction or inactivation via cytochrome-metabolite complex does not occur with azithromycin.

Pharmacokinetic studies have been conducted between azithromycin and the following drugs known to undergo significant cytochrome P450-mediated metabolism.

Atorvastatin:

Co-administration of atorvastatin (10 mg daily) and azithromycin (500 mg daily) did not alter the plasma concentrations of atorvastatin (based on a HMG CoA-reductase inhibition assay). However, post-marketing cases of rhabdomyolysis in patients receiving azithromycin with statins have been reported.

Carbamazepine:

In a pharmacokinetic interaction study in healthy volunteers, no significant effect was observed on the plasma levels of carbamazepine or its active metabolite in patients receiving concomitant azithromycin.

Cimetidine:

In a pharmacokinetic study investigating the effects of a single dose of cimetidine, given 2 hours before azithromycin, on the pharmacokinetics of azithromycin, no alteration of azithromycin pharmacokinetics was seen.

Coumarin-type oral anticoagulants:

In a pharmacokinetic interaction study, azithromycin did not alter the anticoagulant effect of a single dose of 15 mg warfarin administered to healthy volunteers. There have been reports received in the post-marketing period of potentiated anticoagulation subsequent to co-administration of azithromycin and coumarin-type oral anticoagulants. Although a causal relationship has not been established, consideration should be given to the frequency of monitoring prothrombin time when azithromycin is used in patients receiving coumarin-type oral anticoagulants.

Cyclosporin:

In a pharmacokinetic study with healthy volunteers who were administered a 500 mg/day oral dose of azithromycin for 3 days and were then administered a single 10 mg/kg oral dose of cyclosporin, the resulting cyclosporin C_{max} and AUC_{0-5} were found to be significantly elevated. Consequently, caution should be exercised before considering concurrent administration of these drugs. If co-administration of these drugs is necessary, cyclosporin levels should be monitored and the dose adjusted accordingly.

Efavirenz:

Co-administration of a single dose of 600 mg azithromycin and 400 mg efavirenz daily for 7 days did not result in any clinically significant pharmacokinetic interactions.

Fluconazole:

Co-administration of a single dose of 1200 mg azithromycin did not alter the pharmacokinetics of a single dose of 800 mg fluconazole. Total exposure and half-life of azithromycin were unchanged by the co-administration of fluconazole; however a clinically insignificant decrease in C_{max} (18%) of azithromycin was observed.

Indinavir:

Co-administration of a single dose of 1200 mg azithromycin had no statistically significant effect on the pharmacokinetics of indinavir administered as 800 mg three times daily for 5 days.

Methylprednisolone:

In a pharmacokinetic interaction study in healthy volunteers, azithromycin had no significant effect on the pharmacokinetics of methylprednisolone.

Midazolam:

In healthy volunteers, co-administration of 500 mg/day azithromycin for 3 days did not cause clinically significant changes in the pharmacokinetics and pharmacodynamics of a single dose of 15 mg midazolam.

Nelfinavir:

Co-administration of azithromycin (1200 mg) and nelfinavir at steady-state (750 mg three times daily) resulted in increased azithromycin concentrations. No clinically significant adverse effects were observed and no dose adjustment was required.

Rifabutin:

Co-administration of azithromycin and rifabutin did not affect the serum concentrations of either drug.

Neutropenia was observed in subjects receiving concomitant treatment of azithromycin and rifabutin. Although neutropenia has been associated with the use of rifabutin, a causal relationship to combination with azithromycin has not been established (see **section 4.8**).

Sildenafil:

In normal healthy male volunteers, there was no evidence of an effect of azithromycin (500 mg daily for 3 days) on the AUC and C_{max} of sildenafil or its major circulating metabolite.

Terfenadine:

Pharmacokinetic studies have reported no evidence of an interaction between azithromycin and terfenadine. There have been rare cases reported where the possibility of such an interaction could not be entirely excluded; however, there was no specific evidence that such an interaction had occurred.

Theophylline:

There is no evidence of a clinically significant pharmacokinetic interaction when azithromycin and theophylline are co-administered to healthy volunteers.

Triazolam:

In 14 healthy volunteers, co-administration of 500 mg azithromycin on Day 1 and 250 mg on Day 2 with 0.125 mg triazolam on Day 2 had no significant effect on any of the pharmacokinetic variables for triazolam compared to triazolam and placebo.

Trimethoprim/sulfamethoxazole:

Co-administration of trimethoprim/sulfamethoxazole DS (160 mg/800 mg) for 7 days with 1200 mg azithromycin on Day 7 had no significant effect on peak concentrations, total exposure or urinary excretion of either trimethoprim or sulfamethoxazole. Azithromycin serum concentrations were similar to those seen in other studies.

4.6 Fertility, pregnancy and lactation

Pregnancy

Animal reproduction studies have been performed at doses up to moderately maternally toxic dose concentrations. In these studies, no evidence of harm to the fetus due to azithromycin was found. There are, however, no adequate and well-controlled studies in pregnant women.

There is a large amount of data from observational studies performed in several countries on exposure to azithromycin during pregnancy, compared to no antibiotic use or use of another antibiotic during the same period. While most studies do not suggest an association with adverse fetal effects such as major congenital malformations or cardiovascular malformations, there is limited epidemiological evidence of an increased risk of miscarriage following azithromycin exposure in early pregnancy. Therefore, azithromycin should only be used during pregnancy if clinically needed and the benefit of treatment is expected to outweigh any small increased risks which may exist.

Lactation

Limited information available from published literature indicates that azithromycin is present in human milk at an estimated highest median daily dose of 0.1 to 0.7 mg/kg/day. No serious adverse effects of azithromycin on the breast-fed infants were observed.

A decision must be made whether to discontinue breast-feeding or to discontinue/abstain from azithromycin therapy taking into account the benefit of breast-feeding for the child and the benefit of therapy for the woman.

Fertility

In fertility studies conducted in rats, reduced pregnancy rates were noted following administration of azithromycin. The relevance of this finding to humans is unknown.

4.7 Effects on ability to drive and use machines

There is no evidence to suggest that azithromycin may have an effect on a patient's ability to drive or operate machinery.

4.8 Undesirable effects

Azithromycin is well tolerated with a low incidence of side effects.

In clinical trials, the following undesirable effects have been reported:

Blood and Lymphatic System Disorders: Transient episodes of mild neutropenia have occasionally been observed in clinical trials, although a causal relationship to azithromycin has not been established.

Ear and Labyrinth Disorders: Hearing impairment (including hearing loss, deafness and/or tinnitus) has been reported in some patients receiving azithromycin. Many of these have been associated with prolonged use of high doses in investigational studies. In those cases where follow-up information was available, the majority of these events were reversible.

Gastrointestinal Disorders: Nausea, vomiting, diarrhea, loose stools, abdominal discomfort (pain/cramps), and flatulence.

Hepatobiliary Disorders: Abnormal liver function.

Skin and Subcutaneous Tissue Disorders: Allergic reactions including rash and angioedema.

General Disorders and Administration Site Conditions: Local pain and inflammation at the site of infusion.

In post-marketing experience, the following additional undesirable effects have been reported:

Infections and Infestations: Moniliasis and vaginitis.

Blood and Lymphatic System Disorders: Thrombocytopenia.

Immune System Disorders: Anaphylaxis (rarely fatal) (see **section 4.4**).

Metabolism and Nutrition Disorders: Anorexia.

Psychiatric Disorders: Aggressive reaction, nervousness, agitation, and anxiety.

Nervous System Disorders: Dizziness, convulsions, headache, hyperactivity, hypoesthesia, paresthesia, somnolence, and syncope. There have been rare reports of taste/smell perversion and/or loss.

Ear and Labyrinth Disorders: Deafness, tinnitus, hearing impaired, and vertigo.

Cardiac Disorders: Palpitations and arrhythmias including ventricular tachycardia have been reported. There have been rare reports of QT prolongations and torsades de pointes (see **section 4.4**).

Vascular Disorders: Hypotension.

Gastrointestinal Disorders: Vomiting/diarrhea (rarely resulting in dehydration), dyspepsia, constipation, pseudomembranous colitis, pancreatitis, and rare reports of tongue discoloration.

Hepatobiliary Disorders: Hepatitis and cholestatic jaundice have been reported, as well as rare cases of hepatic necrosis and hepatic failure, which have resulted in death (see **section 4.4**).

Skin and Subcutaneous Tissue Disorders: Allergic reactions including pruritus, rash, photosensitivity, edema, urticaria, and angioedema. Rarely, serious cutaneous adverse reactions including erythema multiforme, AGEP, SJS, TEN and DRESS have been reported.

Musculoskeletal and Connective Tissue Disorders: Arthralgia.

Renal and Urinary Disorders: Interstitial nephritis and acute renal failure.

General Disorders and Administration Site Conditions: Asthenia, fatigue, and malaise.

4.9 Overdose

Adverse events experienced in higher than recommended doses were similar to those seen at normal doses. In the event of overdosage, general symptomatic and supportive measures are indicated as required.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Macrolides, ATC code J01FA.

Mode of action

Azithromycin is the first of a subclass of macrolide antibiotics, known as azalides, and is chemically different from erythromycin. Chemically it is derived by insertion of a nitrogen atom into the lactone ring of erythromycin A. The chemical name of azithromycin is 9-deoxy-9a-aza-9a-methyl-9a-homoerythromycin A. The molecular weight is 749.0.

Azithromycin binds to the 23S rRNA of the 50S ribosomal subunit. It blocks protein synthesis by inhibiting the transpeptidation/translocation step of protein synthesis and by inhibiting the assembly of the 50S ribosomal subunit.

Mechanism of resistance

The two most frequently encountered mechanisms of resistance to macrolides, including azithromycin, are target modification (most often by methylation of 23S rRNA) and active efflux. The occurrence of these resistance mechanisms varies from species to species and, within a species, the frequency of resistance varies by geographical location.

The most important ribosomal modification that determines reduced binding of macrolides is post-transcriptional (N₆)-dimethylation of adenine at nucleotide A2058 (*Escherichia coli* numbering system) of the 23S rRNA by methylases encoded by *erm* (erythromycin ribosome methylase) genes. Ribosomal modifications often determine cross-resistance (MLS_B phenotype) to other classes of antibiotics whose ribosomal binding sites overlap those of the macrolides: the lincosamides (including clindamycin), and the streptogramin B (which include, for example, the quinupristin component of quinupristin/dalfopristin). Different *erm* genes are present in different bacterial species, in particular streptococci and staphylococci. Susceptibility to macrolides can also be affected by less frequently encountered mutational changes in nucleotides A2058 and A2059, and at some other positions of 23S rRNA, or in the large subunit ribosomal proteins L4 and L22.

Efflux pumps occur in a number of species, including gram-negatives, such as *Haemophilus influenzae* (where they may determine intrinsically higher minimal inhibitory concentrations [MICs]) and staphylococci. In streptococci and enterococci, an efflux pump that recognizes 14- and 15-membered macrolides (which include, respectively, erythromycin and azithromycin) is encoded by *mef* (A) genes.

Methodology for determining the *in vitro* susceptibility of bacteria to azithromycin

Susceptibility testing should be conducted using standardized laboratory methods, such as those described by the Clinical and Laboratory Standards Institute (CLSI). These include dilution methods (MIC determination) and disk susceptibility methods. Both CLSI and the European Committee on Antimicrobial Susceptibility Testing (EUCAST) provide interpretive criteria for these methods.

Based on a number of studies, it is recommended that the *in vitro* activity of azithromycin be tested in ambient air, to ensure physiological pH of the growth medium. Elevated CO₂ tensions, as often used for streptococci and anaerobes, and occasionally for other species, result in a reduction in the pH of the medium. This has a greater adverse effect on the apparent potency of azithromycin than on that of other macrolides.

The CLSI susceptibility breakpoints, based on broth microdilution or agar dilution testing, with incubation in ambient air, are given in the table below.

CLSI Dilution Susceptibility Interpretive Criteria

| Organism | Broth microdilution MIC (mg/L) | | |
|-------------------------------|--------------------------------|--------------|-----------------|
| | Susceptible | Intermediate | Resistant |
| <i>Haemophilus</i> species | ≤4 | - | ≥8 ^b |
| <i>Moraxella catarrhalis</i> | ≤0.25 | - | - |
| <i>Neisseria meningitidis</i> | ≤2 | - | ≥8 ^b |
| <i>Staphylococcus aureus</i> | ≤2 | 4 | ≥8 |
| Streptococci ^a | ≤0.5 | 1 | ≥2 |

^a Includes *Streptococcus pneumoniae*, β-hemolytic streptococci and viridans streptococci.

^b The current absence of data on resistant strains precludes defining any category other than susceptible. If strains yield MIC results other than susceptible, they should be submitted to a reference laboratory for further testing.

Incubation in ambient air.

CLSI = Clinical and Laboratory Standards Institute; MIC = Minimal inhibitory concentration.

Source: CLSI M45, 2015; CLSI M100, 2018.

Susceptibility can also be determined by the disk diffusion method, measuring inhibition zone diameters after incubation in ambient air. Susceptibility disks contain 15 µg of azithromycin. Interpretive criteria for inhibition zones, established by the CLSI on the basis of their correlation with MIC susceptibility categories, are listed in the table below.

CLSI Disk Zone Interpretive Criteria

| Organism | Disk inhibition zone diameter (mm) | | |
|-------------------------------|------------------------------------|--------------|-----------|
| | Susceptible | Intermediate | Resistant |
| <i>Haemophilus</i> species | ≥12 | - | - |
| <i>Moraxella catarrhalis</i> | ≥26 | - | - |
| <i>Neisseria meningitidis</i> | ≥20 | - | - |
| <i>Staphylococcus aureus</i> | ≥18 | 14 - 17 | ≤13 |
| Streptococci ^a | ≥18 | 14 - 17 | ≤13 |

^a Includes *Streptococcus pneumoniae*, β-hemolytic streptococci and viridans streptococci.

Incubation in ambient air.

CLSI = Clinical and Laboratory Standards Institute; mm = Millimeters.

Source: CLSI M45, 2015; CLSI M100, 2018.

The validity of both the dilution and disk diffusion test methods should be verified using quality control (QC) strains, as indicated by the CLSI. Acceptable limits when testing azithromycin against these organisms are listed in the table below.

Quality Control Ranges for Azithromycin Susceptibility Tests

| Broth microdilution MIC | |
|--|---|
| Organism | Quality control range (mg/L azithromycin) |
| <i>Haemophilus influenzae</i> ATCC 49247 | 1 - 4 |
| <i>Staphylococcus aureus</i> ATCC 29213 | 0.5 - 2 |
| <i>Streptococcus pneumoniae</i> ATCC 49619 | 0.06 - 0.25 |
| Disk inhibition zone diameter (15 µg disk) | |
| Organism | Quality control range (mm) |

Quality Control Ranges for Azithromycin Susceptibility Tests

| Broth microdilution MIC | |
|--|---|
| Organism | Quality control range (mg/L azithromycin) |
| <i>Haemophilus influenzae</i> ATCC 49247 | 13 - 21 |
| <i>Staphylococcus aureus</i> ATCC 25923 | 21 - 26 |
| <i>Streptococcus pneumoniae</i> ATCC 49619 | 19 - 25 |

Incubation in ambient air.

CLSI = Clinical and Laboratory Standards Institute; MIC = Minimal inhibitory concentration; mm = Millimeters.

Source: CLSI M100, 2018.

EUCAST has also established susceptibility breakpoints for azithromycin based on MIC determination. The EUCAST susceptibility criteria are listed in the table below.

EUCAST Susceptibility Breakpoints for Azithromycin

| | MIC (mg/L) | |
|---------------------------------------|-------------|-----------|
| | Susceptible | Resistant |
| <i>Staphylococcus</i> species | ≤1 | >2 |
| <i>Streptococcus pneumoniae</i> | ≤0.25 | >0.5 |
| β-hemolytic streptococci ^a | ≤0.25 | >0.5 |
| <i>Haemophilus influenzae</i> | ≤0.12 | >4 |
| <i>Moraxella catarrhalis</i> | ≤0.25 | >0.5 |
| <i>Neisseria gonorrhoeae</i> | ≤0.25 | >0.5 |

^a Includes Groups A, B, C, G.

EUCAST = European Committee on Antimicrobial Susceptibility Testing; MIC = Minimal inhibitory concentration.

Source: EUCAST Web site.

EUCAST Clinical Breakpoint Table v. 8.0, valid from 2018-01-01

www.eucast.org/.../EUCAST.../Breakpoint_tables/v_8.0_Breakpoint_Tables.pdf

Antibacterial spectrum

The susceptibility of bacterial species to azithromycin is shown below.

The prevalence of acquired resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. As necessary, expert advice should be sought when the local prevalence of resistance is such that the utility of the agent in at least some types of infections is questionable.

In-vitro susceptibility data do not always correlate with clinical results.

Commonly susceptible species

Aerobic gram-positive bacteria:

Streptococci (Groups C, F, G) and *Viridans group streptococci*.

Aerobic gram-negative bacteria:

Bordetella pertussis, *Haemophilus ducreyi*, *Haemophilus influenzae*[§], *Haemophilus parainfluenzae*^{*}, *Legionella pneumophila*, *Moraxella catarrhalis*^{*} and *Neisseria gonorrhoeae*.

Other:

Chlamydia pneumoniae^{*}, *Chlamydia trachomatis*, *Mycoplasma pneumoniae*^{*} and *Ureaplasma urealyticum*.

Species for which acquired resistance may be a problem

Aerobic gram-positive bacteria:

Streptococcus pneumoniae^{*}

Streptococcus pyogenes^{*}

Staphylococcus aureus

Inherently resistant organisms:

Enterobacteriaceae

Pseudomonas spp.

Note: Azithromycin demonstrates cross-resistance with erythromycin-resistant gram-positive strains and most strains of methicillin resistant-staphylococci.

*Species for which efficacy has been demonstrated in clinical trials.

§Species with natural intermediate susceptibility.

5.2 Pharmacokinetic properties

Absorption

Following oral administration in humans, azithromycin is widely distributed throughout the body; bioavailability is approximately 37%. The time taken to peak plasma levels is 2 to 3 hours.

Distribution

In animal studies, high azithromycin concentrations have been observed in phagocytes. In experimental models, higher concentrations of azithromycin are released during active phagocytosis than from non-stimulated phagocytes. In animal models, this results in high concentrations of azithromycin being delivered to the site of infection.

Pharmacokinetic studies in humans have shown markedly higher azithromycin levels in tissues than in plasma (up to 50 times the maximum observed concentration in plasma), indicating that the drug is heavily tissue bound. Concentrations in target tissues, such as lung, tonsil and prostate, exceed the MIC₉₀ for likely pathogens after a single dose of 500 mg.

Following oral administration of daily doses of 600 mg azithromycin, C_{\max} was 0.33 $\mu\text{g/ml}$ and 0.55 $\mu\text{g/ml}$ at Day 1 and Day 22, respectively. Mean peak concentrations observed in leukocytes, the major site of disseminated MAC infection, were 252 $\mu\text{g/ml}$ ($\pm 49\%$) and remained above 146 $\mu\text{g/ml}$ ($\pm 33\%$) for 24 hours at steady-state.

Elimination

Plasma terminal elimination half-life closely reflects the tissue depletion half-life of 2 to 4 days. Approximately 12% of an intravenously administered dose is excreted in the urine over 3 days as the parent drug, the majority in the first 24 hours. Biliary excretion of azithromycin is a major route of elimination for unchanged drug, following oral administration. Very high concentrations of unchanged drug have been found in human bile, together with 10 metabolites, formed by N- and O-demethylation, hydroxylation of the desosamine and aglycone rings, and cleavage of the cladinose conjugate. Comparison of HPLC and microbiological assays in tissues suggests that metabolites play no part in the microbiological activity of azithromycin.

Pharmacokinetics in special patient groups

Elderly

In elderly volunteers (>65 years), slightly higher AUC values were seen after a 5-day regimen than in young volunteers (<40 years), but these are not considered clinically significant, and hence no dose adjustment is recommended.

Renal Impairment

The pharmacokinetics of azithromycin in subjects with GFR 10-80 ml/min were not affected following a single 1 gram dose of immediate-release azithromycin. Statistically significant differences in AUC_{0-120} (8.8 $\mu\text{g}\cdot\text{h/ml}$ vs. 11.7 $\mu\text{g}\cdot\text{h/ml}$), C_{\max} (1.0 $\mu\text{g/ml}$ vs. 1.6 $\mu\text{g/ml}$) and CL_r (2.3 ml/min/kg vs. 0.2 ml/min/kg) were observed between the group with GFR <10 ml/min and GFR >80 ml/min.

Hepatic Impairment

In patients with mild (Class A) to moderate (Class B) hepatic impairment, there is no evidence of a marked change in serum pharmacokinetics of azithromycin compared to those with normal hepatic function. In these patients, urinary clearance of azithromycin appears to increase, perhaps to compensate for reduced hepatic clearance.

5.3 Preclinical safety data

Phospholipidosis (intracellular phospholipid accumulation) has been observed in several tissues (e.g. eye, dorsal root ganglia, liver, gallbladder, kidney, spleen, and/or pancreas) of mice, rats, and dogs given multiple doses of azithromycin. Phospholipidosis has been observed to a similar extent in the tissues of neonatal rats and dogs. The effect has been shown to be reversible after cessation of

azithromycin treatment. The significance of the finding for animals and humans is unknown.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Powder for Oral Suspension: The powder for oral suspension contains sucrose (1.94 g per 100 mg dose), sodium phosphate tribasic anhydrous, hydroxypropyl cellulose, xanthan gum, artificial cherry, creme de vanilla and banana flavors.

Film-coated Tablets: The tablets contain pregelatinized starch, calcium phosphate dibasic anhydrous, croscarmellose sodium, magnesium stearate and sodium lauryl sulfate. The film coating contains hydroxypropyl methylcellulose, triacetin and titanium dioxide (E171).

Powder for Intravenous Solution: The IV formulation contains citric acid (anhydrous) 384.6 mg, and sodium hydroxide 198.3 mg.

6.2 Incompatibilities

Intravenous: Other IV substances, additives or medications should not be added to IV azithromycin powder, or infused simultaneously through the same IV line.

6.3 Shelf-life

Film-coated Tablets: Refer to expiry date on carton.

Powder for Oral Suspension: Refer to expiry date on carton. Disregard any unused suspension 5 days after reconstitution.

Powder for Intravenous Solution: Refer to outer carton for shelf life.

6.4 Special precautions for storage

Powder for Oral Suspension: Store below 30°C for the powder and the reconstituted suspension.

Film-coated Tablets: Store below 30°C (250 mg, 500 mg); Store below 25°C (600 mg).

Powder for Intravenous Solution: Store vial below 30°C (see **section 6.6** for storage information after reconstitution).

6.5 Nature and contents of container

Powder for Oral Suspension: The powder for oral suspension is packed in high-density polyethylene bottles.

Film-coated Tablets: The tablets are packed in Opaque PVC/Aluminium blister packs.

Powder for Intravenous Solution: Azithromycin IV is packaged in 10 ml type I flint glass tubular vial and closed with grey butyl rubber stops and flip-off aluminium seal.

Not all presentations may be available locally.

6.6 Special precautions for disposal and other handling

Powder for Oral Suspension: Tap the bottle to loosen the powder. To the 600 mg bottle, add 9 ml of water. Shake well. Shake immediately prior to use.

For children weighing less than 15 kg, the suspension should be measured as closely as possible. For children weighing 15 kg or more, the suspension should be administered using an appropriate measuring device.

Film-coated Tablets: The tablets should be swallowed whole.

Powder for Intravenous Solution:

Reconstitution: Prepare the initial IV solution for infusion by adding 4.8 ml of sterilized Water for Injection to the 500 mg vial and shaking the vial until all of the drug is dissolved. Since azithromycin IV is supplied under vacuum, it is recommended that a standard 5 ml (non-automated) syringe be used to ensure that the exact amount of 4.8 ml of sterilized Water for Injection is dispensed. Each ml of reconstituted solution contains 100 mg azithromycin.

Chemical and physical in-use stability of the reconstituted product has been demonstrated for 24 hours at 30°C. When diluted according to the instructions, the diluted solution is chemically and physically stable for 24 hours at or below 30°C or for 7 days if stored under refrigeration at 5°C.

From a microbiological point of view, the product should be used immediately. If not used immediately, in-use storage times and conditions prior to use are the responsibility of the user and would normally be no longer than 24 hours at 2°C to 8°C, unless reconstitution and dilution have taken place in controlled and validated aseptic conditions.

Dilute this solution further prior to administration as instructed below:

Dilution: To provide azithromycin over a concentration range of 1.0 mg/ml to 2.0 mg/ml, transfer 5 ml of the 100 mg/ml azithromycin solution into the appropriate amount of any of the diluents listed below:

| <u>Final Infusion Solution Concentration (mg/ml)</u> | <u>Amount of Diluent (ml)</u> |
|--|-------------------------------|
| 1.0 | 500 |
| 2.0 | 250 |

The reconstituted solution can be diluted with:

Normal Saline (0.9% sodium chloride)
½ Normal Saline (0.45% sodium chloride)
5% Dextrose in Water
Lactated Ringer's Solution
5% Dextrose in ½ Normal Saline (0.45% sodium chloride) with 20 mEq KCl
5% Dextrose in Lactated Ringer's Solution
5% Dextrose in 1/3 Normal Saline (0.3% sodium chloride)
5% Dextrose in ½ Normal Saline (0.45% sodium chloride)
Normosol®-M in 5% Dextrose
Normosol®-R in 5% Dextrose

Parenteral drug products should be inspected visually for particulate matter prior to administration. If particulate matter is evident in reconstituted fluids, the drug solution should be discarded.

7. PRODUCT OWNER

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