

Package Insert

TOLCORD 1 and TOLCORD 2 (Tolterodine Tartrate Tablets 1 mg and 2 mg)

i. Name and Strength of Active Substance(s):

TOLCORD 1 and TOLCORD 2; 1 mg and 2 mg

Tolterodine Tartrate

ii. Product Description:

TOLCORD 1: White to off white, round, biconvex, film coated tablet, debossed with “S16” on one side and plain on other side.

TOLCORD 2: White to off white, round, biconvex, film coated tablet, debossed with “S042” on one side and plain on other side.

List of excipients:

Microcrystalline Cellulose PH 102
Sodium Starch Glycolate
Colloidal Anhydrous Silica
Magnesium stearate

Film coating (Opadry 03F58763):

HPMC / Hypromellose 6cP (E464)
Titanium Dioxide (E171)
Macrogol / PEG (E1521)
Talc (E553b)

iii. Pharmacodynamics/Pharmacokinetics:

Pharmacodynamic Properties:

Tolterodine is a competitive, specific muscarinic receptor antagonist with a selectivity for the urinary bladder over salivary glands in vivo. One of the tolterodine metabolites (5-hydroxymethyl derivative) exhibits a pharmacological profile similar to that of the parent compound. In extensive metabolisers this metabolite contributes significantly to the therapeutic effect (see Section - Pharmacokinetic Properties, Metabolism).

Effect of the treatment can be expected within 4 weeks.

A total of 710 paediatric patients (486 on tolterodine extended-release capsules, 224 on placebo) aged 5-10 with urinary frequency and urge incontinence were studied in two phase 3 randomized, placebo-controlled, double-blind, 12-week studies. The percentage of patients with urinary tract

infections was higher in patients treated with tolterodine extended-release capsules (6.6%) compared to patients who received placebo (4.5%). Aggressive, abnormal and hyperactive behaviour and attention disorders occurred in 2.9% of children treated with tolterodine extended release capsules compared to 0.9% of children treated with placebo.

Table 1. Effect of treatment with tolterodine 2 mg twice daily after 4 and 12 weeks, respectively, compared with placebo (pooled data). Absolute change and percentage change relative to baseline.

Variable	4-week studies			12-week studies		
	tolterodine 2mg b.i.d.	Placebo	Statistical significance vs. placebo	tolterodine 2mg b.i.d.	Placebo	Statistical significance vs. placebo
Number of micturition per 24 hours	-1.6 (-14%) n=392	-0.9 (-8%) n=189	*	-2.3 (-20%) n=354	-1.4 (-12%) n=176	**
Number of incontinence episodes per 24 hours	-1.3 (-38%) n=288	-1.0 (-26%) n=151	n.s.	-1.6 (-47%) n=299	-1.1 (-32%) n=145	*
Mean volume voided per micturition (ml)	+25 (+17%) n=385	+12 (+8%) n=185	***	+35 (+22%) n=354	+10 (+6%) n=176	***
Number of patients with no or minimal bladder problems after treatment (%)	16% n=394	7% n=190	**	19% n=356	15% n=177	n.s.

n.s. = not significant; * $p \leq 0.05$; ** $p \leq 0.01$; *** $p \leq 0.001$

The effect of tolterodine was evaluated in patients, examined with urodynamic assessment at baseline and, depending on the urodynamic result, they were allocated to a urodynamic positive (motor urgency) or a urodynamic negative (sensory urgency) group. Within each group, the patients were randomized to receive either tolterodine or placebo. The study could not provide convincing evidence that tolterodine had effects over placebo in patients with sensory urgency.

The effect of 2 mg BID and 4 mg BID of tolterodine immediate-release (tolterodine IR) tablets on the QT interval was evaluated in a 4-way crossover, double-blind, placebo- and active-controlled (moxifloxacin 400 mg QD) study in healthy male (N=25) and female (N=23) volunteers aged 18- 55 years. There was an approximately equal representation of CYP2D6 extensive metabolizers (EMs) and poor metabolizers (PMs). The 4 mg BID dose of tolterodine IR (two times the highest recommended dose) was chosen because this dose results in tolterodine exposure similar to that observed upon co-administration of tolterodine 2 mg BID with potent CYP3A4 inhibitors in patients who are CYP2D6 poor metabolizers (see Section Special Warnings and Precautions for Use, and Section Overdose).

Table 2 summarizes the mean change from baseline to steady state in corrected QT interval (Fridericia's QTcF and population-specific QTcP) relative to placebo at the time of peak tolterodine (1 hour) and moxifloxacin (2 hour) concentrations. QT interval was measured manually and by machine, and data from both are presented. The reason for the difference between machine and manual read of QT interval is unclear

Table 2: Mean (CI) change in QTc from baseline to steady state (Day 4 of dosing) at T _{max} (relative to placebo)					
Drug/Dose D	N	QTcF (msec) (manual)	QTcF (msec) (machine)	QTcP (msec) (manual)	QTcP (msec) (machine)
Tolterodine 2 mg BID ¹	48	5.01 (0.28, 9.74)	1.16 (-2.99, 5.30)	4.45 (-0.37, 9.26)	2.00 (-1.81, 5.81)
Tolterodine 4 mg BID ¹	48	11.84 (7.11, 16.58)	5.63 (1.48, 9.77)	10.31 (5.49, 15.12)	8.34 (4.53, 12.15)
Moxifloxacin 400mg QD ²	45	19.26 ³ (15.49, 23.03)	8.90 (4.77, 13.03)	19.10 ³ (15.32, 22.89)	9.29 (5.34, 13.24)

1At T_{max} of 1hr, 95% Confidence Interval

2At T_{max} of 2 hrs; 90% Confidence Interval

3The effect on QT interval with 4 days of moxifloxacin dosing in this QT trial may be greater than typically observed in QT trials.

The QT effect of tolterodine immediate-release tablets appeared greater for 8 mg/day (two times the therapeutic dose) compared to 4 mg/day. The effect of tolterodine 8 mg/day was not as large as that observed after four days of therapeutic dosing with the active control moxifloxacin.

There appeared to be a greater QT_c interval increase in PMs than in EMs after tolterodine treatment in this study (see Section Special Warnings and Precautions for Use, and Section Overdose)

Pharmacokinetic Properties

Pharmacokinetic characteristics: Tolterodine is rapidly absorbed. Both tolterodine and the 5-hydroxymethyl metabolite reach maximal serum concentrations 1-3 hours after dose. The half-life for tolterodine given as the tablet is 2 to 3 hours in extensive and about 10 hours in poor metabolizers (devoid of CYP2D6). Steady state concentrations are reached within 2 days after administration of the tablets.

Food does not influence the exposure to the sum of the unbound tolterodine and the active 5- hydroxymethyl metabolite in extensive metabolizers, although the tolterodine levels increase when taken with food. Clinically relevant changes are likewise not expected in poor metabolizers.

Absorption: After oral administration tolterodine is subject to CYP2D6 catalyzed first-pass metabolism in the liver, resulting in the formation of the 5-hydroxymethyl derivative, a major pharmacologically equipotent metabolite. The absolute bioavailability of tolterodine is 17 % in extensive metabolizers, the majority of the patients, and 65% in poor metabolizers (devoid of CYP2D6).

Distribution: Tolterodine and the 5-hydroxymethyl metabolite bind primarily to alpha-I-acid glycoprotein. The unbound fractions are 3.7% and 36%, respectively. The volume of

distribution of tolterodine is 113 L.

Metabolism: Tolterodine is extensively metabolized by the liver following oral dosing. The primary metabolic route is mediated by the polymorphic enzyme CYP2D6 and leads to the formation of the 5-hydroxymethyl metabolite. Further metabolism leads to formation of the 5- carboxylic acid and N-dealkylated 5-carboxylic acid metabolites, which account for 51 % and 29 % of the metabolites recovered in the urine, respectively. A subset (about 7%) of the population is devoid of CYP2D6 activity. The identified pathway of metabolism for these individuals (poor metabolizers) is dealkylation via CYP3A4 to N-dealkylated tolterodine, which does not contribute to the clinical effect. The remainder of the population is referred to as extensive metabolizers. The systemic clearance of tolterodine in extensive metabolizers is about 30 L/h. In poor metabolizers the reduced clearance leads to significantly higher serum concentrations of tolterodine (about 7- fold) and negligible concentrations of the 5-hydroxymethyl metabolite are observed.

The 5-hydroxymethyl metabolite is pharmacologically active and equipotent with tolterodine. Because of the differences in the protein-binding characteristics of tolterodine and the 5- hydroxymethyl metabolite, the exposure (AUC) of unbound tolterodine in poor metabolizers is similar to the combined exposure of unbound tolterodine and the 5-hydroxymethyl metabolite in patients with CYP2D6 activity given the same dosage regimen. The safety, tolerability and clinical response are similar irrespective of phenotype.

Excretion: The excretion of radioactivity after administration of [¹⁴C]- tolterodine is about 77% in urine and 17% in feces. Less than 1% of the dose is recovered as unchanged drug, and about 4% as the 5-hydroxymethyl metabolite. The carboxylated metabolite and the corresponding dealkylated metabolite account for about 51% and 29% of the urinary recovery, respectively.

The pharmacokinetics is linear in the therapeutic dosage range.

Specific patient groups:

Impaired hepatic function: About 2-fold higher exposure of unbound tolterodine and the 5-hydroxymethyl metabolite is found in subjects with liver cirrhosis (see Section Dosage and Administration, Use in Impaired Hepatic Function, and Special Warnings and Precautions for Use) .

Impaired renal function: The mean exposure of unbound tolterodine and its 5-hydroxymethyl metabolite is doubled in patients with severe renal impairment (inulin clearance GFR ≤ 30 ml/min). The plasma levels of other metabolites were markedly (up to 12-fold) increased in these patients.

The clinical relevance of the increased exposure of these metabolites is unknown. There is no data in mild to moderate renal impairment (see Section Dosage and Administration Use in Impaired Renal Function and Special Warnings and Precautions for Use)

iv. Therapeutic Indication:

Tolterodine is indicated for the treatment of overactive bladder with symptoms of urinary urgency, frequency, and/or urge incontinence.

v. Posology and Method of Administration:

Adults (including the Elderly)

The recommended total daily dose is 4 mg. Dosage with tolterodine tablets is 2 mg twice daily. The total daily dose may be reduced to 2 mg, based on individual tolerability.

Use in Children

Safety and effectiveness in children have not yet been established.

Use in Impaired Renal Function

The recommended total daily dose is 2 mg (i.e., tolterodine tablets 1 mg twice daily) for patients with impaired renal function (see Section Special Warnings and Precautions for Use).

Use in Impaired Hepatic Function

The recommended total daily dose is 2 mg (i.e., tolterodine tablets 1 mg twice daily) for patients with impaired hepatic function (see Section Special Warnings and Precautions for Use).

Use with Potent CYP3A4 Inhibitors

The recommended total daily dose is 2 mg (i.e., tolterodine tablets 1 mg twice daily) for patients receiving concomitant ketoconazole or other potent CYP3A4 inhibitors (see Section Special Warnings and Precautions for Use, CYP3A4 inhibitors, and Section Interactions with Other Medicinal Products and Other Forms of Interaction).

vi. Method of administration

Tolterodine Tablets should be taken orally.

vii. Contraindications:

Tolterodine is contraindicated in patients with:

- Known hypersensitivity to tolterodine or any component of the product
- Urinary retention
- Uncontrolled narrow angle glaucoma

viii. Special Warnings and Special Precautions for Use:

Tolterodine shall be used with caution in the following patients:

- At risk for urinary retention
- At risk for decreased gastrointestinal motility

- With impaired renal function (see Section Dosage and Administration, Use in Impaired Renal Function, and Section Pharmacokinetic Properties ,Specific patient groups)
- With impaired hepatic function (see Section Dosage and Administration, Use in Impaired Hepatic Function, and Section Pharmacokinetic Properties Specific patient groups)
- With myasthenia gravis

In a study of the effect of tolterodine immediate-release tablets on the QT interval, the effect on the QT interval appeared greater for 8 mg/day (two times the therapeutic dose) compared to 4 mg/day and was more pronounced in CYP2D6 poor metabolizers (PM) than extensive metabolizers (EMs) (see Pharmacodynamic Properties).

The effect of tolterodine 8 mg/day was not as large as that observed after four days of therapeutic dosing with the active control moxifloxacin. However, the confidence intervals overlapped.

These observations should be considered in clinical decisions to prescribe tolterodine immediate-release tablets for patients with:

- Congenital or documented acquired QT prolongation
- Patients who are taking Class IA (e.g., quinidine, procainamide) or Class III (e.g., amiodarone, sotalol) anti-arrhythmic medications

CYP3A4 inhibitors

The recommended total daily dose of tolterodine is 2 mg for patients on concomitant medication with potent CYP3A4 inhibitors, such as macrolide antibiotics (e.g., erythromycin and clarithromycin) or azole antifungal agents (e.g., ketoconazole, itraconazole and miconazole). (See Section Posology and Method of Administration, Use with Potent CYP3A4 Inhibitors, and Section Interactions with Other Medicinal Products and Other Forms of Interaction)

ix. Interaction with Other Medicinal Products and Other Forms of Interaction:

Pharmacokinetic interactions are possible with other drugs metabolized by or inhibiting cytochrome P450 2D6 (CYP2D6) or CYP3A4. Concomitant treatment with fluoxetine does not result in a clinically significant interaction.

Ketoconazole, a potent inhibitor of CYP3A4, significantly increased plasma concentrations of tolterodine when co-administered to poor metabolisers (i.e., persons devoid of CYP2D6 metabolic pathway). For patients receiving ketoconazole or other potent CYP3A4 inhibitors, the recommended total daily dose is 2 mg (see Section Dosage and Administration, Use with Potent CYP3A4 Inhibitors, and Section Special Warnings and Precautions for Use - CYP3A4 inhibitors).

Clinical studies have shown no interactions with warfarin or combined oral contraceptives (ethinyl estradiol/levonorgestrel).

A clinical study with marker drugs for the major P450 isoenzymes has not shown any evidence that the activity of CYP2D6, 2C19, 2C9, 3A4 or 1A2 will be inhibited by tolterodine.

x. Pregnancy and Lactation:

Pregnancy

There are no studies in pregnant women. Therefore, tolterodine should be used during pregnancy only if the potential benefit to the mother justifies the potential risk to the foetus.

Lactation

Use of tolterodine during lactation should be avoided since no data on excretion into breast milk in humans are available.

xi. Effects on Ability To Drive and Use Machines

The ability to drive and use machinery may be negatively affected. Patients should be advised to exercise caution.

xii. Side Effects:

Tolterodine may cause mild-to-moderate anti-muscarinic effects, like dryness of the mouth, dyspepsia, and reduced lacrimation.

Clinical Trials: Adverse events considered potentially drug-related from studies of tolterodine tablets are provided below.

Infections and Infestations: bronchitis

Immune System Disorders: allergic reactions

Psychiatric Disorders: confusion.

Nervous System Disorders: dizziness, headache, somnolence

Eye Disorders: abnormal vision (including abnormal accommodation), dry eyes.

Ear and Labyrinth Disorders: vertigo

Vascular Disorders: flushed skin

Gastrointestinal Disorders: dry mouth, abdominal pain, constipation, dyspepsia, flatulence, gastro-esophageal reflux

Skin and Subcutaneous Tissue Disorders: dry skin

Renal and Urinary Disorders: dysuria, urinary retention

General Disorders and Administration Site Conditions: chest pain, fatigue

Investigations: increased weight

The Following adverse events were reported during POST-MARKETING SURVEILLANCE:

Immune System Disorders: anaphylactoid reactions

Psychiatric Disorders: disorientation, hallucinations

Nervous System Disorders: memory impairment

Cardiac Disorders: tachycardia, palpitations

Gastrointestinal Disorders: diarrhea

Skin and Subcutaneous Tissue Disorders: angioedema

General Disorders and Administration Site Conditions: peripheral edema

Cases of aggravation of symptoms of dementia (e.g. confusion, disorientation, delusion) have been reported after tolterodine therapy was initiated in patients taking cholinesterase inhibitors for the treatment of dementia.

xiii. Overdose and Treatment:

The highest dose of tolterodine given to human volunteers was 12.8 mg as single dose. The most severe adverse event observed were accommodation disturbances and micturition difficulties.

Over dosage with tolterodine can potentially result in severe central antimuscarinic effects and should be treated accordingly.

In the event of tolterodine overdose, standard supportive measures for managing QT prolongation should be adopted (see Section Special Warnings and Precautions for Use, and Section Pharmacodynamic Properties).

xiv. Preclinical safety data

In toxicity, genotoxicity, and carcinogenicity studies no clinically relevant effects have been observed, except those related to the pharmacological effect of the drug.

Reproduction studies have been performed in mice and rabbits.

In mice, there was no effect of tolterodine on fertility or reproductive function. Tolterodine produced embryo death and malformations at plasma exposures (C_{\max} or AUC) 20 or 7 times higher than those seen in treated humans.

In rabbits, no malformative effect was seen, but the studies were conducted at 20 or 3 times higher plasma exposure (C_{\max} or AUC) than those expected in treated humans.

Studies in pregnant mice have shown that high doses of tolterodine cause reduced fetal weight, embryolethality and increased incidence of fetal malformations.

Tolterodine, as well as its active human metabolites prolong action potential duration (90% repolarization) in canine purkinje fibers (14 - 75 times therapeutic levels) and block the K^{+} -current in cloned human ether-a-go-go-related gene (hERG) channels (0.5 - 9.8 times therapeutic levels). In dogs prolongation of the QT interval has been observed after application of tolterodine and its human metabolites (3.1 - 42 times therapeutic levels).

xv. Storage Conditions:

Store below 30 °C.

Keep out of the sight and reach of children.

xvi. Shelf Life

36 Months

xvii. Dosage Forms or Presentation:

TOLCORD 1: PVC/PVDC-Alu. Blister pack of 14 Tablets. 4 such blister in one carton.

TOLCORD 2: PVC/PVDC-Alu. Blister pack of 14 Tablets. 4 such blister in one carton.

xviii. Product Registrant:

ACCORD HEALTHCARE PRIVATE LIMITED.

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Singapore, 068809

XIX.. Date of Revision of Package Insert:

8th August, 2022