

LUCRIN® DEPOT

3.75mg

STERILE LEUPRORELIN ACETATE FOR DEPOT SUSPENSION

DESCRIPTION

Leuprorelin acetate is a synthetic nonapeptide analog of naturally occurring gonadotropin-releasing hormone (GnRH or LH-RH). The analog possesses greater potency than the natural hormone.

The chemical name is 5-oxo-L-prolyl-L-histidyl-L-tryptophyl-L-seryl-L-tyrosyl-D-leucyl-L-leucyl-L-arginyl-N-ethyl-L-prolinamide acetate (salt). During the manufacture of leuprorelin acetate depot suspension, acetic acid is lost leaving the peptide.

Leuprorelin acetate for depot suspension is a formulation of leuprorelin acetate supplied in a prefilled dual chamber syringe containing sterile lyophilized microspheres. When mixed with diluent, it becomes a suspension which is administered as an intramuscular or subcutaneous injection once a month.

The compound is easily soluble in polar solutions such as water and anhydrous ethanol and propylene glycol. It is nearly insoluble in chloroform. The pH value of a solution containing 100 mg dry powder of leuprorelin acetate in one mL of solution is approximately 5 to 7.

The front chamber of Lucrin Depot Prefilled Dual Chamber Syringe contains leuprorelin acetate (3.75 mg), gelatin (0.65 mg), DL-lactic acid/glycolic acid (33.1 mg), and D-mannitol (6.6 mg). The second chamber of diluent contains carboxymethylcellulose sodium (5 mg), D-mannitol (50 mg), polysorbate 80 (1 mg), water for injection, Ph Eur, and glacial acetic acid, Ph Eur to control pH.

INDICATIONS

Prostate Cancer

Leuprorelin acetate for depot suspension is indicated in the palliative treatment of advanced prostatic cancer. It offers an alternative treatment of prostatic cancer when orchietomy or estrogen administration are either not indicated or unacceptable to the patient.

In clinical trials, the safety and efficacy of leuprorelin acetate for depot suspension does not differ from that of the daily subcutaneous injection dosage.

Endometriosis

Leuprorelin acetate for depot suspension is indicated in the treatment of endometriosis for a period of six months. It can be used as sole therapy or as an adjunct to surgery. Leuprorelin acetate for depot suspension with norethisterone 5mg daily as add-back is also indicated for treatment of endometriosis for a period of six months.

Uterine Fibroids

Leuprorelin acetate for depot suspension is also indicated in the treatment of leiomyoma uteri (uterine fibroids) as a pre-operative treatment only, for a period of up to six months.

Breast Cancer

Leuprorelin acetate for depot suspension is indicated for the treatment of breast cancer in pre- and peri-menopausal women in which hormone therapy is specified.

Central Precocious Puberty

Leuprorelin acetate for depot suspension is indicated in the treatment of children with central precocious puberty (CPP). Children should be selected using the following criteria:

1. Clinical diagnosis of CPP (idiopathic or neurogenic) with onset of secondary sexual characteristics earlier than eight years in females and nine years in males.
2. Clinical diagnosis should be confirmed prior to initiation of therapy:
 - a. Confirmation of diagnosis by a pubertal response to a GnRH stimulation test. The sensitivity and methodology of this assay must be understood.

- b. Bone age advanced one year beyond the chronological age.
- 3. Baseline evaluation should also include:
 - a. Height and weight measurements.
 - b. Sex steroid levels.
 - c. Adrenal steroid level to exclude congenital adrenal hyperplasia.
 - d. Beta human chorionic gonadotropin level to rule out a chorionic gonadotropin secreting tumor.
 - e. Pelvic/adrenal/testicular ultrasound to rule out a steroid secreting tumor.
 - f. Computerized tomography of the head to rule out intracranial tumor.

DOSAGE AND ADMINISTRATION

General

Leuprorelin acetate for depot suspension must be administered under the supervision of a physician.

As with other drugs administered by injection, the injection site should be varied periodically.

Since the product does not contain a preservative, the suspension should be discarded if not used immediately.

Prostate cancer, Endometriosis, Endometriosis with Add-back, Uterine Fibroids, Breast Cancer

The recommended dose of leuprorelin acetate for depot suspension (3.75 mg) is 3.75 mg administered monthly as a single intramuscular or subcutaneous injection.

Prostate Cancer

In patients treated with GnRH analogues for prostate cancer, treatment is usually continued upon development of castration-resistant prostate cancer. Reference should be made to relevant guidelines.

Central Precocious Puberty

The dose of leuprorelin acetate for depot suspension must be individualized for each child. The dose is based on a mg/kg ratio of drug to body weight. Younger children require higher doses on a mg/kg ratio.

For each dosage form, after one to two months of initiating therapy or changing doses, the child must be monitored with a GnRH stimulation test, sex steroids, and Tanner staging to confirm downregulation. Measurements of bone age for advancement should be monitored every 6 to 12 months. The dose should be titrated upward until no progression of the condition is noted either clinically and /or by laboratory parameters.

Discontinuation of leuprorelin acetate for depot suspension should be considered before age 11 for females and age 12 for males.

Administration Guidelines

Initial Dose

There can be different dosing regimens for CPP but dosing should start at the lowest possible dose. The recommended starting dose of leuprorelin acetate for depot suspension is 0.3 mg/kg/4 weeks (minimum 7.5 mg), administered intramuscularly or subcutaneously. The starting dose will be dictated by the child's weight as follows:

Child's Weight	Actual Dosage	Total Dosage
≤ 25 kg	3.75 mg x 2	7.5 mg
> 25 to 37.5 kg	3.75 mg x 3	11.25 mg
> 37.5 kg	3.75 mg x 4	15 mg

Note: When multiple injections are required to achieve the desired total dosage, they should be administered at the same time.

Maintenance Dose

The first dose found to result in adequate hormonal suppression can probably be maintained for the duration of therapy in most children. However, there are insufficient data to guide dosage adjustment

as patients move into higher weight categories after beginning therapy at very young ages and low dosages. It is recommended that adequate hormonal suppression be verified in such patients whose weight has increased significantly while on therapy.

If adequate hormonal and clinical suppression is not achieved, the dose should be increased to 11.25 mg or 15 mg at the next monthly injection until adequate suppression is achieved. An effective dose will be considered the maintenance dose.

Preparation for Administration

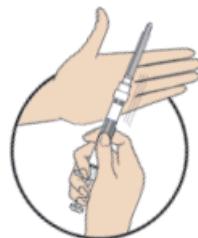
For optimal performance of the Prefilled Dual Chamber Syringe (PDS), read the following instructions:



1. To prepare for injection, screw the white plunger into the end stopper until the stopper begins to turn.



2. Hold the syringe UPRIGHT. Release the diluent by SLOWLY PUSHING (6 to 8 seconds) the plunger until the first stopper is at the blue line in the middle of the barrel.



3. Keep the syringe UPRIGHT. Gently mix the microspheres (particles) thoroughly to form a uniform suspension. The suspension will appear milky.



4. Hold the syringe UPRIGHT. With the opposite hand, pull the needle cap upward without twisting.
5. Keep the syringe UPRIGHT. Advance the plunger to expel the air from the syringe.



6. Inject the entire contents of the syringe at the time of the reconstitution. The suspension settles very quickly following reconstitution; therefore, leuprorelin acetate should be mixed and used immediately. Re-shake the suspension if settling occurs.

Note: Aspirated blood would be visible just below the luer lock connection if a blood vessel is accidentally penetrated. If present, blood can be seen through the transparent hub of the needle.

CONTRAINDICATIONS

Leuprorelin acetate is contraindicated in patients with known hypersensitivity to leuprorelin acetate, similar nonapeptides, or any of the excipients.

Isolated cases of anaphylaxis have been reported with the monthly formulation of leuprorelin acetate.

Leuprorelin acetate is contraindicated in women who are or may become pregnant while receiving the drug. When administered on day 6 of pregnancy at test dosages of 0.00024, 0.0024, and 0.024 mg/kg (1/300 to 1/3* of the human dose) to rabbits, leuprorelin acetate (Depot Formulation) produced a dose-related increase in major fetal abnormalities. Similar studies in rats failed to demonstrate an increase in fetal malformations. There was increased fetal mortality and decreased fetal weights with the two higher doses of the monthly formulation of leuprorelin acetate in rabbits and with the highest dose in rats. The effects on fetal mortality are logical consequences of the alterations in hormonal levels brought about by this drug. Therefore, the possibility exists that spontaneous abortion may occur if the drug is administered during pregnancy.

* **NOTE:** the safety margin has been calculated based on the estimated average daily release of leuprorelin acetate from the depot formulation both for human and animals. An overall safety margin has been used that is expected to represent all of the leuprorelin acetate formulations worldwide adequately.

Leuprorelin acetate should not be administered to patients with undiagnosed vaginal bleeding.

WARNINGS AND PRECAUTIONS

All Populations

During the early phase of therapy, gonadotropins and sex steroids rise above baseline because of the natural stimulatory effect of the drug. Therefore, an increase in clinical signs and symptoms may be observed (see **CLINICAL PHARMACOLOGY**).

Worsening of pre-existing signs and symptoms during the first weeks of treatment may occur. Worsening of symptoms may contribute to paralysis with or without fatal complications.

Safe use of leuprorelin acetate in pregnancy has not been established clinically. Before starting treatment with leuprorelin acetate, it is advisable to establish whether the patient is pregnant. Leuprorelin acetate is not a contraceptive. If contraception is required, a nonhormonal method of contraception should be used.

Bone Mineral Density

Bone mineral density changes can occur during any hypoestrogenic state in women and in long-term use in prostate cancer in men. There is no data in men regarding reversibility after withdrawal of leuprorelin acetate. In women, bone mineral density loss may be reversible after withdrawal of leuprorelin acetate (see **ADVERSE REACTIONS: Women**).

Convulsions

Postmarketing reports of convulsions have been observed in patients receiving GnRH agonists, including leuprorelin acetate. These included patients in the female and pediatric populations, patients with a history of seizures, epilepsy, cerebrovascular disorders, central nervous system anomalies or tumors, and in patients on concomitant medications that have been associated with convulsions such as bupropion and SSRIs. Convulsions have also been reported in patients in the absence of any of the conditions mentioned above.

Men

Prostate Cancer

Initially, leuprorelin acetate, like other LH-RH agonists, causes increases in serum levels of

testosterone to approximately 50% above baseline during the first week of treatment. Transient worsening of symptoms, or the occurrence of additional signs and symptoms of prostate cancer, may occasionally develop during the first few weeks of leuprorelin acetate for depot suspension treatment. A small number of patients may experience a temporary increase in bone pain, which can be managed symptomatically. As with other LH-RH agonist, isolated cases of ureteral obstruction and spinal cord compression have been observed, which may contribute to paralysis or without fatal complications. For patients at risk, initiation of therapy with daily leuprorelin acetate injection for the first two weeks to facilitate withdrawal of treatment may be considered. Patients with metastatic vertebral lesions and/or with urinary tract obstruction should be closely observed during the first few weeks of therapy.

Hyperglycemia and an increased risk of developing diabetes have been reported in men receiving GnRH agonists. Hyperglycemia may represent development of diabetes mellitus or worsening of glycemic control in patients with diabetes. Monitor blood glucose and/or glycosylated hemoglobin (HbA1c) periodically in patients receiving GnRH agonists, and manage with current practice for treatment of hyperglycemia or diabetes.

Increased risk of developing myocardial infarction, sudden cardiac death and stroke has been reported in association with use of GnRH agonists in men. The risk appears low based on the reported odds ratios, and should be evaluated carefully along with cardiovascular risk factors when determining a treatment for patients with prostate cancer. Patients receiving GnRH agonists, should be monitored for symptoms and signs suggestive of development of cardiovascular disease and be managed according to current clinical practice.

Effect on QT/QTc Interval

In patients with a history of or risk factors for QT prolongation and in patients receiving concomitant medicinal products that might prolong the QT interval, physicians should assess the benefit risk ratio including the potential for Torsade de pointes prior to initiating leuprorelin acetate. Since androgen deprivation treatment may prolong the QT interval, the concomitant use of leuprorelin acetate with medicinal products known to prolong the QT interval or medicinal products able to induce Torsade de pointes such as class IA (e.g. quinidine, disopyramide) or class III (e.g. amiodarone, sotalol, dofetilide, ibutilide) antiarrhythmic medicinal products, methadone, moxifloxacin, antipsychotics, etc. should be carefully evaluated.

Laboratory Tests

Response to leuprorelin acetate should be monitored by measuring serum levels of testosterone, as well as prostate-specific antigen. In the majority of patients, testosterone levels increased above baseline during the first week, declining thereafter to baseline levels or below by the end of the second week. Castrate levels were reached within two to four weeks and once achieved were maintained in most patients for as long as the patients received their injections on time.

Women

Endometriosis / Uterine Fibroids

During the early phase of therapy, sex steroids temporarily rise above baseline because of the physiological effect of the drug. Therefore, an increase in clinical signs and symptoms may be observed during the initial days of therapy, but these will dissipate with continued therapy at adequate doses. However, reports of heavy vaginal bleeding requiring medical or surgical intervention with continued therapy have been reported in the treatment of submucous leiomyoma uteri.

Safe use of leuprorelin acetate in pregnancy has not been established clinically. Before starting treatment with leuprorelin acetate, it is advisable to establish whether the patient is pregnant. Leuprorelin acetate is not a contraceptive. If contraception is required, a non-hormonal method of contraception should be used.

Since bone loss can be anticipated as part of natural menopause, it may also be expected to occur during a medically-induced hypoestrogenic state. Bone loss has been found to be reversible after completion of a six month course of leuprorelin acetate. No data are available for women receiving the drug for a longer interval.

Children

Noncompliance with drug regimen or inadequate dosing may result in inadequate control of the pubertal process. The consequences of poor control include the return of pubertal signs such as menses, breast development, and testicular growth. The long-term consequences of inadequate control of gonadal steroid secretion are unknown, but may include a further compromise of adult stature.

Bone Mineral Density

Bone mineral density (BMD) may decrease during GnRH therapy in children with central precocious puberty. However, after cessation of treatment subsequent bone mass accrual is preserved and peak bone mass in late adolescence does not seem to be affected by treatment.

Pseudotumor cerebri/idiopathic intracranial hypertension

Pseudotumor cerebri (PTC)/idiopathic intracranial hypertension has been reported in pediatric patients receiving leuprorelin acetate. Monitor patients for signs and symptoms of PTC, including headache, papilledema, blurred vision, diplopia, loss of vision, pain behind the eye or pain with eye movement, tinnitus, dizziness, and nausea. Refer the patient to an ophthalmologist to confirm the presence of papilledema. If PTC is confirmed, treat the patient in accordance to the established treatment guidelines and permanently discontinue use of leuprorelin acetate.

Laboratory Tests

Response to leuprorelin acetate should be monitored one to two months after the start of therapy with a GnRH stimulation test and sex steroid levels. Measurement of bone age for advancement should be done every 6 to 12 months.

Sex steroids may increase or rise above pre-pubertal levels if the dose is inadequate. Once a therapeutic dose has been established, gonadotropin and sex steroid levels will decline to prepubertal levels.

Information for Parents

Prior to starting therapy with leuprorelin acetate depot suspension, the parent or guardian must be aware of the importance of continuous therapy. Adherence to four week drug administration schedules must be accepted if therapy is to be successful.

- During the first two months of therapy, a female may experience menses or spotting. If bleeding continues beyond the second month, notify the physician.
- Any irritation at the injection site should be reported to the physician immediately.
- Report any unusual signs or symptoms to the physician.

DRUG INTERACTIONS

No pharmacokinetic-based drug-drug interaction studies have been conducted with leuprorelin acetate. However, because leuprorelin acetate is a peptide that is primarily degraded by peptidase and not by cytochrome P-450 enzymes as noted in specific studies, and the drug is only about 46% bound to plasma proteins, drug interactions would not be expected to occur.

Prostate Cancer

See **WARNINGS AND PRECAUTIONS, Men, Effect on QT/QTc Interval.**

Drug/Laboratory Test Interactions

Administration of leuprorelin acetate depot in women results in suppression of the pituitary-gonadal system. Normal function is usually restored within three months after leuprorelin acetate depot treatment is discontinued. Therefore, diagnostic tests of pituitary gonadotropic and gonadal functions conducted during treatment and for up to three months after discontinuation of leuprorelin acetate depot may be misleading.

PRENATAL AND LACTATION

Pregnancy

See **CONTRAINDICATIONS** and **WARNINGS AND PRECAUTIONS: Women.**

Lactation

It is not known whether leuprorelin acetate is excreted in human milk. Therefore, it should not be used by nursing mothers.

ADVERSE REACTIONS

The following adverse reactions are commonly associated with the pharmacological actions of leuprorelin acetate on steroidogenesis:

Men:

Neoplasm benign, malignant and unspecified (including cysts and polyps): prostate tumor flare, aggravation of prostate cancer
Metabolism and nutrition disorders: weight gain, weight loss
Psychiatric disorders: Loss or decreased libido, increased libido
Nervous system disorders: headache, muscular weakness
Vascular disorders: vasodilatation, hot flushes, hypotension, orthostatic hypotension
Skin and subcutaneous tissue disorders: dry skin, hyperhydrosis, rash, urticaria, hair growth abnormal, hair disorder, night sweats, hypotrichosis, pigmentation disorder, cold sweats, hirsutism
Reproductive system and breast disorders: gynaecomastia, breast tenderness, erectile dysfunction, testicular pain, breast enlargement, breast pain, prostate pain, penile swelling, penis disorder, testis atrophy
General disorders and administration site conditions: mucosal dryness
Investigations: PSA increased, bone density decreased
Long exposure (6 to 12 months): Diabetes mellitus, glucose tolerance impaired, total cholesterol increased, LDL increased, triglycerides increased, osteoporosis.

Women:

Metabolism and nutrition disorders: weight gain, weight loss
Psychiatric disorders: Loss or decreased libido, increased libido, affect lability
Nervous system disorders: headache
Vascular disorders: hot flushes, vasodilatation, hypotension
Skin and subcutaneous tissue disorders: acne, seborrhea, dry skin, urticaria, skin odour abnormal, hyperhydrosis, hair growth abnormal, hirsutism, hair disorder, eczema, nail disorder, night sweats
Reproductive system and breast disorders: vaginal haemorrhage, dysmenorrhea, menstrual disorder, breast enlargement, breast engorgement, breast atrophy, genital discharge, vaginal discharge, galactorrhea, breast pain, metrorrhagia, menopausal symptoms, dyspareunia, uterine disorder, vulvovaginitis, menorrhagia
General disorders and administration site conditions: feeling hot, irritability
Investigations: bone density decreased
Long exposure (6 to 12 months): Diabetes mellitus, glucose tolerance impaired, total cholesterol increased, LDL increased, triglycerides increased, osteoporosis.

Children:

Psychiatric disorders: affect lability
Nervous system disorders: headache
Vascular disorders: vasodilatation
Skin and subcutaneous tissue disorders: acne/seborrhea, rash including erythema multiforme
Reproductive system and breast disorders: vaginal haemorrhage, vaginal discharge, vulvovaginitis
General disorders and administration site conditions: pain, injection site reactions including abscess

Clinical and Postmarketing:

The following sections present adverse reactions seen in clinical studies or postmarketing experience. They are arranged by patient populations: Men, Women, Children.

Men:

Prostate Cancer

In the majority of patients testosterone levels increased above baseline during the first week, declining thereafter to baseline levels or below by the end of the second week of treatment. Potential exacerbations of signs and symptoms during the first few weeks of treatment is a concern in patients with vertebral metastases and/or urinary obstruction or hematuria which, if aggravated, may lead to

neurological problems such as temporary weakness and/or paresthesia of the lower limbs or worsening of urinary symptoms (see **WARNINGS AND PRECAUTIONS**).

Table 1 presents all adverse drug reactions (ADR) and frequencies (very common ($\geq 1/10$); common ($\geq 1/100$ to $< 1/10$); uncommon ($\geq 1/1,000$ to $< 1/100$); not known (unable to estimate frequency based upon available data) from prostate cancer clinical studies and post marketing experience. A blank indicates that the ADR was not seen from that particular source.

As leuprorelin acetate has multiple indications, and therefore patient populations, some of these postmarketing adverse reactions may not be applicable to every patient. For a majority of these adverse reactions, a cause and effect relationship has not been established.

Table 1: Prostate Cancer

		3.75 mg / 1 month (M85-097, TAP-144-SR- 2/ PD-115-PC, M85- 101, n = 230)	Post Marketing
System Organ Class	Preferred Term	Frequency	Frequency
Infections and infestations	Infection Rhinitis Urinary tract infection Pharyngitis Pneumonia Fungal skin infection	Uncommon Uncommon	Not known Not known Not known Not known
Neoplasms benign, malignant and unspecified (incl cysts and polyps)	Neoplasm Skin cancer	Uncommon	Not known
Blood and lymphatic system disorder	Anaemia		Not known
Immune system disorders	Anaphylactic reaction		Not known
Endocrine disorders	Goiter Pituitary apoplexy		Not known Not known
Metabolism and nutrition disorders	Anorexia Diabetes mellitus Increased appetite Hyperglycemia Hypoglycemia Dehydration Hyperlipidaemia Hyperphosphataemia Hypoproteinaemia Abnormal weight gain	Common Uncommon Uncommon	Not known Not known Not known Not known Not known Not known Not known Not known Not known
Psychiatric disorders	Mood swings ^a Nervousness Libido decreased Libido increased Insomnia Sleep disorder Depression ^a Anxiety Delusion Suicidal ideation Suicide attempt	Common Uncommon Uncommon Uncommon	Not known Not known Not known Not known Not known Not known Not known Not known Not known Not known
Nervous system disorders	Dizziness Headache Paraesthesia Lethargy Somnolence Memory impairment Dysgeusia Hypoaesthesia Syncope Neuropathy peripheral Cerebrovascular accident Loss of consciousness Transient ischemic attack Paralysis Neuromyopathy Convulsion	Uncommon Uncommon Uncommon	Not known Not known
Eye disorders	Vision blurred Eye disorder Visual impairment Amblyopia Dry eye	Uncommon	Not known Not known Not known Not known Not known
Ear and labyrinth disorders	Ear pain Tinnitus Hearing impaired	Uncommon Uncommon	Not known Not known
Cardiac disorders	Cardiac failure congestive		Not known

	Arrhythmia Myocardial infarction Angina pectoris Ventricular extrasystoles Tachycardia Bradycardia Sudden cardiac death	Uncommon Uncommon Uncommon	Not known Not known Not known Not known Not known Not known Not known
Vascular disorders	Hot flush Vasodilatation Angiopathy Lymphoedema Hypertension Phlebitis Thrombosis Hypotension Varicose vein Poor peripheral circulation	Very common Very common Uncommon Uncommon Uncommon	Not known Not known Not known Not known Not known Not known Not known
Respiratory, thoracic and mediastinal disorders	Pleural rub Pulmonary fibrosis Epistaxis Dyspnoea Haemoptysis Emphysema Cough Pleural effusion Lung infiltration Respiratory disorder Sinus congestion Pulmonary embolism Interstitial lung disease	Uncommon Common Uncommon Uncommon	Not known Not known
Gastrointestinal disorders	Constipation Nausea Vomiting Gastrointestinal hemorrhage Abdominal distention Diarrhoea Dysphagia Dry mouth Duodenal ulcer Gastrointestinal disorder Peptic ulcer Rectal polyp	Common Common Common	Not known Not known
Hepato-biliary disorders	Hepatic function abnormal Serious liver injury Jaundice		Not known Not known Not known
Skin and subcutaneous tissue disorders	Alopecia Ecchymosis Rash Rash maculopapular Dry skin Photosensitivity reaction Urticaria Hyperhidrosis Dermatitis Hair growth abnormal Hair disorder Pruritus Pigmentation disorder Skin lesion	Uncommon Uncommon Uncommon Common Uncommon Common	Not known Not known
Musculoskeletal and connective tissue disorders	Bone pain Myalgia Bone swelling Arthropathy Arthralgia Muscular weakness Pain in extremity Ankylosing spondylitis Tenosynovitis	Uncommon Uncommon Common Uncommon Uncommon	Not known Not known Not known Not known Not known Not known Not known
Renal and urinary disorders	Urinary incontinence Dysuria Pollakiuria Micturition urgency Haematuria Urinary retention Bladder spasm Urinary tract disorder Urinary tract obstruction Polyuria	Uncommon Uncommon Uncommon Uncommon Uncommon	Not known Not known Not known Not known Not known Not known Not known
Reproductive system and breast disorders	Gynaecomastia Breast tenderness	Uncommon	Not known Not known

Women:

Table 2 presents ADRs and frequencies (very common ($\geq 1/10$); common ($\geq 1/100$ to $< 1/10$); uncommon ($\geq 1/1,000$ to $< 1/100$); not known (unable to estimate frequency based upon available data) from endometriosis, uterine fibroid and breast cancer clinical studies and post-marketing experience. A blank indicates that the ADR was not seen from that particular source.

As leuprorelin acetate has multiple indications, and therefore patient populations, some of these postmarketing adverse reactions may not be applicable to every patient. For a majority of these adverse reactions, a cause and effect relationship has not been established.

Cases of serious venous and arterial thromboembolism have been reported, including deep vein thrombosis, pulmonary embolism, myocardial infarction, stroke, and transient ischemic attack. Although a temporal relationship was reported in some cases, most cases were confounded by risk factors or concomitant medication use. It is unknown if there is a causal association between the use of GnRH agonist and these events.

Changes in Bone Density

In controlled clinical studies, patients with endometriosis (six months of therapy) or uterine fibroids (three months of therapy) were treated with leuprorelin depot 3.75 mg. In endometriosis patients, vertebral bone density as measured by dual energy x-ray absorptiometry (DEXA) decreased by an average of 3.2% at six months compared with the pretreatment value. For those patients who were tested at six or twelve months after discontinuation of therapy, mean bone density returned to within 2% of pretreatment. When leuprorelin depot 3.75 mg was administered for three months in uterine fibroid patients, vertebral trabecular bone mineral density as assessed by quantitative digital radiography (QDR) revealed a mean decrease of 2.7% compared with baseline. Six months after discontinuation of therapy, a trend toward recovery was observed. Use of Lucrin Depot for longer than three months (uterine fibroids) or six months (endometriosis) or in the presence of other known factors for decreased bone mineral content may cause additional bone loss **and is not recommended.**

Table 2: Women Indications

		Endo (3.75, 11.25: M86-031, M86-039, n=166)	Fibroids (3.75, 11.25: M86-034, M86-049, M86-062, M90-411, n=167)	BC (3.75: CPH-101, B02/EC 008, n=365)	Addback (3.75, 11.25: M92-878, M97-777, n=191)	Post Marketing
System organ class	Preferred Term	Frequency	Frequency	Frequency	Frequency	Frequency
Infections and infestations	Infection Rhinitis URTI Pyelonephritis Furuncle UTI Vulvovaginal candidiasis Influenza Pharyngitis Pneumonia Nasopharyngitis	Uncommon Uncommon Uncommon	Uncommon Uncommon Uncommon Uncommon	Uncommon Common Common	Uncommon Common Common Common	Not known Not known Not known Not known
Neoplasms benign, malignant and unspecified (incl cysts and polyps)	Breast neoplasm Skin cancer				Uncommon	Not known
Blood and lymphatic system disorder	Leukopenia Anaemia Iron deficiency anaemia Lymphadenopathy Coagulopathy			Uncommon Common	Uncommon Uncommon	Not known
Immune system disorders	Anaphylactic reaction					Not known
Endocrine disorders	Goiter Thyroiditis Pituitary apoplexy Hyperandrogenism	Very common			Common	Not known Not known
Metabolism and nutrition disorders	Anorexia Diabetes mellitus Increased appetite Decreased appetite Hypoglycemia Dehydration Hyperlipidaemia Hypercholesterolaemia Hyperphosphataemia Hypoproteinaemia Abnormal weight gain Abnormal loss of weight	Uncommon Uncommon Common Very common Common	Uncommon Very common Common	Uncommon Very common Very common Very common Very common Very common	Common Common Very common Very common	Not known Not known Not known Not known Not known Not known Not known
Psychiatric disorders	Affect lability Mood swings ^a Personality disorder Nervousness Libido decreased Libido increased Insomnia Sleep disorder Depression ^a	Very common Uncommon Very common Very common Very common Very common	Common Common Common Common Common	Common Very common Very common Common Very common Very common	Very common Very common Very common Very common Very common Very common	Not known Not known Not known Not known Not known Not known Not known

	WBC count increased WBC count decreased PT prolonged APTT prolonged Laboratory test abnormal Cardiac murmur LDL increased Blood TG increased Blood bilirubin increased		Uncommon			Not known Not known Not known Not known Not known Not known Not known Not known
Injury, poisoning and procedural complications	Spinal fracture					Not known
^a Depression and mood swing are commonly observed adverse reactions with long term use of GnRH agonists.						

Children:

Table 3 presents ADRs and frequencies (very common ($\geq 1/10$); common ($\geq 1/100$ to $< 1/10$); uncommon ($\geq 1/1,000$ to $< 1/100$); not known (unable to estimate frequency based upon available data) from CPP clinical studies and post-marketing experience. A blank indicates that the ADR was not seen from that particular source.

Psychiatric Events

Psychiatric events have been reported in patients taking GnRH agonists. Postmarketing reports with this class of drugs include symptoms of emotional lability, such as crying, irritability, impatience, anger and aggression. A definitive cause and effect relationship between the treatment with GnRH agonists and the occurrence of these events has not been established. Monitor for development or worsening of psychiatric symptoms during treatment with leuprorelin acetate.

Table 3: Central Precocious Puberty

		CPP 1 month (3.75: P90-053, M90-516, n=421)	Post Marketing
System Organ Class	Preferred Term	Frequency	Frequency
Infections and infestations	Infection Rhinitis UTI Influenza Pharyngitis Pneumonia Sinusitis	Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon	Not known Not known Not known Not known
Neoplasms benign, malignant and unspecified (incl cysts and polyps)	Cervix neoplasm Skin cancer	Uncommon	Not known
Blood and lymphatic system disorder	Anaemia		Not known
Immune system disorders	Hypersensitivity Anaphylactic reaction	Uncommon	Not known
Endocrine disorders	Precocious puberty Goiter Pituitary apoplexy	Uncommon Uncommon	Not known Not known
Metabolism and nutrition disorders	Growth retardation Abnormal weight gain Diabetes mellitus Increased appetite Hypoglycaemia Dehydration Hyperlipidaemia Hyperphosphataemia Hypoproteinaemia	Common Common Uncommon	Not known Not known Not known Not known Not known Not known Not known Not known
Psychiatric disorders	Affect lability Mood swings ^a Nervousness Libido increased Insomnia Sleep disorder Depression ^a Anxiety Delusion Suicidal ideation Suicide attempt	Common Uncommon Uncommon	Not known Not known Not known Not known Not known Not known Not known Not known Not known Not known
Nervous system disorders	Dizziness Headache Paraesthesia Lethargy	Common	Not known Not known Not known Not known

	Somnolence Memory impairment Dysgeusia Hypoesthesia Syncope Hyperkinesia Neuropathy peripheral Cerebrovascular accident Loss of consciousness TIA Paralysis Neuromyopathy Pseudotumor cerebri/idiopathic intracranial hypertension Convulsion	Uncommon Uncommon	Not known Not known
Eye disorders	Vision blurred Eye disorder Visual impairment Amblyopia Dry eye		Not known Not known Not known Not known Not known
Ear and labyrinth disorders	Tinnitus Hearing impaired		Not known Not known
Cardiac disorders	Cardiac failure congestive Arrhythmia Myocardial infarction Angina pectoris Tachycardia Bradycardia	Uncommon	Not known Not known Not known Not known Not known Not known
Vascular disorders	Hot Flush Vasodilatation Lymphoedema Hypertension Phlebitis Thrombosis Flushing Hypotension Hypertension Varicose vein Peripheral vascular disorder	Common Uncommon Uncommon	Not known Not known
Respiratory, thoracic and mediastinal disorders	Pleural rub Pulmonary fibrosis Epistaxis Dyspnoea Haemoptysis Cough Asthma Pleural effusion Lung infiltration Respiratory disorder Sinus congestion Pulmonary embolism	Uncommon Uncommon	Not known Not known
Gastrointestinal disorders	Constipation Nausea Vomiting Nausea and vomiting Gastrointestinal hemorrhage Abdominal distention Abdominal pain Diarrhoea Dysphagia Gingivitis Dyspepsia Dry mouth Duodenal ulcer Gastrointestinal disorder Peptic ulcer Rectal polyp	Uncommon Uncommon Uncommon Uncommon	Not known Not known
Hepato-biliary disorders	Hepatic function abnormal Jaundice		Not known Not known
Skin and subcutaneous tissue disorders	Alopecia Ecchymosis Acne Rash Dry skin Photosensitivity reaction Urticaria Skin odour abnormal Dermatitis Hair growth abnormal Hirsutism	Uncommon Common Common Common Uncommon	Not known Not known Not known Not known Not known Not known Not known Not known Not known Not known

	Hair disorder Pruritus Nail disorder Leukoderma Skin hypertrophy Purpura Pigmentation disorder Skin lesion Hyperhidrosis	Uncommon Uncommon Uncommon Uncommon Uncommon Not known Not known Not known	
Musculoskeletal and connective tissue disorders	Myalgia Bone swelling Arthropathy Myopathy Arthralgia Ankylosing spondylitis Tenosynovitis	Uncommon Uncommon Uncommon Uncommon Uncommon	Not known Not known Not known Not known Not known Not known
Renal and urinary disorders	Urinary incontinence Pollakiuria Micturition urgency Hematuria Bladder spasm Urinary tract disorder Urinary tract obstruction	Uncommon	Not known Not known Not known Not known Not known Not known Not known
Reproductive system and breast disorders	Gynaecomastia Vulvovaginitis Breast tenderness Testicular atrophy Testicular pain Vaginal haemorrhage Cervix disorder Dysmenorrhea Menstrual disorder Breast enlargement Vaginal discharge Breast pain Metrorrhagia Testicular disorder Penile swelling Penis disorder Feminisation acquired Prostatic pain	Common Common Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon	Not known Not known
General disorders and administration site conditions	Pain Chest pain Oedema Oedema peripheral Asthenia Pyrexia Injection site reaction Injection site inflammation Injection site pain Injection site induration Injection site abscess sterile Injection site haematoma Hyper trophy Chills Nodule Thirst Condition aggravated Weight increased Inflammation Pelvic fibrosis	Common Uncommon Uncommon Common Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon Uncommon	Not known Not known
Investigations	Blood urea increased Blood uric acid increased Blood creatinine increased Antinuclear antibody positive RBC sedimentation rate increased Blood Ca increased ECG abnormal ECG signs of myocardial ischemia LFT abnormal Platelet count decreased Blood K decreased WBC count increased WBC count decreased PT prolonged APTT prolonged Cardiac murmur Blood bilirubin increased	Uncommon Uncommon	Not known Not known
Injury, poisoning and procedural complications	Spinal fracture		Not known

^aDepression and mood swing are commonly observed adverse reactions with long term use of GnRH agonists.

OVERDOSAGE

There is no clinical experience with the effects of an acute overdose of leuprorelin acetate depot suspension. In animal studies, doses of approximately 133* times the recommended human dose resulted in dyspnea, decreased activity and local irritation at the injection site. In cases of overdosage, the patients should be monitored closely and management should be symptomatic and supportive.

*** Note:** As a conservative approach, the safety margin has been calculated based on the total amount of leuprorelin acetate in the highest strength formulation available and with the assumption that the drug was delivered in a single day.

CLINICAL PHARMACOLOGY

Pharmacodynamics

Leuprorelin acetate, a GnRH agonist, acts as a potent inhibitor of gonadotropin secretion when given on a continuous basis and in therapeutic doses. Animal and human studies indicate that following an initial stimulation of gonadotropins, chronic administration of leuprorelin acetate results in suppression of ovarian and testicular steroidogenesis. This effect is reversible upon discontinuation of drug therapy.

Administration of leuprorelin acetate has resulted in inhibition of the growth of certain hormone dependent tumors (prostatic tumors in Noble and Dunning male rats and DMBA-induced mammary tumors in female rats) as well as atrophy, of the reproductive organs.

In humans, administration of leuprorelin acetate results in an initial increase in circulating levels of luteinizing hormone (LH) and follicle stimulating hormone (FSH), leading to a transient increase in levels of the gonadal steroids (testosterone and dihydrotestosterone in males, and estrone and estradiol in pre-menopausal females).

However, continuous administration of leuprorelin acetate results in decreased levels of LH and FSH and sex steroids. In males, testosterone is reduced to castrate or prepubertal levels. In pre-menopausal females, estrogens are reduced to post-menopausal levels. These hormonal changes occur within a month of initiating drug therapy at recommended doses.

Pharmacokinetics

Leuprorelin acetate is not active when given orally. Bioavailability of this agent following subcutaneous administration is comparable to that after intramuscular administration. Absolute bioavailability from a 7.5mg dose was estimated to be 90%.

Absorption

Following the administration of a 7.5 mg of leuprorelin acetate for depot suspension injection to adult patients, mean peak leuprorelin plasma concentration was almost 20 ng/mL at four hours and then declined to 0.36 ng/mL at four weeks. However, intact leuprorelin and an inactive major metabolite could not be distinguished by the assay which was employed in the study. Nondetectable leuprorelin plasma concentrations have been observed during chronic leuprorelin acetate for depot suspension 7.5 mg administration, but testosterone levels appear to be maintained at castrate levels.

Following a single administration of leuprorelin acetate for depot suspension in prostatic carcinoma patients, doses of 3.75 mg and 7.5 mg by subcutaneous and intramuscular routes provided mean leuprorelin acetate plasma concentrations at the end of one month of 0.7 ng/mL and 1.0 ng/mL, respectively. There was no indication of any drug accumulation. Intramuscular injection of the depot formulation (7.5 mg) was shown to provide plasma concentrations of leuprorelin acetate over a period of one month in a study of orchiectomized male patients. Similarly, mean leuprorelin acetate levels were detectable after four weeks of a single 7.5 mg, I.M., leuprorelin acetate for depot suspension in a study involving stage D₂ prostatic carcinoma patients.

Serum levels of leuprorelin acetate 3.75 mg were measured in 11 patients with pre-menopausal breast cancer over 12 weeks. Mean leuprorelin acetate levels were above 0.1 ng/mL after four weeks and remained stable after re-injection (at 8 and 12 weeks). There was no tendency for drug accumulation.

Distribution

The mean steady-state volume of distribution of leuprorelin following intravenous bolus administration to healthy male volunteers was 27 L. In vitro binding to human plasma proteins ranged from 43% to 49%.

Metabolism

In healthy male volunteers, a 1 mg bolus of leuprorelin administered intravenously revealed that the mean systemic clearance was 7.6 L/h, with a terminal elimination half-life of approximately three hours based on a two compartment model.

Animal studies have shown ¹⁴C-labeled leuprorelin was metabolized into smaller inactive peptides, a pentapeptide (Metabolite I), tripeptides (Metabolites II and III) and a dipeptide (Metabolite IV). These fragments may be further metabolized.

The major metabolite (M-I) plasma concentrations measured in five prostate cancer patients given leuprorelin acetate depot suspension reached a maximum concentration two to six hours after dosing and were approximately 6% of the peak parent drug concentration. One week after dosing, mean plasma M-I concentrations were approximately 20% of mean leuprorelin concentrations.

Excretion

Following administration of leuprorelin acetate depot for suspension 3.75 mg to three patients, less than 5% of the dose was recovered as parent and M-I metabolite in the urine over 27 days.

Special Populations

The pharmacokinetics of the drug in hepatic- and renal-impaired patients has not been determined.

PRE-CLINICAL SAFETY DATA

Carcinogenesis, Mutagenesis, Impairment of Fertility

A two-year carcinogenicity study was conducted in rats and mice. In rats, a dose-related increase of benign pituitary hyperplasia and benign pituitary adenomas was noted at 24 months when the drug was administered subcutaneously at high daily doses (0.6 to 4 mg/kg/day). Also, in rat there was a significant but not a dose-related increase of pancreatic islet-cell adenomas in females and of testicular interstitial cell adenomas in males (highest incidence in the low dose group). In mice, no leuprorelin acetate-induced tumors or pituitary abnormalities were observed at a dose as high as 60 mg/kg/day for two years. Patients have been treated with leuprorelin acetate for up to three years with doses as high as 10 mg/day and for two years with doses as high as 20 mg/day without demonstrable pituitary abnormalities.

Mutagenicity studies have been performed with leuprorelin acetate using bacterial and mammalian systems. These studies provided no evidence of a mutagenic potential.

Leuprorelin acetate may reduce male and female fertility. Administration of leuprorelin acetate to male and female rats at doses of 0.024, 0.24, and 2.4 mg/kg as monthly depot formulation for up to 3 months (approximately as low as 1/30 of the human dose based on body surface area using an estimated daily dose in animals and humans) caused atrophy of the reproductive organs, and suppression of reproductive function.

Clinical and pharmacologic studies in adults with leuprorelin acetate and similar analogs have shown reversibility of fertility suppression when the drug is discontinued after continuous administration for periods of up to 24 weeks.

Although no clinical studies have been completed in children to assess the full reversibility of fertility suppression, animal studies (prepubertal and adult rats and monkeys) with leuprorelin acetate and other GnRH analogs have shown functional recovery. However, following a study with leuprorelin acetate, immature male rats demonstrated tubular degeneration in the testes even after a recovery period. In spite of the failure to recover histologically, the treated males proved to be as fertile as the controls. Also, no histologic changes were observed in the female rats following the same protocol. In both sexes, the offspring of the treated animals appeared normal. The effect of the treatment of the parents on the reproductive performance of the F1 generation was not tested. The clinical significance of these findings is unknown.

CLINICAL STUDIES

In children with central precocious puberty (CPP), stimulated and basal gonadotropins are reduced to prepubertal levels. Testosterone and estradiol are reduced to prepubertal levels in males and females respectively. Reduction of gonadotropins will allow for normal physical and psychological growth and development. Natural maturation occurs when gonadotropins return to pubertal levels following discontinuation of leuprorelin acetate.

The following physiologic effects have been noted with the chronic administration of leuprorelin acetate in this patient population.

1. Skeletal Growth. There may be an increase in body length since closure of the epiphyseal plates may be delayed.
2. Organ Growth. Reproductive organs will return to a prepubertal state.
3. Menses. Menses, if present, will cease.

In a study of 22 children with central precocious puberty, doses of leuprorelin acetate for depot suspension were given every four weeks and plasma levels were determined according to weight categories as summarized in Table 4:

Table 4

Patient Weight Range (kg)	Group Weight Average (kg)	Dose (mg)	Trough Plasma Leuprorelin Level Mean ± SD (ng/mL)*
20.2 to 27.0	22.7	7.5	0.77 ± 0.33
28.4 to 36.8	32.5	11.25	1.25 ± 0.6
39.3 to 57.5	44.2	15	1.59 ± 0.65

* Group average values determined at Week 4 immediately prior to leuprorelin injection. Drug levels at 12 and 24 weeks were similar to respective 4 week levels.

Castration Resistant Prostate Cancer

In patients with metastatic castration-resistant prostate cancer, clinical studies have shown benefit from the addition of agents such as the androgen axis inhibitors abiraterone acetate and enzalutamide, the taxanes docetaxel and cabazitaxel, and the radiopharmaceutical Ra-223 to GnRH agonists such as leuprorelin.

STORAGE

Store below 30°C. Do not refrigerate or freeze.

Store in the original container in order to protect from light.

Once reconstituted with the sterile diluent, the suspension should be administered immediately. However, the suspension is considered stable for up to 24 hours at 25°C. Protect from light.

HOW SUPPLIED

Leuprorelin acetate for depot suspension is available in a single dose administration kit containing a pre-filled dual chamber syringe, a plunger and an alcohol wipe. The front chamber of the syringe contains sterile lyophilized microspheres, which are leuprorelin acetate incorporated in a biodegradable polymer of polylactic acid and the rear chamber contains a clear and colourless diluent.

Manufactured in Japan by:

Takeda Pharmaceutical Company Limited

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